

## Original Research Article

# Diagnostic utility of leptin and insulin-like growth factor binding protein-2 in hepatocellular carcinoma of diabetic and non-diabetic Egyptian patients

Mekky M Abouzied<sup>1,2\*</sup>, Maiiada H Nazmy<sup>2</sup>, Randa M Mohamed<sup>2</sup>, Michael A Fawzy<sup>2</sup>, Heba M Eltahir<sup>1</sup>

<sup>1</sup>Departments of Pharmacology and Toxicology, College of Pharmacy, Taibah University, Medina, Kingdom of Saudi Arabia

<sup>2</sup>Department of Biochemistry, Faculty of Pharmacy, Minia University, Minia 61511, Egypt

\*For correspondence: **Email:** [m\\_meky2001@yahoo.com](mailto:m_meky2001@yahoo.com)

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### Abstract

**Purpose:** To elucidate the possible diagnostic utility of adipokines and insulin growth factor binding proteins in hepatocellular carcinoma (HCC) diabetic subjects.

**Methods:** Seventy five patients were divided equally into 3 groups as follows: healthy normal control (NC), non-diabetic hepatocellular carcinoma (HCC) and diabetic hepatocellular carcinoma (HCC-DM). Serum levels of leptin, insulin growth factor binding protein-2 (IGFBP-2) and alpha fetoprotein (AFP) were measured. Correlation and receiver operating characteristics (ROC) analysis was carried out.

**Results:** HCC and HCC-DM groups showed changes in body mass index (BMI,  $p > 0.05$  and  $p < 0.001$  respectively), glucose, insulin, homeostatic model assessment-insulin resistance (HOMA-IR), liver function tests and AFP ( $p < 0.001$ ). Leptin levels increased significantly in both HCC and HCC-DM ( $p < 0.001$ ). Furthermore, IGFBP-2 showed significant increase in both groups ( $p < 0.001$ ). Both leptin and insulin-like growth factor binding protein-2 (IGFBP-2) displayed significant positive correlation with AFP ( $p < 0.001$ ). ROC analysis indicate different diagnostic accuracies for the tested markers for the various groups.

**Conclusion:** Leptin and IGFBP-2 demonstrate significant potentials as diagnostic tools for HCC patients, especially diabetic cases, with IGFBP-2 displaying the highest diagnostic accuracy for HCC and HCC-DM groups.

**Keywords:** Hepatocellular carcinoma, Diabetes mellitus, Leptin, Insulin-like growth factor-binding proteins-2, Adipokines

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## INTRODUCTION

Obesity and type 2 diabetes mellitus may have a positive association with both the risk of cancer and cancer-related mortality. Given the dramatic increase in rates of obesity and diabetes [1], this connection is a great public health concern. The exact molecular mechanisms for this association are yet unknown, but chronic, sustained hyperinsulinaemia in these insulin-resistant

syndromes appears to play a role in the neoplastic transformation process [2]. A more detailed molecular and mechanistic understanding is required to interpret existing data. Understanding these mechanisms may lead to novel diagnostic and prognostic strategies for HCC [3].

For many years adipose tissue was believed to act primarily as an insulator and energy store for



**Sample collection and serum glucose/insulin levels**

Venous blood (5 mL) was withdrawn from the subjects following 12 h overnight fast. Serum glucose level was measured using Stanbio kit (Stanbio laboratory, USA). Insulin levels were determined using ELISA Biosource kits according to the manufacturer’s instructions.

**Homeostasis model assessment of insulin resistance**

The index of insulin resistance estimated by the homeostasis model assessment (HOMA) was calculated using relationships between blood glucose (Bg, mmol/L) and insulin (I, mUI/L) levels according to Eq 1 [12].

$$\text{HOMA-IR} = (I \times Bg) / 22.4 \dots\dots\dots (1)$$

**Biochemical analysis**

Serum activities of liver enzymes alanine aminotransferase (ALT) and aspartate aminotransferase (AST) and serum levels of total and direct bilirubin (TB and DB) were measured using Randox® kits (Randox laboratories Ltd, USA).

**Enzyme-linked immunosorbent assay (ELISA)**

Serum levels of alpha-fetoprotein, leptin (Diagnostics Biochem Canada Inc), adiponectin, insulin growth factor binding proteins-2 and -3 were measured using RayBio-Human ELISA kits, following the instructions of the manufacturer.

**Statistical analysis**

Data are expressed as mean ± standard deviation (SD) of 25 patients in each group, using one-way analysis of variance (ANOVA

test). *P* < 0.05 were considered as significant. Correlation and ROC analysis was done using Graph Pad Prism (version 5.00 for windows, GraphPad software, San Diego, California, USA) statistical software.

**RESULTS**

General characteristics and liver function tests of patients are shown in Table 1. HCC group showed a non-significant increase in BMI (*p* > 0.05), while a significant decrease in fasting glucose levels (hypoglycaemia) was observed in this group (*p* < 0.001). In addition, HCC group showed significant increase in age, HOMA-IR and serum levels of fasting insulin, ALT, AST, total- and direct bilirubin (TB and DB respectively) when compared to normal control (*p* < 0.001). On the other hand, significant increase in BMI (*p* < 0.01), age, fasting glucose and insulin, ALT, AST, TB and DB (*p* < 0.001) was observed in HCC-DM group when compared to normal control (Table 1).

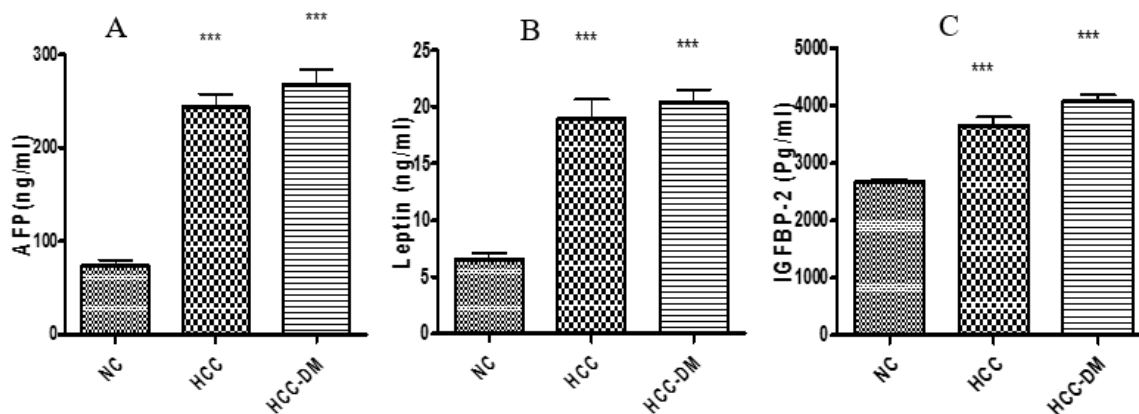
AFP levels were highest in HCC-DM group and lowest in normal control. Its increase in both HCC and HCC-DM groups was statistically significant when compared to normal control (*p* < 0.001) (Figure 1A). Both HCC and HCC-DM groups showed significant increase in serum levels of leptin when compared to normal control (*p* < 0.001) (Figure 1B).

Serum IGFBP-2 level was highest in HCC-DM group and lowest in normal control group. Its level was significantly increased in both HCC and HCC-DM groups when compared to normal control (*p* < 0.001) (Figure 1C). Pearson’s correlation coefficient test between serum level of leptin or IGF-BP-2 versus AFP showed significant (*p* < 0.001) positive correlation between either serum leptin or IGFBP-2 levels and AFP (*r* = 0.9551 for leptin, and *r* = 0.95 for IGF-BP-2 respectively, Table 2 and Figure 2).

**Table 1:** General characteristics and liver function tests

Variable	NC	HCC	HCC-DM
Age	29.15±8.57	57.72±4.75***	59.82±6.01***
Gender (M/F)	23/2	18/7	16/9
BMI	22.19±3.03	21.72±3.29 <sup>ns</sup>	26.16±3.51**
Fasting glucose (mmol/L)	5.55±0.45	4.23±0.27***	8.6±16.91***
Fasting Insulin (µIU/ml)	2.33±0.23	6.16±0.77***	6.97±0.72***
HOMA-IR	0.58±0.01	1.16±0.02***	2.67±0.04***
ALT (U/L)	29.33±3.29	61.33±5.05***	103.71±11.09***
AST (U/mL)	29.52±6.13	69.82±11.61***	88.32±13.7***
Total Bilirubin (mg/dl)	0.76±0.11	1.59±0.55***	1.46±0.59***
Direct Bilirubin (mg/dl)	0.11±0.06	0.59±0.09***	0.32±0.09***

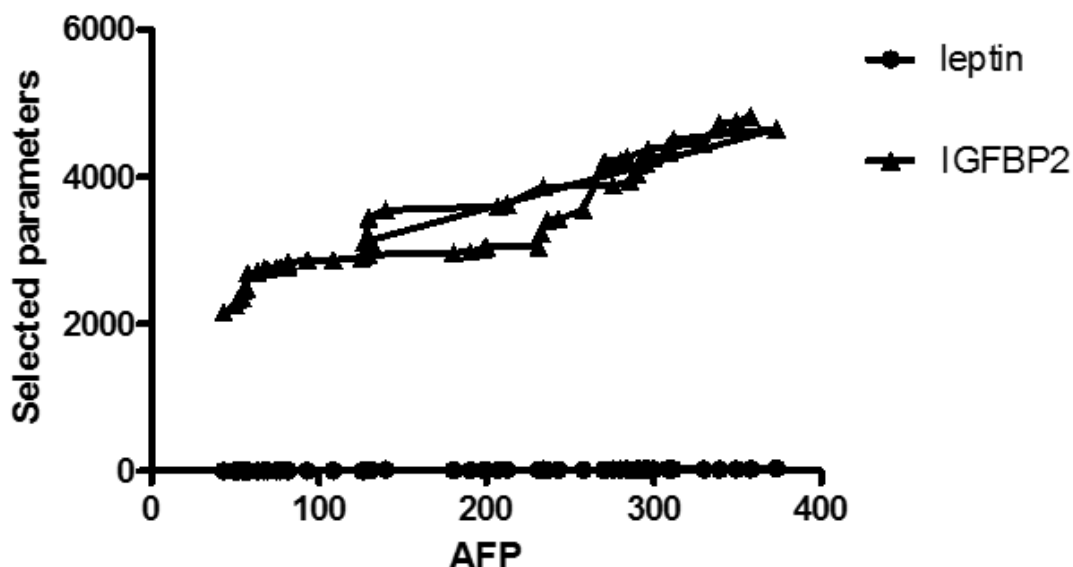
NC = normal control, DM = Diabetes mellitus, HCC= Hepatocellular carcinoma. BMI = body weight (kg)/the square value of height (m<sup>2</sup>). HOMA-IR = Insulin (µIU/ml) x glucose (mmol/L)/22.4



**Figure 1:** Serum concentrations of AFP (A), Leptin (B), IGFBP-2 (C) in various groups, compared to normal control. Data were expressed as mean ± SD. Significant difference between groups are analysed by unpaired t-student test, where: \*\*\*  $p < 0.001$ : highly significant, \*\*  $p < 0.01$ : significant, \*  $p < 0.05$ : mildly significant,  $p > 0.05$ : non-significant, NC = normal control, DM = Diabetes mellitus, HCC = hepatocellular carcinoma

**Table 2:** Pearson correlation coefficient test between serum levels of leptin, IGF-BP-2 versus AFP.

Variable	AFP vs Leptin	AFP vs IGFBP-2
Pearson r	0.9551	0.9500
95% confidence interval	0.9247 to 0.9734	0.9163 to 0.9704
R squared	0.9123	0.9025
P (two-tailed)	$p < 0.0001$	$p < 0.0001$

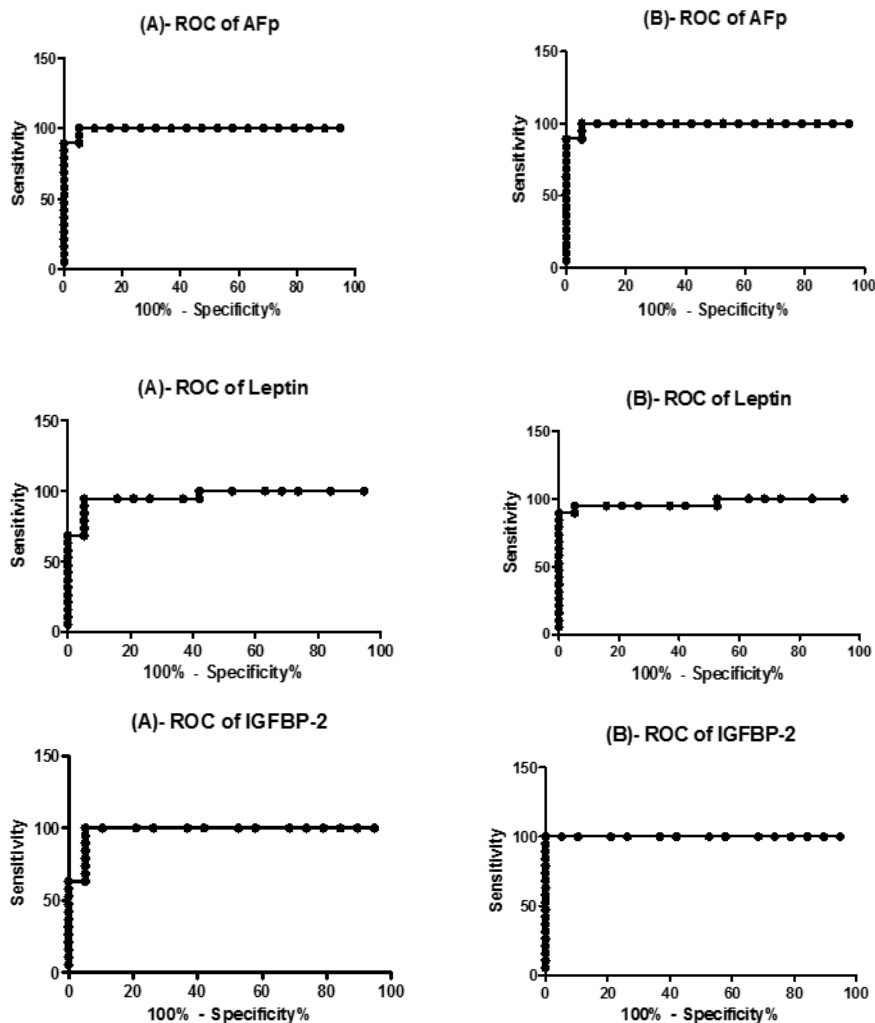


**Figure 2:** Pearson’s correlation coefficient test for serum levels of leptin, IGF-BP-2 versus AFP

**Table 3:** Area under the curve (AUC), cut-off values, sensitivity and specificity for different markers

Marker	AUC	Cut-off	Sensitivity (%)	Specificity	Diagnostic
<b>HCC vs NC</b>					
AFP (ng/ml)	0.994	> 126	100	94	97
Leptin (ng/ml)	0.9640	> 12.7	84	94	89
IGFBP-2	0.9806	> 2919	100	94.7	97.4
<b>HCC-DM vs NC</b>					
AFP (ng/ml)	0.9945	> 126.6	100	94.7	97.4
Leptin (ng/ml)	0.9640	> 13.6	89	94	91.5
IGFBP-2	0.9806	> 3010	100	94.9	97.5

**Note:** Overall diagnostic accuracy is the weighted average of a test’s sensitivity and specificity



**Figure 3:** Receiver Operating Characteristic (ROC) curve for AFP, Leptin, IGFBP-2 in various situations. A: HCC vs. normal control, B: HCC-DM vs normal control

ROC analysis including area under the curve found that diabetic women and men had an (AUC), cut-off values, sensitivities, specificities and increased risk of 1.40 (95 %CI: 1.05-1.86) and diagnostic accuracies for different markers were 2.26 (95 %CI: 1.89 - 2.70) for developing HCC, done, and the overall diagnostic accuracy was respectively. But even if the role of impaired calculated as the weighted average of a test's glucose metabolism is important in sensitivity and specificity. Arranging the different hepatocarcinogenesis, its impact on HCC natural groups according to their diagnostic accuracy history is still controversial. Recently, Howell *et al* resulted in the following ranking: IGFBP-2 > AFP > Leptin (Table 3 and Figure 3).

**DISCUSSION**

An increased incidence of HCC in obese and diabetic subjects has led to the necessity to characterize the role of metabolic syndrome in liver carcinogenesis. Metabolic syndrome includes multiple disorders including glucose intolerance, hyperglycemia, Type 2 diabetes mellitus, overweight, high blood pressure and dyslipidemia [13]. In 2012, Campbell *et al* [14] conducted a large prospective cohort study which included over one million subjects and

highlighted the important role of adipokines and IGFbps in mediating the interrelation between obesity, type II DM and HCC, and demonstrated different secretion patterns and diagnostic utilities for these parameters in various situations (i.e. diabetic HCC and non-diabetic HCC patients).

Diabetic patients showed significant biochemical variations in BMI, glucose homeostasis, insulin resistance and liver function tests. These findings are consistent with former observations which explained in details the role of liver in glucose homeostasis and the interaction between type II DM and liver disease [17].

The pathophysiological hallmarks of type 2 diabetes mellitus are insulin resistance and  $\beta$ -cell dysfunction. There is now consensus that a variety of adipokines can modify both insulin sensitivity and secretion. Therefore they offer candidate mechanisms for a link between obesity and type 2 diabetes [18].

It has been suggested that the association between plasma leptin and diabetes may be a manifestation of an underlying leptin resistance mediated by obesity [19]. Some studies have reported that there is no association between plasma leptin levels and diabetes [20], whereas a significant positive correlation between both conditions was reported by other groups [21]. However, other studies reported an inverse relation [22]. Also, few studies reported that the association between plasma leptin and DM was observed only in men and not in women [21]. Consistent with the low circulating levels of adiponectin observed in type II DM, adiponectin concentration was found to be inversely related to leptin, insulin resistance and central adiposity [23].

Increasing evidence suggests that the insulin-like growth factor (IGF) axis may play a role in glucose homeostasis [24]. IGF-I shares structural homology and downstream signalling pathways with insulin, and like insulin, IGF-I can promote glucose and fatty acid uptake in peripheral tissues [25]. In the current study, IGFBP-2 levels were significantly increased in both HCC and HCC diabetic patients. Consistent with this finding, cross-sectional studies have found that individuals with impaired glucose tolerance or diabetes have possibly higher IGFBP-3 levels than healthy individuals [26]. A positive association between high IGFBP-3 and diabetes can be explained by its sequestration of IGF-I [27]. In addition to this effect, some IGFBPs like IGFBP-2 may also have important IGF-independent, potentially beneficial effects on glucose uptake [28]. IGFBP-2 circulates at equimolar or lower molar concentrations compared to IGF-1, unlike hormone inhibitors which usually circulate in molar excess compared to the ligand. *In vivo*, IGFBP-2 has been shown to play a role to modulate IGF signalling in diabetes. The precise function of IGFBP-2 is poorly understood, and it is not well

established whether it inhibits or activates IGF-1 signalling *in vivo* or if it has actions independent of IGF [29].

Altered levels of adipokines or their cognate receptors in cancers can ultimately lead to an imbalance in downstream molecular pathways [30]. Leptin has been shown to increase proliferation, migration, and invasion of cancer cells [31] as well as contribute to release of VEGF [32]. The molecular mechanisms through which leptin affects cancer cell behaviour still require further elucidation. It is believed that cross-talk between adipokines as well as the activation of multiple pathways via activation of Janus-activated kinase (JAK2) and subsequent up regulation of Ras and PPAR- $\gamma$  keep proliferative signalling in balance [33]. In our study we also aimed to elucidate the secretion patterns of adipokines and IGF axis and to compare these patterns in HCC diabetic and non-diabetic HCC patients.

Leptin was significantly increased in HCC and diabetic HCC patients. This may be, in part, related to non-significant change in BMI in non-diabetic HCC as well. A number of studies have attempted to elucidate the possible effects of leptin in HCC development. In patients with hepatocellular carcinoma, elevated leptin levels have been reported in comparison to normal or preoperative levels [34].

Insulin-like growth factor binding proteins (IGFBPs) constitute a family of six circulating proteins that bind insulin-like growth factor (IGF)-I and -II with high affinity [35]. In our study, serum levels of IGFBP-2 showed significant increase in both diabetic and non-diabetic HCC patients. These data are in accordance with previous reports indicating that serum levels of IGFBP-2 were significantly higher while IGFBP-3 levels were normal [36] or significantly lower [37] in patients with HCC compared to healthy subjects.

IGFBP-2 has been considered as an inhibitory factor for IGFs, particularly of IGF-II [35]. IGFBP-2 expression changes dynamically showing its highest levels during the prenatal stages. After birth, the expression of IGFBP-2 decreases significantly, however, IGFBP-2 is the second most abundant IGFBP in serum. It is also altered in various pathological conditions including HCC [38]. IGFBP-2 is not only a modulator of IGF/IGF receptor signalling, but also a pleiotropic factor which has important effects on cellular proliferation, motility, interactions with the extracellular matrix and transcription [29].

## CONCLUSION

Based on the obtained data, leptin and IGFBP-2 demonstrate significant potentials as diagnostic markers for diabetic HCC patients. IGFBP-2 displayed the highest diagnostic accuracy followed by AFP and leptin for HCC and HCC-DM groups. This makes it a good marker that can be measured in combination with AFP to increase its sensitivity and specificity in HCC and HCC-DM patients.

## DECLARATIONS

### Conflict of Interest

No conflict of interest associated with this work.

### Contribution of Authors

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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