

Images in medicine

Lichen nitidus

Fatima-Zahra Agharbi^{1,&}

¹Tetouan Regional Hospital Center, Tetouan, Morocco

[&]Corresponding author: Fatima-Zahra Agharbi, Tetouan Regional Hospital Center, Tetouan, Morocco

Key words: Lichen, nitidus, papules, lichenoide, dermatosis

Received: 27/05/2018 - Accepted: 07/11/2018 - Published: 22/01/2019

Pan African Medical Journal. 2019;32:39. doi:10.11604/pamj.2019.32.39.13564

This article is available online at: <http://www.panafrican-med-journal.com/content/article/32/39/full/>

© Fatima-Zahra Agharbi et al. The Pan African Medical Journal - ISSN 1937-8688. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (<http://creativecommons.org/licenses/by/2.0>), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Image in medicine

Lichen nitidus (LN) is chronic papulosquamous disorder characterized by multiple, 1-2 mm, flesh-colored, shiny, dome-shaped papules. Its incidence is 0.034% in a study of skin diseases in blacks over a 25-years period. Skin lesions classically involves the genitalia, upper extremities, chest and abdomen. Infrequently, the lower extremities, palms, soles, face, nails, and mucous membranes may be affected. Majority of cases are common in children and young adults. Various clinical variants of lichen nitidus are - linear, confluent, vesicular, haemorrhagic, spinous follicular, perforating, generalised, palmar and plantar. We report the observation of a 6-month-old infant who presented translucent papules of the back of the hands whose histological study was in favor of a lichen nitidus.



Figure 1: translucent papules of the back of the hands

