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## The Euphemistic Role of the Ibibiod Proverb-Riddle

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#### Abstract

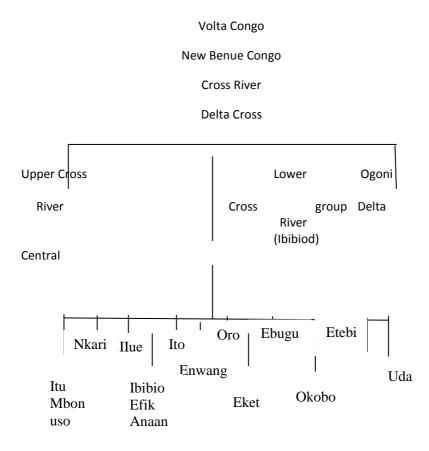
The Ibibiod Proverb-riddle is a major aspect of the Ibibiod communication events. The nomenclature Proverb-riddle is controversial. Some have defined it verbally as a double riddle, a double proverb, a tonal riddle, a rhyming riddle and a two sentence proverb, etc. A Professor of Education, Umoh Susan (2007), proffers a definition which the essay prefers to use in the study. She explains that a proverb-riddle combines the properties of a proverb and a riddle. She describes the components of a Proverb-riddle as a Question (Q), Answer (A), Tone (T), and Rhythm (R). She goes further to justify the riddle component since it poses a question, and the proverb component since it provides the answer. She further explains that the same rising and falling pitch recurrence pattern is used in both Question and Answer components.

#### Introduction

Ibibiod covers a large linguistic area within the South-South geopolitical zone of Nigeria. Ibibiod is an alternative cover term for the lower Cross River languages. These languages share similar phonological, syntactic and semantic characteristics (Essien 1990, Urua 2000). The group constitutes a highly multilingual and densely populated linguistic area as it can be seen illustrated in the sketch below.

Niger Congo

**Atlantic Congo** 



A sketch to locate Ibiboid languages grouped within the Niger Congo relationships (Adapted from Williamson 1989)

Genetically the Ibibiod languages are daughters of Lower Cross, one of the four direct daughters of the Delta Cross furcate of the Cross River Sub family within the New Benue Congo which itself is traceable to the Niger Congo phylum of African languages through Volta Congo and Atlantic Congo.

#### Data

Data for this presentation is drawn from Ibibio, Efik and Annang. These three constitute a language cluster within Lower Cross and they are mutually

intelligible. The rest of the Ibibiod group are smaller languages, most of them maintain a one way mutuality with Ibibio, Efik and Annang. The proverbriddle present in Ibibio, Efik and Annang is yet to be attested to in the other Ibibiod languages at the time of this report.

#### The Proverb-Riddle

Some have defined and described the proverb-riddle as a two sentence proverb, a two sentence riddle, a rhyme, a tonal proverb, etc. Umoh Susan (2007), an Ibibiod speaking Professor of Language Education believes the appropriate name is proverb-riddle. She insists that this communication device is neither just a proverb nor just a riddle. She maintains that it has both the proverb and the riddle aspects. We believe that this nomenclature is the most suitable at least for now. The proverb riddle needs a double interpretation to obtain the sense and obtain the moral value. So it is not justifiable to see it as just a proverb or just a riddle. She goes further to describe the components of the proverb-riddle as comprising a question (Q), an answer (A), a tone (T), and a rhythm (R).

On close examination of the proverb-riddle, the two lines of utterances are sentences. We find it difficult to describe them as question and answer. We prefer to call the first sentence (A) the encoded aspect and the second sentence (B) the decoded. The speaker encodes the first utterance the receiver or audience decodes in the second utterance or B part of the utterance. After decoding, interpretation is still needed to arrive at the basic understanding intended.

## The Euphemistic Role of the proverb-riddle

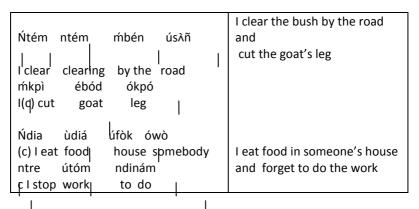
Euphemisim refers to the process of providing alternative name or expression to disguise and beautify what otherwise would have been indecent, brash, raw, dirty or embarrassing. World languages have various ways and devices for achieving this. Within the Ibibiod languages the proverb riddle has been discovered to be a significant euphemistic device.

#### Data Presentation and Discussions

This data is drawn from the three major Ibibiod members - Ibibio, Efik and Annang. The proverb-riddle can serve as an advice, a warning, a rebuke, an encouragement, etc. In the next section we present examples.

Sé ákpá ínwáñ sé ákpá	
inwáñ	Look at the expanse of the farm, look at
Look expanse(of) farm look expanse(of) farm	the expanse of the farm. Watch how
sé ńté èsò ádádé ókook okpo see how antelope c standing c crossing legs	the antelope stands crossing its legs.
Sé úsúñ itọñ sé úsúñ itọñ, sé ńţè   Look road throat see road throat see   how	Watch the throat, watch the throat, see how foofoo is waiting for the soup.
usuñ ádádé ébét éféré bolus c standing c waiting soup	

Watching the throat as another person is swallowing can be a difficult and unpleasant task. It may even be regarded as unreasonable. It can provoke anger and conflict. The proverb riddle provides a euphemistic covering.



The proverb-riddle points out and warns against acts of unfairness, inconsideration or evil retribution. The Ibibiod world view believes that if you employ someone for physical labour no matter how minimal, the person labouring must be fed in turn. But where the person eats up the food and does not do the work, it is unfair. In trying to point out, the onlooker in order

to avoid trouble would rather refer the inconsiderate action to himself. Other onlookers who have competence in this area of Ibibiod language would certainly understand.

3A	Étikké	ndòòn	àssàsà	údó	The okra of assasa Udo's
	Okra	estate	bush fow	/l second	plantation
В	son	·		·	
	Obíọñ	ónùùk	ntè	áfiá	Hunger caused me to
	ikárá				bend as a round snare
	Hunger	(c) me b	end like	trap	'
	round				

In the Ibibio worldview it is not acceptable that an adult man should lament of hunger especially outside the home to the hearing of outsiders. The belief is that an adult male should be responsible enough to work and provide food not just for himself but his family as well. Therefore if he has to ever utter such, he must disguise the language to avoid shame and mockery.

4A	Àfiá ọfọñ éfim ké ákai	White cloth blows in the
	White cloth blows in forest	fþrest
В	Èyiré òwò éyèm	
	èdiwót	Whoever is after someone,
	Pro trail someone wants to	wants to kill him
	kill	

The Ibibio world view takes the act of killing or anything that tends to threaten life very seriously; it is the extremity of wickedness. Such acts of supervising or trailing someone with intent to destroy – it is not ordinary hatred. The victim therefore needs to be cautioned in euphemistic manner because if the accused happens to hear, he might promptly deny and decide to sue the person caught doing the cautioning.

5A	Ùkánà ásákká ótó isoñ ásiák	The African oil bean
	Oi  bean split\$ hit ground splits	sdattered and breaks the
В	Èbé ékit ádúfá ósió	ground
	Husband see   new (wife) remove	
	me	
	ákáàn odúók	The husband sees the new
	old throw away	wife and throws away the
	1	former.

The Ibibio men and women view marriage seriously; for them marriage should be "till death do us part" as the Bible says. A deviation from this norm is seriously frowned upon by the Ibibio society. Therefore where the husband decides to throw out the first wife for the second, the observation can be passed on in a coded euphemistic language and let the onlookers decide for themselves.

6A	<b>M</b> fàñ íkpọñ ítiàk èyòp ọyókkọ	The cocoyam leaves
	ϙ <b>y</b> ók	warmed and re-
	leaves cocoyam base(of) palm c you finish	warmed. The mouth of
В	warm	the women is the
	tree	village; if you escape
	warming c (again)	their mouths you can
	İnúà íbààn  íd^ñ ènhi obòkkó	tell the story.
	oh^k	
	Mouth women village this c	,
	c	
	you escape	
	you testify	

Like in many other cultures, women are known to be fond of gossiping, and gossip can be very destructive. In referring to the extent of such potential harm a proverb riddle is used to cover the saying cocoyam leaves are harmless where gossiping is concerned they euphemistically personify the gossiping women. If you survive the gossip of such women, then you will tell the story.

Kpááñ mbáñ édèèn kúú mbúúñ itọñ
 Diá mkpọ ékè mfo kúú ñkééb ùwót

Talkative man, do not break my neck. Eat your own food do not kill me (with your blinking).

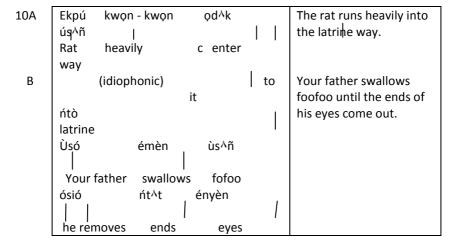
8A	Úkpotro mbèn	inyàñ	The thicker plant by the river
	Cdwpea side(φf)	river	side creeps all over the
	obìòk èfit	isòñ	ground.
	c creeps all over	ground	
В	Uyiò áñwààn im	à	
	ébjèt <sub>l</sub>	1	
	voice wife be	loved c	'
		it like	1
	èkéré ékòñ		Voice of the beloved wife is
	goþg war		like a war bell.

The Ibibiod worldview about the new or beloved wife is that she commits no error; she does no harm at least that is how the husband sees her in comparison with the old or hated wife. By implication whatever she does is beautiful before the eyes of the husband. Whatever she says is sweet in the ears of the husband. Onlookers can only refer to it in coded euphemistic language which decodes that the voice of the beloved wife is as sweet as èkéré – the sweet musical instrument can be a harbinger of war or trouble.

9A	Mbiód itàk ùkọd éfit Weed base(of) palm wine grows	The weed by the raffia palm grows in a circle.
В	ñkáán- ñkáán tree circular-circulþr Éféré únyọñ ùdùà éηèm   Soup returh(of) market sweet  mkpá nyíré death c þersist	Soup cooked after the marke t is wonderfully palatable.

The Ibibiod people regard the market day as very important. It used to a day of great expectation, a day of possibilities; day of great sales that would enable the purchase of adequate soup condiments. Children would look

towards it with excitement. The soup would be expected to taste wonderfully palatable. To hide the great excitement that may somehow be embarrassing the speaker encodes using the weed around the palm wine plant. The hearers then decide by interpreting that the soup after the market tastes wonderfully palatable.

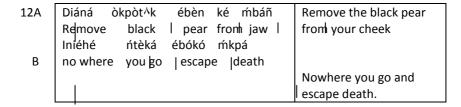


A rebuke and abuse against glutony and indecent eating habit. This is a down-right abuse and a rebuke. The worldview is about an elderly greedy gluton of a man. He makes big balls of foofoo that almost get stuck in his throat. So he needs to stress his eyes until the ends come out. It is an embarrassing act the son cannot take it light if he hears anyone abusing his father that way. The comment which actually is an abuse is covered by the expression èkpú kwòn ód^k ús  $\land$  ñ ńtò. Those who understand the proverbriddle decode for themselves.

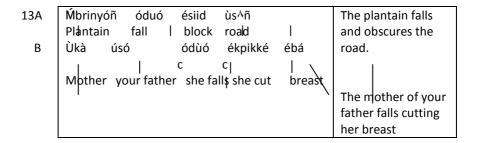
11A	Íkpok Ba <mark>r</mark> k	étò átámmá odook ókóm tree c jumps c climbs rodf	The back of a tree jumps on the roof.
В	Éyin ikpòòñ Child alone	úwèènè ókwòòk ésién	The orphan sweeps the yard alone
		or	

destitute	
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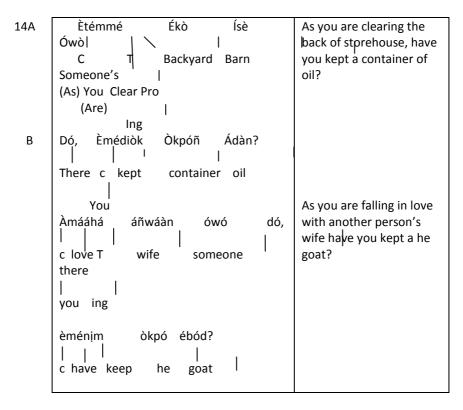
Euphemistically refers to the plight of the orphan and lonely who because he is an orphan and has no brother or sister sweeps the yard alone.



The universality and inevitability of death is captured in this proverb riddle. The worldview is that whoever you are, death when it comes will meet you. To disguise this fearful expectation the euphemistic coding and decoding is used.



The news that one's father's mother has fallen and cut her breast is embarrassing and can actually be an abuse. It has to be observed or relayed in coded language using plantain tree to personify the old women.



Falling in love with another person's wife; in the Ibibio worldview is an abomination. It is a great offence punishable by the sacrifice of a he goat. The offender is warned by the speaker in coded euphemistic language. Ísè is a storehouse for yams. If you decide to clear another person's backyard yam barn, you may cut some yam tubers, you will need to roast and eat them with oil, because the owner of the barn will force you to own or buy them. in the same way if you are dating another man's wife you will have to pay a price – a he goat once you are caught.

## **Summary and Conclusion**

We set out to examine the euphemistic role of the proverb riddle. In the course of the study we have been able to define the proverb riddle. We have seen that it has its own structure as different from the ordinary proverb and riddle. We have also seen that they are not all sentences; some are noun phrases and that the proverb riddle involves encoding and decoding. We also found that its functions are multifaceted but we have in this paper

highlighted the euphemistic role as we set out to do. The euphemistic utility of the proverb riddle permeates all aspects of the Ibibiod worldview- life, death, love, marriage, moral values, etc. There is much more to say about the Ibibiod proverb riddle that far surpasses the scope of this paper. It is an interesting communicative device that needs to survive on.

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