



## ***In vitro* antiparasmodial evaluation of ethanolic and *n*-hexane extracts of *Parinari curatellifolia* stem bark**

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### **Abstract**

*Parinari curatellifolia* and other *Parinari* species are used traditionally in many parts of Africa as a remedy for malaria among other diseases. To ascertain this folkloric claim, the antiparasmodial potential of ethanol extract of *Parinari curatellifolia* stem bark (EEPCSB) and *n*-hexane extract of *Parinari curatellifolia* stem bark (HEPCSB) on *Plasmodium falciparum* was studied. Parasites were grown in a 96-well plate containing Roswell Park Memorial Institute-1640. The wells were grouped into: control (untreated), artemether-treated, EEPCSB-treated and HEPCSB-treated groups. Treatments were administered to the tune of 10, 20, 40 and 80 µg/ml. Parasitemia was observed by microscopy after 24, 48 and 72h of incubation. EEPCSB and HEPCSB elicited dose and duration-dependent reduction ( $p < 0.05$ ) in parasitemia when compared with the untreated group. The recorded percentage parasite inhibition by the extracts was lower ( $p < 0.05$ ) when compared with artemether. There was no difference ( $p > 0.05$ ) in *plasmodium* lactate dehydrogenase activity of EEPCSB-treated and artemether-treated groups. Findings from this study show that extracts of *P. curatellifolia* stem bark, especially EEPCSB, demonstrated excellent inhibitory activities against *P. falciparum* and can be a good source of compounds for the development of novel antimalarial drugs.

**Keywords:** *Parinari curatellifolia*; Extracts; *Plasmodium falciparum*; Parasitemia; Antiparasmodial

### **INTRODUCTION**

Malaria continues to be one of the most devastating infectious diseases with an estimated 228 million cases globally in 2019 [1]. Over the years, the prevalence of malaria has been increasing at a high rate, particularly in developing countries [2]. Nigeria being the most populated country in Africa has the highest prevalence of malaria cases in the

African region, possibly due to the climatic conditions, which encourage the rapid multiplication of the parasites [3]. About 60 million Nigerians have malaria more than once in a year, with pregnant women and children (under 5 years) being most susceptible to the attack due to their low resistance and therefore constitute majority of the cases [4].

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Artemisinin, and quinine are commonly used as antimalarial drugs. However, *plasmodium* resistance to antimalarial therapies has posed serious risk to human health, so that the dream of malaria eradication appears to be a huge challenge. As a result, malaria remains one of the dreaded diseases facing the developing world [5]. Several efforts have been made towards discovering novel and active drugs in combating the multidrug-resistant parasites, therefore, much attention has been focused on validating the efficacy of commonly used folkloric herbs for the treatment of malaria in Africa [2]. It has been documented that the majority of the population in sub-Saharan Africa depend solely on folkloric medicine for their primary healthcare needs because of their accessibility, low cost, and socio-cultural background [6, 7].

Africa is greatly endowed with a wide diversity of plants. Folkloric herbs represent the core reservoir for the discovery of active ingredients for the development of effective and novel drugs that could be used in treating different human diseases [8, 9]. The advent of phytochemistry and pharmaceutical chemistry have enhanced the ability to utilize active compounds isolated from plants, or their synthetic equivalents in medicine. This is mainly because of the broader degree of chemical diversity and novelty possessed by medicinal plants than any other source [10, 11]. It is generally known that the bioactive constituents of plant extracts vary with the solvent used in the extraction process [12]. As a result of their extensive history of use and the fact that they are an excellent source of therapeutic agents applicable in traditional medicine, searching for alternative potent antimalarial substances from natural products is a justifiable approach [13]. Several studies have been reported on the scientific *in vitro* or *in vivo* validation of natural products with significant antimalarial activities that could serve as a lead for the development of

new and effective antiplasmodial drugs [7, 14, 15, 16, 17].

*Parinari curatellifolia* (Planth.ex Benth) belongs to the *Chrysobalanaceae* family and genus *Parinari* [18]. It is widely distributed in south, north and central Africa [19]. It is also grown in Zuru and its environs in Northern Nigeria. *P. curatellifolia* is used in traditional medicine for the treatment of many diseases. The leaf extract is used as expectorant, sedative and in the treatment of anemia and inflammation while the fruit extract exhibit cardiogenic and diuretic properties [20]. Also, the bark extract is used for the treatment of cough, dandruff, itchy scalp and as vaginal douches [21]. Other traditional uses include treatment of cancer, pneumonia, fever, bacterial infections, constipation, hypertension, liver, and kidney-related problems and dressing of fracture/dislocation [22, 23, 24, 25, 26, 27]. It was reported that aqueous fraction of *P. curatellifolia* at 2.8 g/100 ml showed significant inhibitory activity against *Staphylococcus aureus* and *Klebsiella spp.* while the methanolic extract at the same concentration was effective on *Bacillus subtilis* and *Pseudomonas aeruginosa* [2].

Extensive effort is still needed in medicinal plant research to discover novel antimalarial agents [28, 29]. As a result, the present study is aimed at evaluating the *in vitro* antiplasmodial activity of the crude ethanolic and n-hexane extracts of *P. curatellifolia stem bark*.

## EXPERIMENTAL METHODS

**Plant material.** The stem bark of *P. curatellifolia* was collected from Old Lamingo road, Jos, Plateau State, Nigeria in the month of June. Identification and authentication of the plant was carried out by Mr. O. E. Agyeno of the Herbarium of the Department of Plant Science and Biotechnology, Faculty of Natural Sciences, University of Jos, Nigeria. The plant specimen was deposited and the following voucher number obtained; UJH1600024.

**Experimental organism.** *Plasmodium falciparum* was obtained from the blood of a certified *P. falciparum*-infected patient at G-Medical and Diagnostic Centre, Jos, Plateau State, Nigeria, who had not received any antimalarial treatment 2 weeks prior to the time of blood collection. Five milliliters (5 mL) of blood was collected from the patient into EDTA bottles and subsequently centrifuged at 2000 rpm for 10 minutes to separate the plasma from the red blood cell (RBC) pellets. The RBC pellets were thereafter washed in RPMI 1640 3 times before being used for parasite cultivation.

**Ethical clearance.** This research was carried out with utmost compliance with standards of research involving human as subjects. Ethical approval was granted by the Ethical Committee of G-Medical and Diagnostic Centre, Jos, Plateau State, Nigeria, and the research was allocated reference number GMD/0001034.

**Chemicals and reagents.** The culture medium (Roswell Park Memorial Institute (RPMI) 1640) was a product of Sigma-Aldrich Inc., Germany. Nitro blue tetrazolium/phenazine ethosulfate (NBT/PES) and Malstat reagent [Triton X-100, L-lactate, Tris buffer, APAD (3-acetyl pyridine adenine dinucleotide)] were products of Santa Cruz Biotechnology Ltd, Heidelberg, Germany. Other reagents were of analytical grade and were prepared in all glass-distilled water.

**Preparation of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark.** Stem bark of *P. curatellifolia* were cut into pieces and oven-dried to constant weight at 45 °C for 14 days. The dried bark was then pulverized using an electric blender (Super Master ® Model SMB-2977). Sixty grams (60 g) of the powdered plant material was weighed into two separate beakers labelled A and B after which 500 ml of ethanol and n-hexane were added to the respective beakers. The mixtures were stirred and left to stand for 48 h

in a refrigerator for proper maceration and extraction after which they were filtered using Whatman No.1 filter paper and the filtrates concentrated on a water bath. The concentrates were thereafter reconstituted into the doses used in this experiment.

**Secondary metabolites screening.** Screening was carried out on EEPCSB and HEPCSB in order to ascertain the presence of some secondary metabolites. Specifically, the presence of alkaloids, tannins, and cardiac glycosides were determined by previously described methods [30]. Phenolics and flavonoids [31], saponins [32], terpenoids and steroids [33] and resins [34] were similarly determined using reported methods.

**Parasite cultivation and assessment of *in vitro* antiplasmodial activity of extracts.** The malaria parasites (*P. falciparum*) hosted in human erythrocytes were cultured in 50 ml of RPMI 1640 medium supplemented with 10 ml of 0.5% Albumax II and 0.1 ml gentamycin at 37 °C in an anaerobic jar. The culture (100 µl) was transferred into different wells of a 96-well plate and fresh uninfected RBCs at 1% hematocrit added. One hundred microliter (100 µl) of EEPCSB, HEPCSB and artemether reconstituted in 5% v/v of dimethylsulfoxide at concentrations of 10, 20, 40 and 80 µg/ml were then transferred into designated wells. Wells for the control groups were left untreated. The microtitre plate was subsequently incubated in an anaerobic jar at 37 °C. Thick/thin film smears of incubated samples were made on well labelled, dry, grease-free slides by picking sample from each culture well at intervals of 24, 48 and 72 h and allowed to air dry. The films were then stained by sequential application of Field stain A and B. Microscopy was thereafter carried out to determine the parasitaemia. Cultures were maintained by adding 50 µl of RPMI 1640 medium and fresh uninfected RBCs at 1% hematocrit after smear making to avoid drying and to ensure continuous and proper parasite growth. Parasitaemia was also expressed as percentage

of total infected red blood cells over the total number of red blood cells counted for each smear. The average parasitaemia of the smear replicates for each concentration was calculated. Ten different fields were counted per slide. The percentage parasitaemia in each field was calculated using the formula:

$$\% \text{ Parasitemia} = \frac{\text{Number of infected blood cells}}{\text{Total red blood cells}} \times 100\%$$

**Determination of percentage inhibition of *P. falciparum* by extracts.** The percentage inhibition of the parasites by the extracts was calculated using the formula:

$$\% \text{ Parasite inhibition} = \frac{(\% \text{ parasitemia of control} - \% \text{ parasitemia of test})}{\% \text{ parasitemia of control}} \times 100\%$$

**Determination of median inhibitory concentration (IC<sub>50</sub>) of extracts.** The concentrations of the extracts required to inhibit parasite growth by 50% (IC<sub>50</sub>) were determined by nonlinear regression analysis. The percentage parasite inhibition (on Y-axis) was plotted against the logarithm of extract concentrations (on X-axis) and the IC<sub>50</sub> values interpolated from the dose-response curve.

**Assay of plasmodium lactate dehydrogenase activity.** Plasmodium lactate dehydrogenase (pLDH) assay was carried out in 96-well microtitre plates as previously described [16]. Malstat reagent (100 µL) was added to a new microtitre plate. Thereafter, 20 µL of culture (as described in the antiplasmodial test above) after 72 h of incubation, was taken from each well and added to the corresponding well of the Malstat plate. NTB/PES (25 µL) was then added to each well to initiate the LDH reaction. Colour development of the LDH plate was monitored and the absorbance was taken at 650 nm with the aid of a microplate reader (Molecular Devices Spectramax plus microplate spectrophotometer) after 45 min of incubation in the dark. Percentage pLDH activity and percentage pLDH inhibition were calculated as follows:

$$\% \text{ pLDH activity} = \frac{\text{Absorbance of test sample}}{\text{Absorbance of control}} \times 100 \%$$

$$\% \text{ pLDH inhibition} = 100 - \% \text{ pLDH activity}$$

**Statistical analysis.** Data are presented as mean (3 replicates) ± Standard Deviation (SD). Data were subjected to statistical analysis using the Statistical Package for Social Sciences (SPSS) software version 20. All significant differences were determined by one-way analysis of variance (ANOVA) and Post Hoc multiple comparison was done using Duncan's multiple range test. Significance level was set at p < 0.05. IC<sub>50</sub> was determined by nonlinear regression analysis using Graphpad Prism.

## RESULTS

**Secondary metabolites.** Secondary metabolite constituents of EEPCSB and HEPCSB are presented in Table 1. EEPCSB and HEPCSB contain alkaloids, flavonoids, tannins, cardiac glycosides and balsams while saponins, terpenes/steroids, phenolics and resins which were absent in HEPCSB were detected in EEPCSB.

***In vitro* plasmodium falciparum parasitemia.** *In vitro* Plasmodium falciparum parasitemia following treatment with EEPCSB and HEPCSB is presented in Table 2. EEPCSB and HEPCSB significantly reduced (p < 0.05) parasitemia at the various concentrations and durations of the experiment when compared with the untreated group. However a significant reduction (p < 0.05) in parasitemia in the artemether-treated groups was recorded when compared with the extract-treated groups. At 24 h, there was no significant difference (p > 0.05) in the parasitemia of groups treated with 10 and 20 µg/ml of EEPCSB and that of group treated with 40 µg/ml of HEPCSB. At 48 h, 10 µg/ml of EEPCSB compared favourably with 10 µg/ml of HEPCSB, 20 µg/ml of EEPCSB compared favourably with 20 and 40 µg/ml of HEPCSB while 40 µg/ml of EEPCSB compared

favourably with 80 µg/ml of HEPCSB. At 72 h, 10 and 20 µg/ml of EEPCSB did not cause any significant variation ( $p > 0.05$ ) in parasitemia when compared with 40 and 80 µg/ml of HEPCSB respectively.

**In vitro percentage *Plasmodium falciparum* inhibition.** Table 3 shows the *in vitro* percentage *Plasmodium falciparum* inhibition following administration of EEPCSB and HEPCSB. Artemether elicited a significantly higher ( $p < 0.05$ ) percentage parasite inhibition ability when compared with EEPCSB and HEPCSB. At 24 h, there was no significant difference ( $p > 0.05$ ) in the percentage parasite inhibition of the groups treated with 10 and 20 µg/ml of EEPCSB when compared with those of groups treated with 20 and 40 µg/ml of HEPCSB respectively. Similarly, groups treated with 10 and 40 µg/ml of EEPCSB showed percentage parasite inhibition comparable with groups treated 40 and 80 µg/ml of HEPCSB respectively at 72 h.

**Median inhibitory concentration (IC<sub>50</sub>).** Median inhibitory concentration (IC<sub>50</sub>) of EEPCSB and HEPCSB at 72 h is presented in Table 4. The values were interpolated from a nonlinear regression curve of log (concentration) versus parasite inhibition curve of EEPCSB and HEPCSB at 72 h. Artemether, EEPCSB and HEPCSB gave IC<sub>50</sub> values of 0.51, 0.44 and 3.08 µg/ml respectively. The IC<sub>50</sub> of EEPCSB is close to that of artemether while that of HEPCSB does not compare favourably with artemether.

### Percentage *Plasmodium* lactate dehydrogenase activity and inhibition.

Tables 5 and 6 represent percentage pLDH activity and percentage pLDH activity inhibition respectively following treatment with EEPCSB and HEPCSB. There was no significant difference ( $p > 0.05$ ) in percentage pLDH activity and inhibition of the artemether-treated groups when compared with the EEPCSB-treated groups. However the groups treated with the HEPCSB exhibited a significantly higher ( $p < 0.05$ ) pLDH activity and a corresponding significantly lower ( $p < 0.05$ ) percentage pLDL inhibition when compared with the artemether and EEPCSB-treated groups.

## DISCUSSION

*Parinari curatellifolia* is employed across Africa for the traditional treatment of a variety of diseases [21, 23]. These medicinal applications can be attributed to the presence of a vast array of secondary metabolites. As a result of the urgent need to discover new antimalarial drugs, it is necessary to consider this plant, which has numerous medicinal uses and a widespread African presence. The secondary metabolite constituents of the EEPCSB recorded in this study corroborate the result of a previous report, except for flavonoids which was reportedly absent in that work [35]. These metabolites may be responsible for the anti-plasmodial activities of the extracts.

**Table 1:** Secondary metabolite constituents of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark

Secondary metabolites	EEPCSB	HEPCSB
Alkaloids	+	+
Flavonoids	+	+
Tannins	+	+
Saponins	+	-
Terpenoids	+	-
Steroids	+	-
Cardiac glycosides	+	+
Phenolics	+	-
Resins	+	-

+ = Present; - = Absent    EEPCSB: Ethanolic extract of *Parinari Curatellifolia* stem bark  
HEPCSB: n-hexane extract of *Parinari Curatellifolia* stem bark

**Table 2:** *In vitro* plasmodium falciparum parasitemia following treatment with ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark

Treatment	Concn. (µg/ml)	Parasitemia at 24 h (% parasitemia)	Parasitemia at 48 h (% parasitemia)	Parasitemia at 72 h (% parasitemia)
Control	-	172.67±1.15 <sup>a</sup> (57.53)	192.33±1.15 <sup>a</sup> (64.07)	220.00±1.00 <sup>a</sup> (88.37)
Artemether	10	4.67±0.58 <sup>b</sup> (1.50)	3.67±0.58 <sup>b</sup> (1.20)	1.67±0.03 <sup>b</sup> (0.67)
Artemether	20	3.00±0.20 <sup>c</sup> (1.00)	1.67±0.43 <sup>c</sup> (0.50)	0.67±0.02 <sup>c</sup> (0.27)
Artemether	40	2.33±0.38 <sup>d</sup> (0.73)	1.00±0.05 <sup>d</sup> (0.30)	0.00±0.00 <sup>d</sup> (0.00)
Artemether	80	1.33±0.28 <sup>e</sup> (0.40)	0.33±0.05 <sup>e</sup> (0.10)	0.00±0.00 <sup>d</sup> (0.00)
EEPCSB	10	124.67±1.15 <sup>f</sup> (42.83)	112.67±2.08 <sup>f</sup> (37.53)	65.00±2.00 <sup>e</sup> (26.00)
EEPCSB	20	124.33±0.58 <sup>f</sup> (41.40)	107.67±1.53 <sup>g</sup> (35.87)	59.33±1.53 <sup>f</sup> (23.83)
EEPCSB	40	117.00±2.00 <sup>g</sup> (38.97)	100.00±2.00 <sup>h</sup> (33.63)	50.33±1.53 <sup>g</sup> (20.23)
EEPCSB	80	111.33±1.53 <sup>h</sup> (37.07)	91.33±2.08 <sup>i</sup> (30.40)	42.08±1.00 <sup>h</sup> (16.90)
HEPCSB	10	140.00±1.00 <sup>i</sup> (46.33)	115.00±3.50 <sup>f</sup> (38.30)	85.00±2.00 <sup>i</sup> (34.20)
HEPCSB	20	132.33±0.58 <sup>j</sup> (41.10)	109.67±0.58 <sup>g</sup> (36.50)	74.00±1.53 <sup>j</sup> (29.93)
HEPCSB	40	126.67±1.00 <sup>f</sup> (41.97)	105.50±3.00 <sup>g</sup> (34.97)	65.33±1.53 <sup>e</sup> (26.33)
HEPCSB	80	120.33±0.58 <sup>k</sup> (40.10)	100.00±1.00 <sup>h</sup> (33.30)	58.33±0.58 <sup>f</sup> (19.43)

EEPCSB: ethanolic extract of *Parinari curatellifolia* stem bark, HEPCSB: n-hexane extract of *Parinari curatellifolia* stem bark, Values are means (of 3 replicates) ± SD. Values with different superscripts down the column are significantly different (p < 0.05).

**Table 3:** *In vitro* percentage plasmodium falciparum inhibition following administration of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark

Treatment	Concn.(µg/ml)	24 h	48 h	72 h
Artemether	10	97.39 ± 0.29 <sup>a</sup>	98.13 ± 0.29 <sup>a</sup>	99.24 ± 0.30 <sup>a</sup>
Artemether	20	98.26 ± 0.10 <sup>b</sup>	99.22 ± 0.29 <sup>b</sup>	99.69 ± 0.28 <sup>a</sup>
Artemether	40	98.73 ± 0.40 <sup>bc</sup>	99.53 ± 0.05 <sup>b</sup>	100.00 ± 0.00 <sup>a</sup>
Artemether	80	99.30 ± 0.29 <sup>c</sup>	99.84 ± 0.19 <sup>b</sup>	100.00 ± 0.00 <sup>a</sup>
EEPCSB	10	25.55 ± 1.05 <sup>d</sup>	41.42 ± 1.00 <sup>c</sup>	70.58 ± 0.85 <sup>b</sup>
EEPCSB	20	28.04 ± 0.35 <sup>e</sup>	44.01 ± 0.45 <sup>d</sup>	73.03 ± 0.70 <sup>c</sup>
EEPCSB	40	32.26 ± 1.23 <sup>f</sup>	47.51 ± 1.72 <sup>e</sup>	77.11 ± 0.70 <sup>d</sup>
EEPCSB	80	35.56 ± 1.25 <sup>g</sup>	52.55 ± 0.85 <sup>f</sup>	80.88 ± 0.49 <sup>e</sup>
HEPCSB	10	19.47 ± 1.12 <sup>h</sup>	40.22 ± 1.31 <sup>c</sup>	61.30 ± 1.01 <sup>f</sup>
HEPCSB	20	26.56 ± 1.50 <sup>d</sup>	43.03 ± 0.55 <sup>d</sup>	66.13 ± 0.86 <sup>g</sup>
HEPCSB	40	27.05 ± 0.30 <sup>e</sup>	45.42 ± 0.64 <sup>e</sup>	70.25 ± 0.78 <sup>b</sup>
HEPCSB	80	30.30 ± 0.23 <sup>i</sup>	48.03 ± 0.77 <sup>e</sup>	78.10 ± 0.38 <sup>d</sup>

EEPCSB: ethanolic extract of *Parinari curatellifolia* stem bark, HEPCSB: n-hexane extract of *Parinari curatellifolia* stem bark, Values are means (of 3 replicates) ± SD. Values with different superscripts down the column are significantly different (p < 0.05).

**Table 4:** Median inhibition concentrations (IC<sub>50</sub>) of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark at 72 hours.

Artemether (µg/ml)	EEPCSB (µg/ml)	HEPCSB (µg/ml)
0.51	0.44	3.08

EEPCSB: Ethanolic extract of *P. curatellifolia* stem bark, HEPCSB: n-hexane extract of *P. curatellifolia* stem bark.

**Table 5:** Percentage *plasmodium* lactate dehydrogenase activity 72 hours after administration of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark

Treatment	Concn. ( $\mu\text{g/ml}$ )	LDH activity
Artemether	10	$50.31 \pm 5.55^a$
Artemether	20	$47.48 \pm 5.85^a$
Artemether	40	$45.44 \pm 5.36^a$
Artemether	80	$40.51 \pm 9.63^a$
EEPCSB	10	$52.02 \pm 7.48^a$
EEPCSB	20	$50.91 \pm 4.66^a$
EEPCSB	40	$49.75 \pm 3.73^a$
EEPCSB	80	$43.98 \pm 4.95^a$
HEPCSB	10	$75.56 \pm 4.21^b$
HEPCSB	20	$73.39 \pm 1.69^b$
HEPCSB	40	$70.28 \pm 2.99^{bc}$
HEPCSB	80	$65.72 \pm 3.14^c$

EEPCSB: Ethanolic extract of *Parinari curatellifolia* stem bark, HEPCSB: n-hexane extract of *Parinari curatellifolia* stem bark, LDH: Lactate dehydrogenase. Values are means (of 3 replicates)  $\pm$  SD. Values with different superscripts down the column are significantly different ( $p < 0.05$ )

**Table 6:** Percentage *plasmodium* lactate dehydrogenase inhibition 72 hours after administration of ethanolic and n-hexane extracts of *Parinari curatellifolia* stem bark

Treatment	Concn. ( $\mu\text{g/ml}$ )	LDH activity
Artemether	10	$49.69 \pm 5.55^a$
Artemether	20	$52.52 \pm 5.85^a$
Artemether	40	$54.56 \pm 5.36^a$
Artemether	80	$59.49 \pm 9.63^a$
EEPCSB	10	$47.98 \pm 7.48^a$
EEPCSB	20	$49.09 \pm 4.66^a$
EEPCSB	40	$50.25 \pm 3.73^a$
EEPCSB	80	$56.02 \pm 4.95^a$
HEPCSB	10	$24.44 \pm 4.21^b$
HEPCSB	20	$26.61 \pm 1.69^b$
HEPCSB	40	$29.72 \pm 2.99^{bc}$
HEPCSB	80	$34.28 \pm 3.14^c$

EEPCSB: Ethanolic extract of *Parinari curatellifolia* stem bark, HEPCSB: n-hexane extract of *Parinari curatellifolia* stem bark, LDH: Lactate dehydrogenase. Values are means (of 3 replicates)  $\pm$  SD. Values with different superscripts down the column are significantly different ( $p < 0.05$ )

For instance, alkaloids; (+)-N-methylisococlaurine, atherosperminine and 2-hydroxy-atherosperminine, isolated from bark of *Cryptocarya nigra* have been reported to elicit strong antiplasmodial activity against *Plasmodium falciparum* [36]. Similarly, flavonoids (artocarpesin, artochamin C and kushenol E) isolated from *Morus mesozygia*

were also reported to demonstrate considerable antiplasmodial activity against chloroquine resistant FcB1 *Plasmodium falciparum* strain [37]. Recently, some compounds have been isolated from different parts of *P. curatellifolia*. For example,  $\beta$ -sitosterol which was isolated from the leaves of *P. curatellifolia* was reported to reduce the growth of *Candida*

*krusei* by 83% [38] while toddalolactone and 10-hydroxy-13-methoxy-9-methyl-15-oxo-20-norkaur-16-en-18-oic acid  $\gamma$ -lactone isolated from the root of *P. curatellifolia* demonstrated antimicrobial activity against *Candida albicans*, *Cryptococcus neoformans* and *Aspergillus niger* [39]. These compounds may also exhibit antiplasmodial activity against *P. falciparum* and may be responsible for the antiplasmodial activity of this plant recorded in this study.

The percentage parasite inhibition recorded following administration of the extracts which was calculated from the parasitemia revealed that both extracts inhibited *P. falciparum* growth in a dose and duration-dependent manner. The EEPCSB however exhibited a higher parasite inhibition activity than the HEPCSB. Some of the secondary metabolites contained in the ethanolic extract (i.e. saponins, terpenoids, steroids, resins and phenolics) but absent in the n-hexane extract might be responsible for the higher anti-plasmodial activity recorded with the EEPCSB. For example, two triterpenoid saponins, namely 16-O-( $\beta$ -arabinopyranosyl)-3-oxo-12, 16 $\beta$ , 21 $\beta$ , 22-tetrahydroxyhopane and 16-O-( $\beta$ -arabinopyranosyl)-3-oxo-12, 16 $\beta$ , 22-trihydroxyhopane isolated from the aerial parts of *Glinus oppositifolius* were reported to exhibit *in vitro* anti-plasmodial activity against *Plasmodium falciparum* [40].

Plant extracts, according to their activities against *P. falciparum*, are categorized as promising ( $IC_{50} < 10 \mu\text{g/ml}$ ), moderate ( $IC_{50} 10 - 20 \mu\text{g/ml}$ ), good ( $IC_{50} 20 - 40 \mu\text{g/ml}$ ), marginally potent ( $IC_{50} 40 - 70 \mu\text{g/ml}$ ) and poor ( $IC_{50} > 70 \mu\text{g/ml}$ ) [41]. In this study,  $IC_{50}$  of the extracts after 72 h revealed that both extracts can be categorized as having promising anti-plasmodial activities, with the EEPCSB showing comparable antiplasmodial activity with artemether. The  $IC_{50}$  values for the ethanolic and n-hexane extracts of *P. curatellifolia* in this study is not comparable with previous reports [42, 43]. Karou *et al.* had

reported an  $IC_{50}$  value of  $> 100 \mu\text{g/ml}$  for methanol extract of aerial parts of this plant while Clarkson *et al.* similarly reported a higher  $IC_{50}$  value ( $17 \mu\text{g/ml}$ ) for dichloromethane extract of leaves/flowers of this plant, both against *P. falciparum*. This suggests that the stem bark of *P. curatellifolia* may contain more potent antiplasmodial activity than the other parts of the plant reported by these researchers. It is also possible that the extraction solvents, ethanol and n-hexane, used in this work, were able to extract more of the antiplasmodial principles than those used in the previous works cited.  $IC_{50}$  values in this study predict the presence of two very potent antiplasmodial agents in the stem bark of *P. curatellifolia*, one polar and the other very non-polar.

The concentration of pLDH produced by the cultured parasites was also employed for the determination of extracts anti-plasmodial activity. The fact that pLDH is distinguishable from host LDH makes it suitable as an indicator of malaria parasite presence with its concentration correlating with parasite density [44]. In this study both EEPCSB and HEPCSB exhibited profound pLDH-inhibitory ability and favourably compare with artemether. This inhibition of pLDH activity translates to parasite reduced ability or inability to regenerate nicotinamide adenine dinucleotide (NAD) for continuous influx of glucose through the Embden-Meyerhof pathway [45]. Consequently, there is a cut off of parasite energy source, which results in parasite death.

In conclusion, both extracts displayed promising anti-plasmodial activity against blood stage *P. falciparum* with EEPCSB eliciting a higher activity than HEPCSB. The outstanding antiplasmodial activity exhibited by EEPCSB calls for further studies on the isolation of pure compounds responsible for the biological activity. It is believed that EEPCSB will serve as a starting point for the development of a new antimalarial drug.



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