Tropical Journal of Natural Product Research

Available online at <u>https://www.tjnpr.org</u>





Ethnobotanical Survey of Medicinal and Aromatic Plants used in the Treatment of Skin Burns in the Province of Sefrou of Morocco

Mohamed A. Mahraz^{1,5*}, M. Amine Idrissi¹, Ali Mzali², Hajar El Mrayej¹, Abdelouahad Lfatouhi¹, Rajae Salim^{1,3}, El Hassania Loukili^{3,4}, Mohamed Jghaoui¹, Zakia Rais¹, Mustapha Taleb¹

¹Laboratory of Engineering, Electrochemistry, Modeling and Environment, Faculty of Sciences Dhar El Mahraz, Sidi Mohammed Ben Abdellah University, Fez 30050, Morocco.

²Laboratory of Analytical Chemistry, Faculty of Medicine and Pharmacy, Mohammed V University in Rabat 10100, Morocco. ³Euro-Mediterranean University of Fez (UEMF), BP. 15, Fez, 30070, Morocco

⁴Laboratory of Applied and Environmental Chemistry (LCAE), Mohammed First University. Faculty of Sciences, B.P. 717 60000, Oujda, Morocco

⁵Institut of business entreprise and management of Fez, BP. 15, Fez, 30070, Morocco (IBEM)

| ARTICLE INFO | ABSTRACT |
|---|---|
| Article history: | The inhabitants of Morocco and particularly of the province of Sefrou use traditional medicine |
| Received 26 August 2023 | based on aromatic and medicinal plants to treat many diseases such as digestive and respiratory |
| Revised 08 March 2024 | problems, and skin burns Unfortunately, there are very few botanical studies on medicinal and |
| Accepted 12 March 2024 | aromatic plants used to treat skin burns in Morocco, especially in the province of Sefrou. This |
| Published online 01 April 2024 | study describes the traditional practice of treating skin burns with medicinal plants in six cities of |
| Copyright: © 2024 Mahraz <i>et al.</i> This is an open- access article distributed under the terms of the <u>Creative Commons</u> Attribution License, which | the province of Serrou for future pharmacological validation. The survey was conducted using a semi-structured questionnaire in the province of Sefrou in the period of September 2020 and October 2022 which contains information on the plant, their family, and the method of preparation, and method of use. It was found that Lamiaceae and Asteraceae were the two most preferred families by the participants surveyed for the treatment of dermatological problems. The most used medicinal plants are <i>Allium cepa</i> , <i>Curcuma longa</i> , <i>Eryngium tricuspidatum</i> , <i>Ricinus communis</i> , <i>Mentha pelugium</i> , <i>Origanum compactum</i> . |
| permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. | It was found that the leaves are the most frequently used part of the plant with a percentage of 52%, followed by the whole plant with 26%. In most treatments, the powder is sprinkled directly on the burn. The study has documented the plants that are found in the province of Sefrou use to treat skin burns. |

Keywords: Ethnobotanical knowledge; Herbal medicines; Ethno pharmacology; Sefrou; Medicinal and aromatic plants; PAM; Ethnobotanical statistic; Skin burns

Introduction

The skin is considered the most important organ because it performs many vital functions, including protecting the organs, preserving the body's shape, and controlling the body's temperature ¹. Skin burns are a major problem worldwide, especially in Morocco ². The majority of treatments begin with topical application of a drug that can play an anti-infective role to limit or reduce infections ³. Cellular therapy has been used in burn patients for several years and is now part of the therapeutic means available to manage the most serious burns. Numerous studies report the experience and difficulties encountered by teams using these cutting-edge techniques, which are e still rather cumbersome and costly ⁴. Clinical applications of cellular therapy can be classified according to the cutaneous location where these cells are applied: the epidermis, the dermis, and the total skin, which includes both the epidermis and the dermis ⁵.

*Corresponding author. E mail: mohamedadil.mahraz@usmba.ac.ma Tel: +212613235334

Citation: Mahraz MA, M. Idrissi A, Mzali A, El Mrayej H, Lfatouhi A, Salim R, Loukili EH, Jghaoui M, Rais Z, Taleb M. Ethnobotanical Survey of Medicinal and Aromatic Plants used in the Treatment of Skin Burns in the Province of Sefrou of Morocco. Trop J Nat Prod Res. 2024; 8(3):6487-6497. <u>https://doi.org/10.26538/tjnpr/v8i3.3</u>

Official Journal of Natural Product Research Group, Faculty of Pharmacy, University of Benin, Benin City, Nigeria

Cell therapy at the epidermal level consists of using keratinocytes taken from healthy skin and cultivated *in vitro* to reconstitute the initial architecture of the superficial layer of the skin, which involves the superposition of multiple layers of keratinocytes. Several laboratory culture techniques and in situ application methods are available, including autologous epithelial culture (AEC) in layers, on transfer media, or in suspension ⁶.

There are two types of herbal medicine: Traditional herbal medicine, which aims to treat the symptoms of a disease, and clinical herbal therapy ⁷, which requires a global approach to the patient and their environment to determine the treatment, as well as a clinical examination. The mode of action of clinical herbal therapy is based on long-term treatment acting on the nervous system. In this type of treatment, the indications are linked to complementary therapy, which complements or reinforces the efficacy of a classic allopathic treatment for certain pathologies. Traditional herbal medicine is based on the use of plants according to their empirically discovered virtues and is used to treat seasonal pathologies and mild psychosomatic disorders, including digestive or dermatological disorders. According to the latest statistics from the World Health Organization (WHO), the majority of developing countries, especially African countries, use traditional medicine based on medicinal plants, with a percentage of 80%, due to their effectiveness, affordability, and lower risk. The most important side effects based on medicinal plants are less reduced compared to modern drugs, which can sometimes have negative effects through adverse reactions⁸. Traditional medicine varies from one country to another and from one region to another because of the differences in personal philosophy and culture among countries. The use of traditional medicine based on plants is widespread in various fields, notably in the food industry, as well as in industries such as corrosion inhibitors for different metals and alloys, and cosmetics, particularly for dermatological problems like skin burns.

Skin burns are considered as a partial or total cellular destruction, with several causes including thermal, chemical, radiation, and electric sources 9, 10, 11, 12, 13. Most modern medicine treatments start with a topical application to prevent infection, which explains most modern medicine treatments for skin burns typically begin with a topical application to prevent infection, which is why they tend to focus more on antimicrobial activity rather than directly treating the burns. However, the effectiveness of modern drugs may have negative impacts, such as a risk of toxicity against fibroblasts and potential allergy problems. As a result, researchers are exploring other methods to address this issue 14, 15, 16. Research conducted on the province of Sefrou in Morocco revealed that no botanical survey had been carried out for the treatment of dermatological problems. Based on this information, a survey was conducted among various herbalists in the Sefrou region with the objective of evaluating their practices in managing the most common dermatological problems and the use of plants in cosmetology.

Materials and Methodology

Study area

The province of Sefrou is located between the Sais plateau and the northern piedmont of the Middle Atlas. It is bordered by the provinces of Boulemane and Ifrane to the south, the province of Taza to the east, the prefecture of Fez to the north, and the provinces of Malay Yacoub and El Hajeb to the west. The province covers an area of 4008.76 km2 (with a density of 67 ha/km2), which represents 19.7% of the total area of its region. According to the RGPH 2004, the population of the province is 259,577, of which 146,050 are rural inhabitants, accounting for 56% of the total population ¹⁷. The province comprises 23 communities, including 18 rural communities and 5 urban communities ^{18,19}.

To determine the sample size of the target population in the province of Sefrou, the following formula was used ^{20,21}:

$$N = \frac{Z^2}{D^2} \times P(1 - P)$$
 (Eqn. 1)

Where N represents the sample size,

Z is the confidence level according to the normal distribution (for a 95% confidence level, z = 1.96; for a 99% confidence level, z = 2.575), P is the estimated proportion of the population with the characteristic (since the proportion of the population with the characteristic is unknown, we use P = 0.5),

D represents the tolerated margin of error, which is set at 5%.

$$N = \frac{1.96^2}{0.05^2} \times 0.05 \times 0.05 = 384, 16$$

Survey method

The study was conducted in the Sefrou province from September 2020 to October 2022. The research involved conducting open interviews with local residents to identify various MAPs (medicinal and aromatic plants), followed by administering surveys to gather information on the therapeutic uses and preparation methods of these plants. The surveys included inquiries about the gender, age, education level, and family status of the respondents, as well as specifics regarding the particular plant parts used and the methods of administration. A total of 450 surveys were collected, and the data were analyzed using XLSTAT and Minitab software to generate tables and graphs.

Relative Frequency Citation (RFC)

Relative frequency citation index (RFC) which means the important value of each species RFC = $\frac{FC}{N}$ (Eqn. 3)

(0 < RFC < 1)

FC represents the number of informants who use a given species. 22,23,24

Fidelity Level (FL)

FL is applied to identify the most appropriate species to use in treating a specific ailment ^{25,26}. the fidelity level was determined as follows:

$FL = \frac{N_p}{N}$ (Eqn. 4)

Where NP represents the number of informants for a specific disease remedy and N is the total number for an application of a given species.

Coefficient of determination (R)

$$A = \frac{\sum_{1}^{n} (Xi - XB)(Yi - YB)}{\sum_{1}^{n} (Xi - XB)2}$$
(Eqn. 5)
$$A' = \frac{\sum_{1}^{n} (Xi - XB)(Yi - YB)}{(Yi - YB)2}$$
(Eqn. 6)

 $R^2 = A * A'$

 $(\mbox{Xi}-\mbox{XB})\mbox{:}$ represents the difference between the Use Value (UV) and the average UV

(Yi – YB): represents the difference between Relative Frequency Citation (RFC) and the average of RFC

A: represents the directing coefficient of the linear function in the form Y =Ax + B

 A^\prime : Represents the directing coefficient of the linear function in the form X =A' y + B'

R between 0 and 1 plus r close to 1 means a strong and perfect correlation. $^{\rm 27,\,28}$

Today, alternative medicine implies a strong correlation between modern and traditional medicine. In the study, we considered and recorded the educational status of the survey participants.

Use Value (UV)

The Use Value (UV) is a commonly used metric for assessing the relative importance of a local species, particularly plants. The formula used to calculate this index is as follows:UV = $\frac{U}{N}$ (Eqn. 2)

Where U is the number of uses mentioned by each informant and N stands for the number of informants. ^{29, 30,31}

Results and Discussion

A total of 450 people, distributed in the province of Sefrou, Morocco was chosen to select the various medicinal and aromatic plants use for the treatment of burns.

The results showed that 62.2% of the participants were illiterate and had poor knowledge of reading and writing, while 22.2% had a primary education, 8.9% had a secondary education, and 6.7% had a university education, which represented the weakest category (Table 1). Other botanical studies published in Morocco and internationally are in agreement with our results .^{32, 33, 34} Two main factors improve the quality of survey data and positively influence ethno-pharmacological surveys: the age of the participants and the length of their experience. This is because the experience of the participants increases significantly with age, which has a strong correlation. Additionally, ancestral knowledge of medical ethics is transmitted orally from generation to generation.

Interesting findings from our survey indicate that 3.1% of participants reported having experience ranging from 50 to 59 years old. The insights provided by this group serve as a baseline for validating the comments of others. Additionally, 6.7% of participants reported experience between 40 and 49 years old, while 42.2% reported experience between 2 and 5 years old.

The diversity of aromatic and medicinal plants in the province of Sefrou Morocco with anti-burn characteristics

Morocco boasts a significant diversity of flora, largely attributed to its varied climatic and geographical conditions. This diversity manifests in a wide array of plant species across its territory. In the province of Sefrou, known for its biodiversity, it has been noted that numerous medicinal and aromatic plants are utilized in traditional medicine for the treatment of dermatological conditions. These plants, often passed

down through generations, have been integral to local healthcare practices for centuries, renowned for their therapeutic properties in addressing skin ailments such as eczema, psoriasis, fungal infections, among others.

The study presented herein focuses on documenting and characterizing the medicinal plants used in dermatological treatments within the Sefrou region. The findings of this investigation are compiled in Table 2, delineating the identified medicinal plants alongside their specific applications in dermatological care. This compilation offers valuable insights into local traditional medicine practices and serves as a foundation for future research aimed at scientifically validating these traditional remedies

Ethnic medicinal characteristics: growth form, plant parts, method of preparation and administration

The results of the frequencies of each medicinal and aromatic plant's scientific name used in the treatment of skin burns are presented in Figure. (2, 3). The results show that the most commonly used and represent a high percentage included Curcuma *longa* [Zingiberaceae], *Ricinus communis* [Euphorbiaceae], *Rosmarinus officinalis* [Lamiaceae], *Origanum compactum* [Lamiaceae], *Ranunculus bullatus* [Ranunculaceae], and *Linum usitatissimum* [Linaceae].

These results provide a basis for further scientific research that can confirm the pharmacological validation of the botanical study conducted in the province of Sefrou. The ethnobotanical study carried out in Sefrou has allowed for the identification of bioactive molecules that may be responsible for the partial or total reduction in the severity of cutaneous burns. These pharmacological studies enable us to identify and target various bioactive molecules that may play a vital role in treating cutaneous burns.

Parts of plants used

The study has revealed that the target population employs the plant's leaves in various forms, with 43% of respondents indicating it as the primary component for preparing treatments for skin burns. This was followed by the whole plant at 21%, and the root and fruit at 11%, as depicted in Figure 4. These results could be attributed to the leaves being recognized as a hub for biochemical reactions due to photosynthesis processes. Moreover, other botanical surveys conducted both in Morocco and abroad have consistently shown that leaves are the most frequently utilized part for treating skin burns and dermatological conditions ^{35, 36, 37, 38, 39}



Figure 1: Sefrou Province and geographical location of the different studies.⁴⁰

| Demographic profile | N=450 | Fi% |
|-------------------------------------|------------------|------|
| Age (mean number of years \pm SD) | 50.55 ± 14.6 | |
| Gender | | |
| Male | 380 | 84.4 |
| Female | 70 | 15.6 |
| Level of education | | |
| Informal | 280 | 62.2 |
| Primary school | 100 | 22.2 |
| Secondary | 40 | 8.9 |
| University | 30 | 6.7 |
| Residence | | |
| Sefrou | 180 | 40.0 |
| Imouzzer kandar | 98 | 21.8 |
| Bhalil | 60 | 13.3 |
| Bir tamtam | 71 | 15.8 |
| Azaba | 30 | 6.7 |
| Ouald mekoudou | 11 | 2.4 |
| Years of experience | | |
| 2–5 | 190 | 42.2 |
| 6–9 | 101 | 22.4 |
| 10–19 | 89 | 19.8 |
| 20–29 | 15 | 3.3 |
| 30–39 | 11 | 2.4 |
| 40–49 | 30 | 6.7 |

Table 1: Demographic profile of botanical survey participants

50-59

14

3.1

Table 2: Medicinal and aromatic plants used for the treatment of t skin burns

| Scientific name [family] | Local name | Parts used | Method of preparation | Ni | Fi | UV(Xi) | RFC(Yi) |
|---|-------------|-----------------------|--|----|-------|--------|---------|
| Allium cepa [Amaryllidaceae] | basla | Leaf | The initial state of the mucus extract from the leaves is in the form of a paste, which is then applied to burns | 14 | 0.031 | 0.15 | 0.031 |
| Lavandula stoechas [Lamiaceae] | halhale | Entire plant | The juice of the whole plant is extracted and used as a compress to clean the burned area | 10 | 0.022 | 0.09 | 0.022 |
| Curcuma longa [Zingiberaceae] | karkoume | Leaf | The mucus extract of the fresh leaves in paste form is applied as a poultice on burns | 13 | 0.029 | 0.14 | 0.029 |
| Opuntia ficus [Cactaceae] | Handia | Stem part | The juice is extracted from the stem of the plant and used as a compress to clean the burned area | 11 | 0.024 | 0.08 | 0.024 |
| Artemisia herba alba [Asteraceae] | Chih | Entire plant | The powder of entire plant is sprinkled directly on burns | 12 | 0.027 | 0.10 | 0.027 |
| <i>Eryngium tricuspidatum</i> [Chenopodiaceae] | mkhinza | Leaf part | The liquid extracted from the leaf is used to treat skin burns. | 14 | 0.031 | 0.14 | 0.031 |
| Inula viscosa [Asteraceae] | magramane | Leaf part | The liquid extracted from the leaf is used to treat skin burns. | 10 | 0.022 | 0.07 | 0.022 |
| Helichrysum italicum [Asteraceae] | imortel | Entire plant, root | The juice extracted from the entire plant or root is used as a as a compress to clean burns. | 3 | 0.007 | 0.03 | 0.007 |
| Anacyclus pyrethrum [Asteraceae] | ginase | Leaf | After drying the leaves, crush and disperse them directly on burns | 10 | 0.022 | 0.08 | 0.022 |
| Nasturtium officinale [Brassicaceae] | Grnounch | Leaf | After drying the leaves, crush and disperse them directly on burns | 4 | 0.009 | 0.02 | 0.009 |
| Ricinus communis [Euphorbiaceae] | kharwa3e | Entire plant | The liquid extracted from the entire plant is used to treat skin burns. | 12 | 0.027 | 0.10 | 0.027 |
| Origanum majorana [Lamiaceae] | mardadouche | Leaf | After drying the leaves, crush and disperse them directly | 9 | 0.020 | 0.06 | 0.020 |
| <i>Marrubium vulgare</i> [Lamiaceae] | marriouate | Leaf | After drying the leaves, crush and disperse them directly on burns | 8 | 0.018 | 0.05 | 0.018 |

| Mentha piperita | na3na3 beldi | Entire plant | extraction of the juice of the | 9 | 0.020 | 0.06 | 0.020 |
|--|--------------|-----------------------|---|----|-------|------|-------|
| [Lamiaceae] | | Ĩ | whole plant, use as a compress to clean the burned part | | | | |
| Mentha pelugium [Lamiaceae] | fliou | Entire plant | The liquid extracted from the entire plant is used to treat skin burns. | 12 | 0.027 | 0.10 | 0.027 |
| Rosmarinus officinalis [Lamiaceae] | azir | Stem, leaf part | After drying the leaves, crush and disperse them directly on burns | 23 | 0.051 | 0.18 | 0.051 |
| Salvia officinalis [Lamiaceae] | salmia | Leaf part, stem | After drying the leaves, crush and disperse them directly on burns | 11 | 0.024 | 0.10 | 0.024 |
| Vitex agnus-castus [Lamiaceae] | Kharwâe | Leaf part | The liquid extracted from the leaf is used to treat skin burns. | 9 | 0.020 | 0.05 | 0.020 |
| Origanum compactum [Lamiaceae] | zaatare | Leaf part | After drying the leaves, crush and disperse them directly on burns | 12 | 0.027 | 0.10 | 0.027 |
| <i>Teucrium polium</i> [Lamiaceae] | alkhiatae | Root | the powder of root plant is sprinkled directly on burns | 6 | 0.013 | 0.03 | 0.013 |
| Lavandula officinalis [Lamiaceae] | khzama | Entire plant | extraction of the juice of the whole plant, use as a compress to clean the burned part | 10 | 0.022 | 0.09 | 0.022 |
| Ocimum basilicum [Lamiaceae] | 7ba9 | Entire plant | the powder of the whole plant is agglomerated with olive oil and applied On the Burns | 5 | 0.011 | 0.02 | 0.011 |
| Pinus sylvestris [Pinaceae] | tayda | leaf | After drying the leaves, crush and disperse them directly on burns | 8 | 0.018 | 0.04 | 0.018 |
| Sorghum vulgare [Poaceae] | Dora rafiaa | Leaf, root | The powder of leaf plant or root is sprinkled directly on burns | 3 | 0.007 | 0.01 | 0.007 |
| Agropyrum repens [Poaceae] | Nejam | Leaf | The powder of leaves or stem is sprinkled directly on burns | 3 | 0.007 | 0.01 | 0.007 |
| Nigella sativa L [Ranunculaceae] | sanouj | Entire plant | The powder of the whole plant is agglomerated with olive oil and applied on the burns | 2 | 0.004 | 0.01 | 0.004 |
| Ranunculus bullatus [Ranunculaceae] | wdan lhalouf | Entire plant, stem | The entire plant powder is mixed with argan oil and applied as a poultice on burns | 11 | 0.024 | 0.09 | 0.024 |

| Geranium [Geraniaceae] | garnou9i | Entire plant | extraction of the juice of the whole plant, used as a compress to clean the burned part | 10 | 0.022 | 0.07 | 0.022 |
|--|--------------|-----------------------------|---|----|-------|------|-------|
| verbascum thapsus[Scrophulariaceae] | masa7 ndar | Entire plant | The liquid extracted from the entire plant is used to treat skin burns. | 5 | 0.011 | 0.02 | 0.011 |
| Pistacia lentiscus [Anacardiaceae] | dro | Leaf | The liquid extracted from the leaf is used to treat skin burns. | 5 | 0.011 | 0.02 | 0.011 |
| <i>Opuntia ficus cactus</i> [Cactaceae] | sabar chawki | Entire plant | The liquid extracted from the leaf is used to treat skin burns. | 3 | 0.007 | 0.01 | 0.007 |
| Tanacetum annuum [Asteraceae] | Babounj | Leaf, stem, entire plant | The liquid extracted from the leaf is used to treat skin burns. | 2 | 0.004 | 0.01 | 0.004 |
| Tetraclinis articulate [Cupressaceae] | 3ar3are | Leaf | The powder of the leaf is agglomerated with olive oil and applied on the burns | 4 | 0.009 | 0.02 | 0.009 |
| Lawsonia inermis L. [Lythraceae] | L-hennâ | Leaf | The leaf powder is mixed with olive oil or argan and applied as a poultice on burns | 2 | 0.004 | 0.01 | 0.004 |
| <i>juglans</i> [Juglandacées] | jawze | Fruit, leaf | The powder of fruit is sprinkled directly on burns, the leaf powder is mixed with olive oil and applied as a poultice on burns | 10 | 0.022 | 0.04 | 0.022 |
| Trigonella [foenumgraecum] | Lhelba | Leaf, root | The leaf or root powder is mixed with rose oil and applied as a poultice on burns. | 9 | 0.020 | 0.04 | 0.020 |
| Linum usitatissimum [Linaceae] | Zariat lktan | Fruit | After drying of fruit, crush and disperse them directly on burns | 12 | 0.027 | 0.10 | 0.027 |
| Prunus armeniaca [Rosaceae] | Machmach | Fruit | The fruit Powder Is agglomerated with olive oil and applied On the Burns | 8 | 0.018 | 0.03 | 0.018 |
| Olea europaea [Oleaceae] | Zabouj | Leaf | The leaf powder is agglomerated with olive oil and applied On the Burns | 12 | 0.027 | 0.03 | 0.027 |
| Ginkgo biloba [Ginkgoaceae] | ochbat jinko | Leaf | extraction of the juice of the leaf, use as a compress to clean the burned part | 3 | 0.007 | 0.02 | 0.007 |

Trop J Nat Prod Res, March 2024; 8(3):6487-6497

| Meliaceae [Azadirachta] | Combat nim | Leaf | The juice extracted from the leaves or stem is used as a as a compress to clean burns. | 8 | 0.018 | 0.04 | 0.018 |
|---|---------------|---------------------------|---|----|-------|------|-------|
| Crataegus [Rosaceae] | combat zoror | Leaf | The leaf Powder Is agglomerated with olive oil or with argan oil and applied on the Burns | 2 | 0.004 | 0.01 | 0.004 |
| Zingiber officinale Roscoe [Zingiberaceae] | Skin jbir | Leaf | The leaf powder is mixed with olive oil or argan and applied as a poultice on burns | 10 | 0.022 | 0.07 | 0.022 |
| Alpinia officinarum [Zingiberaceae] | Khedanjel | Leaf, flowers | The powder of flowers or leaf is mixed with olive oil or argan oil and applied as a cataplasm on burns | 6 | 0.013 | 0.03 | 0.013 |
| Asphodelus fistulosus [Xanthorrhoeaceae] | Brewag | Leaf, flowers | The powder of flowers or leaves is mixed with olive oil or argan oil and applied as a cataplasm on burns | 10 | 0.022 | 0.07 | 0.022 |
| Populus nigra [Salicaceae] | Safsaf | Leaf, Fruit | After drying of fruit or leaf, crush and disperse them directly on burns | 10 | 0.022 | 0.07 | 0.022 |
| Populus alba [Salicaceae] | Safsaf | Leaf, Fruit | The powder of leaf or fruit is sprinkled on burns | 10 | 0.022 | 0.07 | 0.022 |
| Panicum miliaceum [Poaceae] | Ilane | Leaf, root | After drying the leaf, grind and mix with olive or argan oil and use directly in the skin burn | 3 | 0.007 | 0.01 | 0.007 |
| Agropyrum repens [Poaceae] | Nejam | Leaf | After drying the leaves, crush and disperse them directly on burns | 4 | 0.009 | 0.02 | 0.009 |
| <i>Fumeterre officinale</i> [Papaveraceae] | bakalat malik | Entire plant | The powder of the whole plant is Agglomerated with honey and applied to the burns. | 6 | 0.013 | 0.02 | 0.013 |
| Myrtus communis [Myrtaceae] | Rihan | Fruit, leaf part, root | After drying the flowers or leaf, grind and mix with olive or argan oil and use directly in the skin burn | 11 | 0.024 | 0.08 | 0.024 |
| Teucrium polium [Lamiaceae] | Al'khiyyata | Entire plant, stem | The powder of the entire plant or stem is sprinkled directly on burns | 7 | 0.016 | 0.04 | 0.016 |
| Phaseolus aureus [Fabaceae] | Soja | Leaf | After drying the leaves, crush and disperse them directly on burns | 7 | 0.016 | 0.04 | 0.016 |
| Euphorbia officinarum [Euphorbiaceae] | Dghmouss | Entire plant | After drying the entire plant, grind and mix with olive or argan oil and use directly in the skin burn | 6 | 0.013 | 0.04 | 0.013 |

Trop J Nat Prod Res, March 2024; 8(3):6487-6497

ISSN 2616-0684 (Print) ISSN 2616-0692 (Electronic)





Figure 4: Breakdown of the different parts used of the medicinal plants in Sefrou province.

at 0.851 (see Table 3). Despite this, a scatter plot depicting the relationship between RFC and UV demonstrated a clear linear trend (Figure 5 and Figure 6).

The standard deviation is a crucial statistical measure used to assess the spread or variability of data points around the mean within a sample. A higher standard deviation indicates greater dispersion of data points, signifying higher variability in the dataset. Conversely, a lower standard deviation suggests that data points are closer to the mean ⁴¹, indicating lower variability. In our study, the standard deviations for UV (Xi) and RFC (Yi) were computed as 0.009 and 0.040, respectively. These values, being close to zero and clustered around the mean, suggest tight

grouping of data points with minimal deviation from the mean (Table 4).

Furthermore, variance serves as another essential statistical measure for analyzing data distribution. By examining the variance of the dataset, data scientists can effectively identify outliers or data points⁸ that significantly deviate from the mean. In our analysis, in our study, we identified a very low variance for both RFC (Xi) and UV (Yi), nearly equal to 0.002 (Table 4). This suggests an extremely narrow dispersion of data points around the mean.

Conclusion

The province of Sefrou in Morocco boasts a diverse flora, with over 32 families of plants utilized for medicinal and aromatic purposes. Notable species like *rosemary officinalis* and *Mentha pleugium* are commonly employed. Traditional medicinal recipes often utilize all parts of these plants, predominantly leaves, with preparations taking the form of powders for local application. However, the reliance on oral

transmission of knowledge poses a risk of cultural heritage loss, particularly among the elderly. Research in Sefrou focuses on identifying plants used to treat skin problems, offering insights crucial for public health solutions. This highlights the importance of preserving traditional knowledge while leveraging it to address contemporary healthcare challenges.

Conflict of Interest

Authors declare no conflict of interest

Authors' Declaration

The authors hereby declare that the work presented in this article is original and that any liability for claims relating to the content of this article will be borne by them.



Figure 5: Correlation between UV(Xi) and RFC(Yi).

| Table 5. Calculation of Various Statistical Latanices. UV (AI) and KIC (1) | Fable 3: Ca | alculation | of Various | Statistical | Parameters: | UV | Xi |) and RFC (| Yi |) |
|---|-------------|------------|------------|-------------|-------------|----|----|-------------|----|---|
|---|-------------|------------|------------|-------------|-------------|----|----|-------------|----|---|

| • Statistical parameter | UV (Xi) | RFC (Yi) | $\sum (Xi - XB) (Yi - YB)$ | ∑(Xi-XB)2 | $\sum (Yi - YB)2$ | R |
|-------------------------|---------|-------------|---|----------------------------|-------------------------|--|
| | Average | Average | sum of multiplication of two factors Xi and Y i | square sum of factor Xi | square sum of factor Yi | Correlation coefficient equals the square root of A multiplied by A' |
| | 0.05 | 0.07 | 0.0193 | 0.0925 | 0.0047 | 0.925 |

Table 4: Descriptive Statistics (Quantitative Data)

| Statistics | UV (Xi) | RFC (Yi) |
|------------------------------|---------|----------|
| No. of observations | 57 | 57 |
| Minimum | 0,000 | 0,000 |
| Maximum | 0,051 | 0,178 |
| 1st Quartile | 0,011 | 0,022 |
| Median | 0,018 | 0,042 |
| 3rd Quartile | 0,022 | 0,084 |
| Mean | 0,018 | 0,054 |
| Variance (n-1) | 0,000 | 0,002 |
| Standard deviation (n) | 0,009 | 0,040 |
| Coefficient of variation (n) | 0,520 | 0,743 |
| | | |



Figure 6: Correlation between UV and RFC.



Figure 7: Box plot representations of the RFC (Yi) and UV (Xi) variable.

Acknowledgements

The authors would like to express their gratitude to the Laboratory of Engineering of Organometallic Materials, Molecular and Environment, Faculty of Science Dhar El Mahraz, University Sidi Mohamed Ben Abdellah, for providing support for this project. The authors also wish to extend their appreciation to all organizations that provided valuable feedback and insights that contributed to the successful completion of this work.

I would like to express my gratitude to the residents of Sefrou province for their invaluable assistance in enabling me to conduct the survey and identify various aromatic and medicinal plants. My heartfelt appreciation also goes out to the students residing in the province of Sefrou. Additionally, I extend my thanks to the Center for Aromatic and Medicinal Plant Studies in Sefrou for their valuable contributions in identifying the plants.

References

- Malik K, Ahmad M, Zafar M, Ullah R, Mahmood H, Parveen B, RashidN, Sultana S, Shah S and Lubna . An ethnobotanical study of medicinal plants used to treat skin diseases in northern Pakistan, BMC Complement Altern Med. 2019;19: 210–238.
- 2 Mrabti H, Doudach L, Khalil Z, Harraqui K, Mrabti N El-Shazly M, Alotaibi A, Ullah R, Faouzi E, Bouyahya A. Traditional knowledge of medicinal plants used in the treatment of skin burn. Evid. Based Complementary Altern. Med. 2022; 3436665: 1-10. https://doi.org/10.1155/2022/3436665
- 3 Salhi N, Bouyahya A, Fettach S, Zellou A, Cherrah Y. Ethno pharmacological study of medicinal plants used in the treatment of skin burns in occidental Morocco (area of Rabat). S. Afr. J. Bot. 2019; 121 :128–142.
- 4 Sheridan R., Tompkins R. Skin substitutes in burns. Burns. 1999; 25: 97-103.
- 5 Lataillade. J, Magne B, Bey E, Leclerc T, Trouillas M. State of the art Cutaneous engineering for the treatment of severe burns. Transfus Clin Biol. 2017; 24 :245–250.
- 6 James R, Howard G. Serial cultivation of strains of human epidermal keratinocytes: the formation of keratinizing colonies from single cells. cell. 1975; 6: 331-343.
- 7 He J, Guo Y, Mao R, Zhang J. Proportion of asymptomatic coronavirus disease 2019 A systematic review and metaanalysis. J Med Virol. 2020; 93(2):820-30.

- 8 Mahlagha D, Ghanbari A, GhaediHeidari F, Shahrbabaki P, Zakeri M. Use of complementary and alternative medicine in general population during COVID-19 outbreak: A survey in Iran. J. Integr. Med. 2022; 20: 45-51.
- 9 Alrawi S, Khidir A, Elnashar M, Abdelrahim H, Killawi A, Maya M. Michael D. Fetters M Traditional Arabic & Islamic medicine: validation and empirical assessment of a conceptual model in Qatar. BMC Altern Med. 2017; 17(1) :157. DOI 10.1186/s12906-017-1639-x
- 10 Ghada B, Salim R, Ech-chihbi E, El-Hajjaji F, Rais Z, Abdellaoui A, Taleb M .Ethnobotanical survey about medicinal plants used in traditional treatment of insomnia, asthenia, and oral and gum infections in the region Fez-Meknes, Morocco . Environ. Sci. Pollut. Res. 2022; 29: 133– 145.
- 11 Magoro D, Mogomme A, Martie . M . Traditional health practitioners' practices and the sustainability of extinctionprone traditional medicinal plants. Int. J. Afr. Renaiss. 2010; 5: 229-241. https://doi.org/10.1080/18186874.2010.534842
- 12 Katarina S, Zdunic G, Menkovic N, Zivkovic J, Nada C ujic a, Terescenko M, Bigovic D. Ethnobotanical study on traditional use of medicinal plants in South-Western Serbia, Zlatibor district. J Ethnopharmacol .2013 ;146 :803–810.
- 13 Lena Y, Nya P, Pieme C, Tchouane K, Fotsing C, Nkwikeu P, Feudjio A, Bruno P. Ethnopharmacological Study of the Medicinal Plants Used in the Treatment of Sickle Cell Anemia in the West Region of Cameroon. Evid. Based Complementary Altern. Med. 2022.https://doi.org/10.1155/2022/5098428
- 14 Atiyeh S, Michel C, Shady N, Saad A. Dibo. Effect of silver on burn wound infection control and healing: Review of the literature. Burns .2007; 2:139-148.
- 15 Joshua B, Ovidio C. Advanced therapeutic dressings for effective wound healing - A review. J Pharm Sci . 2015;104: 1136-3680.
- 16 Jasminka T ,Matijević T,Juzbašić M,Antolović A ,Skrlec I . Antibacterial Activity of Silver and Its Application in Dentistry, Cardiology and Dermatology. Microorganisms .2020; 8 (9) :1400. https://doi.org/10.3390/microorganismes8091400
- 17 Lyoussi.B,Bakour M, Cherkaoui-Tangi.K, El-Hilaly.j, Hano.C. Ethnobotanical Survey and Pharmacological Screening of Medicinal Plants Used as Antihypertensive in Sefrou Province (Middle-North of Morocco): Benefits and Challenges. Front. Biosci. (Schol Ed) .2023;15(1), 4. https://doi.org/10.31083/j.fbs1501004

- 18 Goodwin L, Leech N. Understanding Correlation: Factors That Affect the Size of r. J. Exp. Educ. . 2006; 74: 249-266.
- 19 Hmamouch A, Amarir F, Fellah H, Karzaz M, Bekhti K, Rhajaoui M, Sebti F. Coexistence of *Leishmania tropica* and *Leishmania infantum* in Sefrou province, Morocco. Acta Trop. 2014 ;1 :94-99.
- 20 Grossetti M. A short guide to exploratory statistics in the social sciences. Hal open science. 2023 https://shs.hal.science/halshs-03947774v1/document
- 21 Mahraz. A M, Elhachmia C, Rais Z, Taleb M. Medicinal Plants of Moulay Yaâcoub Province in Morocco: An Ethnobotanical and Biodiversity Survey. Trop. J. Nat. Prod. Res.2023; 7(8): 3590-3601.
- 22 Najem M, Harouak H, bijbijen J, Nassiri L. Oral disorders and ethnobotanical treatments: A field study in the central Middle Atlas (Morocco). Heliyon. 2020; 6(8).https://doi.org/10.1016/j.heliyon.2020.e04707
- 23 Tardio J, Pardo M. Cultural Importance Indices: A Comparative Analysis Based on the Useful Wild Plants of Southern Cantabria (Northern Spain). Econ. Bot .2008; 62:24-39.
- 24 Hmamouch A, Amarir F, Fellah H, Karzaz M, Bekhti K, Rhajaoui M, Sebti F. Coexistence of *Leishmania tropica* and *Leishmania infantum* in Sefrou province, Morocco. Acta Trop. 2014 ;1 :94-99.
- 25 Sullano C, Ongpauco B. Determination of Use-Value Informant Consensus Factor and Fidelity Level of Medicinal Plants Used in Cavite, Philippines. Asian J. Biol. Sci. 2021; 2: 443-453. doi: 10.5530/ajbls.2021.10.59
- 26 Sabith R, Iqbal Z, Qureshi R, Shah G, Irfan M. Ethnomedicinal plants uses for the treatment of respiratory disorders in tribal District North Waziristan, Khyber Pakhtunkhawa, Pakistan. Ethnobot. Res. Appl. 2023 ;25(11):1-16. Doi: 10.32859/era.25.11.1-16
- 27 Goodwin L, Leech N. Understanding Correlation: Factors That Affect the Size of r. J. Exp. Educ. . 2006; 74: 249-266.
- 28 Johnson M, Hirata S, Ten-no S. Explicit correlation factors. Chemical. 2017; 6 (83): 247-252.
- 29 Dapar. G, Mark L , Grecebio D ,Ulrich M , Liede S .Quantitative ethnopharmacological documentation and molecular confirmation of medicinal plants used by the Manobo tribe of Agusan del Sur, Philippines . J. Ethnobiol. Ethnomedicine. 2020; 16(1):14.
- 30 Zenderland J , Hart R , Bussmann R , Zambrana N , Sikharulidze S , Kikvidze Z , Kikodze D , Tchelidze D , Khutsishvili M , Batsatsashvili K . The Use of Use Value: Quantifying Importance in Ethnobotany. Econ. Bot. 2019; 73:293–303.
- 31 Umair M, Altaf M, Arshad M. an ethnobotanical survey of indigenous medicinal plants in Hafizabad district, Punjab-Pakistan. PLoS One. 2017;12(6):1-16. https://doi.org/10.1371
- 32 Sargın A, Akçicek E, Selvi S. An ethnobotanical study of medicinal plants used by the local people of Alaşehir (Manisa) in Turkey.J. Ethnopharmacol .2013; (3) 12:860-874
- 33 ElKhomsi M, Dandani Y, Chaachouay N, Hmouni D. Ethnobotanical study of plants used for medicinal, cosmetic, and food purposes in the region of Moulay Yacoub, Northeast of Morocco. J. Pharm. Pharmacogn. Res. 2022; 10 (1): 13-2.
- 34 Idm'hand E, Msanda F, Cherifi K. Ethnobotanical study and biodiversity of medicinal plants used in the Tarfaya Province Morocco. Acta Ecol. Sin. 2020;40:134-144.
- 35 Debbarma M, Pala N, Kumar M. Traditional knowledge of medicinal plants in tribes of Tripura in northeasr, India. Afr J Tradit. Complement Altern Med. 2017 ;14 (4): 156-168.
- 36 El Brahimi R, El Barnossi A, Amrani M, Bari A. Ethnobotanical Study and Biodiversity of Medicinal Plants Used in the Province of Taza North-Eastern Morocco; Trop. J. Nat. Prod. Res .2022;6(11):1814-1831.

- Mrabti H, Doudach L, Khalil Z, Harraqui K, Mrabti N El-Shazly M, Alotaibi A, Ullah R, Faouzi E, Bouyahya A. Traditional knowledge of medicinal plants used in the treatment of skin burn. Evid. Based Complementary Altern. Med. 2022; 3436665: 1-10. https://doi.org/10.1155/2022/3436665
- 38 Mrabti H, Bouyahya A, Mrabti N, Jaradat N, Doudach L, Faouzi M. Ethnobotanical Survey of Medicinal Plants Used by Traditional Healers to Treat Diabetes in the Taza Region of Morocco. Evid. Based Complementary Altern. Med. 2021; 5515634 https://doi.org/10.1155/2021/5515634
- 39 Salhi N, Bouyahya A, Fettach S, Zellou A, Cherrah Y. Ethno pharmacological study of medicinal plants used in the treatment of skin burns in occidental Morocco (area of Rabat). S. Afr. J. Bot. 2019; 121 :128–142.
- 40 Lyoussi.B,Bakour M, Cherkaoui-Tangi.K, El-Hilaly.j, Hano.C. Ethnobotanical Survey and Pharmacological Screening of Medicinal Plants Used as Antihypertensive in Sefrou Province (Middle-North of Morocco): Benefits and Challenges. Front. Biosci. (Schol Ed) .2023;15(1), 4. https://doi.org/10.31083/j.fbs1501004
- 41 Kumar T, Bhardwaj R, Kumar V, Sharma A. New indices regarding the dominance and diversity of communities, derived from sample variance and standard deviation. Heliyon. 2019; 10 :2405-8440.https://doi.org/10.1016/j.heliyon.2019.e02606