# Microbial spectrum and their antibiotic susceptibility pattern from patients with sepsis in medical emergency unit of a teaching hospital in Nigeria

# Idakari, C.N.<sup>1</sup>, Ene, C.B.<sup>1</sup>, Ehidiamhen, F.E.<sup>2</sup>

<sup>1</sup>Department of Medical Microbiology and Parasitology Alex-Ekwueme Federal University Teaching Hospital Abakaliki, Nigeria

<sup>2</sup>Department of Histopathology, David Umahi Federal University Teaching Hospital Uburu, Nigeria

Article Info	Abstract
Article type: Original Article	<b>Background:</b> Sepsis is among the leading cause of morbidity and mortality worldwide. The study aimed to determine the microbial isolates and their
Article history: Received: August 2, 2024 Accepted: January 21, 2025 Published: March 15, 2025	<ul> <li>antibiotics susceptibility pattern among patients with sepsis in Lagos University Teaching Hospital.</li> <li>Methodology: It was a cross-sectional hospital-based study carried out in the adult medical emergency unit in patients with clinical diagnosis of suspected sepsis. Clinical samples were obtained and processed according to standard</li> </ul>
<i>Keywords:</i> Sepsis, Staphylococcus aureus, Klebsiella pneumoniae, Escherichia coli	microbiological protocol. <b>Result:</b> Three hundred patients were enrolled, of which 42.3% were male and 53.7% were female. There were (79, 26.3%) participants that showed blood culture positive. The predominant bacterial pathogens isolated from blood
<i>Corresponding author:</i> Idakari CN ORCID No. 0009-0005-4164-9775 idakarichinedu@gmail.com	cultures were <i>Staphylococcus aureus</i> (23, 29.1%), followed by <i>Klebsiella pneumoniae</i> (15, 19.0%) and <i>Escherichia coli</i> (13, 16.5%). Blood cultures and other specimens such as urine, and wound biopsy showed a similar pattern. Over 50% of the bacterial isolates were resistant to commonly prescribed antibiotics, such as third-generation cephalosporins, penicillin, tetracycline, and
<i>The article can be accessed at:</i> www.rjhs.org	erythromycin. <b>Conclusion:</b> The study revealed that <i>Staphylococcus aureus</i> , <i>Klebsiella pneumoniae</i> and <i>Escherichia coli</i> were the most common pathogens isolated. The isolates showed high level of resistance to commonly prescribed antibiotics.

# Spectre microbien et leur modèle de sensibilité aux antibiotiques chez des patients atteints de sepsis dans l'unité d'urgence médicale d'un hospital universitaire au Nigéria

#### Résumé

**Contexte de l'étude:** Le sepsis est l'une des principales causes de morbidité et de mortalité dans le monde. L'étude visait à déterminer les isolats microbiens et leur profil de sensibilité aux antibiotiques chez les patients atteints de sepsis à l'hôpital universitaire de Lagos.

**Méthode de l'étude:** Il s'agit d'une étude transversale réalisée en milieu hospitalier dans le service des urgences médicales pour adultes auprès de patients présentant un diagnostic clinique de suspicion de sepsis. Des échantillons cliniques ont été obtenus et traités selon un protocole microbiologique standard.

**Résultats de étude:** Trois cents patients ont été inclus, dont 42,3 % étaient des hommes et 53,7 % des femmes. Parmi les participants (79, 26,3 %), l'hémoculture était positive. Les pathogènes bactériens prédominants isolés des hémocultures étaient *Staphylococcus aureus* (23, 29,1 %), suivis de *Klebsiella pneumoniae* (15, 19,0 %) et *d'Escherichia coli* (13, 16,5 %). Les hémocultures et d'autres échantillons tels que l'urine et la biopsie de plaie ont montré une tendance similaire. Plus, de 50 % des isolats bactériens étaient résistants aux antibiotiques couramment prescrits, tels que les céphalosporines de troisième génération, la pénicilline, la tétracycline et l'érythromycine.

**Conclusion:** L'étude a révélé que Staphylococcus aureus, Klebsiella pneumoniae et Escherichia coli étaient les pathogènes les plus fréquemment isolés. Les isolats ont montré un niveau élevé de résistance aux antibiotiques couramment prescrits.

Mots-clés: Sepsis, staphylococcus aureus, klebsiella pneumoniae, escherichia coli

### **INTRODUCTION**

Infectious diseases are among the leading cause of morbidity and mortality globally with the highest burden in developing countries (1). Bacterial infection can be localized or systemic and the major complication of severe bacterial infection is sepsis, a threatening systemic inflammatory response (2). Sepsis is a time-dependent medical condition that demands prompt management, with patients typically first encountering medical care in the emergency department (3). Physicians play a crucial role in the early recognition of sepsis, initiating resuscitation, and administering timely antibiotic therapy (4). Blood cultures are regarded as the most sensitive method for detecting bacteremia and are frequently observed in patients presenting with sepsis-related symptoms such as fever, chills, leukocytosis, and localized or systemic infection (5).

Each year, around 31.5 million cases of sepsis are reported globally, with mortality rates ranging between 20% and 50% (6). Sepsis represents a considerable portion of hospitalacquired infections and stands as one of the leading causes of death in the United States (7). Despite medical advancements, sepsis-related mortality remains high, reaching up to 30% in Europe and North America (8). In African countries, including Nigeria, sepsis is a major contributor to illness and death across all age groups, particularly among children and the elderly, with mortality rates nearing 53%, highlighting its significant health burden in developing nations (9).

Previous studies have reported wide range of bacterial pathogens isolated from patients with sepsis. The predominance of either the Gram positive or Gram-negative bacterial isolates is influenced by geographical location, patient's immune status and season. Some commonly isolated bacterial pathogens include Gram-negative bacteria such as Escherichia coli, Klebsiella species, Pseudomonas aeroginosa, Neisseria meningitides, Haemophilus influenzae. They also include Gram positive bacteria such as Staphylococcus aureus, Coagulase negative staphylococci (CONs), Streptococcus pneumoniae, Streptococcus pyogenes, Streptococcus agalatiae and Enterococcus species (10-12). The gold standard for diagnosis of sepsis is by isolation of the pathogen from blood culture, which takes some days to be ready and is also not routinely available in some hospitals in developing countries (13).

Early and appropriate antibiotic therapy

improves clinical outcome of patients with sepsis. In fact, Consensus guidelines recommended antibiotic administration within one hour of diagnosis of sepsis (2). Antimicrobial therapy in most cases of sepsis is commenced empirically before the results of blood culture (14). Nonetheless, many bacterial pathogens have developed resistance to antibiotic regimens and currently a serious public health concern worldwide. The reason for the antimicrobial resistance includes but limited to increase antibiotic use, antibiotic misuse in patients and livestock, and poor infection control (15). Therefore, a good knowledge of local bacterial profile and antimicrobial susceptibility patterns from accurate bacteriological data of clinically relevant specimens is needed to provide guidance towards an empirical therapy before definitive sensitivity patterns are available.

However, there are only a few recent studies from tertiary health facilities in Nigeria, which have studied the organisms causing sepsis in adult medical emergency unit and their susceptibility pattern (10,11). This study was therefore carried out to determine the baseline information on the local bacterial pathogens causing sepsis and their antibiotics susceptibility pattern to enable physicians initiating empirical therapy on the choice of antibiotics in adult medical emergency unit of Lagos University Teaching Hospital (LUTH).

#### MATERIALSAND METHODS Study area

This study was conducted in Lagos University Teaching Hospital (LUTH), Lagos State which is in Southwest region of Nigeria. Lagos University Teaching Hospital is a tertiary hospital located in Idi-Araba in Surulere local government area of Lagos state. It is a 760-beded hospital with 22 wards, adult accident and emergency unit, children emergency room and one intensive care unit. Adult medical emergency unit is where the adult patients with medical emergencies are admitted and attended to before transferring to medical ward for continuous management.

# Study design

This was a hospital based cross-sectional study of patients with clinical diagnosis of sepsis at the adult medical emergency unit of Lagos University Teaching Hospital. Clinical diagnosis of sepsis was made by managing physicians. The selection of participants was done using systematic consecutive sampling technique.

### **Inclusion criteria**

Criteria used for clinical diagnosis of sepsis include tachycardia, tachypnoea, fever or hypothermia and presence of leukocytosis, leukopenia or 10% band forms. A case of sepsis is defined as life threatening organ dysfunction caused by a dysregulated host response to infection (16)

#### **Exclusion criteria**

Patients presenting with fever, tachypnoea, and tachycardia, along with signs of acute trauma but without any indications of localized or systemic infection, were exempted from the study.

#### **Study population**

The participants were between the ages of 18 years and above. The study was carried out from  $1^{st}$  May 2019 to  $30^{th}$  April 2020.

#### Sample collection and analysis

Blood was collected from all the participants with clinical diagnosis of sepsis for culture. In patients with known primary focus of infection, clinically relevant specimens such as sputum, pus, wound specimen, and urine were also collected for culture.

Appropriate venous site was located and carefully disinfected with 70% isopropyl alcohol and tincture of iodine. The blood volume collected was 20ml in each set (10ml per bottle of aerobic and anaerobic culture bottles based on the 1:10 blood to broth ratio guideline) (17). The bottles were transported to the Clinical Microbiology Laboratory for incubation.

The blood culture bottles were incubated in BACTEC 9050 automated blood culture system (Becton Dickinson Diagnostic Instrument Systems, Sparks, Md) at 37°C for 3 to 5 days in both aerobic and anaerobic blood culture bottles. The bottles were removed from the BACTEC machine when they flagged positive or after 5 days of incubation. Samples were taken from positive bottles and sub-cultured on MacConkey and 5% sheep blood agar media. Blood agar media were incubated in CO<sub>2</sub> enriched condition and MacConkey agar media were incubated in ambient air for 18 to 24 hours. There was no strict anaerobe that was isolated from the anaerobic blood culture. Other specimens were also cultured and processed following macroscopy, microscopy, culture in appropriate media and biochemical identification. Bacterial isolated were identified using standard laboratory procedure including Microbact commercial identification kit (Oxoid, United Kingdom) and Vitek 2 compact system (bioMerieux, France) (17,18). Organisms that grew in both culture sets with consistent clinical features were regarded as pathogens. Some bacterial species that are often regarded as normal skin flora such as coagulase negative staphylococci were classified as pathogens only in patients with background severe immunosuppression or had prosthetic heart valve (17).

# Antibiotics susceptibility test and choice of antibiotics:

Antibiotics susceptibility test was done using Kirby-Bauer disc diffusion methods and antibiotics used for different organisms were chosen based on Clinical Laboratory Standard Institute (CLSI) (19). Two Mueller Hinton agar plates were used for each isolate and five antibiotic discs were placed in 90mm agar plate (19).

# **Quality control measures**

Two sets of blood culture bottles were collected aseptically to minimize contamination and strict adherence to the manufacturer's guideline to guarantee quality result. Reference organisms were used as quality control in both biochemical identification and antibiotic susceptibility testing of the organisms. The reference organisms used were *Escherichia coli ATCC 25922 and Pseudomonas aeruginosa ATCC 27853* for Gram negative bacilli. The organisms used for Gram positive cocci quality controls were *Staphylococcus aureus ATCC 25923* and *Enterococcus faecalis ATCC 29212* (19)

#### Data collection and analysis

The data collected was entered and analysed using the International Business Machine Statistical Package for Social Sciences (IBM SPSS) statistics for windows, version 25 (IBM Corp., Armonk, New York, USA). The data was presented in frequency tables and summary statistics. Bivariate analysis including chi-square was used to determine the relation between variables. The confidence interval of 95% was used and p-value < 0.05 was considered significant.

# RESULT

# Demographic and baseline characteristics of the participants

A total of 300 patients with clinical diagnosis of sepsis were enrolled into the study. None of the

patients were recruited more than once. The recruited participants were 127 males (42.3%) and 173 females (53.7%). Their ages ranged from 20 to 82 years, and the mean age was  $44.9 \pm 14.5$  years (Table 1). The primary sites of the bacterial infection included respiratory tract, urogenital system (UGS), skin and soft tissue, central nervous system (CNS), gastrointestinal tract (GIT) and others. Respiratory tract infection (40%) was the most frequent primary source of infection (Figure 1).

#### Prevalence of bacteremia among patients

All the patients recruited for the study were classified as bacteremic (positive culture growth) and non-bacteremic (negative culture growth) groups based on the presence or absence of pathogenic bacterial isolate from their blood culture. Of the total participants, (79, 26.3%) were found to be bacteremic while (221, 73.7%) were non-bacteremic. However, no statistically significant association was found between the bacteremic and non-bacteremic groups with regard to the demographic characteristics of the patients (P=0.680) (Table 2).

# Bacterial pathogens isolated from the blood culture

There were more Gram-negative bacilli (48, 60.8%) than Gram positive cocci (31, 39.2%) isolated from the blood culture. However, *Staphylococcus aureus* (23, 29.1%) was the most common pathogen isolated followed by *Klebsiella pneumoniae* (15, 19.0%), *Escherichia coli* (13, 16.5%) and *Coagulase Negative Staphylococci (mostly from patients with severe immunosuppression such as HIV/AIDS and prosthetic heart valve*). Other pathogens isolated were *Klebsiella oxytoca*, *Enterobacter aerogenes*, *Proteus mirabilis*, *Serratia marcescens*, *Providencia rettgeri*, *Citrobacter freundii*, *Acinetobacter* species, *Pseudomonas aeruginosa* and *Enterococcus* species (Table 3)

# Bacterial pathogens isolated from other specimens from primary sites of infection

Other specimens cultured based on the identified primary focus of infection included urine, sputum, wound specimen, pus aspirate, and ascitic fluid. The most predominant bacterial pathogens from urine and sputum were *Escherichia coli* (31.8%), and *Klebsiella pneumoniae* (33.3%) respectively. However, *Staphylococcus aureus* was the most common pathogen isolated from wound specimen (11/34, 32.4%), pus aspirate (2/5, 40.0%), and ascitic

fluid (1/1, 100%) (Table 4).

### **Antibiotics Susceptibility Tests**

The antibiotic susceptibility profiles of the isolated bacterial pathogens were categorized into four groups: Gram-negative bacilli from blood cultures, Gram-negative bacilli from other specimens, Gram-positive cocci from blood cultures, and Gram-positive cocci from other specimens. Among the Gram-negative bacilli isolated from blood, 85% were susceptible to meropenem, 77% to piperacillin-tazobactam, 65% to amikacin, 62% to gentamicin, 60% to cefepime, and 56% to levofloxacin. However, their susceptibility to cefuroxime, cefotaxime, ceftriaxone, ciprofloxacin, and amoxicillinclavulanate was below 50% (Table 5).

The antibiotic susceptibility patterns of Gram-negative bacilli isolated from other primary focus sites were also assessed. They showed 87% susceptibility to meropenem, 78% to piperacillin-tazobactam, 67% to levofloxacin, and 60% to cefepime. However, their susceptibility to cefotaxime, ceftriaxone, and amoxicillin-clavulanate was less than 50% (Table 6).

Three species of Gram-positive cocci were isolated from blood cultures: *Staphylococcus aureus*, coagulase-negative staphylococci, and *Enterococcus* species. These Gram-positive cocci showed 100% susceptibility to vancomycin, 90% to linezolid, 71% to levofloxacin, 61% to amikacin, and 58% to clindamycin. However, their susceptibility was less than 50% for penicillin, trimethoprimsulfamethoxazole, erythromycin, and tetracycline (Table 7).

The Gram positive cocci isolates from other specimens demonstrated 100% susceptibility to vancomycin, 87% to linezolid, 67% to clindamycin, 65% to levofloxacin, and 52% to amikacin. However, their susceptibility rates were below 50% for penicillin, tetracycline, and erythromycin (Table 7).

# DISCUSSION

Blood culture remains the established standard for diagnosing the causative agents of sepsis, a condition that significantly contributes to the overall healthcare burden worldwide. It has been demonstrated that there exists a correlation between treatment delay and the mortality rate in cases of septic shock. Therefore, having a thorough understanding of the microbial profile is crucial for prompt management (20). The rate of bacterial isolation in this study was found to be 26.3%, a figure consistent with findings in other developing countries where similar investigations have been conducted. For instance, studies in Uganda (26%) (21), Zambia (24.2%) (22), and even Nigeria, which reported a bacterial isolation rate of 23.4% as indicated by Kingsley's research team (11). Previous studies have also noted lower rates, such as 15.8% in Ethiopia and 18.2% in Nigeria, respectively (11, 23).

The potential reasons behind these variations may stem from factors such as the duration of the study, the characteristics of the study population, age groups, and geographical locations. Additionally, the methods employed for culturing can have a significant impact on the results. For instance, it has been established that semi-automated systems such the BactAlert blood culture system and BACTEC systems tend to yield higher rates of bacterial isolation (24). Another contributing factor to the variability in isolation rates could be prior antibiotic use, as some patients may have already received antibiotics before their presentation at the emergency unit, particularly in tertiary hospitals. Furthermore, it was noted that the gender and age of the patients did not exhibit statistically significant differences in culture positivity (P >0.05), which aligns with the findings reported by Kingsley's research team (11).

In this study, the most prevalent primary source of infection was lower respiratory tract infections, closely followed by urogenital infections, a pattern consistent with previous findings reported by Isa and colleagues (9). A majority of these infections (60.8%) were attributed to Gram-negative bacteria, while the remaining 39.2% were caused by Gram-positive bacteria. These figures agree with the results of earlier studies conducted in North-central Nigeria, where the distribution was 69.3% Gramnegative and 30.7% Gram-positive, and in Tanzania, where it was 69.7% Gram-negative and 30.3% Gram-positive, as reported by Nwadioha et al and Meremo A et al, respectively (10, 25). A similar pattern emerged in Zimbabwe, mirroring our findings, where Swamy and his colleagues documented 52.6% Gram-negative bacteria, 44.8% Gram-positive cocci, and 2.6% yeast (26).

However, it's worth noting that in other developing countries, such as Northwest Ethiopia, Gram-positive bacteria have been documented as the predominant culprits behind sepsis, with a breakdown of 69% Gram-positive and 31% Gram-negative bacteria (12). The variation in the causative agents may arise from differences in culture methods, the characteristics of the study population, the presence of comorbidities, and geographical locations.

*Staphylococcus aureus* accounted for 29.1% of the isolates, making it the most prevalent, followed by *Klebsiella pneumoniae* at 19.0%, *Escherichia coli* at 16.5%, and Coagulase Negative *Staphylococci* at 8.8% out of a total of 79 cases. These findings are in line with previous studies conducted in other countries (27, 28). Notably, Swamy and colleagues also observed a similar pattern in their study, where Coagulase Negative Staphylococci was the primary pathogen, followed by *Klebsiella pneumoniae* (26).

It's important to note that the isolation rate of Staphylococcus aureus in this study is lower than the rates of 55.3% and 40% reported in Uyo (11) and Ethiopia (23), respectively. Staphylococcus species are often encountered as contaminants on the skin during blood collection, particularly Coagulase Negative Staphylococci (26) Therefore, it's crucial to distinguish between true pathogens and contaminants by correlating the results with the clinical status of the patients (26). Moreso, in this study true pathogen was defined by isolation of same organism in both sets of culture bottles with clinical features suggestive of sepsis (17). Klebsiella pneumoniae and Escherichia coli accounted for 19.0% and 16.5% of bacteremia cases, which is consistent with findings from other Nigerian studies (10, 11). The profile and frequency of bacterial pathogens varied depending on the usage of medical devices, the age of the patients, their immune status, the presence of co-morbidities, and hospital infection prevention and control practices. The bacterial composition identified in sepsis patients can serve as a valuable guide for physicians in selecting the most suitable antibiotics for empirical therapy in the emergency unit. This suggests that a combination of antibiotics that effectively targets both Gramnegative bacteria (such as Klebsiella pneumoniae and Escherichia coli) and Gram-positive cocci (specifically Staphylococcus aureus) would be a sound choice for empirical therapy at LUTH, aligning with the prevalent local microbiological profile.

The antibiotic susceptibility testing of the isolates revealed concerning trends, as the bacterial samples demonstrated limited sensitivity to commonly used antibiotics. For bloodstream infections, only 40-47% of *Klebsiella pneumoniae* strains were susceptible to second and third-generation cephalosporins, while just 38-54% of *Escherichia coli* isolates showed susceptibility to the same class of antibiotics. However, on a more encouraging note, over 60% of Gram-negative bacilli were susceptible to piperacillin-tazobactam, cefepime, gentamicin, and levofloxacin, with a significant 80% responding to carbapenems, particularly meropenem. The susceptibility patterns of organisms isolated from other infection sites mirrored those of bloodstream pathogens, though they exhibited greater resistance to thirdgeneration cephalosporins. Staphylococcus aureus and other Gram-positive cocci displayed limited susceptibility to penicillin, trimethoprimsulfamethoxazole, and tetracycline in bloodstream infections, with isolates from other sites showing even higher resistance to most tested antibiotics. They demonstrated moderate sensitivity to gentamicin, cefepime, levofloxacin, and clindamycin. Notably, all Gram-positive bacteria were fully susceptible to vancomycin.

This susceptibility pattern aligns with previous studies conducted in Nigeria, where bacterial isolates showed resistance to secondgeneration cephalosporins but remained highly sensitive to vancomycin and carbapenems (11, 29, 30). The increased resistance to thirdgeneration cephalosporins, trimethoprimsulfamethoxazole, and tetracycline can be attributed to the common practice in the region, where these medications are readily available over the counter at pharmacies and roadside chemist shops, allowing patients to purchase them without a prescription (29). Even in tertiary hospitals, third-generation cephalosporins, like ceftriaxone, are frequently administered for medical or surgical prophylaxis, sometimes when antibiotics are not ultimately needed (31).

Therefore, healthcare providers and other key stakeholders must collaborate to promote the responsible use of antibiotics to reduce the growing incidence of multidrugresistant bacterial pathogens. Carbapenems and vancomycin should be reserved for situations where first-line antibiotics have proven ineffective.

# CONCLUSION

The current study reveals a bacterial isolation rate of 26.3% from blood cultures during the survey period. The most frequently encountered bacterial isolates were *Staphylococcus aureus*, *Klebsiella pneumoniae*, and *Escherichia coli*. Notably, the prevalence of multidrug-resistant bacterial pathogens, particularly against commonly prescribed antibiotics, was significant.

Furthermore, there is evidence of emerging resistance to carbapenems, with sensitivity rates falling below 100% for both enterobacteriaceae and non-enterobacteriaceae. Consequently, it is of importance to establish continuous antibiotic susceptibility surveillance for blood culture isolates. This measure is essential for promoting the rational use of antibiotics and implementing antimicrobial stewardship programs within medical emergency units.

**Limitation of this study:** This is a small-scale study with significant findings that could have had a much broader impact if we had sufficient funding to conduct it as a multicenter, large-scale research project. This would have allowed us to generate an antibiogram. Nevertheless, these findings pave the way for more comprehensive future studies.

Acknowledgements: We thank all the patients who consented and participated in the study.

Author contributions: The research was conceived and designed by Idakari CN and performed by Idakari CN, Ene CB and Ehidiamhen FE. Paper writing was conducted by Idakari CN, Ene CB and Ehidiamhen FE. All the authors helped in revision and approved the final manuscript.

**Funding:** The research was not supported by any organization or donor agency. It was essentially funded by the authors.

**Data Availability:** The dataset presented in this study can be found online according to the journal's standard protocol.

**Ethical approval and consent to participate:** Ethical clearance was gotten from LUTH Health Research Ethics Committee and a written consent was also obtained from all the patients that participated in the study. Ethical Number: ADM/DCST/HREC/APP/2771

**Conflicting interests:** The authors have no conflicts of interest.

#### REFERENCES

 Lozano R, Naghavi M, Foreman K, Lim S, Shibuya K, Aboyans V, *et al.* Global and regional mortality from 235 causes of death for 20 age groups in 1990 and 2010:a systematic analysis for the global burden of disease Study 2010. Lancet. 2012; 380(9859):2095-128.

- 2. Gauer RL. Early recognition and management of sepsis in adults: the first six hours. Am. Fam Physician. 2013; 88(1): 44-53.
- 3. Sivayoham N, Blake LA, Tharimoopanta Vida SE, et al. Treatment variables associated with outcome in emergency department patients with suscepted sepsis. Ann Int Care.2020; 10: 136.
- 4. Gavelli F, Castello LM, Avanzi GC. Management of sepsis and septic shock in the emergency department. Intern Emerg Med. 2021 Sep;16(6):1649-1661.
- Brit Long, Alex K. Best clinical practice: blood culture utility in the emergency department. J Emerg Med. 2016; 51(5): 529-39.
- Fleischmann C, Scherag A, Adhikari NK, Hartog CS, Tsaganos T, Peter S, et al. Assessment of global incidence and mortality of hospital treated sepsis-current estimates and limitations. Am J Respir Crit Care Med. 2016; 193(3): 259-72
- Diekma DJ, Beekman SE, Chapin KC, Morel KA, Munson E, Deorn GV. Epidemiology and outcome of nosocomial and community onset bloodstream infection. J Clin Microbiol. 2003; 41: 3655-60.
- 8. Bauer M., Garlach H, et al. Mortality in sepsis and septic shock in Europe, North America and Australia between 2009 and 2019 results from a systematic review and meta analysis. Crit Care.2020; 24: 239.
- Isa SE, Iroezindu MO, Awang SK, Simji GS, Onyedibe KI, Mafuka, *et al.* An audit of diagnosis and treatment of sepsis in North Central Nigeria. Niger J Med. 2013; 22(4):319-25.
- Nwadioha SI, Nwokedi EOP, Kashibu E, Odimayo MS, Okwori EE. A review of bacterial isolates in blood cultures of children with suspected septicaemia in a Nigerian tertiary hospital. Afr. J Microbiol Res. 2010; 4 (4): 222-25.
- Kingsley OC, Ifeanyi AO, Edet AE, Smart OC. Bacteriologic profile and antibiotic susceptibility pattern of suspected septicaemic patients in Uyo, Nigeria. Res J Med Sc. 2013; 7 (2): 35-39.
- 12. Dagnew M, Yismaw G, Gizachew M, Gadisa A, Abebe T, Tadesse T, et al. Bacterial profile and antimicrobial susceptibility pattern in septicaemia suspected patients attending Gondar University Hospital, Northwest Ethiopia. BMC Research Notes. 2013; 6: 283-87.
- Becker JU, Theodosis C, Jacob ST, Wira CR, Groce NE. Surviving sepsis in low income and middle-income countries: new directions for care and research. Lancet Infect Dis 2009; 9 (9): 577-82.
- 14. Atul G, Anupuba S, Taya G, Goyal RK, Sen MR. Bacteriological profile and antimicrobial resistance of blood culture isolate from a university hospital. J, Indian Acad of Clin Med. 2007; 8(2)139-43.
- 15. Kholy A, Baseem H, Hall GS, Procop G.W. and Longworth D.L. Antimicrobial Resistance in Cairo, Egypt 1999-2000: a survey of five

hospitals. J Antimicrob Chemother. 2003; 51(3):625-30

- Singer M, Deutschman CS, Seymour CW, Shankar- Hari M, Annane D, Bauer M, et al. The Third International Consensus Definition for Sepsis and Septic Shock (Spesis-3). JAMA.2016; 315(8):801-10.
- Carroll KC, Pfaller MA, Landry ML, Patel R, Mcadan AL, Richter SS, et al. Manual of Clinical Microbiology, 12th Edn, ASM Press, Washington DC. 2019
- Ligozzi M, Bernini C, Bonora MC, Fatima M, Zulliani J, Fontana R. Evaluation of VITEK 2 system for identification and antimicrobial susceptibility testing of medically relevant Gram positive cocci. J Clin Microbiol. 2002;40(5): 1 6 8 1 - 8 6.
- Institute C and LS. M100 Performance standards for antimicrobial susceptibility testing. Performance standards for antimicrobial susceptibility testing. 29<sup>th</sup> ed. CLSI supplements M100. Wayne, PA: Clinical and Laboratory Standards Institute.2019; 1-56238-805-3.
- Kumar A, Roberts D, Wood KE, Light B, Parrillo JE, Sharma S, et al. Duration of hypotension before initiation of effective antimicrobial therapy is the critical determinant of survival in human septic shock. Crit Care Med. 2006; 34:1589–96.
- Ssekitoleko R, Pinkerton R, Muhindo R, Bhagani S, Moore CC. Aggregate evaluable organ dysfunction predicts in-hospital mortality from sepsis in Uganda. Am J Trop Med Hyg. 2011; 85: 697-702.
- 22. Chimese SM, Andrews B, Shabir Lakhi. The etiology and outcome of adult patients presenting with sepsis to the university teaching hospital, Lusaka, Zambia. Med J Zambia. 2012; 39: 19-22.
- 23. Kumalo A, Kassa T, Zewudneh SM, Daka D, Tadesse AH. Bacterial profile of adult sepsis and their antimicrobial susceptibility pattern at Jimma University Specialized Hospital, South west, Ethiopia. Health Sc J. 2016; 10(2): 3-8.
- 24. Cetin ES, Kaya S, Demirci M, Aridogan BC. Comparison of the BACTEC blood culture system versus conventional methods for culture of normally sterile body fluids. Adv Ther. 2007 N o v - D e c ; 2 4 ( 6 ) : 1 2 7 1 - 7 . d o i : 10.1007/BF02877773.
- 25. Meremo A, Mshana SE, Kidenya BR, Kabangila R, Peck R, Kataraihya JB. High prevalence of non-typhoid Salmonella bacteremia among febrile HIV adult patients admitted at a tertiary hospital, North-Western Tanzania. Int Arch Med. 2012; 5:28.
- Swamy MA, Golia S, Varania N. Spectrum of aerobic bacteria and their antimicrobial pattern in blood stream infections of hospitalized patients: a retrospective study. Int J Res Med Sc. 2018; 6(10): 3298-302.
- 27. Vincent JL, Sakr Y, Sprung CL, Ranieri VM,

Reinhart K, Gerlach H, et al. Sepsis in European intensive care units: results of the SOAP study. Crit Care Med. 2006; 34 (2): 344-53.

- Diekema DJ, Hsueh PR, Mendes RE, Pfuller MA, Rolston KV, Sader HS, et al. The microbiology of bloodstream infection: 20-year trends from the SENTRY antimicrobial surveillance program. Antimicrob. Agents Chemother. 2019; 63 (7): e00355-19.
- 29. Ogunsola FT, Arewa DG, Akinsete IE, Oduyebo OO, Akanmu AS, Odugbemi TO. Aetiology of bacteremia among adult AIDS patients attending Lagos University Teaching Hospital (LUTH),

Lagos, Nigeria. Niger Postgrad Med J. 2009; 16(3):186-92

- Oyekale OT, Ojo BO, Olajide AT, Oyekale OI. Bacteriological profile and antibiogram of blood culture isolates from bloodstream infections in a rural tertiary hospital in Nigeria. Afr J Lab Med. 2022;11(1):1807
- 31. Oduyebo O O, Olayinka A, Iregbu K, Versporten A, Goossens H, Nwajiobi-Princewill PI, *et al.* A point prevalence survey of antimicrobial prescribing in four Nigerian Tertiary Hospitals. Ann Trop Pathol. 2017; 8(1):42-6.

haracteristics of th	e participants
Characteristics	Frequency (%) (n = 300)
Sex	
Male	127 (42.3)
Female	173 (57.7)
Age group (Years)	
20-29	48(16.0)
30-39	75(25.0)
40-49	60(20.0)
50-59	68(22.7)
60-69	32(10.7)
=70	17(5.7)
Mean±SD	44.93±14.5

Table 1:	Demographic and baseline	
character	ristics of the narticinants	

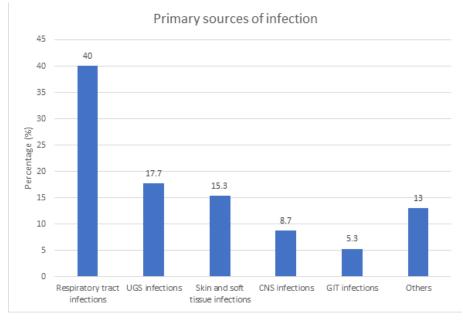


Figure 1: Primary focus of infection among the participants Key: UGS: Urogenital system, CNS: Central nervous system, GIT: Gastrointestinal tract.

	Culture Positive	Culture Negative	Chi- square	p-value
	group n=79 (%)	group n=221(%)		
Gender (n)				
Male (127)	35 (27.6)	92 (72.4)	0.171	0.680
Female (173)	44 (25.4)	129 (74.6)		
Age group in years (n)				
20-29 (48)	11 (22.9)	37 (77.1)	3.579	0.612
30-39 (75)	18 (24)	57 (76.0)		
40-49 (56)	13 (23.2)	43 (76.8)		
50-59 (68)	22 (32.4)	46 (67.6)		
60-69 (32)	11 (34.4)	21(65.6)		
=70 (17)	4 (23.5)	13 (76.5)		

Table 2: Association between culture growth and demographic characteristics

Isolate	Frequency	Percentage
Gram Positive Cocci		
Staphylococcus aureus	23	29.1
Coagulate Negative	7	8.8
Staphylococcus (CONs)		
Enterococcus faecalis	1	1.3
Total	31	39.2
Gram Negative Bacilli		
Escherichia coli	13	16.5
Klebsiella pneumoniae	15	19.0
Pseudomonas aeruginosa	2	2.5
Klebsiella oxytoca	3	3.8
Acinetobacter baumannii	3	3.8
Enterobacter aerogenes	2	2.5
Proteus mirabilis	2	2.5
Serratia marcescens	2	2.5
Acinetobacter lwoffii	2	2.5
Providencia rettgeri	2	2.5
Citrobacter freundii	1	1.3
Enterobacter agglomerans	1	1.3
Total	48	60.8
Grand total	79	100.0

Table 3:	Bacterial pathogens isolated from	m blood culture
Isolate	Frequency	Percentage

Isolate	Urine (%)	Sputum (%)	Wound Specimen	Pus Aspirate	Ascitic Fluid	Other (%)	Total
	(70)	(70)	(%)	(%)	(%)	(70)	
Gram Positive Cocci							
Staphylococcus aureus	1 (4.5)	4 (16.0)	10 (31.3)	2 (40.0)	1 (100.0)	1 (25.0)	19 (21.3)
Coagulate Negative	6 (27.3)	0 (0.0)	2 (6.3)	1 (20.0)	0 (0.0)	1 (25.0)	10 (11.2)
Staphylococcus (CONs)							
Enterococcus faecalis	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Streptococcus pneumoniae	0 (0.0)	1 (4.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1(1.1)
Enterococcus faecium	1 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1(1.1)
Total	8 (36.4)	5 (20.0)	12 (37.5)	3 (60.0)	1 (100.0)	2 (50,0)	31 (34.8)
Gram Negative Bacilli							
Escherichia coli	7 (31.8)	5 (20.0)	3 (9.4)	1 (20.0)	0 (0.0)	1 (25.0)	17 (19.1)
Klebsiella pneumoniae	1 (4.5)	8 (32.0)	3 (9.4)	0 (0.0)	0 (0.0)	1 (25.0)	13 (14.6
Pseudomonas aeruginosa	1 (4.5)	0 (0.0)	6 (18.8)	0 (0.0)	0 (0.0)	0 (0.0)	7 (7.9)
Klebsiella oxytoca	0 (0.0)	3 (12.0)	2 (6.3)	0 (0.0)	0 (0.0)	0 (0.0)	5 (5.6)
Acinetobacter baumannii	2 (9.0)	0 (0.0)	2 (6.3)	0 (0.0)	0 (0.0)	0 (0.0)	4 (4.5)
Enterobacter aerogenes	1 (4.5)	2 (8.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	3 (3.4)
Proteus mirabilis	0 (0.0)	0 (0.0)	1 (3.1)	1 (20.0)	0 (0.0)	0 (0.0)	2 (2.2)
Citrobacter koseri	0 (0.0)	2 (8.0)	1 (3.1)	0 (0.0)	0 (0.0)	0 (0.0)	3 (3.4)
Serratia marcescens	1 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)
Acinetobacter lwoffii	1 (4.5)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)
Providencia rettgeri	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Citrobacter freundii	0 (0.0)	0 (0.0)	1 (3.1)	0 (0.0)	0 (0.0)	0 (0.0)	1(1.1)
Enterobacter agglomerans	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Pseudomonas fluorescens	0 (0.0)	0 (0.0)	1 (3.1)	0 (0.0)	0 (0.0)	0 (0.0)	1(1.1)
Total	14 (63.6)	20 (80.0)	20 (62.5)	2 (40.0)	0 (0.0)	2 (50.0)	58 (65.2)
Grand total	22 (100.0)	25 (100.0)	32 (100.0)	5 (100.0)	1 (100.0)	4 (100.0)	89 (100.0

	ICUIVLE NYME OE	TATAT NIT	97 IN Y JUNGLY	(_0 V ЛИХ V	د <b>דפ</b> רט גרי	U U U U U U U U U U U U U U U U U U U	ме Сеено	e 10	artar. Air	VLL VLLLV	vov vessoIXI	ות מומבם ז	NI LAUPUY	σιανγ	anı -	n ( NEDUI	707. 23011741
_	Klebsiella	15	8(53)	10(67)	8(53)	6(0)	6(40)	7(47)	6(40)	NT	8(53)	10(67)	7(47)	NT	5(33)	13(86)	NT
	pneumoniae 	ć		10770	000	(* 67) 1	0000	CP C		E.	(0)00		10000	EN		120711	TIA
7	E coli	13	10(77)	9(69)	6(46)	7(54)	5(38)	7(54)	7(54)	Z	8(62)	10(77)	8(62)		5(38)	11(85)	Z
6	Klebsiella oxytoca	ŝ	2(67)	2(67)	1(33)	2(67)	1(33)	2(67)	2(67)	NT	2(67)	3(100)	2(67)	NT	1(33)	3(100)	LN
4	Proteus mirabilis	5	1(50)	1(50)	0(0)	0(0)	0(0)	1(50)	1(50)	NT	1(50)	1(50)	0(0)	IN	0(0)	2(100)	IN
5	Enterobacter	5	1(50)	1(50)	0(0)	1(50)	0	1(50)	1(50)	LΝ	2(100)	1(50)	1(50)	IN	(0)0	1(50)	LN
	aerogenes																
9	Enterobacter	-	1(100)	1(100)	0	1(100)	0	1(100)	1(100)	NT	1(100)	1(100)	1(100)	TN	NT	1(100)	NT
	agglomerans																
7	Citrobacter	-	0(0)	1(100)	0	0	0	1(100)	0()	NT	1(100)	1(100)	0(0)	NT	0(0)	1(100)	NT
	freundii																
8	Serratia	2	2(100)	2(100)	1(50)	1(50)	0(0)	1(50)	1(50)	ΓN	2(100)	2(100)	1(50)	TN	0(0)	2(100)	NT
	marcescens																
6	Providencia	2	1(50)	1(50)	1(50)	2(100)	1(50)	1(50)	1(50)	NT	1(50)	2(100)	1(50)	NT	NT	2(100)	NT
	rettgeri																
10	Acinetobacter	2	1(50)	1(50)	1(50)	2(100)	NT	NT	NT	1(50)	1(50)	2(100)	NT	2(100)	2(100)	2(100)	ΝT
	Iwoffii																
11	Acinetobacter	ŝ	1(33)	1(33)	1(33)	1(33)	NT	NT	LΝ	1(33)	1(33)	2(67)	NT	2(67)	1(33)	2(67)	NT
	baumannii																
12	Psedomonas	2	1(50)	1(50)	0(0)	1(50)	NT	NT	NT	1(50)	1(50)	2(100)	NT	NT	1(50)	1(50)	1(50)
	aeruginosa																
13	Total	48	30(62)	31(65)	19(40)	27(56)	13(27)	22(46)	20(42)	3(6)	29(60)	37(77)	21(44)	4(8)	10(21)	41(85)	1(2)

Over 60% of the Gram-negative bacilli isolated from blood culture are susceptible to gentamicin, amikacin, cefepime, piperacillin tazobactam and m eropenem.

95

					D												
	ata 1021 an amar	14TOT 151	(LNJ)	анау	ریه دیمهر	waa i	наау	torro	TTTT	TTT-	<b>GELED</b>	латар Т.л.Т	v 15 //AUMV	сн vanar, FFIN-	- FamidT -	NEDVD	INTRE.
-	E.coli	17	14(82)	11(65)	12(76)	14(82)	7(41)	9(53)	10(59)	ΝT	11(65)	15(88)	11(65)	IN	NT	16(94)	ΤN
2	Klebsiella pneumoniae	13	6(46)	7(54)	5(38)	6(46)	4(31)	6(46)	6(46)	LΝ	8(62)	10(77)	8(62)	IN	NT	11(85)	NT
3	Klebsiella oxvtoca	5	2(40)	2(40)	2(40)	3(60)	1(20)	2(40)	2(40)	LΝ	3(60)	3(60)	2(40)	IN	LΝ	4(80)	NT
4	Proteus mirabilis	2	1(50)	1(50)	1(50)	2(100)	0	1(50)	1(50)	LΝ	2(100)	2(100)	1(50)	IN	NT	2(100)	NT
5	Enterobacter aerogenes	3	1(33)	1(33)	1(33)	2(67)	1(33)	2(67)	2(67)	ΝT	2(67)	2(67)	1(33)	TN	NT	2(67)	NT
9	Citrobacter koseri	3	2(67)	2(67)	1(33)	2(67)	1(33)	1(33)	1(33)	ΝT	2(67)	2(67)	2(67)	TN	NT	3(100)	NT
7	Citrobacter freundii	-	0	1(100)	0	0	0	0	0	ΝT	1(100)	1(100)	0	TN	NT	1(100)	NT
×	Serratia marcescens	-	1(100)	1(100)	0	1(100)	0	0	0	LΝ	1(100)	1(100)	0	TN	NT	1(100)	NT
6	Pseudomonas flourescens	1	1(100)	0	1(100)	1(100)	NT	NT	NT	0	1(100)	1(100)	NT	L	NT	1(100)	1(100)
10	Acinetobacter Iwoffii	1	1(100)	1(100)	0	1(100)	NT	ΤN	NT	1(100)	NT	1(100)	ΤN	1(100)	0	1(100)	ΤN
11	Acinetobacter baumannii	4	1(25)	1(25)	2(50)	2(50)	NT	NT	NT	1(25)	NT	2(50)	ΝT	2(50)	1(25)	3(75)	NT
12	Psedomonas aeruginosa	٢	4(57)	3(43)	4(57)	5(71)	3(43)	ΤN	NT	3(43)	4(57)	5(71)	3(43)	NT	NT	6(86)	6(86)
14	Total	58	34(59)	31(53)	29(50)	39(67)	17(29)	21(36)	22(38)	4(7)	35(60)	45(78)	28(48)	3(5)	1(2)	51(87)	6(10)
<b>Key:</b> NT Over 60%	- of the Gram-nes	Not tested gative bacil	lli isolate	d from otl	her speci	nens we	re suscer	otible to	levofloxé	tcin, cefe	pime, pit	teracilli n	tazobactar	n and me	ropenem.		

ens	
cim	
spe	
ner	
1 otl	
rom	
d fi	
ate	
sol	
illi į	
icci	
ba	
tive	
ega	
u n	
ran	
G	
of	
file	
pro	
ty	
bili	
pti	
sce	
ns :	
tics	
bio	
'nti	
A is	
le 6	
ab	
Γ	

1/3	1091	лтот , Ол Эт	1 17 de 117	TUTA VILIA (	/ NI 2117 V	, NU LAGI	, טג נוסםנ	, עג 1 בגע	י תת נתו 15	міат Оц	7 ACI ALLA	1 1110 1110	1.7	1 ID ( 1 INES	ИЈА ЈПУЛ
Gra	Gram positive cocci from blood culture	lture 22	11(78)	(12)(24)	(19) [1]	(63) (1	13 (57)	(17) 11	(19)(1	11 (18)	07307	TN	TN	<u> </u>	01100 01100
_	otapitytococcus aureus	C7	11(40)	( <del>1</del> C) 71	14 (01)	(76) 71	(/c) c1	(/0)01	(10)+1	11 (40)	(60) 6			(06)77	(001) 62
5	Coagulase negative stavhvlococci	٢	3(43)	4(57)	5(71)	3(43)	4 (57)	5 (71)	4 (57)	3 (43)	2 (29)	NT	NT	5 (71)	7 (100)
З	Enterococcus spp	1	0	NT	NT	0	1 (100)	1(100)	LΝ	NT	0	1 (100)	0	1 (100)	1 (100)
	TOTAL	31	14(45)	16(52)	19 (61)	15(48)	18(58)	22(71)	18(58)	14(45)	11(35)	1(3)	0	28(90)	31(100)
Grai	Gram positive cocci from other specimens	cimens													
_	Staphylococcus aureus	19	9(43)	10(53)	12(63)	10(53)	12(63)	13(68)	13(68)	8(42)	4(21)	ΝT	NT	17 (89.5)	19(100)
5	Coagulase negative staphylococci	10	3(30)	4(40)	4(40)	3(30)	5(50)	6(60)	7(70)	7(70)	2(20)	NT	NT	(06)6	10(100)
3	Enterococcus spp	1	0	NT	NT	0	0	0	ΓN	NT	0	1 (100)	0	1 (100)	1 (100)
4	Streptococcus pneumoniae	-	$ \frac{1}{(100)} $	ΓN	NT	$ \frac{1}{(100)} $	1 (100)	1     (100)	1 (100)	ΤN	1 (100)	NT	0	1 (100)	1 (100)
	Total	31	13 (41)	14(45)	16 (52)	14(45)	18(58)	20(65)	21(67)	15(48)	7(23)	1(3)	0	27 (87)	31(100)

**Key:** N1 - Not tested Over 70% of the Gram-positive cocci isolated from blood culture were susceptible to levofloxacin, linezolid and vancomycin. Over 60% of Gram positive cocci isolated from other specimens were susceptible to levofloxacin, clindamycin, linezolid and vancomycin.

Res. J. Health Sci. Vol 13(1), March, 2025