

BOEKBESPREKINGS : BOOK REVIEWS

CHOLANGIOGRAPHY

Intravenous Cholangiography. By R. E. Wise, B.S., M.D., F.A.C.R. Pp. xiii + 139. Illustrated. \$9.50. Springfield, Ill.: Charles C. Thomas. 1962.

This monograph presents in a clear and authoritative fashion the experience of intravenous cholangiography at the Lahey Clinic, Boston. Excellent data are given regarding normal

findings, calculi in the common duct, obstruction, strictures and tumours. The investigation is especially helpful in patients who have symptoms following cholecystectomy. The author shows clearly that post-cholecystectomy dilatation of the common duct does not necessarily occur.

Although far from perfect, the investigation represents a great advance in the management of patients with biliary disease. An excellent monograph for radiologists and surgeons interested in biliary surgery.

C.A.R.S.

DIETS TO REDUCE SERUM CHOLESTEROL

Dietary Control of Hypercholesteremia. By D. T. Revell. Pp. xiv + 70. \$4.50. Springfield, Ill.: Charles C. Thomas. 1962.

This small book gives in great detail the information necessary for constructing diets the object of which is to reduce the serum-cholesterol level. The principle used is an overall allowance of 35% of calories in the form of fat with a ratio of one part saturated to two parts unsaturated fat. Specimen diets are given and an exchange list makes substitution easy.

A valuable feature of the book is that in addition to what might be called the standard diet, some seven other diets are given on the same principle, with restricted calories ranging from 800 to 2,200. Special chapters cover the use of the same dietary principle in association with the bland principle for ulcer patients. For South African readers there is the usual difficulty of translating American food terms into those that are known in this country.

For those who require this amount of detail the book is comprehensive and well put together. J.F.B.