# The protein dispersibility index in the quality control of heat-treated full-fat soybeans: an inter-laboratory study

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## **Abstract**

There are a number of laboratory methods that could be used to estimate the adequacy of full-fat soybean (FFSB) heat treatment. The protein despersibility index (PDI) has been claimed to have the most constant response to the heating of FFSBs. In this study, the PDI method has been subjected to an interlaboratory test, including the participation of eight laboratories. Seven FFSB samples were processed by dry extrusion at temperatures ranging from 110 to 164 °C and analysed on the PDI. Processed FFSB samples were also assessed in a growth trial of broilers. The analysis of the FFSBs by the PDI method generated adequately-processed FFSB values of between 8.49% and 10.3%. Values above 10.3% described underprocessed and below 8.49% over-processed FFSBs. The PDI method generated a good repeatability limit of 2.1%, but the reproducibility limit (7.73%) was too wide when taking into account the narrow range (8.5 – 10.3%) for adequately heat-treated FFSBs. Despite its simplicity and initial indications that it might be the best indicator of FFSB heat treatment, the PDI method did not prove that in this inter-laboratory study.

Keywords: Broilers, processing, extrusion, repeatability, reproducibility

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# Introduction

Soybeans contain highly valuable proteins and oils (crude protein ranging from 390 – 410 g/kg and oil from 180 – 210 g/kg) which make them good feed alternatives to animal proteins and oils. Raw soybeans contain several factors with anti-nutritional properties and must be processed prior to inclusion in animal diets. The anti-nutritional factors (ANFs) contained in soybeans may cause unfavourable physiological effects (Buttle *et al.*, 2001; Vasconcelos *et al.*, 2001) and may decrease weight gain in animals (Palacios *et al.*, 2004). The processing of raw full-fat soybeans (FFSB) by means of heat and mechanical treatment destroys the anti-nutrients, thus making the soybean fit for use in monogastric diets. The problem relating to availability of the amino acids in the heat-treated soybeans arises due to the fact that only an optimum level of heat treatment will produce the maximum availability of the amino acids to the animal. The underprocessing of the FFSBs limits amino acid availability due to the partial destruction of the anti-nutritional factors. Over-processing, on the other hand, decreases the amino acid availability as a result of the Maillard reaction that occurs between aldehyde groups of sugar and free amino groups (Vohra & Kratzer, 1991).

There are a number of laboratory methods that could be used to estimate the adequacy of FFSB heat treatment. Commonly-used methods for assessing the processed FFSB quality are those that determine the urease activity index (UAI), trypsin inhibitor activity (TIA), nitrogen solubility index (NSI), protein dispersibility index (PDI) and protein solubility in potassium hydroxide (PSKOH) (Monary, 1989).

It has been clearly illustrated that the results of the analysis of the same sample of FFSBs obtained by currently available analytical techniques, vary widely between laboratories, causing uncertainty and confusion among soya processors, feed manufacturers and end-users (Davies, 1998; Palic & Grove, 2004; Palić, 2011). It is, therefore, of the utmost importance that the available laboratory procedures be standardized for determining the degree of soybean processing.

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ISSN 0375-1589 (print), ISSN 222-4062 (online) Publisher: South African Society for Animal Science In a critical assessment of methods, Palic *et al.* (2007) concluded that protein solubility was the most reliable indicator for FFSB quality control and therefore, that NSI, PDI and PSKOH would be the preferred methods. Batal *et al.* (2000) reported that the PDI displayed the most constant response to the heating of FFSBs, while Dudley-Cash (2001) stated that the PDI may indicate soybean quality better than other indices. Therefore, the preference in this study has been given to the PDI method.

The aim of this study was to standardise, through an inter-laboratory study, the PDI method, to establish unit ranges for describing under-, adequate- and over-processed FFSB, as well as the precision of the method, i.e. values for its repeatability and reproducibility limits.

## **Material and Methods**

Raw soybeans, as a mixture of cultivars with a moisture content of 100 - 110 g/kg, were processed by dry extrusion, using an industrial Insta-Pro 2000R" single-screw extruder at seven temperatures: 110, 127, 136, 140, 145, 151 and 164 °C, with the processing time ranging between 30 and 40 seconds.

A total of 336 male Ross broilers were randomly allocated to 42 pens, each containing eight birds. On arrival, all broilers were sorted into equal weight groups, and assigned at random to the different treatment pens, such that the initial average weight and weight distribution were similar for all pens. They were allocated to one of seven dietary treatments containing a standard starter diet with the inclusion of the heat-treated FFSBs, and with six replicates per treatment. The average body weight gain (ADWG) in the period from day 0 to day 14 and feed conversion ratio (FCR) on day 14 was monitored as production parameters. The protocol was approved by the ARC-Irene Animal Ethics Committee to ensure that it complies with South African and International standards for the care and use of animals for experimental purposes.

Seven samples of FFSBs, used in the *in vivo* trial with chickens, were analysed in duplicate by eight laboratories on the PDI. The laboratories were both commercial and research, and were all located in South Africa.

The PDI method (AOCS Official Methods, 1997a) has been subjected to an inter-laboratory study, which has been conducted strictly according to the "Collaborative Study Procedures" (AOCS Official Methods, 1997b).

For adequately-processed soybeans the globally-accepted values for PDI are between 15% and 28% (Monary, 1989), but in the description of the PDI method (AOCS Official Methods, 1997a) no values are specified. This fact provided an additional justification for the need to determine these PDI values through inter-laboratory analysis.

For FFSB protein dispersion, the PDI method uses a blender at a speed of 8500 rpm, which makes this method potentially the quickest and simplest to perform of all the methods for processed FFSB quality control. The "Hamilton Beach Commercial" blender, model G936 ("Vos Instrumenten", The Netherlands), is designed according to the PDI AOCS Official Method (1997a), but it was not available to all eight laboratories. It was, therefore, replaced by a "Warring Commercial" blender, model LB20E, which was calibrated against a "Hamilton Beach" blender to achieve the same PDI values. Consequently, the speed of the "Warring Commercial" blender was set at 12000 rpm.

The analytical procedure involved the blending of 20 g of sample with 0.3 dm<sup>3</sup> of water for exactly 10 min, followed by filtration of the slurry. Crude protein was determined in the supernatant and in the original soybean sample. The PDI was calculated as the ratio of soluble protein in the supernatant and total protein in the original FFSB sample.

Data were analyzed using the statistical program, SAS/STAT (1989). Analysis of variance (ANOVA) was used to test for differences between treatments. Treatment means were separated by using Fishers' protected t-test least significant difference (LSD) at the 5% level of significance. The precision of the PDI method was determined according to the AOCS Official method (1997c).

#### Results

The results of the broiler trial are shown in Table 1. The best performance was achieved by chickens that were fed the FFSB processed at 136 °C, 140 °C and 145 °C, and there was no significant difference between them (P > 0.05). However, the difference between the groups that received the FFSBs processed at 127 °C and 136 °C, as well as at 145 °C and 151 °C, was significant (P < 0.05). Based on these parameters, a relation between the temperature of extruding and the *in vivo* assessment of the degree of FFSB processing has been derived and is shown in Table 2.

**Table 1** Means of average daily weight gain (ADWG) in the period from day 0 to day 14 and feed conversion ratio (FCR) at day 14, of broiler chickens fed full-fat soybean (FFSB) processed by dry extrusion at different temperatures

Treatment	ADWG (g)	FCR		
110.00	87.8 <sup>bc</sup>	2.081 <sup>d</sup>		
110 °C 120 °C	96.0 bc	1.893 <sup>cd</sup>		
120 °C	108.0 bc	1.768 °		
136 °C	138.3 <sup>a</sup>	1.382 <sup>a</sup>		
140 °C	132.0 a	1.466 <sup>a</sup>		
145 °C	123.0 a	1.529 <sup>a</sup>		
151 °C	97.2 <sup>b</sup>	1.679°		
164 °C	79.8 <sup>c</sup>	1.891 <sup>cd</sup>		

 $<sup>\</sup>overline{a,b,c,d}$  Values in the same column with different superscript differ significantly (P < 0.05).

**Table 2** Relation between the temperature of extruding and the *in vivo* assessment of the degree of full-fat soybean (FFSB) processing

Degree of FFSB processing	Temperature of extrusion (°C)				
Under-processed	< 136				
Adequately-processed	136 – 145				
Over-processed	> 145				

It has been concluded that 136 °C and 145 °C are the borders of the temperature range for adequately-processed FFSB. The average values of the PDI in FFSB samples, analysed by eight laboratories, are shown in Table 3. It can be noted that the highest standard deviation was obtained for under-processed samples (110 and 127 °C).

**Table 3** Average values of the protein dispersibility index (PDI) in full-fat soybean (FFSB) samples processed by dry extrusion at different temperatures

Lab. no.	<sup>1</sup> PDI (%) at processing temperatures						
	110 °C	127 °C	136 °C	140 °C	145 °C	151 ℃	164 °C
1	27.44	22.04	10.42	10.11	9.66	7.54	( 40
1	37.44	23.94	10.42	10.11	8.66	7.54	6.48
2	36.71	21.39	10.18	9.17	8.78	7.54	6.42
3	47.41	27.30	9.83	8.64	9.09	7.04	4.16
4	46.57	30.60	12.67	9.69	8.98	4.27	2.03
5	46.56	19.00	12.21	9.53	9.99	8.36	8.52
6	45.93	28.19	10.18	9.02	8.86	8.56	7.94
7	41.85	25.33	10.40	8.75	8.35	8.05	7.15
8	36.33	12.05	6.48	6.50	5.22	5.11	5.03
SD	4.79	5.79	2.00	1.17	1.37	1.53	2.08

Average of two replicates; SD - Standard deviation.

The influence of the temperature of processing on the PDI values is shown on Figure 1. A very high correlation ( $R^2 = 0.99$ ) existed between the PDI values and the treatment temperature.

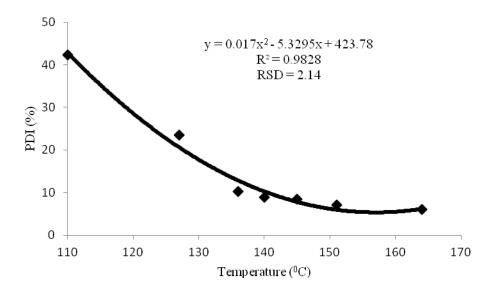


Figure 1 Correlation between the processing temperature and the protein dispersibility index (PDI) values.

The FFSB samples which were processed at temperatures between 136 °C and 145 °C, represented adequately-processed FFSBs (Table 1). The PDI values for these samples obtained in the inter-laboratory study and shown in Table 3, were 10.3% and 8.5%, respectively. Consequently, the PDI values shown in Table 4, for describing the degree of FFSB processing using the project PDI method, have been established.

**Table 4** Protein dispersibility index (PDI) values for describing the degree of full-fat soybean (FFSB) processing, using the PDI method

Degree of FFSB processing	PDI (%)	
Under-processed Adequately-processed Over-processed	>10.3 8.5 - 10.3 <8.5	

The PDI range for adequately-processed FFSB was between 8.5 and 10.3%. PDI values above 10.3% corresponded with the under-processed, whereas the values below 8.5% corresponded with the over-processed FFSB.

The precision parameters of the PDI method are shown in Table 5. The results obtained under the conditions of this study showed that the repeatability limit (r), i.e. the absolute difference between two single results of analysis of the same sample obtained in one laboratory, should not exceed 2.1%. It was found that the reproducibility limit (R) of the PDI method, i.e. the absolute difference between single results of analysis of the same sample obtained in different laboratories, should not exceed 7.73%.

	Comple econding to heat treatment							
Parameter	Sample according to heat treatment						_ Average	
	110 °C	127 °C	136 °C	140 °C	145 °C	151 °C	164 °C	values
Number of laboratories	8	8	8	8	8	8	8	
Number of laboratories retained after eliminating outliers	8	8	8	8	8	8	8	
PDI mean values (%), average for eight laboratories	42.3	23.4	10.3	8.9	8.4	7.0	5.9	
Repeatability standard deviation (s <sub>r</sub> ), %	1.20	1.15	1.21	0.67	0.27	0.37	0.36	0.75
Repeatability relative standard deviation (RSD <sub>r</sub> ), %	2.85	4.92	11.80	7.60	3.22	5.33	6.09	4.94
Repeatability limit (r) $[r = 2.8 \text{ x s}_r]$ , %	3.38	3.23	3.40	1.90	0.76	1.05	1.01	2.10
Reproducibility standard deviation (s <sub>R</sub> ), %	4.94	5.98	2.04	1.19	1.41	1.58	2.15	2.76
Reproducibility relative standard deviation (RSD <sub>R</sub> ), %	11.7	25.5	19.9	13.4	16.7	22.4	36.1	18.1
Reproducibility limit (R) $[R = 2.8 \text{ x s}_R], \%$	13.9	16.8	5.7	3.4	4.0	4.4	6.0	7.7

**Table 5** Precision parameters of the protein dispersibility index (PDI) method

#### Discussion

According to the *in vivo* trial with broilers (Table 1), the samples which represent adequately-processed FFSBs were heat-treated at 136 °C to 145 °C. The PDI values for those temperatures were between 8.49% and 10.30%. Nevertheless, these results are much lower than the globally-accepted PDI values which are between 15% and 28% (Monary, 1989). At this stage, there is no firm explanation for the difference between the globally-accepted values and the values established in the present study.

There was a good correlation between the PDI values and extrusion temperatures. Studies by Lee *et al.* (2007) also reported a good correlation between the treatment temperatures and PDI values. The present study showed that there was a steep decrease in the PDI from a temperature of 110 °C to 127 °C and, thereafter, a slight decrease was observed throughout. Batal *et al.* (2000) reported a consistent pattern of decrease in the PDI in response to the temperature.

The results of the present study on the precision of the PDI method, showed that two single determinations performed in one laboratory should not differ by more than 2.1%, whereas two single determinations performed in different laboratories should not differ by more than 7.73%. This is in line with the precision parameters presented in the PDI AOCS Official Method (1997a), which for repeatability and reproducibility limits stated 4.37% and 9.66%, respectively. The repeatability limit of 2.1% for the PDI method was very good. Nevertheless, the reproducibility value of 7.73% was too broad considering the narrow range (8.49 - 10.30%) for adequately-processed FFSBs, which creates a concern with regard to the use of the PDI method in practice.

The optimum temperature for the dry extrusion of full-fat soybeans for use in poultry feeding in this study was between 136 °C and 145 °C. This is in line with the results of Ruiz *et al.* (2004) who established, in a trial with broilers fed extruded FFSBs, that body weight gain and FCR were best for treatment temperatures between 126 °C and 140 °C. Nelson *et al.* (1987) stated that temperatures most commonly used commercially for extruding raw soybeans were between approximately 135 °C and 140 °C. Palic *et al.* (2009) concluded from two separate trials with broilers that the optimum heat treatment of FFSBs was at 138 °C and 144 °C.

Despite reports (Batal et al., 2000; Dudley-Cash, 2001; Debruyne, 2004; Caprita et al., 2010a; b) on the dominance of the PDI over other methods for monitoring the degree of FFSB heat treatment, the PDI method did not prove that in this study. It is to be noted that the above-mentioned authors obtained their

results in single laboratory studies, contrary to the present study, which might be the explanation for the differences in results.

# **Conclusions**

Despite its simplicity and initial indications that it might be the best indicator of FFSB processing, the protein dispersibility index did not prove that in this inter-laboratory study. The analysis of FFSBs by the PDI method generated adequately-processed FFSB values between 8.49% and 10.30%. Values above 10.30% described under-processed and values below 8.49% described over-processed FFSBs. The PDI method generated a good repeatability limit of 2.1%, but the reproducibility limit (7.73%) was too wide, taking into account the narrow range (8.5-10.3%) for adequately heat-treated FFSBs. Based on the results of this inter-laboratory study, the PDI method cannot be recommended as a reliable indicator of quality control for heat-processed FFSBs, or for use in routine laboratory practice.

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