

Anatomical variation of anterior accessory great saphenous vein: a case report

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ABSTRACT

An anterior accessory great saphenous vein (AAGSV) is a major cause of varicose disease recurrence and shares the saphenofemoral junction in 10% of patients where it is a primary reflux pattern. Reflux in AAGSV presents the same symptoms and severity as great saphenous vein (GSV) reflux with a higher incidence of superficial thrombophlebitis. The case report is a 37-year-old male cadaver with bilateral anterior accessory great saphenous veins (AAGSV), originating from the marginal veins anterior to the GSV, and terminated by joining the GSV at the sapheno-femoral junction. The case was documented during a routine gross dissection at the anatomy laboratory at the University of Rwanda. The case emphasizes the need for Vascular radiologists and surgeons to pay proper attention during saphenofemoral junction and saphenopopliteal junction ultrasound to identify the AAGSV when targeting the treatment of varicose diseases.

Keywords: Accessory Vein, Reflux, Clinical Significance, Anatomical Variation, Case Report

INTRODUCTION

The anterior accessory great saphenous vein (AAGSV) can be defined as any vein that accompanies the great saphenous vein (GSV), lies superficial to GSV on the anterior surface of the thigh, and is not surrounded by the saphenous fascial sheath [1].

An anterior accessory of the great saphenous vein (AAGSV) originates from the marginal veins anterior to the GSV and travels anteriorly to the main trunk in the leg to drain either into the great saphenous vein (in the leg, thigh, or groin) or to drain into the posterior accessory saphenous vein in the leg or thigh [2]. The AAGSV is a primary source of varicose veins, and this makes it clinically

important [3]. Cavezzi et al. examined the anatomy of the AAGSV using ultrasound and reported that this vein typically lies within a fascial compartment and has an 'eye sign' similar to the GSV when viewed on ultrasound [4].

The AAGSV is documented to have important clinical implications because of its anatomic variation [5], and due its ability to communicate with the GSV and the common femoral vein. These communications are a potential route of reflux down the AAGSV [6,7]. Therefore, an understanding of the vascular supply and drainage is clinically important to surgeons and ultrasonographers in order to reduce risk of iatrogenic vascular injuries [8,9].

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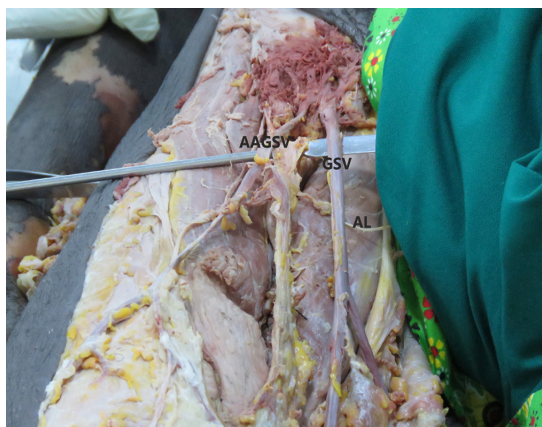


Figure 1: Anterior accessory great saphenous vein (AAGSV), great saphenous vein (GSV), and adductor longus muscle (AL) on the anterior surface of the right thigh

CASE PRESENTATION

The thigh region of a 37-year-old male cadaver was dissected following the steps outlined in the Grant dissector handbook of Sauerland [10] during a routine dissection at the anatomy laboratory, University of Rwanda. The case study presented bilateral anterior accessory great saphenous veins (AAGSV), which originated from the marginal veins anterior to the GSV, and terminated by joining the GSV at the sapheno-femoral junction. This variation was documented with the aid of a Canon SX60HS camera. The relationships to AAGSV registered were the great saphenous vein (GSV), and adductor longus (AL) (Figures 1 and 2).

DISCUSSION

AAGSV reflux is common in patients with both primary and recurrent disease and presents similar disease severity when compared with GSV reflux, which has a higher incidence of superficial thrombophlebitis [11]. The AAGSV should be considered equivalent to the GSV and small saphenous vein when planning for intervention and reimbursement [11]. Baccellieri et al. examined the anatomical role of the AAGSV at the saphenofemoral junction reflux as a risk for recurrent varicose veins. Their study reported a higher rate of recurrent varicose veins in patients who had saphenofemoral junctional, and GSV reflux on ultrasound, and a direct confluence of the AAGSV at the saphenofemoral junction was found to be a negative predictor for recurrent varicose veins

[12]. Yrjii et al. [1] reported that the frequency of isolated reflux in the AAGSV was much higher than described in previous literature [13,14,15].

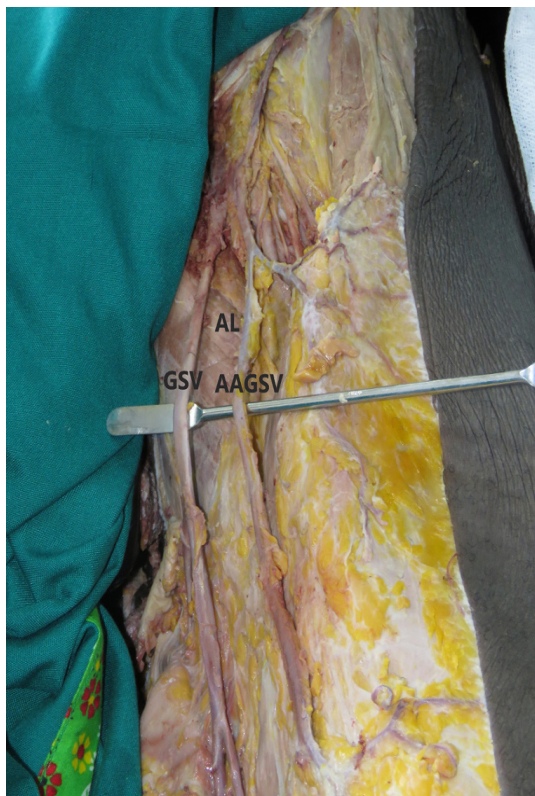


Figure 2: Anterior accessory great saphenous vein (AAGSV), great saphenous vein (GSV), and adductor longus muscle (AL) on the anterior surface of the left thigh

They also documented that the recurrence of the incompetent AAGSV was one of the major causes of varicose disease recurrence in 11.7% of patients after the radiofrequency ablation of GSV in the late postoperative period.

It is important that proper attention must be given to every patient during saphenofemoral junction and saphenopopliteal junction ultrasound to identify the individual anatomical features [16,6,17]. Therefore, a good knowledge of the possible variants in vascular supply and drainage of the lower limb is important in clinical practice to reduce complications during surgery or other interventions.

CONCLUSION

The case study provides additional knowledge for

vascular radiologists and surgeons in Rwanda. This information may help reduce the complications associated with lower limb surgery and, hopefully, increase the clinician's awareness of the AAGSV, thus preventing iatrogenic varicose veins.

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