

Evolution, Clonality and Some Virulence Characteristics of Enterohaemorrhagic *Escherichia coli* (EHEC): An Update

J. A. Musa*, H. M. Kazeem, M. A. Raji and N. M. Useh

Department of Veterinary Pathology and Microbiology, Faculty of Veterinary Medicine,
Ahmadu Bello University, Zaria, Nigeria

ABSTRACT

The evolution of *Escherichia coli* O157 was thought probably to be due to its ability to produce verotoxin. Thus, it appears that non-O157:H7 *E. coli* strains producing *stx* have been around for several decades but it was only with the emergence in the early 1980s of the O157:H7 clone that this pathogenic class of *E. coli* was recognized. The major and the most essentially suggested cardinal feature of EHEC strains is the production of shiga toxins (*stx*₁ and *stx*₂), which comprise a family of structurally related cytotoxins with similar biological activity and distinct antigenic structures. The colonization of the intestinal mucosa by most of the EHEC is associated with a mechanism that subverts the function of the epithelial cells. The effect of this interaction is the inducement of a characteristic “attaching and effacing” (A/E) lesion, a complex mechanism genetically controlled by a locus of large pathogenicity island (PAI) called the “locus of enterocyte effacement (LEE)”. Intimin mediates the intimate attachment of EHEC by binding to β 1-integrins and to cell-surface localized nucleolin. All these changes together with other factors which may be genetic in origin have resulted in evolution, the existence of clones and the occurrence and acquisition of virulence characteristics of enterohaemorrhagic *Escherichia coli*.

Keywords: Evolution, clonality, enterohaemorrhagic *E. coli*, virulence characteristics.

INTRODUCTION

The term 'enterohaemorrhagic *Escherichia coli*' (EHEC) was originally used to describe strains that cause haemorrhagic colitis (HC) and haemolytic-uremic syndrome (HUS), express shiga-toxins (*stx*), cause attaching and effacing (A/E) lesions on epithelial cells and possess large plasmid (Nataro and Kaper, 1998).

Escherichia coli are found in the environment and occur as commensals in the mammalian gut. Lateral gene transfer events have allowed the transition of some *E. coli* strains from commensals to pathogens (Jores *et al.*, 2004; Eklund, 2005). Studies on several areas such as evolution, clonality, pathogenesis and epidemiology were aided by the carriage of EHEC-associated virulence (Jores *et al.*, 2004; Kelly *et al.*, 2009b).

The presence of specific virulence factors associated with specific forms of pathogenesis may be due to lateral transfer of properties on plasmids and bacteriophages (Whittam *et al.*, 1993; Sooaka *et al.*, 2004).

The evolution of *Escherichia coli* O157 was thought probably to be due to its ability to produce verotoxin (Feng *et al.*, 1998). However, the acquisition of the new serogroups O157 antigen encoding the genetic region, 6-phosphogluconate dehydrogenase locus with the gene for the O chain of lipopolysaccharide (*gnd-rfb*), integration of the *stx*₂-phages, and the large virulence plasmid, designated as pO157 are regarded as the principal events (Kim *et al.*, 2001). Two highly phylogenetic gene clusters *stx*₁ and *stx*₂ have provided an example of the rapid exchange of genetic cassettes between different *E. coli* strains and other bacteria (Brüssow *et al.*, 2004). This is due to the fact that they separated long ago and underwent sequence evolution outside *Escherichia coli*. This may likely be the reason why the organism accumulated several mutations and was able to move to another level by transduction (Whittam, 1998).

Several virulence characteristics for EHEC bacteria have been recognized. They are either chromosomally encoded or plasmid mediated (Ludwig *et al.*, 2004). An increasing number of additional virulence characteristics like enterohaemolysin (Ehly or *ehx*), type II secretion system (ETP), that are usually carried by mobile genetic elements have been described (Hacker *et al.*, 1997; Friedrich *et al.*, 2004).

*Author for correspondence

Evolution

The main focus on the evolutionary studies of EHEC have been the locus of enterocyte effacement (LEE) which is chromosomally located, encoding the phenotype (attachment and effacement adherence) and shiga toxin-phage (*stx*-phage) integrated chromosomal *stx* loci (Feng, *et al.*, 1998; Caprioli *et al.*, 2005).

EHEC have probably been present in the environment for many years and have eluded recognition as aetiological agents of human morbidity and mortality, such as the outbreak caused by *E. coli* O111 variants in United States of America in the 1950s (Belnap and O'Donnell, 1955; Tschäpe and Fruth, 2001).

Genes encoding virulence determinants are transferred between species in many different environments. Examples of the setting for these transfer events include: the GI tract, the rumen, the oral cavity, and in food matrixes, where the flux of virulence factors from *E. coli* O157:H7 is described as an example of gene flow in the environment (Kelly *et al.*, 2009a).

The emergence of verotoxin-producing *E. coli* was probably in late 1970s (Ørskov *et al.*, 1987; Feng *et al.*, 1998). Some strains of *E. coli* were known earlier to produce toxins on Vero cells of African green monkey (Konowalchuk *et al.*, 1977), occurred 25 years ago. These were later known as verocytotoxigenic *E. coli* (VTEC) or Shiga toxin producing *E. coli* (STEC) as human pathogens causing severe diseases such as diarrhoea, haemorrhagic colitis (HC) and haemolytic uraemic syndrome (HUS) (Bettelheim, 2003; Bettelheim and Beutin, 2003; Ramamurthy, 2008).

Escherichia coli O157:H7 is a serotype that has long been associated with worldwide outbreaks of infant diarrhea, and EHEC and EPEC share many intestinal adherence and other virulence factors. Thus, it appears that non-O157:H7 *E. coli* strains producing *stx* have been around for several decades but it was only with the emergence in the early 1980s of the O157:H7 clone that this pathogenic class of *E. coli* was recognized (Whittam *et al.*, 1993). An outbreak with O157:H7 serotype resulting from the consumption of cookie dough was recently reported in the United States of America (CDC, 2009).

Escherichia coli O157:H7 strains are closely related to *stx*-negative O55:H7 EPEC strains and its pathogenic lineage has arisen from an enteropathogenic *E. coli* (EPEC) ancestor of serotype O55:H7 inhabiting the LEE on the basis of a step-wise evolutionary model (Fig. 1) during the past 50 years (Whittam *et al.*, 1988; Feng *et al.*, 1998; Dannenberg and Whittam, 2001; Wick *et al.*, 2005). The evolution of O157 was probably due to its ability to produce verotoxin (Feng *et al.*, 1998). However, the acquisition of the new serogroups O157 antigen encoding *gnd-rfb* region, integration of the *stx*₂-phages, and the large virulence plasmid, designated as pO157 are the principal events (Kim *et al.*, 2001). In subsequent steps, lysogenization of EHEC O157 strains by *stx*₁ phage, loss of ability to ferment sorbitol, inactivation of the *uidA* gene, with resultant loss of glucuronidase activity have occurred. Additionally, two separate groups of O157 have emanated: the non-sorbitol fermenting (NSF) EHEC O157:H7, and sorbitol fermenting (SF) non-motile O157:H⁻ strains (Feng, *et al.*, 1998; Kim *et al.*, 2001; Monday *et al.*, 2004; Wick *et al.*, 2005).

Clonality

In the evolutionary studies, two highly divergent phylogenetic gene clusters (*stx*₁ and *stx*₂) were also described, which separated long ago and underwent most of their sequence evolution outside *E. coli* (Whittam, 1998). Of these, *stx*₁ has been highly conserved, and it has been postulated that this gene region first moved from *Shigella dysenteriae* into the ancestral bacteria of EHEC2 group, accumulated several mutations, and then moved by transduction recently into EHEC1 O157:H7 (Whittam, 1998). Instead, the *stx*₂ genes have expressed several variants, and in addition to *E. coli*, have moved among divergent species like *Citrobacter freundii* and *Enterobacter cloacae* (Whittam, 1998). In general, both *stx*₁ and *stx*₂ have provided an example of the rapid exchange of genetic cassettes between different *E. coli* strains (Brüssow *et al.*, 2004) and other bacteria.

Bacteria use various ways to transfer genetic information. These methods include: conjugation, which requires cell to cell contact between cells, transduction, which is bacteriophage-facilitated transfer of genetic information, and transformation, which is the uptake of free DNA from the environment. Usually the genes to be transferred lie on mobile genetic elements, pieces of DNA that encode proteins important to facilitate movement of DNA within or between genomes. This highlights the transfer methods and the role of the assorted mobile genetic elements in the evolution of food borne bacterial pathogens such as *Escherichia coli* O157:H7 (Kelly *et al.*, 2009b).

Molecular typing method(s) should also be considered to identify the nature and spread of different clones across the country (Dhanashree and Mallya, 2008).

The clonality and epidemiological relationships of the EHEC O157 (Liesegang *et al.*, 2000, Karch and Bielaszewska, 2001; Kim *et al.*, 2001, Beutin *et al.*, 2002) and various non-O157 strains (Schmidt *et al.*, 1999a), such as O103, O118 or O145 (Wieler *et al.*, 2000; Prager *et al.*, 2002; Sonntag *et al.*, 2004) were exploited in studies of outbreaks or sporadic infections.

Virulence characteristics

Several virulence characteristics of EHEC have been recognized. These characteristics are either chromo-

somally encoded or plasmid mediated (Friedrich *et al.*, 2004; Ludwig *et al.*, 2004).

An increasing number of additional virulence characteristics have been described, and they are usually carried by mobile genetic elements like plasmids and pathogenicity islands (PAI), large genetic elements carrying virulence genes and inserted in chromosomal loci encoding tRNA (Hacker *et al.*, 1997).

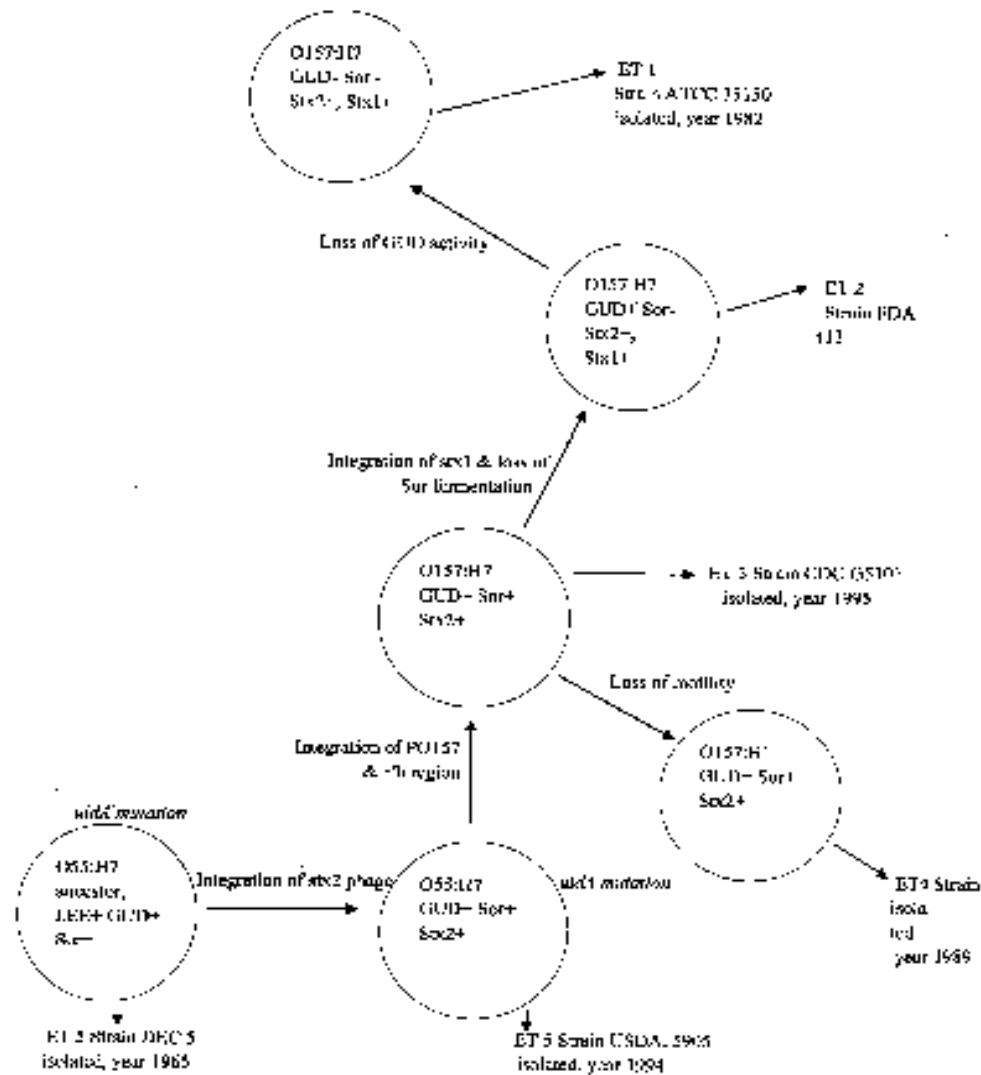


Fig. 1. Evolution of *E. coli* O157 lineage (Feng *et al.*, 1998; Wick *et al.*, 2005) with modification in the directional flow of arrows. **Abbreviations:** *uidA* = gene for β -glucuronidase activity; LEE = locus of enterocyte effacement; GUD = β -glucuronidase; Sor = sorbitol; *stx* = genes for Shiga toxin; pO157 = plasmid pO157; *rfb* = gene for LPS synthesis; ET = electrophoretic type

Chromosomally encoded virulence characteristics

Shiga toxin (stx) and stx variants

The major and the most essentially suggested cardinal feature of EHEC strains is the production of shiga toxins, which comprise a family of structurally related cytotoxins with similar biological activity and distinct antigenic structures (Melton-Celsa and O'Brien, 1998). These toxins are different proteins encoded by different genes (Blanco *et al.*, 2003). The two main groups consist of *stx*₁ is relatively homogeneous, and nearly identical to the toxin of *S. dysenteriae* type 1, and *stx*₂, which shares less than 60% amino acid sequence with *stx*₁. However, *stx*₂ toxins are more heterogeneous and serologically distinct from *stx*₁ (Tyler *et al.*, 1991; Melton-Celsa and O'Brien, 1998). The genetic information for the production of *stx*₁ and *stx*₂, e.g. (O26:H11 O157:H7) is located in the genome of lambdoid prophages integrated in the STEC chromosome (Melton-Celsa and O'Brien, 1998; Herold *et al.*, 2004), whereas *stx*₁ shows only little sequence variations (Zhang *et al.*, 2002). Several variants of *stx*₂ with altered antigenic or biological characteristics have been described and were termed as *stx*_{2c}, *stx*_{2d}, *stx*_{2e} and *stx*_{2f} (Schmidt *et al.*, 2000; Friedrich *et al.*, 2002b).

It has been shown that *stx*₂ is more critical in the development of haemolytic uraemic syndrome than *stx*₁. This

is due to the fact that strains producing *stx*₂ were more frequently associated with cases of HUS as compared to those expressing *stx*₁ (Griffin and Tauxe, 1991; Nataro and Kaper, 1998).

The shiga toxin producing *Escherichia coli* variant (*stx*_{2c}) was found to be less associated with diarrhoea and haemolytic uraemic syndrome (HUS) than *stx*₂ (Bettelheim and Beutin, 2003). Toxin types such as *stx*_{2d} and *stx*_{1-ox3} (also called *stx*_{1c}) were associated with sheep as an animal reservoir (Brett *et al.*, 2003). They were also found in STEC from diseased humans but were more frequently associated with uncomplicated diarrhoea. Shiga toxin variant (*stx*_{2c}) causes oedema disease in pigs and *stx*_{2f} (also called vtev), which is found to be associated with avian species are rarely found in STEC from diseased humans and are regarded as less pathogenic of the strains for humans (Schmidt *et al.*, 2000).

The locus of enterocyte effacement (LEE)

The colonization of intestinal mucosa by most of the EHEC is associated with a mechanism that subverts the function of the epithelial cells. The effect of this interaction is the inducement of a characteristic “attaching and effacing” (A/E) lesion, a complex mechanism genetically controlled by a large pathogenicity island (PAI) called the locus of enterocyte effacement (LEE) (Nataro and Kaper, 1998; Frankel *et al.*, 1998; Caprioli *et al.*, 2005). The A/E lesion is due to marked cytoskeletal changes and is characterized by effacement of microvilli and intimate adherence between the bacteria and the epithelial cell membrane, with accumulation of polymerized actin directly beneath the adherent bacteria (Nataro and Kaper, 1998; Garmendia *et al.*, 2006). Epidemiological studies have shown that LEE-positive strains are highly associated with severe human disease (Nataro and Kaper, 1998; Brunder *et al.*, 1999). Locus of enterocyte effacement (LEE) is consist of three functionally different modules. The first encodes a type III secretion system (TTSS), that secretes, delivers or translocates a set of bacterial proteins or virulence determinants into the host cell cytoplasm or apical membrane (Frankel *et al.*, 1998), that are homologous to those produced by EPEC (Kaper *et al.*, 2004). Some of these subvert pathways that regulate the host cell cytoskeleton and bring about pedestal formation (Frankel *et al.*, 1998). The second encodes the secreted proteins espA, B, and D, which function as part of the type III secretion apparatus associated with the intimate adherence to intestinal epithelial cells, initiation of host signal transduction pathways, and the formation of A/E lesions (Schmidt and Hensel, 2004; Torres *et al.*, 2005). The third encodes the adhesin “intimin” and the “translocated intimin receptor” (Tir), which is translocated into the host, cell plasma membrane by the TTSS (Delahay *et al.*, 2001).

Intimin (*eae*)

The intimin coding genes (*eae*) bind to the enterocytes and Tir resulting in some corresponding changes within the amino acid sequence, reflecting an occurrence of antigenic variations (Frankel *et al.*, 1998; Hartland *et al.*, 1999). Intimin mediates the intimate attachment of EHEC by binding to β 1-integrins (Frankel *et al.*, 1996) and to cell-surface localized nucleolin, although, the significance of this in intestinal colonization has not been clearly elucidated. Distinct types of intimin alleles (17 in number) have been identified and classified on the basis of sequence and antigenic differences (Oswald *et al.*, 2000; Garrido *et al.*, 2006), which are responsible for different host tissue tropism. The commonly prevalent types of intimin alleles are termed α , β , ϵ and γ (Oswald *et al.*, 2000), in accordance with Greek alphabet. Intimin α is generally found in EPEC, while γ and ϵ types are in close association with EHEC O157 and non-O157 serogroups: intimin γ is produced by serogroups O157, O111, and O145, while intimin ϵ by serogroups O103 and O121. Intimin β can be found in both EPEC and EHEC, the most important EHEC serogroup producing intimin β being O26. Several other less frequent *eae* gene variants have been described (Zhang *et al.*, 2002).

Identification of intimin alleles is also considered as one of the epidemiological markers. Polymerase chain reaction (PCR) and restriction fragment length polymorphism on intimin allele identifications have recently been developed (Tramuta *et al.*, 2008).

Plasmid mediated virulence characteristics

Various plasmid-mediated determinants have been reported to be carried by enterohaemorrhagic *Escherichia coli* (Kim *et al.*, 2001; Beutin *et al.*, 2002). These determinants include; enterohaemolysin (Ehly or *ehx*), type II secretion system (ETP), haemolytic protein (cytolysin A) and esterase inhibitor-specific metalloprotease (Schmidt *et al.*, 2001; Lathem *et al.*, 2003; Ludwig *et al.*, 2004). Enterohaemorrhagic *E. coli* (EHEC) O157 sorbitol fermenting isolates does not seem to harbour catalase peroxidase (KatP, *katP*) and serine protease (EspP, *espP*) (Karch and Bielaszewska, 2001). However, sorbitol fermenting O157:H⁻ has been shown as the only strain that possessed a gene cluster (*sfp*) specifically responsible for the expression of fimbriae (Brunder *et al.*, 2001; Friedrich *et al.*, 2004)

Enterohaemolysin (*ehly*)

Enterohaemolysin (*ehly*) production is regarded as a potentially useful virulence marker for EHEC (OIE, 2008).

Enterohaemorrhagic *E. coli* strains have in common a 60 MDa plasmid that carries four open reading frames (ORFs) responsible for the enterohaemolytic phenotype (Whittam, 1998; Karch *et al.*, 1998). It is a member of pore-forming RTX (repeats in toxin) family of toxins and could contribute to the occurrence of disease through lysis of erythrocytes and release of haemoglobin as a potential source of iron for the bacteria (Beutin *et al.*, 1994; Kaper *et al.*, 2004). These genes encoding the *ehly* protein have been termed, EHEC-*hlyA*, EHEC-*hlyB*, EHEC-*hlyC* and EHEC-*hlyD*, and to a higher degree they are related to the genes of the *E. coli* -haemolysin, named with respect to the genes of the *E. coli* -haemolysin operon (Karch *et al.*, 1998). Therefore loss or reduction of the enterohaemolytic phenotype has been shown to be due to mutations of the open reading frames (ORFs) of the EHEC-*hly* gene, which has membrane damaging effect and is capable of inducing proinflammatory cytokines. Several molecular studies have provided an evidence that STEC having *ehxA* genes (typical STEC) are considered epidemiologically important due to the association of virulence genes with diarrhoeal/HUS outbreaks in different parts of the world (OIE, 2008). Among EHEC strains, the carriage of EHEC *hlyA* and production of Ehly have been typical of the O157:H7 strains. Instead, of the SF O157:H strains, the strains have typically possessed the EHEC-*hlyA* but have not clearly shown enterohaemolytic activity (Karch and Bielaszewska, 2001).

Putative type II secretion system (ETP)

Deoxyribonucleic acid (DNA) analysis of EHEC plasmids has shown that ETP system of EHEC strains includes 13 open reading frames with respective genes called *etpC* to *etpO* (Schmidt *et al.*, 2001). Although this system has often been involved in the transportation of pathogenic factors in gram-negative bacteria outside their cells, their overall function and specificity has not yet been elucidated (Brunder *et al.*, 2001; Friedrich *et al.* 2004; Caprioli *et al.*, 2005).

Secreted proteins and type III secretion system

Type III secretion system is encoded by the LEE and is homologous to those found in other pathogenic organisms. It secretes and translocates proteins associated with pathogenicity and is involved in direct transfer of virulence factors into the host cells from STEC (Hueck, 1998). *Escherichia coli* secreted proteins (Esp) are responsible for signal transduction events seen in the A/E lesion. Mutation of the genes encoding EspA, EspB or EspD proteins can abolish the signal transduction in epithelial cells and the A/E histopathology (Kaper *et al.*, 1998).

Formation of the filamentous structures bridging to the host cells surface occur on the bacterial surface. Secreted protein EspB is delivered primarily into the host cell membrane where it becomes an integral membrane protein (Wolff *et al.*, 1998). Consequently, small fraction of this protein is delivered into the host cytosol. EspB and EspD probably forms a pore structure as a means for other bacterial effectors (such as Tir) to gain access to the host cell (DeVinney *et al.*, 1999). Insights into the expression of type III secretion system, secretion of EspA in the pathogenesis of disease attributable to STEC intestinal colonization may require knowledge on the regulation and function of the LEE genes.

Katalase peroxidase (*katP*) and serine protease (*espP*)

This is a bacterial catalase peroxidase and is bi-functional in nature. Possession of amino terminal signal peptide revealed that *katP* is transported through the cytoplasmic membrane. Genes associated with *katP* have been found to be present mainly in non-sorbitol fermenting O157 strains, but absent in sorbitol fermenting O157 isolates (Schmidt *et al.*, 2001).

Secreted serine protease (*espP*) is a plasmid mediated virulence characteristics unlike other Esp proteins, such as *espA*, *espB*, *espD*. The human coagulation factor V has been cleaved by *espP* *in vitro* and might act as an accessory virulence factor in exacerbating haemorrhagic colitis (HC). Isolates of O157 sorbitol fermenting *E. coli* have typically lacked *espP* genes (Brunder *et al.*, 1999; Karch and Bielaszewska, 2001; Schmidt *et al.*, 2001).

O157 plasmid (pO157)

All strains of O157:H7 contain a highly conserved plasmid, designated as pO157 (Schmidt *et al.*, 1994) which varies in size from 93.6 to 104 kb (Schmidt *et al.*, 1996). Also, most of the SF O157:H strains have possessed a chromosomal gene cluster encoding a novel type of cytolethal distending toxin (CDT) designated CDT-V, which has rarely been found in *E. coli* O157:H7 (Janka *et al.*, 2003). This plasmid is also present in O26:H11 strains and in most of the strains of *stx*-producing *E. coli* strains isolated from humans (Levine *et al.*, 1987; Beutin *et al.*, 1994). A 3.4-kb fragment of this plasmid, was subsequently shown to encode enterohaemolysin (Schmidt *et al.*, 1995) and catalase-peroxidase, but the function of the later is unknown (Brunder *et al.*, 1996). A possible role of this plasmid in the suppression of production of an exopolysaccharide has been suggested (Fratamico *et al.*, 1993). Among newly recognized plasmid pO157 mediated toxins, ToxB belonging to a large clostridia toxin family has been characterized (Schmidt *et al.*, 2001). Furthermore, 94- to 104-kb pO157 plasmid, a number of other plasmids ranging in size from 2 to 87 kb have been found in strains of *E. coli* O157:H7 (Willshaw *et al.*, 1992). However, correlation of this plasmid with the clinical disease has not been seen. Contrary to the high level of the plasmid in

human isolates, only a minority of *stx*-positive strains of non-O157:H7 serotypes isolated from cattle is said to possess this plasmid (Barret *et al.*, 1992).

CONCLUSION

The different clones of enterohaemorrhagic *Escherichia coli* that are known have emerged basically by means of lateral gene transfer resulting from accumulated mutation outside *Escherichia coli*. This was probably due to acquisition of shiga toxin *stx*₁ and *stx*₂. These organisms have persisted in the environment as commensals haven't eluded recognition as pathogens, but were later known to cause disease with the aid of their virulence factors in addition to other changes that had occurred in the environment and within the organism(s). All these changes together with other factors which may be genetic in origin have resulted in evolution, the existence of clones and the occurrence and acquisition of virulence characteristics of enterohaemorrhagic *Escherichia coli*.

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