

## Original Research Article

# Attenuation of kainic acid-induced epilepsy by butyrate is associated with inhibition of glial activation

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### Abstract

**Purpose:** To investigate the function and potential therapeutic relevance of butyrate in epilepsy using rat models of kainic acid (KA)-induced epilepsy.

**Methods:** The neurotoxin KA was applied to rats and rat astrocytes to establish models of epilepsy *in vivo* and *in vitro*. Multiple parameters, including behavioural seizure scores, were evaluated in rats and rat astrocytes treated with KA alone or in combination with butyrate. Western blot was performed to examine the levels of phosphorylated extracellular signal-related kinase (p-ERK), proinflammatory cytokine (IL-1 $\beta$ ), and glial fibrillary acidic protein (GFAP).

**Results:** Significant increases were observed in the seizure-related proteins p-ERK and GFAP and in the proinflammatory cytokine IL-1 $\beta$  in KA-treated rats and rat astrocytes ( $p < 0.05$ ). Butyrate treatment attenuated KA-induced epileptic behaviour in rats and significantly reduced the expression of p-ERK, GFAP, and IL-1 $\beta$  in a dose-dependent manner ( $p < 0.05$ ).

**Conclusion:** Butyrate has potential as a treatment for epilepsy by inhibiting the activation of p-ERK, astrogliosis, and inflammation, which were induced by KA in rats and rat astrocytes.

**Keywords:** Kainic acid, Epilepsy, Butyrate, Glial activation, Astrogliosis

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## INTRODUCTION

Epilepsy is a neurological disorder that is accompanied by recurrent seizures due to abnormal hypersynchrony of neuronal activity [1]. Epilepsy poses significant health concerns, as it affects more than 50 million people worldwide [2]. Unfortunately, approximately 30% of patients with epilepsy fail to respond to currently available anti-epileptic drugs [3]. Patients with epilepsy have a life expectancy reduction of up to 2–10 years compared with the general population [4].

It is critically important to identify and develop novel approaches with effective anti-epileptogenic or disease-modifying effects [5].

Microglia is known to have neurotoxic and neuroprotective effects in central nervous system diseases [6]. Analyses of deceased humans and patients with intractable seizures demonstrated increases in microglial reactivity to a histocompatibility antigen as great as threefold and 11-fold in the conus ammon (CA)3 and CA1 regions, respectively [7]. In addition, hippocampi

of patients with epilepsy were found to contain inflammation-related molecules as well as activated microglia and astrogliosis [8]. The inflammation-related molecules, which were primarily released from microglia and astrocytes, resulted in epilepsy [9,10]. In addition, clinical and experimental evidence has demonstrated an association between epilepsy and inflammatory processes [11,12].

To explore a potential therapeutic approach for epilepsy/seizures, this study aimed to investigate the function of butyrate in KA-induced epilepsy in male adult rats *in vivo* and rat astrocyte cells *in vitro*. The findings demonstrate that butyrate has potential as an agent for the treatment of kainic acid (KA)-induced seizures in animals and cultured cells. This finding should be further investigated in clinical settings.

## EXPERIMENTAL

### Rats

Adult male Sprague-Dawley (SD) rats 6–7 weeks of age and weighing 120–140 g were used for this research. The rats were fed in a room with controlled temperature and humidity and a controlled cycle of 12 h light/dark. The rats were acclimated to the new environment for approximately 7 days prior to the beginning of the experiments. Experiments were carried out in accordance with the international guidelines for animal studies about the care and use of animals for experiments [13] in Huanggang Central Hospital (approval no. SCXK-2015-0018).

### Drug treatment

The neurotoxin KA, which induces behavioural and electrophysiological seizures, was used in this study. Rats were treated with KA (Wako, Tokyo, Japan) to obtain a seizure model. The rats were divided into four different groups (10 rats/group): control [0.9% saline, intraperitoneal (i.p.)], KA (10 mg/kg in saline, i.p.), KA (10 mg/kg, i.p.) preceded by butyrate (1.5 g/kg, i.p.), and KA (10 mg/kg, i.p.) preceded by butyrate (1.5 g/kg, i.p.). The seizures were terminated by diazepam (10 mg/kg, i.p.; Wako) after status epilepticus lasting 1 h. Sodium butyrate (Sigma, St. Louis, MO, USA) was dissolved in 0.9 % saline (w/v) and injected 10 min prior to the KA injection. The seizures induced by KA were recorded every 15 min for 2 h.

### Western blot analysis

The rats were culled 2 h after the injection of KA. The hippocampi were then quickly extracted and

homogenised. The total protein was extracted and mixed in 2× Laemmli buffer (Biorad, Germany) followed by treatment at 99°C for about 5 min for denaturation. A quantity (15 µg) of protein was separated using 10 % (v/v) sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred by nitrocellulose transfer packs (Biorad). The nitrocellulose membranes were then blocked with 5 % (w/v) skim milk at room temperature for 2 h. The membranes were then treated with the following primary antibodies at 4 °C overnight: anti-p-ERK (1:1000; Cell Signaling, Boston, MA, USA), anti-GFAP (1:500; Sigma #G3893), or glyceraldehyde 3-phosphate dehydrogenase (anti-GAPDH 1:2000; Cell Signaling Technology #2118, USA). The next day, the membranes were washed three times in TBST. Then, the membranes were treated with horseradish peroxidase (HRP)-conjugated secondary antibody (1:2000; Sigma) for 2 h at room temperature, followed by three washes in TBST. Bands were visualised using enhanced chemiluminescence reagent (ECL, Biorad) in accordance with the manufacturer's protocol. The band intensities were quantified using ImageJ software (NIH, USA). GAPDH was used as a control.

### Cell culture

Primary glial cells were obtained from the brains of postnatal (P0–P2) SD rats. The cells were cultured in an incubator at 37 °C with 5 % CO<sub>2</sub>. Astrocytes reached confluency after incubation in Dulbecco's modified Eagle's medium for about 4–5 days. Microglial cells and oligodendroglia were separated from the adherent astrocytes by gentle shaking. The percentage of microglial cells in the co-cultures ranged from 5 % (M5; under physiologic conditions) to 30 % (M30; under cerebral inflammation). Confluent co-cultures were detached using trypsin-EDTA (0.1 %) and placed on poly-L-lysine-coated cover slips (6 × 10<sup>4</sup> cells/cover slip, 12 mm<sup>2</sup>).

Astroglial cells were untreated or treated with 100 µM KA alone, 100 µM KA preceded by 20 nM butyrate, or 100 µM KA preceded by 200 nM butyrate. Treatment with butyrate was performed 10 min prior to KA treatment. The cells were treated with KA for 24 h and then collected. Lysates were used for protein analysis.

### Statistical analysis

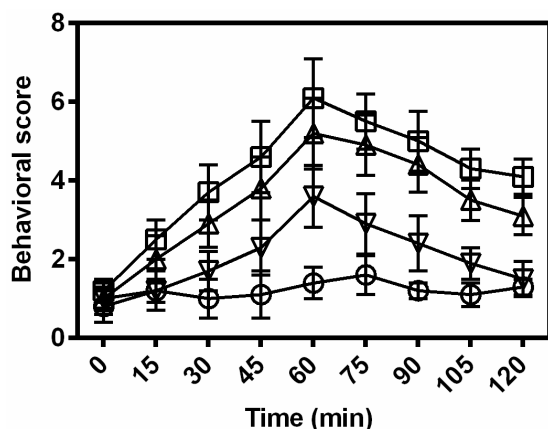
The results were analysed using GraphPad Prism 5 and expressed as the mean ± SEM. Two-way analysis of variance (ANOVA) followed by Dunnett's post hoc test was applied for

comparisons. The threshold for statistical significance was  $P < 0.05$ .

## RESULTS

### Butyrate attenuates KA-induced epileptic behaviour in rats

Most rats developed continuous convulsive seizures that lasted approximately 60 min. The seizures were accompanied by salivation, forelimb clonus, and rearing. Compared with the control group, rats injected with 10 mg/kg had significantly increased epileptic responses. The increase peaked at 60 min after KA injection, followed by a gradual reduction until 2 h after KA injection. Treatment with butyrate (1.5 g/kg or 3 g/kg) attenuated the KA-induced epileptic responses, and the effect was dose dependent (Figure 1).



**Figure 1:** Effects of butyrate on KA-induced epileptic behaviour. Rats were injected i.p. with ○: 0.9% saline ( $n = 10$ ), □: 10 mg/kg KA alone ( $n = 10$ ), △: 10 mg/kg KA + 1.5 g/kg butyrate ( $n = 10$ ), or ▽: 10 mg/kg KA + 3.0 g/kg butyrate ( $n = 10$ ). Behaviour scores were recorded over 2 h ( $n = 10$  in each group). Data are expressed as the mean  $\pm$  SEM

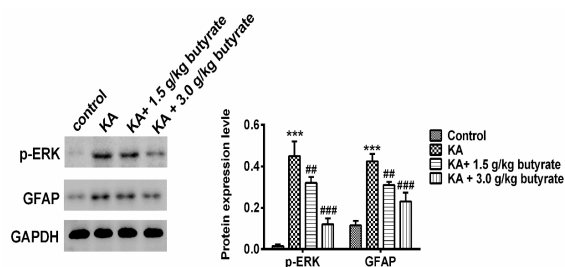
### Butyrate inhibited KA-induced, seizure-related proteins in rats

Western blot analysis showed that the KA-treated rats had significantly increased levels of p-ERK and GFAP ( $p < 0.05$ ). The induction of p-ERK and GFAP was reduced in the butyrate-treated rats ( $p < 0.05$ ; Figure 2). Given that gliosis is induced by KA, which is evidenced by increased GFAP, these data suggest that butyrate treatment induced a reduction in astrogliosis in the KA-treated rats.

### Butyrate inhibits KA-induced activation of seizure-related proteins in astrocytes

Butyrate treatment (20 nM or 200 nM) attenuated

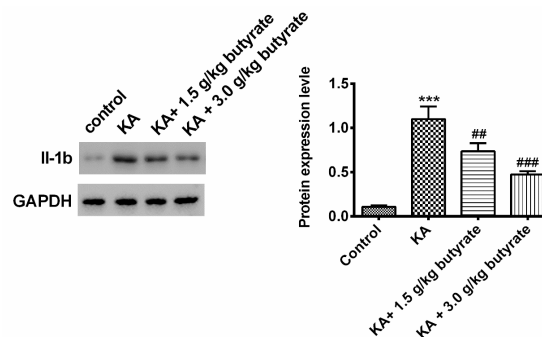
the increases in p-ERK and GFAP induced by KA in a dose-dependent manner (Figure 4).



**Figure 2:** Effects of butyrate on p-ERK and GFAP in KA-induced rats. (A) Western blot analysis using anti-p-ERK and anti-GFAP antibodies of hippocampus extracts from rats treated with saline, 10 mg/kg KA, 10 mg/kg KA + 1.5 g/kg butyrate, or 10 mg/kg KA + 3.0 g/kg butyrate. (B) Quantification of p-ERK and GFAP levels relative to GAPDH. Data are presented as the mean  $\pm$  SEM. \*\*\* KA vs. control; ## KA + 1.5 g/kg butyrate vs. KA; ### KA + 3.0 g/kg butyrate vs. KA

### Butyrate inhibits KA-induced proinflammatory cytokine production in rat models

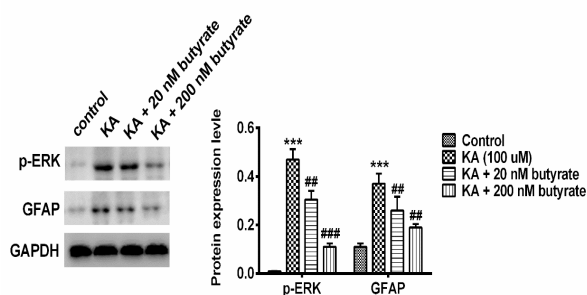
Rats treated with KA alone exhibited higher IL-1 $\beta$  levels ( $p < 0.05$ ) than those in the control group. Treatment with 1.5 g/kg or 3 g/kg butyrate resulted in lower IL-1 $\beta$  levels in a dose-dependent manner (Figure 3).



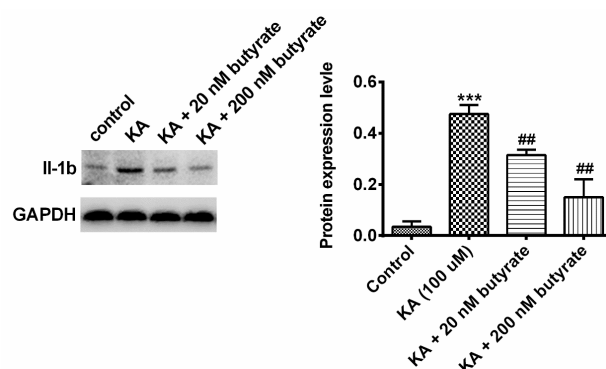
**Figure 3:** Effects of butyrate on KA-induced inflammation. (A) Western blot analysis of IL-1 $\beta$  in hippocampus extracts from rats treated with saline, 10 mg/kg KA, 10 mg/kg KA + 1.5 g/kg butyrate, or 10 mg/kg KA + 3.0 g/kg butyrate. (B) Quantification of IL-1 $\beta$  levels relative to GAPDH. Data are presented as the mean  $\pm$  SEM. \*\*\* KA vs. control; ## KA + 1.5 g/kg butyrate vs. KA; ### KA + 3.0 g/kg butyrate vs. KA

### Butyrate inhibits KA-induced proinflammatory cytokine expression in rat astrocytes

KA-treated astrocytes expressed increased levels of IL-1 $\beta$  ( $p < 0.05$ ) compared with untreated astrocytes. The increase in IL-1 $\beta$  was significantly attenuated in cells pre-treated with butyrate (20 or 200 nM) prior to KA treatment (Figure 5).



**Figure 4:** Effects of butyrate on p-ERK and GFAP levels in KA-induced astrocytes. (A) Western blot analysis using anti-p-ERK and anti-GFAP antibodies of astrocytes treated with saline, 100  $\mu$ M KA, 100  $\mu$ M KA + 20 nM butyrate, or 100  $\mu$ M KA + 200 nM butyrate. (B) Quantification of p-ERK and GFAP levels relative to GAPDH. Data are presented as the mean  $\pm$  SEM. \*\*\* KA vs. control; ## KA + 20 nM butyrate vs. KA; ### KA + 200 nM butyrate vs. KA



**Figure 5:** Effects of butyrate on IL-1 $\beta$  in KA-induced astrocytes. Astrocytes were untreated, treated with 100  $\mu$ M KA alone, or treated with 100  $\mu$ M KA preceded by 20 nM or 200 nM butyrate. Treatment with butyrate was performed 10 min prior to KA treatment. (A) IL-1 $\beta$  expression was determined by Western blot analysis. Immunoblots are representative of three independent experiments. (B) Quantification of IL-1 $\beta$  levels relative to GAPDH. Data are presented as the mean  $\pm$  SEM. \*\*\* KA vs. control; ## KA + 20 nM butyrate vs. KA; ### KA + 200 nM butyrate vs. KA

## DISCUSSION

The findings characterised the effects of butyrate on KA-induced epilepsy in rat and cell models of acute seizure by evaluating multiple parameters, including behavioural seizure scores and the levels of a seizure-related indicator (p-ERK), a proinflammatory cytokine (IL-1 $\beta$ ), and an astroglial marker (GFAP). The results provide evidence for the first time to indicate that butyrate inhibits KA-induced seizures.

KA, an analogue of glutamate, is widely applied for the induction of behavioural/electrophysiological seizures [14]. KA-induced seizures result in neuronal death due to over-activation of

glutamate receptors [15]. KA also leads to astroglial in the hippocampus [16,17]. Sodium butyrate, an epigenetic interventional treatment, has been reported to attenuate stress-induced alteration of the pharmacological action of MK-801 [18]. In this study, KA increased behavioural seizure activities and astroglial in the hippocampus of rats. Intriguingly, butyrate treatment decreased both of those effects.

Activation of the mitogen-activated protein kinase (MAPK) pathway is involved in cell death or cell survival triggered by KA [19,20]. A previous study showed a significant increase in ERK phosphorylation after KA administration [21]. In the present study, rats and rat astrocytes were treated with KA to promote astrocytosis. In both the whole-rat model and the cellular model, KA treatment caused increased GFAP expression, which is consistent with previous findings [20]. Pre-treatment with butyrate led to decreased GFAP levels, which suggest reduced astrocytosis in the hippocampi of the rats and in the astrocyte cells.

Epilepsy has been found to be tightly associated with inflammation, as shown by increased expression of proinflammatory cytokines. Proinflammatory cytokines were found to be increased in tissues or cerebral spinal fluid in patients with chronic seizures [22]. The findings of the present study suggest that butyrate could inhibit KA-induced inflammation in rats. The results in astrocytes were consistent with those findings. Thus, the findings in both whole-rat and cellular models suggest that butyrate could inhibit KA-induced inflammation. Animals with a genetic deficiency in IL-1 $\beta$  production or a blockage in IL-1 $\beta$  production caused by inhibition of caspase (which synthesizes IL-1 $\beta$ ) exhibit significant seizure reduction [23].

## CONCLUSION

The findings provide evidence that butyrate inhibits seizures induced by KA in animal and cellular models. These results highlight the potential of butyrate as a treatment for seizures.

## DECLARATIONS

### Conflict of Interest

No conflict of interest associated with this work.

### Contribution of Authors

The authors declare that this work was done by the authors named in this article and all liabilities

pertaining to claims relating to the content of this article will be borne by them. Yanwen Lv and Changquan Wang designed all the experiments and revised the paper. Guangming Xia, Gang Li and Changquan Wang performed the experiments, Feng Wan and Zhanchi Xiao wrote the paper.

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