

**Oridonin: A Mini Review on the Anti-Cancer, Anti-Inflammatory, Cardioprotective, Hepatoprotective, Renoprotective and Lung Protective Properties**Eric W.C. Chan^{1*}, H.T. Chan², S.K. Wong³¹Faculty of Applied Sciences, UCSI University, 56000 Cheras, Kuala Lumpur, Malaysia.²Secretariat of International Society for Mangrove Ecosystems (ISME), Faculty of Agriculture, University of the Ryukyus, Okinawa 903-0129, Japan.³School of Foundation Studies, Xiamen University Malaysia, Bandar Sunsuria, 43900 Sepang, Selangor, Malaysia.

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ABSTRACT

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Oridonin (ORI), an *ent*-kaurane tetracyclic diterpenoid from *Isodon rubescens*, is renowned for its anti-cancer properties. Known as Donglingcao, *I. rubescens* is a traditional Chinese herbal medicine that is widely used to treat sore throat, inflammation and gastrointestinal disorders. This mini-review is focused on the pharmacological activities of ORI other than anti-cancer properties. They include cardioprotective, hepatoprotective, renoprotective and lung protective properties of ORI. The pharmacological properties of ORI have not been reviewed before. Information on the effects and mechanisms of ORI in each pharmacological activity are tabulated with some explanations of technical terms used. The anti-asthmatic, anti-inflammatory, neuroprotective, immuno-suppressive, osteoblast protective and analgesic properties of ORI deserve more in-depth investigation. References used in this review are derived from Google, Google Scholar, PubMed and JStage, with search words based on the title and keywords.

Keywords: *Isodon rubescens*, *Rabdosia rubescens*, Donglingcao, diterpenoid, pharmacological properties

Introduction

The genus *Isodon* (Lamiaceae family) consists of more than 150 species of perennial herbs that are widely distributed in tropical Africa, tropical and subtropical Asia, including Australia and the Pacific Islands.¹ There are 90 species and 21 varieties in China, found mainly in the southwest provinces.

Isodon rubescens (Hemsl.) H. Hara (synonyms: *Plectranthus rubescens*, *Rabdosia rubescens*) is a perennial herb that grows up to a meter in height. Stem shoots are covered with dense tomentose. The leaf blade is ovate, thin, papery with acuminate apex and serrate margin (Figure 1). The flower is light purple with two lips. Stamens and the style are exserted. The fruit is a small brown nut.^{2,3} The Chinese name of *I. rubescens* is Donglingcao. It is a traditional Chinese medicinal herb that has been widely used to treat sore throats, inflammation and gastrointestinal disorders.⁴

Oridonin (ORI) was first isolated by Fujita *et al.*⁵ from the leaf of *Isodon japonicus*. The diterpenoid from *I. rubescens* is well-known for its anti-cancer properties. There are several reviews on ORI and its cancer therapy.⁶⁻¹¹ Some reviews have included information on its cytotoxicity¹² and the structure-activity relationship (SAR) against cancer cells.⁶ Anti-tumor activities are well elaborated in reviews of the pharmacy of ORI.^{13,14} ORI and its analogs have been shown to exhibit potent anti-cancer activities by promoting apoptosis, inducing cell cycle arrest, inhibiting angiogenesis and suppressing metastasis in a broad spectrum of cancer types.¹⁵

ORI is therefore a multi-functional anti-cancer compound that modulates a network of cancer related targets and signaling pathways. Other pharmacological properties of ORI and its derivatives are anti-inflammatory, anti-neuroinflammatory, anti-bacterial, cardioprotective, neuroprotective, hepatorenal protective, lung protective and osteoblast protective activities.^{4,13,16,17}

Chemistry

ORI (C₂₀H₂₈O₆) (Figure 2) is a highly oxygenated 7,20-epoxy-ent-kaurane tetracyclic diterpenoid.¹⁸ There is an exo-methylene cyclopentanone moiety at position 16 in the D ring and a 6-hydroxyl-7-hemiacetal group in the B ring. The former is the active site for the anti-cancer and anti-inflammatory properties.^{6,19} The α,β -unsaturated ketone (enone) system at the D ring is a Michael receptor (demarcated in red) that is biologically active due to its electrophilic groups.²⁰ Compounds with Michael receptors possess bioactivities such as anti-inflammatory and anti-cancer activities.

ORI has four hydroxy (OH) groups at positions 1, 6, 7 and 14, and two carbonyl groups at positions 15 and 16 of the D ring (Figure 2). The hydrogen bonding between the OH group at position 6 and the carbonyl group at position 15 has been shown to be critical for its anti-cancer activity.^{5,6} The OH group at position 7 is also located very close to the active center and runs parallel with the OH group at position 14 position.⁵ ORI is a molecule with a Michael receptor (demarcated in red) that had two carbonyl groups and an oxygen atom is biologically active due to its electrophilic groups.²⁰

Pharmacological Activities

Selected pharmacological activities of ORI are listed in Table 1. The number of studies on cardioprotective, hepatoprotective, renoprotective and lung protective properties are seven, ten, six and ten, respectively. The effects and mechanisms of the pharmacological activities of ORI in Table 1 are as follows:

Cardioprotective: ORI prolonged the survival of mice with cardiac allografts; inhibited NLR family pyrin domain containing protein 3 (NLRP3) inflammasomes; inhibited against myocardial fibrosis; preserved cardiac function; ameliorated cardiotoxicity in mice; and attenuated myocardial IR injury, oxidative injury, and cardiac

*Corresponding author. E mail: chanwc@ucsiuniversity.edu.my,

erchan@yahoo.com

Tel: +603-9101 8880

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hypertrophy in mice. Mechanisms of ORI included attenuation of the nuclear factor kappa B (NF- κ B) and NLRP3 pathways; suppression of apoptosis; regulation of autophagy activation; inhibition of gasdermin D (GSDMD)-induced pyroptosis; down-regulation of oxidative stress and the NLRP3 inflammasome pathway; promotion of p21-related autophagy; and modulation of the E2F transcription factor 1 (E2F1)/sirtuin 6 (Sirt6)/peroxisome proliferator-activated receptor- γ coactivator 1 α (PGC1 α) pathway.

Hepatoprotective: ORI restored hepatic lipid homeostasis in mice; exerted potent anti-inflammatory effect in the liver of mice; protected against acute liver injury in mice; restored the hepatic urea cycle in mice; ameliorated liver fibrosis in mice; and exerted inductive effects on hepatic drug metabolizing enzymes, mRNA expression, and enzyme activity in humanized PXR mice. Amelioration of hepato-steatosis and lipo-toxicity *via* the liver X receptor α (LXR α)-(ATGL)/(EPT1) pathway; inhibition of the I κ B kinase (IKK)/I κ B α /NF- κ B pathway in LX-2 cells; suppression of pro-apoptotic cytokine tumor necrosis factor- α (TNF- α) and c-Jun N-terminal kinases (JNK)-associated pro-apoptotic signaling; enrichment of the intestinal *Bacteroides vulgatus* microbiota; inhibition of liver inflammation, NLRP3 inflammasome, and xanthine oxidase activity; post-translational modifications of interleukin-1 receptor-associated kinase 4 (IRAK4) in the toll-like receptor 4 (TLR4) signaling pathway; and inhibition of the ATF4/PGC1 α pathway and hepatic toxicity are the hepatoprotective mechanisms of ORI.

Renoprotective: ORI attenuated acute kidney injury (AKI) and renal fibrosis (RF) in mice; protected against inflammation of diabetic nephropathy in rats; and attenuated inflammation in human renal proximal tubular epithelial cells (HK-2 cells). Mechanisms of ORI included inhibition of oxidative stress, apoptosis and inflammation; reactive oxygen species (ROS) accumulation, JNK activation and NF- κ B nuclear translocation; inhibition of the thioredoxin-interacting protein (TXNIP)/NLRP3 and NF- κ B pathways; inhibition of the TLR4/p38- mitogen-activated protein kinase (MAPK) and TLR4/NF- κ B signaling pathways; anti-inflammatory effect and inhibition of the activity of macrophage-inducible C-type lectin (Mincle), NF- κ B and protein kinase B (Akt); and inhibition of inflammation in lipopolysaccharide (LPS)-induced bone marrow-derived (BMD) macrophages *via* suppression of the Akt-related pathways.



Figure 1: Flowers (left) and leaf (right) of *Isodon rubescens*.¹

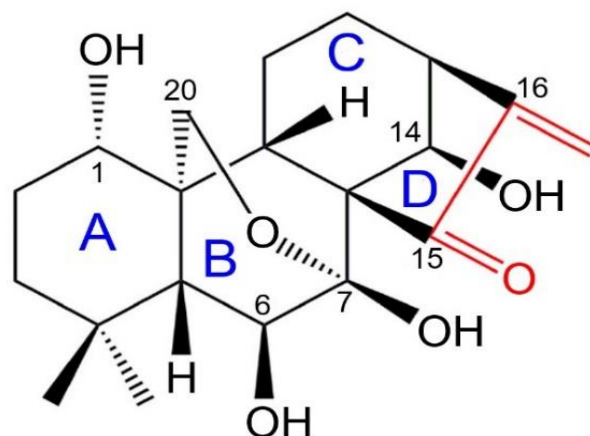


Figure 2: Chemical structure of oridonin.¹⁵

Table 1: Selected pharmacological activities of oridonin (ORI)

Activity	Effect and Mechanism	Reference
Cardioprotective		
	ORI, a natural IS agent, prolonged the survival of mice with cardiac allografts by attenuating the NF- κ B and NLRP3 pathways.	21
	Exosomes from MSC treated with ORI alleviated myocardial IR injury in rats <i>via</i> suppressing apoptosis and regulating autophagy activation.	22
	ORI, a NLRP3 inflammasome inhibitor, inhibited MI-induced myocardial fibrosis and preserved cardiac function in mice.	23
	ORI protected myocardial IR injury in mice by inhibiting GSDMD-induced pyroptosis.	24
	ORI attenuated myocardial IR injury in mice <i>via</i> down-regulating oxidative stress and the NLRP3 inflammasome pathway.	25
	ORI promoted p21-related autophagy in mice and in cardiomyocytes by attenuating oxidative injury and cardiac hypertrophy.	26
	ORI ameliorated DOX-induced cardiotoxicity in mice by modulating the E2F1/Sirt6/PGC1 α pathway.	27
Hepatoprotective		
	ORI restored hepatic lipid homeostasis in mice by ameliorating hepato-steatosis and lipo-toxicity <i>via</i> the LXR α -ATGL/EPT1 pathway.	28
	ORI strongly inhibited the IKK/I κ B α /NF- κ B pathway in LX-2 cells, HSC cell line, suggesting that it has a potent anti-inflammatory effect in the liver.	29
	ORI protected against LPS/D-gal-induced acute liver injury in mice <i>via</i> the suppression of pro-apoptotic cytokine TNF- α and JNK-associated pro-apoptotic signaling.	30

ORI restored the hepatic urea cycle by enriching the intestinal <i>Bacteroides vulgatus</i> microbiota and protected against APAP-induced liver injury in mice.	31
ORI ameliorated CCl ₄ -induced chronic liver injury and liver fibrosis in mice through the inhibition of liver inflammation and NLRP3 inflammasome.	32
ORI protected against acute liver injury in mice <i>via</i> post-translational modifications of IRAK4 in the TLR4 signaling pathway.	33
ORI protected against BPA-induced liver injury in rats <i>via</i> inhibition of xanthine oxidase activity.	34
ORI attenuated APAP-induced ALI in mice by inhibiting the ATF4/PGC1 α pathway and hepatic toxicity.	35
ORI markedly exerted inductive effects on hepatic drug metabolizing enzymes mRNA expression and enzyme activity in humanized PXR mice.	36
ORI alleviated D-gal/LPS-induced acute liver injury in mice by inhibiting NLRP3 inflammasome.	37
Renoprotective	
ORI attenuated CP-induced AKI in mice <i>via</i> inhibition of oxidative stress, apoptosis and inflammation.	38
ORI attenuated LPS-induced inflammation in HK-2 cells <i>via</i> ROS accumulation, JNK activation and NF- κ B nuclear translocation.	39
ORI attenuated diabetes-induced RF in rats <i>via</i> inhibition of the TXNIP/NLRP3 and NF- κ B pathways.	40
ORI protected against inflammation of diabetic nephropathy in rats by inhibiting the TLR4/p38-MAPK and TLR4/NF- κ B signaling pathways.	41
ORI protected the rat kidney in AKI <i>via</i> significant anti-inflammatory effect and inhibition of the activity of Mincl, NF- κ B and Atk.	42
ORI alleviated IR-induced kidney injury in mice by inhibiting inflammation in LPS-induced BMD macrophages <i>via</i> Akt-related pathways.	43
Lung Protective	
ORI attenuated lung inflammation and fibrosis in mice with silicosis by suppressing iNOS.	44
ORI alleviated ARDS lung injury in mice by inhibiting the NF- κ B signaling pathway and suppression of inflammatory factors.	45
ORI protected the lung from hyperoxia-induced injury in mice by improving lung pathology, attenuated lung edema, reduced MDA and TNF- α , and increase GSH and IL-10 in the lung.	46
ORI alleviated LPS-induced acute lung injury in mice by inhibiting apoptosis, oxidative stress and inflammation by modulating VIP/cAMP/PKA/AQP signaling.	47
ORI exerted anti-asthmatic effect on OVA-induced asthmatic mice, by regulating the cytokine balance, inhibiting AHR, and reducing lung eosinophilia and mucus hypersecretion.	48
ORI attenuated apoptosis and NLRP3 inflammasome activation in IL-4-stimulated HBE cells, an <i>in vitro</i> pediatric asthma model.	49
ORI protected LPS-induced lung injury by modulating Nrf2-mediated oxidative stress and Nrf2-independent NLRP3 and NF- κ B pathways.	50
ORI protected mice from pulmonary fibrosis by inhibiting NLRP3-dependent inflammation, oxidative stress, impaired autophagy and EMT.	51
ORI attenuated acute lung injury in mice by inhibiting pro-inflammatory cytokines <i>via</i> the TLR4/MyD88/NF- κ B pathway.	52
ORI anti-CD31 nanoparticles was three times that of free ORI in suppressing IL-6 and TNF- α secretion, and ROS production, in an animal model of acute lung injury.	53

Abbreviations: AHR = aryl hydrocarbon receptor, AKI = acute kidney injury, Akt = protein kinase B, ALI = acute liver injury, APAP = acetaminophen, AQP = aquaporin, ARDS = acute respiratory distress syndrome, ATF4 = activating transcription factor 4, ATGL = adipose triglyceride lipase, BMD = bone marrow-derived, BPA = bisphenol A, cAMP = cyclic adenosine monophosphate, CCl₄ = carbon tetrachloride, CP = cisplatin, D-gal = D-

galactosamine, DOX = doxorubicin, E2F1 = E2F transcription factor 1, EMT = epithelial mesenchymal transformation, EPT1 = ethanolamine phosphotransferase 1, GSDMD = gasdermin D, GSH = glutathione, HBE = human bronchial epithelial, HK-2 cells = human renal proximal tubular epithelial cells, HSC = hepatic stellate cells, IKK = I κ B kinase, IL = interleukin, iNOS = inducible nitric oxide synthase, IR = ischemia/reperfusion, IRAK4 = interleukin-1 receptor-associated kinase 4, IS = immuno-suppressive, JNK = c-Jun N-terminal kinases, LPS = lipopolysaccharide, LXR α = liver X receptor α , MAPK = mitogen-activated protein kinase, MDA = malonaldehyde, MI = myocardial infarction, Mincle = macrophage-inducible C-type lectin, MSC = mesenchymal stem cells, NF- κ B = nuclear factor kappa B, NLR = NOD-like receptor, NLRP3 = NLR family pyrin domain containing protein 3, Nrf2 = nuclear factor erythroid 2-related factor 2, OVA = ovalbumin, PGC1 α = peroxisome proliferator-activated receptor- γ coactivator 1 α , PKA = protein kinase A, PXR = pregnane X receptor, RF = renal fibrosis, ROS = reactive oxygen species, Sirt6 = sirtuin 6, TLR4 = toll-like receptor 4, TNF- α = tumor necrosis factor- α , TXNIP = thioredoxin-interacting protein and VIP = vasoactive intestinal peptide.

Lung protective: ORI attenuated lung inflammation and fibrosis in mice; attenuated apoptosis and NLRP3 inflammasome activation in human bronchial epithelial (HBE) cells; alleviated acute respiratory distress syndrome (ARDS) lung injury in mice; alleviated acute lung injury in mice; protected asthmatic mice; protected mice from pulmonary fibrosis; and protected the lung from hyperoxia-induced injury in mice. Suppression of inducible nitric oxide synthase (iNOS); inhibition of the NF- κ B signaling pathway and suppression of inflammatory factors; inhibition of apoptosis, oxidative stress and inflammation; modulation of vasoactive intestinal peptide (VIP)/cyclic adenosine monophosphate (cAMP)/protein kinase A (PKA)/aquaporin (AQP) signaling; inhibition of aryl hydrocarbon receptor (AHR), and reducing lung eosinophilia and mucus hypersecretion; attenuated apoptosis and NLRP3 inflammasome activation; modulating Nrf2-mediated oxidative stress and Nrf2-independent NLRP3 and NF- κ B pathways; inhibiting pro-inflammatory cytokines via the TLR4/MyD88/NF- κ B pathway; and suppression of IL-6 and TNF- α secretion, and ROS production; inhibition of NLRP3-dependent inflammation, oxidative stress, impaired autophagy and epithelial mesenchymal transformation (EMT); attenuation of lung edema, reduced malonaldehyde (MDA) and TNF- α ; and increased glutathione (GSH) and IL-10 in the lung are the mechanisms of ORI.

Glossary of Terms

Some technical terms used in Table 1 may require explanations for clarification. The following are the terms:

- Pyroptosis: This is an inflammatory form of programmed cell death that forms part of the immune response. It is caused by gasdermin D, an inflammasome protein that forms pores in the membrane, and this releases intracellular pathogens and pro-inflammatory mediators.⁵⁴ Pyroptosis has been viewed as a new paradigm of cell death to combat against cancer.⁵⁵
- GSDMD: Gasdermin D is an important factor leading to pyroptotic cell death caused by caspase-1 (canonical inflammasome) and caspase-11 (non-canonical inflammasome) that may be implicated in ischemia reperfusion (IR) injury.⁵⁶
- NLRP3: The NOD-like receptor protein 3 is a protein inflammasome that regulates immune responses by activating caspase-1 and the inflammatory cytokines interleukin (IL)-1 β and IL-18.²⁸ Many studies have shown the importance of the NLRP3 inflammasome in the development of immune and inflammation-related diseases, such as arthritis, Alzheimer's disease and inflammatory bowel disease.
- SIRT 6: Mammalian sirtuin 6 is a protein deacetylase that regulates metabolism and chromatin homeostasis.⁵⁷ Activation protects against metabolic and aging-related diseases while inhibition is considered a therapy for cancer.
- Silicosis: A fibrotic lung disease caused by inhalation of free crystalline silicon dioxide (SiO₂) or silica.⁵⁸
- ARDS: Acute respiratory distress syndrome is an important cause of acute respiratory disorder that is often associated with multiple organ failure.⁵⁹ Causes include pneumonia, sepsis, aspiration of gastric contents and major trauma.
- Pediatric asthma: Childhood asthma is characterized by recurrent wheezing, breathlessness, chest tightness, and coughing. Causes include inflammation of the airways and clinical treatment may be necessary to reduce chronic inflammation.⁶⁰
- Diabetic nephropathy: A kidney disease caused by diabetes, is the most devastating complication in patients with diabetes. The key characteristic of diabetic nephropathy is glomerulosclerosis that resides in renal glomeruli.⁶¹

i. PXR-humanized mice: They are mice with knock-out rodent pregnane X receptor (PXR) gene that is replaced with the human PXR to establish a 'humanized' mouse model.⁶² Such a mouse model proved to be useful in predicting and avoiding drug-drug interactions.

Conclusion

The pharmacological activities of ORI from other *Isodon* species such as *I. japonica* and *I. serra*, and of other diterpenoids such as ponacidin and lasiodonin from *I. rubescens* are worthy of further research. The anti-asthmatic activity of ORI especially that of pediatric asthma and other pharmacological activities such as anti-inflammatory, neuroprotective, immuno-suppressive, osteoblast protective and analgesic properties deserve more in-depth investigation. Finally, the synthesis of ORI derivatives with enhanced bioactive efficacy including anti-cancer properties and their SAR present an exciting field of research.

Conflict of Interest

The authors declare no conflict of interest.

Authors' Declaration

The authors hereby declare that the work presented in this article is original and that any liability for claims relating to the content of this article will be borne by them.

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