

EFFICACY OF RIFAMPICIN COMBINATION THERAPY ON SELECTED NON-MYCOBACTERIA ORGANISMS ISOLATED FROM A TERTIARY HEALTH INSTITUTION IN BENIN CITY.

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ABSTRACT

Combination therapy or polytherapy is the use of more than one antibacterial agent in the treatment of a single infection. In this study, rifampicin that was mainly used in the treatment of mycobacterial infections has been used in combination with other agents in non mycobacterial organisms. Clinical isolates of *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa* strains were exposed to antibacterial agents namely, Gentamicin, Cefuroxime, Ceftriaxone and Norfloxacin singly and also in combination with Rifampicin. Each minimum inhibitory concentration (MIC) as well as agar diffusion assays was determined. No antagonism was confirmed between rifampicin and any of the combination antibiotics evaluated. The study illustrated that synergy was most often observed with *Staphylococcus aureus*. The most potent combinations for *Staphylococcus aureus* were rifampicin and gentamicin, rifampicin and norfloxacin. However, Synergy was less often noted in the combination of 20µg rifampicin with Cefuroxime and ceftriaxone at varied concentration. At 10µg, there was no synergistic effect when compared with the use of Cefuroxime and ceftriaxone alone. At 20µg, *Staphylococcus aureus* and *Escherichia coli* were effectively inhibited, while at 30µg all isolates were inhibited. This study has also shown that MICs were lowest with norfloxacin, followed by cefuroxime, ceftriaxone than gentamicin. Moreso, cefuroxime, has minimal activity against *Pseudomonas aeruginosa* strain. However, the zones of inhibition of the drugs when the organisms were cultured in medium containing 20µg rifampicin had improved antibacterial outcomes as seen from the greater diameters of inhibition. Also, the results shows that the MIC of gentamicin monotherapy on *Staphylococcus aureus* gave 20µg, but combination with rifampicin reduced the MIC to 10µg, however the progeny of this test retained the MIC of the combined therapy (10µg) on *Staphylococcus aureus*. *Rifampicin combination therapy has enhance effect on some non-mycobacterial organisms; Staphylococcus aureus, Escherichia coli, Klebsiella pneumoniae and Pseudomonas aeruginosa compared to the single use of each drug.*

INTRODUCTION

Antibiotic combination therapy for treatment of infections caused by Gram-negative organisms was initially used to exploit the synergy seen in in-vitro studies between two antibacterial agents. Compared to clinical outcome of using a

single antibacterial agent, combination was used to overcome the possible development of resistance during antibiotic usage and ultimately to have a broader effect of two or more antibacterial agent on the pathogen within different spectra of activity^{1,2}. The combination antibiotic therapy used to treat infections with Gram-negative bacilli includes two agents to which an organism shows in-vitro susceptibility, that is a β- lactam and an aminoglycoside^{3,4} or a fluoroquinolone^{5,6}. Moreso, the Checkerboard technique was previously used to demonstrate synergy between a β- lactam and an aminoglycoside combination in in-vitro

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studies and animal models. It was observed that combination allows for a different mechanism of bacteria death^{7,8,9}. While the β -lactam acts by disturbing the cell wall of Gram-negative bacteria, thereby allowing the passage of aminoglycoside into the periplasmic space¹⁰. Also, penicillin was shown to enhance the uptake of aminoglycoside in enterococcal endocarditis in in-vitro models¹¹. However, clinical studies showing evidence of synergism between a β -lactam and an aminoglycoside is rare^{12,13,14, 15}. Reasons are that clinical cure is defined as the resolution of signs and symptoms of infections.

Synergy has also been established in β -lactam and fluoroquinolone combination^{16,17}. The synergy ranges from 17% to 82%¹⁸. Fluoroquinolones are known to have excellent tissue penetration into the lungs, meninges and bone marrow, with low nephrotoxicity when compared to aminoglycosides.

Unfortunately, Gram-negative bacteria's resistance to antibiotic routinely used for treatment is on the increase¹⁹. This has given rise to urgent need for the use of antimicrobial combination therapy to prevent or rather delay the development of resistance during therapy²⁰.

Rifampicin, a semisynthetic compound derived from *Streptomyces mediterranei*, is seen to possess excellent tissue penetration, oral bioavailability and unique bacteria activity demonstrated in biofilms growing on the surfaces of prosthetic devices²¹. However, emergence of bacteria resistance still occurred, which constitutes a major setback in rifampicin monotherapy. Rifampicin mutations occur within bacteria due to the alteration in the *rpo B* gene²². The aforementioned

has given rise to the need for rifampicin combination with other antimicrobial agents. Rifampicin previously used as a major part of antituberculosis treatment is an obvious example for the successful use of antimicrobial combination therapy to prevent resistance in the treatment of infections caused by *Mycobacterium tuberculosis*²¹. Its combination with other anti-tuberculosis drugs effectively decreased the rate of development of resistance of *Mycobacterium tuberculosis* to rifampicin.

Rifampicin has found use in combination with other groups of antibiotics; infections due to Staphylococci were one of the first non-mycobacterial diseases treated with rifampicin therapy. Importantly, previous research has shown that the combined therapy had better treatment responses for infections with "lower organism burden"; an example, urinary tract infections²². Colistin and rifampicin combination is also an effective and safe combination therapy for severe infections with multi-drug resistant *Acinetobacter baumannii*²⁸ or multi drug resistant *Pseudomonas aeruginosa*²⁵.

The rifampicin MICs against many bacterial organisms were determined in the late 1960s. Previous researches have shown that rifampin is active in vitro against *Staphylococcus aureus*, *Staphylococcus albus* (*Staphylococcus epidermidis*), Streptococcal organisms (including *Streptococcus pneumoniae*), *Clostridium welchii*, *Neisseria meningitidis*, and *Pasteurella multocida*. Rifampin has also demonstrated some in vitro activity against *Haemophilus influenzae* and *Bacteroides* sp. but was inconsistent for the treatment of *Salmonella*, and *Shigella* infections²².

This study is aimed at investigating the efficacy of sub-inhibitory concentration of rifampicin in combination with β -lactam, aminoglycoside or fluoroquinolone combination therapy compared with each monotherapy, on selected non Mycobacterial organisms (*Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*).

MATERIALS AND METHODS

Bacterial isolates

Clinical strains of *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa* organisms were isolated between January and June 2015 from the Bacteriology Laboratory of the University of Benin Teaching Hospital (UBTH) Benin City, Nigeria. All strains were identified using the Cheesbrough²³ and Kolhathar²⁴ recommended methods. Each isolate was prepared to the density of 0.5 McFarland Standard.

Antibiotics

All antimicrobial agents were purchased at microbiological or analytical grade from their respective manufacturers (Gentamicin (Gentalek® -Lek), Cefuroxime (Emzor Pharmaceuticals), Ceftriaxone (Rocephin® -GSK), Norfloxacin (Sam pharmaceuticals), Rifampicin (Sigma, Gmb) and were used without further purification. 1mg/ml stock solution of each, rifampicin, cefuroxime, gentamicin, ceftriaxone and norfloxacin were prepared on the day of usage.

Media

Nutrient broth (LAB M, England) was prepared according to manufacturer's instructions and used for minimum inhibitory concentration within 24hours

after preparation. Nutrient agar (LAB M, England) by pour plate method was used for colony counts. Concentrations were made to the final volume of 20ml agar.

Determination of minimum inhibitory concentration (MIC)

The Minimum Inhibitory Concentration (MIC) of the various drugs was determined using agar dilution method. Each inoculum was obtained by adjusting overnight culture of the organism to 0.5 Mc Farland Standard. The corresponding volume of the drug was pipetted into Petri dish, and the required volume of molten nutrient agar was added to make up to 20ml. The MIC was defined as the lowest concentration of antibiotic with no visible growth. "+" represents growth of the isolate, while "-" represents no growth of isolate. A standard sensitive strain of *Escherichia coli* (CW 3310) was included as the control organism. Measurement in millimeters of diameters of zones of inhibition was determined. Microdilution test procedure was carried out to ensure that MIC values of the antibiotics studied were within the accuracy range as stated by the Clinical and Laboratory Standards Institute (CLSI). Agar diffusion method was used for the determination of zones of inhibition.

MIC of the combination of sub inhibitory concentration (20 μ g) of rifampicin was added to the different concentrations (10 μ g, 20 μ g, 30 μ g and 40 μ g) of the different drugs (namely, gentamicin, cefuroxime, ceftriaxone and norfloxacin) against each of the isolates (*Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*).

The progeny was subcultured and the MIC was determined.

RESULTS

A total of 4(four) isolates were obtained and they comprised of *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*. The isolates were exposed to the following antibacterial agents, gentamicin, cefuroxime, ceftriaxone and norfloxacin singly and in combination with rifampicin. Single use of each antibacterial agent had an inhibitory effect depending on the concentration used on the organisms. At 20 μ g, it was only *Staphylococcus aureus* and *Escherichia coli* growth that were inhibited by gentamicin whereas at 30 μ g and 40 μ g all the organisms growth were inhibited by gentamicin. The cephalosporins (cefuroxime and ceftriaxone) inhibited the growth of *Staphylococcus aureus*, *Escherichia coli*, and *Klebsiella pneumoniae* but had no effect on *Pseudomonas aeruginosa* at the various concentrations. Norfloxacin had inhibitory effect on all isolates at 40 μ g (Table1).

No antagonism was observed between rifampicin with any combination antibacterial agent evaluated (Table 2). The result shows that the combination of 20 μ g rifampicin was synergistic with cefuroxime, ceftriaxone and norfloxacin at various concentrations respectively. However, synergy was less often noted in the combination of 20 μ g rifampicin with

the cephalosporins (cefuroxime and ceftriaxone) at varied concentration. At 10 μ g, there was no synergistic effect when compared with the single use of the cephalosporins (cefuroxime and ceftriaxone) whereas, at 20 μ g, *Staphylococcus aureus* and *Escherichia coli* were effectively inhibited, while at 30 μ g all isolates were inhibited (Table 2). The combination of 20 μ g rifampicin with various concentrations (10 μ g, 20 μ g, 30 μ g) of gentamicin and norfloxacin greatly inhibited the growth of *Staphylococcus aureus* when compared with single use of the drugs.

The various antibacterial agents had different levels of activity against the various bacterial isolates. The MICs were lowest with norfloxacin, followed by cefuroxime, ceftriaxone then gentamicin. While, cefuroxime, like other cephalosporin, had minimal activity against *Pseudomonas aeruginosa* isolate (Table 3).

The results in table 4 shows that the sub inhibitory concentration of rifampicin (20 μ g) combined with the other drugs in the presence of the clinical isolates reduced the MIC to 10 μ g. The progeny of these test on the organisms also retained the MIC of the combined therapy (10 μ g).

Table 1: Growth of each isolate after exposure to the various concentration of each drug.

A		Gentamicin			
		<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+	+
20 µg	-	-	-	+	+
30 µg	-	-	-	-	-
40 µg	-	-	-	-	-
B		Cefuroxime			
		<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+	+
20 µg	+	+	+	+	+
30 µg	-	-	-	+	+
40 µg	-	-	-	-	+
C		Ceftriaxone			
		<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+	+
20 µg	+	+	+	+	+
30 µg	-	-	-	+	+
40 µg	-	-	-	-	+
D		Norfloxacin			
		<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+	+
20 µg	+	+	+	+	+
30 µg	-	-	-	+	+
40 µg	-	-	-	-	-
E		Rifampicin			
		<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+	+
20 µg	+	+	+	+	+
30 µg	-	-	-	+	+
40 µg	-	-	-	-	-

Table 2: Growth of each isolate after exposure to the various concentrations of combined antibiotics

A Gentamicin+Rifampicin(20µg)				
	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	–	+	+	+
20 µg	–	–	+	+
30 µg	–	–	–	–
B Cefuroxime+Rifampicin(20µg)				
	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+
20 µg	–	–	+	+
30 µg	–	–	–	–
C Ceftriaxone+Rifampicin(20µg)				
	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	+	+	+	+
20 µg	–	–	+	+
30 µg	–	–	–	–
D Norfloxacin+Rifampicin(20µg)				
	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
10 µg	–	+	+	+
20 µg	–	–	+	+
30 µg	–	–	–	–

Table 3: MIC of each antibiotic alone and in combination with Rifampicin

	<i>Staphylococcus aureus</i>	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Pseudomonas aeruginosa</i>
Gentamicin alone	20µg	20µg	30µg	30µg
Gentamicin+Rifampicin	10µg	20µg	30µg	30µg
Rifampicin alone	30µg	30µg	40µg	40µg
Cefuroxime alone	30µg	30µg	40µg	40µg
Cefuroxime+Rifampicin	<20µg	<20µg	<30µg	<30µg
Rifampicin alone	30µg	30µg	40µg	40µg
Ceftriaxone alone	30µg	30µg	40µg	40µg
Ceftriaxone+Rifampicin	<20µg	<20µg	<30µg	<30µg
Rifampicin alone	25µg	25µg	30µg	30µg
Norfloxacin alone	30µg	30µg	40µg	40µg
Norfloxacin+Rifampicin	10µg	20µg	30µg	30µg
Rifampicin alone	30µg	30µg	40µg	40µg

Table 4: MIC of each organism's progeny

	<i>Staphylococcus aureus</i> (progeny)	<i>Escherichia coli</i> (progeny)	<i>Klebsiella pneumoniae</i> (progeny)	<i>Pseudomonas aeruginosa</i> (progeny)
Gentamicin alone	20µg	20µg	30µg	30µg
Gentamicin+Rifampicin	10µg	20µg	30µg	30µg
Gentamicin on progeny	10µg	20µg	30µg	30µg
Cefuroxime alone	30µg	30µg	40µg	40µg
Cefuroxime+Rifampicin	20µg	20µg	30µg	30µg
Cefuroxime on progeny	20µg	20µg	30µg	30µg
Ceftriaxone alone	30µg	30µg	40µg	40µg
Ceftriaxone+Rifampicin	20µg	20µg	30µg	30µg
Ceftriaxone on progeny	20µg	20µg	30µg	30µg
Norfloxacin alone	30µg	30µg	40µg	40µg
Norfloxacin+Rifampicin	10µg	20µg	30µg	30µg
Norfloxacin on progeny	10µg	20µg	30µg	30µg

DISCUSSION

Antimicrobial combination therapy is used primarily to extend spectrum coverage, prevent the emergence of resistant mutants and gain synergy between antimicrobials. No antagonism was observed between rifampicin and any of the other antibiotics it was combined with. This study shows that synergy was most often observed with *Staphylococcus aureus*. The most potent combination for *Staphylococcus aureus* was rifampicin and gentamicin, rifampicin and norfloxacin. The combination of 20 μ g rifampicin with various concentrations (10 μ g, 20 μ g, 30 μ g) of gentamicin and norfloxacin greatly inhibited the growth of *Staphylococcus aureus* when compared to a single use of the drugs. Similarly, a study conducted by combining rifampicin with daptomycin at various concentrations also observed a positive synergistic effect between both drugs²⁵. It was also observed that *Staphylococcus aureus* was eradicated more commonly in rifampicin combination regimen (rifampicin with ciprofloxacin, minocycline, cloxacillin, and vancomycin) compared to monotherapy with other systemic agents²⁶.

The result also shows that the combination of 20 μ g rifampicin (sub inhibitory concentration) was synergistic with cefuroxime, ceftriaxone and norfloxacin at various concentrations respectively. Moreover, synergy was less often noted in the combination of 20 μ g rifampicin with the cephalosporins (cefuroxime and ceftriaxone) at varied concentration. At 10 μ g, there was no synergistic effect when compared with the single use of the cephalosporins (cefuroxime and ceftriaxone) whereas, at 20 μ g, *Staphylococcus aureus* and *Escherichia coli* were effectively

inhibited, while at 30 μ g all isolates were inhibited. However, in a study conducted on carbapenem-resistant *Acinetobacter baumannii* isolate, antagonism was observed between rifampicin and polymixin combination therapy²⁷. Moreover, in in-vitro study of colistin combinations against extensively drug-resistant *Acinetobacter baumannii* producing OXA-23 carbapenemase, observed that combinations between colistin and rifampicin, colistin and imipenem were more active than the combinations of colistin and fosfomicin, colistin and levofloxacin²⁸.

The various antibacterial agents have different levels of activity against the various bacterial isolates. This result have shown that MICs were lowest with norfloxacin, followed by cefuroxime, ceftriaxone then gentamicin. Cefuroxime, like other cephalosporin, has minimal activity against *Pseudomonas aeruginosa*.

The results also show that the sub inhibitory concentration of rifampicin (20 μ g) combined with the other drugs in the presence of the clinical isolates reduced the MIC to 10 μ g. The progeny of these test on the organisms also retained the MIC of the combined therapy (10 μ g). This may have been achieved by the removal or deletion of the resistance factor which may have been an R-plasmid. This agrees with the findings on rifampicin curing of plasmids in *Escherichia coli* K₁₂-rifampicin resistant host²⁹. This means that a combination of these drugs can apply after in-vivo investigation.

CONCLUSION

Rifampicin combination therapy has enhanced effect on some non-mycobacterial organisms; *Staphylococcus aureus*, *Escherichia coli*, *Klebsiella pneumoniae*, and *Pseudomonas aeruginosa* compared to the single use of the drugs. Rifampicin can now be used in

combination with other antibiotics other than the anti-tuberculous drugs for the treatment of resistant bacteria especially in *Escherichia coli* and *Staphylococcus aureus* infections.

RECOMMENDATION

The fact that in-vitro test does not include the drugs hepatic and renal metabolism, serum protein binding, drug distribution, half-life as well as other drug interactions, in-vivo, and clinical studies should be done to determine these drugs administration, the regime and dosing interval.

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