



Atlas of Interventional Pain Management

Steven D. Waldman. Saunders, 2004. 642 pp. ISBN 0-7216-0108-1

This book describes various techniques to a great variety of interventional procedures. It will most certainly benefit any aspiring interventionalist. The book is well structured, easy to understand, easy to read with a fairly big print. It also has excellent illustrations that are most relevant. The comprehensive list of blocks and techniques described are most refreshing. What I really would have liked to see is the application of Pulsed Radio Frequency in these procedures. I also found the anatomical description of various structures rather ill defined.

The book divides the various techniques into anatomical regions. It has eight sections - starting at the head and working its way down to the lower extremity and ending with a section on interventional procedures.

The goal of this atlas is describing a comprehensive list of blocks and techniques that we perform on a daily basis in our pain clinics. This criterion is certainly met. Not only did the author succeed in listing all these numerous techniques but he also managed to present us with excellent images and illustrations.

I appreciate the CPT codes and the relative value units that are listed per technique. This makes my administrative tasks so much easier.

In conclusion I find this book rather helpful in so far as the various techniques are concerned but I would have liked more goal directed anatomical approaches to the various techniques.