

Original Research Article

Identification of key bioactive anti-migraine constituents of *Asari radix* et rhizoma using network pharmacology and nitroglycerin-induced migraine rat model

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Abstract

Purpose: To elucidate the bioactive constituents of *Asari radix* et rhizoma (ARR) in treating migraine based on network pharmacology and nitroglycerin-induced migraine rat model.

Methods: The potential bioactive constituents of ARR were identified with the aid of literature retrieval and virtual screening, and the migraine-related hub genes were identified using protein-protein interaction and topology analyses. Then, the interaction between the potential bioactive constituents and hub genes was determined with molecular docking and topology, leading to the prediction of the anti-migraine constituents of ARR. Moreover, a rat model of nitroglycerin-induced migraine was used to confirm the prediction by measuring the frequency of head-scratching and head-shaking behavior (FHFB) in the rats. In addition, levels of nitric oxide (NO) and calcitonin gene-related peptide (CGRP) in blood, norepinephrine (NE) and 5-hydroxytryptamine (5-HT) in brain were measured using appropriate commercial kits.

Results: Network pharmacology revealed that naringenin-7-O- β -D-glucopyranoside and higenamine might be the key anti-migraine bioactive constituents of ARR. On addition of naringenin-7-O- β -D-glucopyranoside or higenamine to ARR, there was marked enhancement of the mitigating effect of ARR on nitroglycerin-induced abnormalities in levels of NO, CGRP, 5-HT and NE, as well as FHFB in rats ($p < 0.05$ or 0.01).

Conclusion: These findings indicate that naringenin-7-O- β -D-glucopyranoside and higenamine might be the key bioactive and anti-migraine constituents of ARR. However, in addition to naringenin-7-O- β -D-glucopyranoside and higenamine, there were many other anti-migraine constituents in ARR. Therefore, there is need for further investigations on the actual contributions of these two constituents of ARR in treating migraine.

Keywords: *Asari radix* et rhizoma, Migraine, Bioactive constituents, Network pharmacology, Bioactivity

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INTRODUCTION

Migraine is a primary intermittent headache featured by varying combinations of symptoms related to gastrointestinal, neurological and autonomic changes [1]. Migraine patients often show some characteristic symptoms such as cutaneous allodynia, phonophobia, photophobia, and gastrointestinal symptoms (nausea and emesis) [2]. The patients may have other multifarious neurological symptoms such as vertigo, tinnitus, dizziness and cognitive impairment [3]. Migraine brings great mental and economic burden to patients. Therefore, it is necessary to develop anti-migraine drugs with safety and efficiency. At present, some significant progress has been made in the development of anti-migraine drugs. Traditional Chinese Medicines (TCMs) are extensively used for the treatment of migraine in China. Studies have indicated that TCMs had good effect and tolerance in the preventive treatment of migraine [4]. *Asari Radix et Rhizoma* (ARR) is frequently used in TCM clinics for the treatment of migraine. However, the bioactive anti-migraine constituents of ARR have not been elucidated.

Network pharmacology, a efficient and systematic tool, is a paradigm shift in drug discovery from “one constituent-one target” to “multi-constituents-multi-targets”, and it is used to

investigate the mechanisms of action and bioactive constituents of TCMs [5,6]. It has been successfully applied in the elucidation of TCM-related issues, due to the fact that its characteristics are consistent with the holistic theory of TCMs [7,8]. Presently, network pharmacology is extensively applied to investigate the bioactive constituents of TCMs [9-11].

Therefore, this work was intended for determining the bioactive constituents of ARR involved in its anti-migraine properties, based on network pharmacology and nitroglycerin-induced rat model of migraine. Figure 1 shows the flow of work.

EXPERIMENTAL

Plant material, chemicals and reagents

Asari radix et rhizoma (ARR), the root and rhizome of *Asarum heterotropoides* Fr. Schmidt var. *mandshuricum* (Maxim.) Kitag., was purchased from a TCM market in Caiyuanba, Chongqing. The samples were identified by Prof Gui-Hua Jiang, a taxonomist in the College of Pharmacy, Chengdu University of Traditional Chinese Medicine.

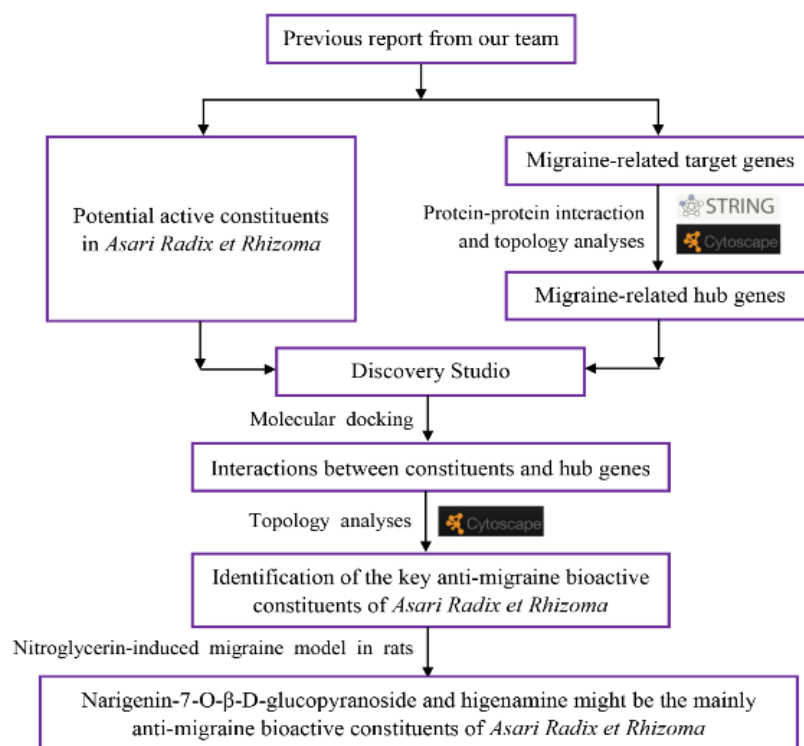


Figure 1: Workflow for deciphering the key anti-migraine bioactive constituents of *Asari radix et rhizoma*

A voucher specimen of ARR (voucher no. CDUTCM-Jiang-ARR.2019) was deposited at the Herbarium of Chengdu University of Traditional Chinese Medicine for future reference. Chloral hydrate, flunarizine hydrochloride capsules, nitroglycerin injection, naringenin-7-O- β -D-glucopyranoside and higenamine were purchased from Chron Chemicals (Chengdu, China), Janssen Pharmaceutical Ltd. (Xian, China), Yimin Pharmaceutical Co. Ltd. (Beijing, China), Yuanye Biotech (Shanghai, China) and Tauto Biotech (Shanghai, China), respectively. Assay kits for nitric oxide (NO) and calcitonin gene-related peptide (CGRP) were obtained from Jiancheng Bioengineering Institute (Nanjing, China). Kits for norepinephrine (NE) and 5-hydroxytryptamine (5-HT) were bought from Jingrui Biotechnology Co. Ltd. (Chengdu, China).

Rats

Specific pathogen-free male Sprague Dawley (SD) rats (mean weight = 200 ± 20 g) were bought from Dashuo Laboratory Animal Co. Ltd (Chengdu, China). The rats were fed in an animal house with relative humidity controlled at 40 - 70 %, temperature at 20 – 26 °C, and 12-h light/12-h dark diurnal cycle, water and feed were given normally during the experiment. All animal treatments were implemented under the EU Directive 2010/63/EU [12]. In this study, all animal experiments were approved by the Institutional Animal Care and Use Committee of Chengdu University of Traditional Chinese Medicine (approval no. 2019-08).

Identification of constituents of ARR and migraine-related target genes

Based on a previous report [13], 259 constituents of ARR were identified from public databases and extant literature. Virtual screening for absorption, distribution, metabolism, excretion and toxicity (ADMET) indicated that 138 constituents exhibited good potential as bioactive constituents. 278 target genes related to migraine were identified from public databases. In addition, the 3D structures of the 138 constituents with good ADMET properties were obtained from the PubChem (<https://pubchem.ncbi.nlm.nih.gov/>), a free chemical database.

Protein-protein interaction (PPI) network analysis of migraine-related target genes

Analysis of PPI network is frequently used to appraise the hub genes of a group of genes. The PPI network analysis of 278 migraine-related

target genes was performed on the STRING website (<https://string-db.org/>) using “*Homo sapiens*” setting, while the visualization and topology analysis of the PPI network were performed with Cytoscape ver. 3.7.1 (<https://cytoscape.org/>). The topology parameters (degree, closeness centrality and betweenness centrality) were used to identify the hub genes of 278 migraine-related target genes. The structures of proteins encoded by the hub genes were obtained from the PDB website (<https://www.rcsb.org/>) under “*Homo sapiens*” setting, based on UniProt ID or gene symbol.

Establishment and network determination of interactions between constituents and hub genes

Molecular docking was used to establish the interactions between the 138 constituents and migraine-related hub genes. The molecular docking program consisted of ligand processing (A), receptor processing (B) and docking calculation (C). All operations were carried out on Discovery Studio (DS) software. Interactions between constituents and hub genes were retained when the docking scores were ≥ 90 . Network visualization and topology analysis of the reserved interactions between constituents and genes were carried out on Cytoscape ver. 3.7.1, and the topology parameter (degree) was used to identify the key bioactive constituents related to the anti-migraine effect of ARR.

The 3D structures of the 138 constituents were processed by adding hydrogens and applying CHARMM forcefield. Water and ligand molecules in proteins of hub genes were deleted. Then, DS “Macromolecules|Prepare Protein|Clean Protein” function was used to remove multiple conformations, followed by supplementation of non-intact amino acid residues and addition of hydrogens of proteins. Subsequently, the binding site of each protein was defined based on original ligand position of protein or DS “Receptor-Ligand Interactions|Define and Edit Binding Site|From Receptor Cavities” function.

The DS “Receptor-Ligand Interactions|Dock Ligands|Dock Ligands (LibDock)” function was used to calculate the binding energies in molecular docking between ligands and receptors.

Grouping and treatment of rats

Ninety rats were divided into 9 groups randomly (Table 1). Rats in the low-dose, medium dose and high-dose ARR groups received ARR powder at doses of 0.08 g/kg, 0.17 g/kg and 0.33

g/kg body weight (bwt), respectively. Rats in ARR-N, ARR-H and ARR-N-H groups received the same dose of ARR powder (0.8 g/kg bwt) in addition to naringenin-7-O- β -D-glucopyranoside (20.3 μ g/kg; ARR-N), or higenamine (16.8 μ g/kg; ARR-H) or naringenin-7-O- β -D-glucopyranoside and higenamine (20.3 and 16.8 μ g/kg bwt, respectively; ARR-N-H). Thus, the contents in ARR powder and higenamine in ARR-H and ARR-N-H groups were equal to the content of these components in the high-dose ARR group. This was aimed at ascertaining whether naringenin-7-O- β -D-glucopyranoside or higenamine was the bioactive constituent responsible for the anti-migraine property of ARR by comparing the anti-migraine effects in ARR-N, ARR-H and ARR-N-H groups with that in the low- or high-dose ARR groups.

The drugs were diluted with distilled water to obtain the pharmacodynamic samples, and rats in different groups were orally administered with corresponding drugs once a day for 7 days. After 30 min of drug therapy on day 7, migraine model was established via subcutaneous injection (in the posterior neck) of the rats with nitroglycerin at a dose of 10 mL/kg, in addition to rats in normal group. Rats in normal group received equivalent dose normal saline at the same site, in place of nitroglycerin injection.

Determination of behavioral and biochemical indices in rats

Following treatment with nitroglycerin, the frequency of head-scratching and head-shaking behavior (FHHB) of rats in each group was determined within 2½ h. Then, 8 mL blood was taken from the abdominal aorta of each rat that was anesthetized with 10 % chloral hydrate (3.5 mL/kg). Subsequently, 5 ml blood was allowed to coagulate naturally and centrifuged for 20 min (3000 rpm, 4 °C). The serum sample was kept frozen at -20°C, prior to use in determination of NO with the aid of NO kit. Another 3 mL blood was mixed with anticoagulant (ethylenediaminetetraacetic acid) and centrifuged for 20 min (3000 rpm, 4 °C). The plasma sample was frozen at -20 °C and used for determination of CGRP with CGRP kit.

After blood collection, the rats were sacrificed through decapitation, and their brains were immediately excised and placed in liquid nitrogen. Then, 1 g brain tissue was ground on ice with 9 mL normal saline, and the mixture was centrifuged for 20 min (3000 rpm, 4 °C). Subsequently, the supernatant was kept at -20 °C for use in determination of 5-HT and NE with their corresponding kits.

Table 1: Grouping and drug treatment of rats

Groups	Treatment	Dose
Normal	Distilled water	
Model	Distilled water	
Positive	flunarizine hydrochloride capsules	1 mg/kg
Low-dose ARR	ARR powder	0.08 g/kg
Medium-dose ARR	ARR powder	0.17 g/kg
High-dose ARR	ARR powder	0.33 g/kg
ARR-N	ARR powder and naringenin-7-O- β -D-glucopyranoside	0.08 g/kg and 20.3 μ g/kg
ARR-H	ARR powder and higenamine	0.08 g/kg and 16.8 μ g/kg, respectively
ARR-N-H	ARR powder, naringenin-7-O- β -D-glucopyranoside and higenamine	0.08 g/kg, 20.3 μ g/kg and 16.8 μ g/kg, respectively

ARR = *Asari radix et rhizoma*

Statistical analysis

Data on FHHB of rats were consistent with abnormal distribution, and were converted to normally distributed data using log function. The log function value of the NHHB of rats was reported as mean \pm standard deviation (SD). The levels of NO, CGRP, 5-HT and NE in rats were consistent with normal distribution, and are reported as mean \pm standard deviation. Differences in these indices among groups were determined using ANOVA, followed by LSD multiple comparison. All statistical analyses were carried out with SPSS version 19.0. If $p < 0.05$, the differences had statistical significance.

RESULTS

Hub genes of 278 migraine-related target genes

Results from STRING showed that the PPI network of 278 migraine-related target genes consisted of 257 nodes (genes) and 2305 edges (gene-gene interactions). It was visualized as shown in Figure 2, and analyzed using Cytoscape. Based on topology parameters (degree ≥ 40 , closeness centrality ≥ 0.48 and betweenness centrality ≥ 0.02), 15 hub genes were identified. The protein constructions of 13 hub genes were obtained from the PDB website. However, the protein constructions of the other 2 hub genes (GNB3 and TAC1) were not available. The gene symbol, UniProt ID and PDB ID of the 15 hub genes related to migraine are presented in Table 2.

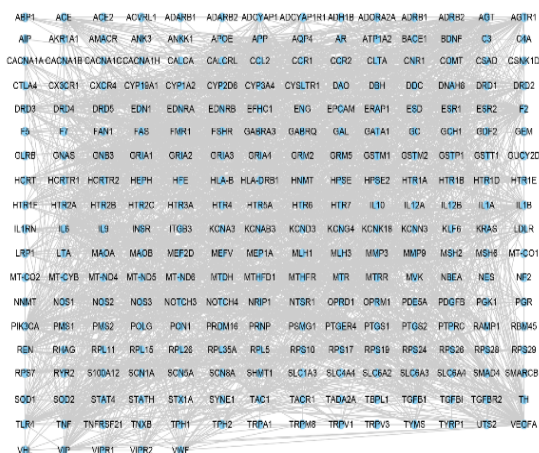


Figure 2: Network of migraine-related target genes with 257 nodes (genes) and 2305 edges (gene-gene interactions)

Table 2: Gene symbol, UniProt ID and PDB ID of 15 migraine-related hub genes

Gene	UniProt ID	PDB ID	Gene	UniProt ID	PDB ID
IL6	P05231	1ALU	TAC1	P20366	-
VEGFA	P15692	4KZN	EDN1	P05305	1EDN
APP	P05067	2FMA	NOS3	P29474	1M9M
GNB3	P16520	-	BDNF	P23560	1BND
TNF	P01375	2AZ5	TGFB1	P01137	5VQP
F2	P00734	4LZ1	CXCR4	P61073	3ODU
PIK3CA	P42336	4JPS	ESR1	P03372	1XP6
AGT	P01019	2WXW	-	-	-

and the degree values of the 3 constituents were larger than those of the other 66 constituents in the network, indicating that the 3 constituents might be the key bioactive anti-migraine constituents of ARR. However, existing report indicate that 2,5-furandione, 3-(dodecenyl) dihydro- should be excluded because it is used mainly in the chemical industry [14]. Therefore, naringenin-7-O-β-D-glucopyranoside and higenamine might be the key bioactive anti-migraine constituents of ARR.

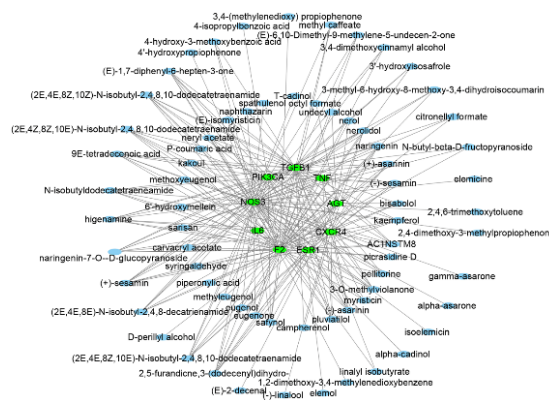


Figure 3: Network with 78 nodes (constituents or genes) and 238 edges (constituent-genes interactions)

Key anti-migraine bioactive constituents of ARR

Results of molecular docking indicated that 238 interactions were identified between the 138 constituents and 13 migraine-related hub genes, while 69 constituents and 9 hub genes were involved in the 238 interactions. As shown in Figure 3, the 238 interactions were visualized using the network. Based on the degree value of each constituent, naringenin-7-O-β-D-glucopyranoside (PubChem CID: 92794), higenamine (PubChem CID: 114840), and 2,5-furandione, 3-(dodecenyl) dihydro- (PubChem CID: 5362708) were connected to 8 huge genes,

linking 69 constituents in *Asari Radix et Rhizoma* and 9 hub genes related to migraine

Effects of ARR, naringenin-7-O-β-D-glucopyranoside and higenamine on the FHHB and levels of NO, CGRP, 5-HT and NE in blood or brain of rats with migraine

The levels of, NO, CGRP, 5-HT and NE, as well as FHHB in the model group were markedly higher than those in the normal group ($p < 0.01$). However, after treatment with flunarizine hydrochloride, ARR, ARR-N, ARR-H and ARR-N-H, the nitroglycerin-induced abnormalities in FHHB and levels of NO, CGRP, 5-HT and NE in rats were reversed to normal significantly ($p < 0.05$), except for the effect of low-dose ARR on NO level and FHHB. Results showed that the levels of most behavioral and biochemical indices in the ARR-N, ARR-H and ARR-N-H groups were markedly lower than those in the low-dose ARR group, but higher than those in the high-dose ARR group ($p < 0.05$), with some exceptions. For instance, the FHHB and levels of CGRP in the ARR-N, ARR-H and ARR-N-H groups were close to those in the high-dose ARR group, except that the CGRP level in the ARR-N-H group was below that in the high-dose ARR

Table 3: Effects of ARR, naringenin-7-O- β -D-glucopyranoside and higenamine on NHHB, NO and CGRP in rats with migraine

Group	FHHB	NO ($\mu\text{mol/L}$)	CGRP (ng/L)
Normal	0.43 \pm 0.28	28.93 \pm 7.00	264.21 \pm 14.17
Model	1.85 \pm 0.24**	141.65 \pm 19.29**	485.89 \pm 56.86**
Positive	0.91 \pm 0.66#	116.26 \pm 11.27##	287.62 \pm 20.57##
Low-dose ARR	1.69 \pm 0.24	133.63 \pm 17.26	305.73 \pm 23.35##
Medium-dose ARR	1.44 \pm 0.35#	114.19 \pm 6.20##	301.02 \pm 15.79##
High-dose ARR	1.32 \pm 0.35##	93.07 \pm 8.14##	286.64 \pm 9.57##
ARR-N	1.47 \pm 0.30#	106.50 \pm 8.56## Δ &	262.07 \pm 8.33## Δ Δ
ARR-H	1.31 \pm 0.44## Δ	116.40 \pm 8.53## Δ &&	284.72 \pm 14.59##
ARR-N-H	1.42 \pm 0.25#	113.43 \pm 3.23## Δ Δ &&	173.21 \pm 19.30## Δ Δ &

** $p < 0.01$, compared with normal group; # $p < 0.05$, ## $p < 0.01$, compared with model group; $\Delta p < 0.05$, $\Delta\Delta p < 0.01$, compared with low-dose ARR group; & $p < 0.05$, && $p < 0.01$, compared with high-dose ARR group. ARR: *Asari Radix et Rhizoma*; FHHB: frequency of head-scratching and head-shaking behavior; NO: nitric oxide; CGRP: calcitonin gene-related peptide

Table 4: Effects of ARR, naringenin-7-O- β -D-glucopyranoside and higenamine on 5-HT and NE in rats with migraine

Group	5-HT (ng/mL)	NE (pg/mL)
Normal	85.33 \pm 6.99	873.99 \pm 60.20
Model	197.62 \pm 12.00**	1805.59 \pm 72.28**
Positive	96.28 \pm 7.19##	1017.92 \pm 100.45##
Low-dose ARR	155.53 \pm 10.03##	1499.69 \pm 104.06##
Medium-dose ARR	137.13 \pm 9.00##	1335.10 \pm 71.94##
High-dose ARR	114.58 \pm 8.78##	1184.02 \pm 86.50##
ARR-N	164.52 \pm 12.74##&	1616.33 \pm 57.74## Δ Δ &&
ARR-H	145.69 \pm 11.71##&	1416.97 \pm 87.43## Δ &&
ARR-N-H	127.12 \pm 13.22## Δ Δ &	1244.90 \pm 78.43## Δ Δ

** $P < 0.01$, compared with normal group; ## $p < 0.01$, compared with model group; $\Delta p < 0.05$, $\Delta\Delta p < 0.01$, compared with low-dose ARR group; & $p < 0.05$, && $p < 0.01$, compared with high-dose ARR group. ARR: *Asari Radix et Rhizoma*; NE: norepinephrine; 5-HT, 5-hydroxytryptamine

group significantly ($p < 0.05$). These results are shown in Tables 3 and 4.

DISCUSSION

The monitoring of bioactive constituents ensures the quality and effectiveness of TCMs. *Asari Radix et Rhizoma* (ARR) is frequently used for the treatment of migraine, but its bioactive constituents remain unclear. Therefore, the purpose of this research was to predict the key bioactive and anti-migraine constituents of ARR, based on network pharmacology. Thereafter, a rat migraine model induced by nitroglycerin was used to confirm the prediction. Network pharmacology-based prediction of the bioactive constituents of ARR responsible for its anti-migraine effect was carried out by identification of potentially bioactive components, identification

of migraine-related hub genes, and analysis of interactions between potentially bioactive constituents and the hub genes. The results showed that naringenin-7-O- β -D-glucopyranoside and higenamine might be the key bioactive and anti-migraine constituents of ARR. Based on literature retrieval, no studies have reported the effect of naringenin-7-O- β -D-glucopyranoside or higenamine on migraine.

The nitroglycerin-induced migraine model in rats is a universally accepted model for investigation of the anti-migraine bioactive constituents of TCMs, and it supports the trigeminal-vascular theory, the current mainstream theory of the pathogenesis of migraine [15]. Head-scratching and head-shaking behavior (HHB) is a universally accepted index for evaluating successful establishment of nitroglycerin-induced migraine in rats, with the FHHB of rats with migraine being markedly higher than that of normal rats [16]. Trigeminal-vascular theory holds that neurogenic inflammation is the core feature of migraine, and neurogenic inflammation is related to changes in the vasoactive substances levels [17]. The release of calcitonin gene-related peptide (CGRP), the strongest vasodilator substance, enhances vasodilatation, mast cell degranulation and plasma protein extravasation, resulting in the trigeminal nerve inflammation [18]. The release of CGRP is enhanced by NO. Nitroglycerin releases NO through enzymatic and non-enzymatic reactions [19]. This confirms that the nitroglycerin-induced pain is a feasible method for establishing migraine in experimental animals.

There is very low level of free 5-HT in plasma, and its release is abnormally increased at the onset of migraine attack [20]. The 5-HT level in plasma is positively correlated with that in brain. Low levels of 5-HT indicate high affinity of the 5-HT_{1B/1D} receptor, resulting in vasoconstriction and stabilization of the neurons of the perivascular

nociceptor and the mid-axis nociceptors [21,22]. However, low levels of 5-HT indicate high affinity of the 5-HT_{2A} receptor, resulting in increases in NO levels [21,23]. Increased levels of NO promote migraine attack by enhancing the release of CGRP. Norepinephrine (NE), a monoamine neurotransmitter widely distributed in the nervous system, enhances vasoconstriction [24]. This relieves migraine attack. Generally, the level of NE is quickly increased at the onset of migraine attack to resist vasodilation, and then the level of NE decreases gradually. In brief, migraine attack may be attributed to interactions among NO, CGRP, 5-HT and NE. In the present study, ARR reversed the nitroglycerin-induced abnormalities in NO, CGRP, 5-HT and NE levels, as well as FHFB in rats, thereby confirming the anti-migraine effect of ARR.

To confirm whether naringenin-7-O-β-D-glucopyranoside or higenamine was the bioactive constituent involved in the anti-migraine effect of ARR, differences in behavioral and biochemical indices between the low- or high-dose ARR groups, and ARR-N, ARR-H or ARR-N-H group were statistically analyzed. The FHFB and most of the biochemical indices in the ARR-N, ARR-H and ARR-N-H groups were markedly lower than those in the low-dose ARR group, suggesting that naringenin-7-O-β-D-glucopyranoside and higenamine exerted anti-migraine effects. The levels of most indices in the ARR-N, ARR-H and ARR-N-H groups were markedly higher than or were close to those in the high-dose ARR group, suggesting that naringenin-7-O-β-D-glucopyranoside and higenamine might be the key bioactive constituents responsible for the anti-migraine property of ARR.

CONCLUSION

The bioactive anti-migraine constituents of ARR have been investigated by network pharmacology and nitroglycerin-induced rat model of migraine. The findings indicate that naringenin-7-O-β-D-glucopyranoside and higenamine might be the main bioactive anti-migraine constituents of ARR. This work provides valuable information on elucidation of the bioactive and anti-migraine principles of ARR. However, the actual contributions of naringenin-7-O-β-D-glucopyranoside and higenamine to the anti-migraine effect of ARR need for further investigation.

DECLARATIONS

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Conflicts of interest

No conflict of interest is associated with this work.

Contribution of authors

We declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by the authors. Gui-Hua Jiang conceived and designed the study. Ting Huang and Zhong-Hua Dai collected and analyzed the data. Ting Huang, Zhong-Hua Dai, Fei Long, Yu-Tian Lei and Mao-Hua Yuan performed the experiments. Gui-Hua Jiang wrote the manuscript. Ting Huang and Zhong-Hua Dai contributed equally to this work and should be considered as co-first authors. All authors read and approved the final manuscript.

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