### **Original Article**

## Performance of Artificial Intelligence using Oral and Maxillofacial CBCT Images: A Systematic Review and Meta-Analysis

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Background: Artificial intelligence (AI) has the potential to enhance health care efficiency and diagnostic accuracy. Aim: The present study aimed to determine the current performance of AI using cone-beam computed tomography (CBCT) images for detection and segmentation. Materials and Methods: A systematic search for scholarly articles written in English was conducted on June 24, 2021, in PubMed, Web of Science, and Google Scholar. Inclusion criteria were peer-reviewed articles that evaluated AI systems using CBCT images for detection and segmentation purposes and achieved reported outcomes in terms of precision and recall, accuracy, based on DICE index and Dice similarity coefficient (DSC). The Cochrane tool for assessing the risk of bias was used to evaluate the studies that were included in this meta-analysis. A random-effects model was used to calculate the pooled effect size. Results: Thirteen studies were included for review and analysis. The pooled performance that measures the included AI models is 0.85 (95%CI: 0.73,0.92) for DICE index/DSC, 0.88 (0.77,0.94) for precision, 0.93 (0.84, 0.97) for recall, and 0.83 (0.68, 0.91) for accuracy percentage. Conclusion: Some limitations are identified in our meta-analysis such as heterogenicity of studies, risk of bias and lack of ground truth. The application of AI for detection and segmentation using CBCT images is comparable to services offered by trained dentists and can potentially expedite and enhance the interpretive process. Implementing AI into clinical dentistry can analyze a large number of CBCT studies and flag the ones with significant findings, thus increasing efficiency. The study protocol was registered in PROSPERO, the international registry for systematic reviews (ID number CRD42021285095).

**Keywords:** *Artificial intelligence, cone-beam computed tomography, dentistry, machine learning* 

Recent advances in artificial intelligence (AI) and state of art neural networks<sup>[1]</sup> have been used for various applications that include speech, vision, robotics, natural language processing, and machine learning to name a few. Deep learning is a subset of machine learning commonly used in diagnostic imaging. Deep learning AI systems, known as deep neural networks, are capable of learning by extracting features from training data and interpreting test data, without explicit instructions.<sup>[1]</sup> Convolutional neural networks are a deep learning architecture used for large and complex images such as cone-beam computed tomography (CBCT) and magnetic resonance imaging.<sup>[1]</sup>

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Al represents a significant paradigm shift in the field of diagnostic imaging. This is observed because AI systems are now capable of performing tasks such as disease detection, prediction, image segmentation, and classification at a level that equals and even exceeds human ability.<sup>[1]</sup> Computer-aided diagnosis represents a new era where machines are capable of rectifying human error during diagnosis.<sup>[2]</sup> In the field of Oral and

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Maxillofacial Radiology (OMR), periapical, bitewing, panoramic, and lateral cephalometric conventional radiographs are being used along with CBCT images to detect dental caries, periapical and periodontal disease, root fractures, osteoporosis, cyst and tumors of the jaws.<sup>[3-10]</sup> This study offers a promising contribution in demonstrating that AI systems offer high accuracy and excellent reliability.<sup>[3]</sup> In addition, integrating AI into the workflow significantly reduces manual labor and time wasted.<sup>[11]</sup>

Nevertheless, it is important to address some issues before AI can be efficiently used in clinical practice. These issues include the voluminous amount of data that is needed to train, validate, and test AI systems.<sup>[1,3]</sup> In addition, these data sets must be properly labeled which is a time-consuming task. The datasets must also be accurately interpreted which is an aspirational goal even for the most experienced radiologists.<sup>[3]</sup> Moreover, reliability of AI results may be difficult to comprehend, justify and accept especially for tasks that involve human judgement.<sup>[12,13]</sup> Privacy is another issue because the terabytes of data are being shared and used for the development of AI systems without a guarantee to protect the privacy of patient information.<sup>[13]</sup> Ethics or ethical consideration is of concern since no laws govern AI development and its application, thus far.<sup>[14]</sup> Finally, there is a significant risk of bias in AI studies that is difficult to quantify from the start of data selection to the final interpretation of the results.<sup>[13]</sup>

Several reviews have been published regarding the application of AI in the field of OMR, but no meta-analysis has been performed that qualitatively evaluate the performance of AI systems in OMR applications. Therefore, this meta-analysis was undertaken to review, quantify, and summarize the current performance of AI applications in the field of OMR.

#### METHODS

The current study was conducted according to the preferred reporting items for systematic review and meta-analysis (PRISMA) guidelines. The study protocol was registered in PROSPERO, the international registry for systematic reviews<sup>[15]</sup> (ID number CRD42021285095).

#### Data sources and search strategy

A systematic search of the literature was conducted in the following databases: PubMed, Web of Science, and



Figure 1: Study selection flowchart. MDCT, multidetector computed tomography; DICE, dice coefficient; DSC, dice similarity coefficient

Google Scholar. The aim was to identify studies that used CBCT images to develop any type of AI model and to perform any task. Electronic searches were augmented by searching references. The search strategy was designed by two OMR consultants.

#### PUBMED search strategy

(((("artificial intelligence"[Title/Abstract] OR "machine learning"[Title/Abstract] OR "deep learning"[Title/Abstract]) AND "cbct"[Title/Abstract]) OR "cone beam computed tomography"[Title/ Abstract]) AND "dentistry"[Title/Abstract]) AND ((y\_10[Filter]) AND (english[Filter]))

#### Web of Science search strategy

(TS = (artificial intelligence OR deep learning OR machine learning)) AND TS = (cbct OR cone beam computed tomography OR cone-beam computed tomography)). Refined by document type (excluding proceedings papers, meeting abstracts, review articles, early access, editorial materials, and data papers). Further refined by Web of Science categories to include only: Dentistry-Oral Surgery Medicine

Figure 2: Cochrane Collaboration's tool for assessing the risk of bias (adapted from Higgins and Altman), omitting attrition bias due to the nature of AI studies



#### Google Scholar search strategy

allintitle: artificial OR intelligence OR deep OR learning OR machine OR learning "CBCT " OR "cone-beam computed tomography".

#### Inclusion criteria

All studies were screened, and those that met following inclusion criteria were selected: the (1) peer-reviewed full-text articles published in the English language, (2) articles that evaluated AI systems using CBCT images of the head and neck of adult patients, (3) articles that explored automatic detection or segmentation of anatomical landmarks or pathological lesions, (4) and articles that reported the outcome based on DICE index, DICE ratio, DICE score or dice similarity coefficient (DSC) or precision and recall, or accuracy percentage. Studies excluded from this meta-analysis were those that assessed AI for nondiagnostic purposes such as prediction, image quality improvement, or dose adjustment.

#### **Selection process**

Figure 1 details the process of article review and selection. The Cochrane tool for assessing the risk of bias was used to evaluate the studies that were included in this meta-analysis [Figure 2]<sup>[16]</sup>.

#### **Data extraction**

A data extraction tool was used to extract relevant information including total sample size, training sample, validation sample, testing sample, use of multivendor images, use of the external dataset, prior image manipulation/preparation, type of AI model, purpose, benchmarking to experts, commercial availability, and reported performance measure after the CLAIM (Checklist for Artificial Intelligence in Medical Imaging).<sup>[28]</sup> The authors of this study extracted the data independently. Disagreements were resolved by discussion.

#### Outcome

Three types of AI outcome measures were commonly reported: DICE/DSC, precision and recall, and accuracy percentage. Therefore, the studies were grouped into three based on the outcome measure. The first group reported AI performance in terms of DICE/DSC, which was the most frequently used index to validate segmentation performance.<sup>[29]</sup> The DICE/DSC index provides the degree of overlapping between automated and ground truth pixels ranging from 0 (no overlap) to 1 (complete overlap). The second group reported AI performance as precision and recall. Precision is defined as the volume of the correctly segmented region over the volume of the segmentation results. However, recall is defined as the

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Ţ	able 1: Gro	up 1 incl	uded nin	e articl	es that re	ported the	outcome as DI	CE index, DIC	E ratio, DICE	score, or DICI	<b>E</b> similarity	coefficient (]	DSC)
First	Total				Sample					AI model			Outcome
author,	sample 7	raining V	<sup>7</sup> alidation	Testing	External <b>N</b>	Multivendor	Preparation	type	Purpose	Benchmark D	emonstrate	Is it	II
year	I	set	set	set	test set	images	of images			AI to	how AI	commercially	performance
							(annotation or cropping)			radiology experts	makes decision	available?	measure DICE/DSC
Zheng Z	100	15 pts	5 pts			1	Augmentation,	Anatomically	Segmentation	1 radiology	1	no	DICE=
7,1707	IIIIages						шр, 200Ш	dense U-Net	detection	cypert			0.0/-0./4
Zheng Q 2021 <sup>[18]</sup>	180 CBCT	37	10	133	ı	·	1	DL and L.S. (Deen	Age estimation hased on	Not clear who	ı	ou	DICE for segmentation
								Level Set)	3D pulp segmentation	performed manual segmentation			=87.8%
Setzer F 2020 <sup>[19]</sup>	20 pts	16	4		I	ı	Normalization of parameters,	U-Net DLS	Detection of periapical	3 trained calibrated	I	no	DICE=0.67
							labelling, presegmentation, initialization, evolution		lesions	reviewers			
Chen S 2020 <sup>[20]</sup>	60 pts (30 SG+30 CG)	30	ı	9	ı	ı		LINKS	Segmentation and landmark finder		·	I	DICE ratio=0.8
Shujaat 2021 <sup>[21]</sup>	103 CT and CBCT	48	30	25	ı	Yes CT+2 CBCT		CNN	Automatic segmentation of pharyngeal airway	2 trained calibrated experts	ı	·	DICE score= 0.97+/-0.02
Wang H 2021 <sup>[22]</sup>	30	21	unclear	Г	No	No	Cropping	MS-D network	Segmentation performance of jaws and teeth	4 dentists	I	·	DSC jaw=0.934
													teeth=0.945
Wang X 2021 <sup>[23]</sup>	60 pts	24 x 2	3 x 2	3 x 2	No	No	orientation	3D U-Net	To quantify 3D asymmetry of the maxilla in cleft pts	2 specialists	No	No	DSC=0.77
Jaskari J 2020 <sup>[11]</sup>	594 pts (637 CBCT volumes)	457	52	128	Yes	No	Rescaling to 0.4 mm	Fully convolutional deep NN	Segmentation of mandibular canal	radiologists	No	No	DSC=0.575 for both canals
Leonardi 2021 <sup>[24]</sup>	40 CBCT	20		20	No	No	Reorientation, magnification, fixed threshold	CNN	Segmentation of sinonasal cavity and pharyngeal airway	orthodontist	No	No	DSC=96.7

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First	Total				Sample				CH 21102200	AI model			Outcome
author,	sample	Training	Validation	Testing	External	Multivendor	Preparation	type	Purpose	Benchmark	Demonstrate	Is it	AI
year		set	set	set	test set	images	of images			AI to	how AI	commercially	performance
							(annotation			radiology	makes	available?	measure
							or cropping)			experts	decision		<b>Precision/recall</b>
Zheng Z	100	15 pts	5 pts	ı	No	No	Augmentation,	Anatomically	Segmentation	1 radiology	I	no	Precision=
$2021^{[17]}$	images						flip, zoom	constrained	and lesion	expert			0.83-0.9
								dense U-Net	detection				Recall=0.8-0.84
Orhan K	109 pts	·		ı	No	No		Deep	Detection of	radiologist	I	no	Precision=0.95
2020 <sup>[9]</sup>	(153 PA lesions)							CNN (U-Net)	periapical pathosis				Recall=0.89
Lee K	314 pts	1757	1757	300	No	No	resizing	Single shot	Detection	2 orthodontists	ı	no	Precision=0.85
2020 <sup>[31]</sup>								detection	of TMJ osteoarthritis	and 1 TMJ specialist			Recall=0.84
Shujaat 2021 <sup>[21]</sup>	103 CT and	48	30	25	I	Yes CT+2 CBCT		CNN	Automatic segmentation	2 trained calibrated	ı	ı	Precision= 0.97+/-0.01
	CBCT								of pharyngeal airway	experts			Recall= 0.96+/-0.03
Shaheen E 2021 <sup>[26]</sup>	186 CBCT	140	35	11	I	2 CBCT units	ı	3D U-Net	Segmentation and		ı	ı	precision (0.98±0.02)
									classification of teeth				Recall (0.83±0.05)



			Table	3: Gro	oup three	included t	hree articles that	reported	the outcom	ie as accuracy p	ercentage		
First	Total				Sample	•				AI model			Outcome
author,	sample	Training	Validation	Testing	External 1	Multivendor	· Preparation of	type	Purpose	<b>Benchmark AI</b>	Demonstrate	Is it	AI performance
year		set	set	set	test set	images	images (annotation			to radiology	how AI makes c	ommercially	measure
							or cropping)			experts	decision	available?	Accuracy %
Orhan K	65 pts			ı	No	No	yes	CNN	Detection of	Radiologist	ı	no	Accuracy=86.2%
$2021^{[32]}$	(130 3 <sup>rd</sup> molars)							(U-Net)	impacted 3 <sup>rd</sup> molars				
Setzer F	20 pts	16	4	ı	No	No	Normalization	U-Net	Detection of	3 trained	ı	no	Accuracy=93%
2020 <sup>[19]</sup>	4						of parameters, labelling, presegmentation, initialization	DLS	periapical lesions	calibrated reviewers			<b>`</b>
							evolution.						
Shoukri B 2019 <sup>[27]</sup>	293 condyles	34 condyle	s (internal :	sample)	Yes 259 condyles	No	unclear	unclear	Detection and staging of TMI	2 clinical experts Also, salivary and serum		оп	Accuracy=73.5% (Compared to
									osteoarthritis	biomarkers			91.2%)

size of the correctly segmented region over the ground truth. The third group of studies reported performance as accuracy percentage, defined as the degree to which the segmentation results agreed with the ground truth segmentation, in percentage.<sup>[30]</sup>

Each of the AI outcome groups mentioned above was further subdivided based on their purpose into either segmentation or detection. One study was excluded from the first group because it was testing detection while the rest of the studies tested segmentation in that group.

#### **Quality assessment**

A risk of bias assessment tool, specific to diagnostic and prediction models in AI research, does not exist. Assessing the risk of bias in studies that evaluate the performance of AI is somewhat ambiguous owing to the novelty of these studies. Nevertheless, we used the Cochrane tool to assess the risk of bias and evaluate the studies included in this meta-analysis which revealed moderate certainty of evidence [Figure 2].<sup>[16]</sup>

#### Statistical methodology

This study used Borenstein and Rothstein (1999) Comprehensive Meta-Analysis: A Computer Program for Research Synthesis, Version 1.0. 23 [Computer Software], Biostat, Englewood Cliffs. A random-effects model was used to calculate the pooled effect size. A Q test was used to determine heterogeneity. A funnel plot, classic fail-safe N, and Begg and Mazumdar Rank Correlation were used for publication bias.

#### RESULTS

Thirteen studies were included in this meta-analysis. Nine were in the first group that reported the outcomes based on the DICE/DSC [Table 1]. The second group consisted of five studies that reported the outcome using precision and recall [Table 2]. The third and final group included five studies that measured the outcome in terms of accuracy percentage [Table 3].

The combined performance of the first group is described in [Table 4]. The pooled DICE/DSC for the group was 0.85. The funnel plot of the first group [Figure 3] demonstrated the combined effect size of more studies on the right side, suggesting publication bias. In the absence of publication bias, we expect the studies to be distributed symmetrically around the combined effect size. The fail-safe N for this group was calculated as 367, indicating that we must locate and include 367 'null' studies for the combined 2-tailed P value to exceed 0.050. Begg and Mazumdar Rank Correlation Test was performed, and Kendall's tau b (corrected for

Downloaded from http://journals.lww.com/njcp by BhDMf5ePHKav1zEoum1tQfN4a+kJLhEZgbsIHo4XMi0hCywCX1AW nYQp/IIQrHD3i3D0OdRyi7TvSFI4Cf3VC1y0abggQZXdtwnfKZBYtws= on 04/19/2023 ties, if any) was 0.46, with a 1-tailed P value of 0.05 or a 2-tailed P value of 0.11 (based on continuity-corrected normal approximation).

In the second group of studies, the combined performance is described in [Table 5] for precision outcome and [Table 6] for recall outcome. The pooled precision was 0.92, and the pooled recall was 0.88. The funnel plot of the second group [Figures 4 and 5] demonstrates how smaller studies, (which appear toward the bottom) are more likely to be published if they have larger than average effects, which makes them more likely to meet the criterion for statistical significance.



Figure 3: Funnel plot for AI performance as DICE/DSC (group 1)



Figure 4: Funnel plot for AI performance as precision (group 2)





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Figure 6: Funnel plot for AI performance as accuracy percentage (group 3)

The fail-safe N for this group was 361 (precision) and 369 (recall). Begg and Mazumdar Rank Correlation Test was performed and Kendall's tau b (corrected for ties, if any) was 0.70 (precision) 0.30 (recall). The combined performance of the third group of studies is described in [Table 7]. The pooled accuracy percentage was 83%. The funnel plot of the third group [Figure 6] is limited due to the small number of studies included in this group. Sensitivity analysis was not applicable because all variables were clear without missing values, and no assumptions were made, unlike systematic reviews of clinical trials.

#### DISCUSSION

This study evaluates the performance of AI using CBCT images, which are three-dimensional (3D) images commonly used for diagnostic purposes of the head and neck. Interpreting CBCT images requires specialized knowledge and skills to manipulate the images and translate the findings into meaningful clinical data. This process is labor-intensive and time-consuming. Therefore, a pressing need to develop an automatic process is required to save time, improve clinician performance, and be seamlessly integrated into the workflow.

The performance of AI regarding the tasks of detection and segmentation of CBCT images is comparable to the works of trained dentists, in which a pooled performance measure is 0.85 (95%CI: 0.73,0.92), 0.88 (0.77,0.94), 0.93 (0.84, 0.97), 0.83 (0.68, 0.91) in studies using DICE/DSC, precision, recall, and accuracy percentage, respectively. The findings of this study agree with the results of numerous studies that examine the capabilities of AI for detection and segmentation. Hung *et al.*<sup>[3]</sup> investigated 50 studies that used AI for numerous clinical applications in dental and maxillofacial radiology. From their analysis of photographs, 2D, and 3D radiography, they concluded that the diagnostic performance of the AI models varies among different algorithms, although

# Table 4: Performance of the AI model for studies in Group 1 that reported DICE/DSC. \*Setzer F 2020 study was excluded because it was the only study that used DSC as an outcome measure for detection rather than segmentation and there was no other study that was used for detection

Model	Study name	Purpose		Statist	ics for eacl	h study			Event ra	te and 9	5% CI	
			Event rate	Lower limit	Upper limit	Ζ	Р					
	Zheng Z 2021	Segmentation	0.705	0.609	0.786	3.973	0.000	-1.00	-0.50	0.00	0.50	1.00
	Zheng Q 2021	Segmentation	0.878	0.822	0.918	8.666	0.000			1		
	Chen S 2020	Segmentation	0.800	0.680	0.883	4.295	0.000					
	Shujaat 2021	Segmentation	0.970	0.912	0.990	6.018	0.000					
	Wang H 2021	Segmentation	0.934	0.770	0.984	3.603	0.000				+	
	Wang X 2021	Segmentation	0.770	0.647	0.859	3.939	0.000					
	Jaskari J 2020	Segmentation	0.575	0.535	0.614	3.642	0.000					
	Leonardi 2021	Segmentation	0.967	0.838	0.994	3.816	0.000					
Random			0.848	0.731	0.920	4.691	0.000					

	Tab	le 5: Performan	ce of the	AI mode	el for stuc	lies in gr	oup 2 tha	at report	ed precis	sion		
Model	Group by	Study name		Statisti	cs for eacl	h study			Event ra	te and 9	5% CI	
	Subgroup within		Event rate	Lower limit	Upper limit	Ζ	Р					
	Detection	Orhan K 2020	0.950	0.889	0.978	6.700	0.000	-1.00	-0.50	0.00	0.50	1.00
	Detection	Lee K 2020	0.850	0.806	0.885	10.975	0.000					
Random	Detection		0.906	0.749	0.969	3.778	0.000					
	Segmentation	Zheng Z 2021	0.865	0.783	0.919	6.347	0.000					
	Segmentation	Shujaat 2021	0.970	0.912	0.990	6.018	0.000				-+	
	Segmentation	Shaheen E 2021	0.980	0.946	0.993	7.431	0.000					
Random	Segmentation		0.953	0.834	0.988	4.211	0.000					
Random	Overall		0.929	0.842	0.970	5.600	0.000					

	Та	ble 6: Performa	nce of th	e AI mod	el for stu	dies in gr	oup 3 th	at report	ted recal	ls		
Model	Group by	Study name		Statisti	cs for eac	h study			Event ra	te and 9	5% CI	
	Subgroup within		Event rate	Lower limit	Upper limit	Ζ	Р					
	Detection	Orhan K 2020	0.890	0.816	0.936	6.830	0.000	-1.00	-0.50	0.00	0.50	1.00
	Detection	Lee K 2020	0.840	0.795	0.877	10.772	0.000				<u>+</u>	
Random	Detection		0.857	0.802	0.899	8.944	0.000				+	
	Segmentation	Zheng Z 2021	0.820	0.732	0.884	5.826	0.000					
	Segmentation	Shujaat 2021	0.960	0.900	0.985	6.320	0.000				-+	
	Segmentation	Shaheen E 2021	0.830	0.769	0.877	8.123	0.000					
Random	Segmentation		0.875	0.773	0.935	5.286	0.000					

the authors were unable to conduct a meta-analysis due to the heterogeneity of the studies. In the current study, we pooled the results because our research question was more focused, and we demonstrated that AI performance was excellent across different algorithms for detection and segmentation.

The detection tasks comprised of detection of periapical lesions,<sup>[9,19]</sup> temporomandibular joint (TMJ) osteoarthritis,<sup>[31]</sup> and impacted third molars.<sup>[32]</sup> Unfortunately, most of these detection studies failed to compare human intelligence with that of AI. Moreover, these studies failed to compare AI against an objective

gold standard. The segmentation tasks included segmentation of pulp,<sup>[18]</sup> teeth,<sup>[26]</sup> jaws,<sup>[22]</sup> maxillae in cleft patients,<sup>[23]</sup> mandibular canal,<sup>[11]</sup> sinonasal cavity,<sup>[24]</sup> and pharyngeal airway. The comparative average DICE score for humans ranges between 0.97 and 0.98 for manual segmentation.<sup>[33]</sup> However, AI could match the performance through automation with less manual labor and in a shorter time.<sup>[22,34]</sup>

The internal validity of currently available studies is almost compromised owing to selection bias. Thus, assessing selection bias in these studies is vital because biased data can lead to algorithmic AI bias

Model	Study name		Statist	tics for each	study			Event	rate and 9	95% CI	
		Event rate	Lower limit	Upper limit	Ζ	Р					
	Orhan K 2021	0.862	0.755	0.927	5.094	0.000	-1.00	-0.50	0.00	0.50	1.00
	Setzer F 2020	0.930	0.705	0.987	2.952	0.000					
	Shoukri B 2019	0.735	0.682	0.782	7.707	0.000				+	
Random		0.826	0.680	0.914	3.800	0.000					

and compromise performance. Some authors randomly divided datasets into training, validation, and testing sets.<sup>[18]</sup> Nevertheless, this main sample selection is not blinded and not free from bias. Some studies used multivendor images<sup>[21,26]</sup> or external datasets<sup>[11,27]</sup> to reduce this bias but randomization of the selection process was not performed. Of the six core bias domains, "attrition bias" was excluded because it was not applicable in studies that use datasets, as it was only applicable for studies that used patients. In other words, dropping out of the study is not possible for datasets [Table 1].

In randomized controlled trials, performance bias is reduced by blinding participants and personnel. In AI studies, performance bias is unclear. Although computers are inherently unbiased, researchers can be selective by excluding datasets that have caries or restorations,<sup>[18]</sup> thereby significantly improving the performance of an AI model. Researchers can also manipulate the images to improve the performance of the AI algorithm. Image manipulation is conducted through normalization of parameters, pre-segmentation,<sup>[19]</sup> magnification, thresholding,<sup>[24]</sup> augmentation, flipping, zooming,<sup>[17]</sup> cropping,<sup>[22]</sup> reorientation,<sup>[23]</sup> rescaling,<sup>[11]</sup> which consequently introduce bias into the results. Detection bias was low since all included studies used computer-based detection software. In addition, all included studies reported the main outcome that was originally studied, therefore scored low on reporting bias.

Some limitations are identified in our meta-analysis. The studies included are not homogenous, assessing the performance of different tasks, however, regardless of the purpose for AI while using CBCT images, the reported performance was excellent across all tasks. Grey literature was not found and was excluded from the analysis. The results of all AI studies were positive, and no reported negative results were found, which could in itself be a form of bias. In addition to the risk of bias, lack of ground truth, relying on expert opinion in studies testing detection, and manual segmentation was the main limitation across all studies. However, this is currently the best noninvasive method to test

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AI. Future studies that use multivendor images and external datasets with minimal preparation of images are recommended to minimize algorithmic bias. Privacy about exporting CBCT DICOM images into the AI training model with embedded patient identifiers must be addressed by researchers through obtaining approval from an Institutional Review Board and strictly adhering to national standards that protect sensitive patient health information.

#### CONCLUSION

The application of AI for detection and segmentation using CBCT images is comparable to that of trained dentists with the potential to enhance and expedite the interpretive process. AI can analyze a large number of studies and flag ones with significant findings, increasing clinical efficiency. Future studies can focus on the ability of AI to recognize connections between imaging and clinical findings that may be oblivious to us humans thus improving patient care.

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#### **Conflicts of interest**

There are no conflicts of interest.

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