

BOEKBESPREKING : BOOK REVIEW

FOOD HYGIENE

Food Hygiene. By C. P. Collins, D.Sc., M.D., D.P.H. Pp. vii+149. R2.75. London: Pitman Medical Publishers. 1963.

This little publication should fulfil a very useful purpose for individuals such as medical officers of health, medical officers attached to institutions or serving in ships, dietitians, catering specialists and health inspectors, who are responsible for the controlling, handling, storing, preparation and serving of food.

The book is neatly arranged and contains a great deal of very useful and informative detail pertaining to all aspects of food storage, preparation, cooking and serving.

Food poisoning, as is to be expected, is given its fair share of space. The methods that should be insisted upon to prevent food-poisoning outbreaks occurring are succinctly and clearly laid down. It is heartening to note that accident prevention in the kitchen is commented upon, and the methods of prevention suggested. The chapter on beetle infestation of food-stuffs is most enlightening, and the details for the prevention of cockroach infestation in food premises is deserving of very much wider publicity.

The index, although short, is adequate and satisfactory. This publication can be highly recommended to all responsible for the control of food in all its forms.

E.D.C.