

EVALUATION OF ANTI-INFLAMMATORY AND GENOTOXICITY POTENTIALS OF THE FRACTIONS OF *ARCHIDIUM OHIOENSE* (SCHIMP. EX MULL) EXTRACT

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ABSTRACT

This study evaluated red blood cell (rbc) membrane stabilization and albumin denaturation, xanthine oxidase and lipoxygenase inhibitory activities of n-hexane (Hex), dichloromethane (DCM), ethyl acetate (EtOAc), butanol (BuOH) and aqueous (Aq) fractions of *Archidium ohioense* methanolic extract using standard procedures. Diclofenac was used as a positive control for both rbc membrane stabilization and albumin denaturation studies while allopurinol and ascorbic acid respectively were used as positive control for xanthine oxidase and lipoxygenase inhibition measurements. Furthermore, genotoxic effect of the two most active fractions of the extract (EtOAc and DCM) on *Allium cepa* meristematic cells was investigated. Results showed that all the fractions inhibited heat-induced bovine serum albumin denaturation activity with the EtOAc and DCM fractions exhibiting better inhibitory activity than other fractions. Also, all the fractions except aqueous fraction compared favourably with the diclofenac (maximum stability of $86.94 \pm 0.00\%$) and protected stressed erythrocyte membrane at various concentrations tested. The maximum percentage erythrocyte stabilities were 97.39 ± 0.00 , 96.23 ± 0.00 , 91.85 ± 0.00 , 87.71 ± 0.00 and $23.93 \pm 0.01\%$ for *A. ohioense* EtOAc, DCM, n-Hex, BuOH and Aq fractions, respectively. It was observed that EtOAc fraction, DCM fraction and ascorbic acid inhibited lipoxygenase activity by 70.00 ± 2.36 , 75.00 ± 1.67 , and $62.50 \pm 8.84\%$ respectively while 71.67 ± 3.54 , 50.00 ± 0.00 and $77.50 \pm 1.76\%$ of xanthine oxidase inhibition were elicited by EtOAc fraction, DCM fraction and allopurinol respectively. EtOAc and DCM fractions showed significant reduction in mitotic index and root lengths of *Allium cepa* at higher concentrations. Also, sticky chromosomes were observed for EtOAc (300 $\mu\text{g/ml}$) and DCM (300 -350 $\mu\text{g/ml}$) fractions. It was concluded that *A. ohioense* plant possesses anti-inflammatory potential with the EtOAc and DCM fractions demonstrating very strong anti-inflammatory activity and compare favourably with standard reference drug (diclofenac). However, these fractions inhibited cell division of *A. cepa* cells at higher concentration.

Keywords: *Archidium ohioense*, Lipoxygenase, Xanthine oxidase, *Allium cepa*, Genotoxicity, Mitotic index

INTRODUCTION

Inflammation is a response process used by the cells to fight injurious agents (Jaykumar *et al.*, 2012). The causes may include infection, noxious chemicals and drugs, stress, UV exposure, etc, (Iwalewa *et al.*, 2007). Once tissue is damaged, cells respond against such damage by releasing inflammatory mediators such as serotonin, histamine, cytokines and chemokines, in order to combat further damages (Iwalewa *et al.*, 2007) and restore healing. The damage may trigger the release of membrane phospholipids which are catalyzed by phospholipases to release arachidonic acids.

The lipases are inhibited by corticosteroids though; the precise mechanisms are still conjectural. Following release, arachidonic acid is

rapidly metabolized by four separate pathways: the cyclooxygenase (COX), lipoxygenase (LOX), P450 epoxygenase, and isoprostane pathways. The type of eicosanoid produced depends on the cell type, cell's phenotype, mode of cell stimulation and nature of the fatty acid esterified in the membrane phospholipids (Bertram, 2004).

The two isoforms of cyclooxygenase (COX 1 and COX 2) metabolize arachidonic acid to prostaglandins. COX 1 is constitutively expressed and responsible for housekeeping function while COX 2 is inducible (Gupta and DuBois, 2001).

The three isoforms of lipoxygenase (5-LOX, 12-LOX, and 15-LOX) metabolize arachidonic acid, to leukotrienes (Gupta and DuBois, 2001) which are associated with asthma and anaphylactic shock. The two major goals set in the treatment of

inflammation are to relief pain and slow or arrest the tissue-damaging process. Both non-steroidal anti-inflammatory drugs (NSAIDs) and steroidal anti-inflammatory drugs (SAIDs) are used in the treatment of inflammation. However, it was reported that they both produce harmful effects such as gastric irritation, nephrotoxicity and hepatotoxicity. There is therefore need to search for effective and safe anti-inflammatory compounds from nature (Jaykumar *et al.*, 2012).

Certain mosses have been reported to possess anti-inflammatory, antioxidant, antibiotic and antitumor properties (Paudel *et al.* 2014; Savaroğlu *et al.*, 2011).

In continuation of our previous studies on anti-inflammatory activity of the crude extracts of *A. obioense* using solvents of different polarities (Akinpelu *et al.*, 2015), we report the anti-inflammatory activities of fractions obtained from the methanolic crude extract of the plant. Also, genotoxic effect of the potent fractions on mitotic cells in *Allium cepa* root tips was evaluated.

MATERIALS AND METHODS

Materials

Plant Collection

The plant material was collected from Obafemi Awolowo University Ile-Ife campus, and authenticated at IFE Herbarium, Department of Botany, of the same University with the voucher specimen (IFE-17406) number.

Methods

Preparation of Crude Extract

The dried powdered material (1.5 kg) was soaked with 80% (v/v) methanol for 48 h and filtered. The residue was further soaked with 80% (v/v) methanol for another 48 h. The filtrate was pooled and concentrated *in vacuo* at 35 °C to obtain the crude extract.

Solvent Partitioning of Crude Extract

The crude extract (2.0 g) was suspended in distilled water and successively partitioned with n-hexane (200 ml x 4), dichloromethane (200 ml x 4), ethyl acetate (200 ml x 4) and n-butanol (200 ml x 4). Each solvent fraction was separately concentrated to dryness *in vacuo* to obtain a total of

five fractions (Godwin *et al.*, 2015).

Phytochemical Screening

Each fraction was screened for the presence of secondary metabolites as described by Trease and Evans (2002) and Sofowora (2006).

Membrane Stabilizing Assay

The assay was based on the modified procedure of Oyedapo *et al.* (2010). Briefly, the mixture contained 1.0 ml of hyposaline, 0.5 ml of phosphate buffer (0.15 M, pH 7.4), varying concentrations of each fraction (0-350 µg/ml) which was made up to 3.0 ml with normal saline and 0.5 ml of 2% (v/v) erythrocytes. The reaction mixture was incubated at 56 °C for 30 min and centrifuged at 3000 rpm for 10 min. The absorbance of the supernatant was read at 560 nm against reagent blank. The percentage membrane stability was calculated from the equation:

% Membrane Stability =

$$\left(100 - \frac{\text{Absorbance}_{\text{test drug}} - \text{Absorbance}_{\text{drug control}}}{\text{Absorbance}_{\text{blood control}}} \times 100\right)$$

Protein Denaturation Inhibitory Assay

The modified procedure of Mizushima and Kobayashi (1968) as reported by Aina and Oyedapo (2013) was adopted. The reaction mixture contained 0.5 ml (0.25 mg/ml BSA) and varying concentrations of each fraction (0-350 µg/ml) to a volume of 3.0 ml and incubated at 37±2 °C for 20 min. The reaction mixture was heated at 57±2 °C for 3 min followed by addition of 2.5 ml phosphate buffer (0.5 M, pH 6.3). From each reaction mixture, 1 ml was pipetted into fresh test tube followed by addition of copper-alkaline reagent (1 ml) and 1.0 ml of Folin-Ciocateu-Phenol reagent (1:10). The reaction mixture was then incubated at 55 °C for 10 min. The tubes were allowed to cool and absorbance was measured at 650 nm against reagent blank. The quantity of undenatured protein left and % inhibition were calculated from the equation:

$$\text{Total Protein} = \frac{\text{Absorbance}_{\text{sample at 650 nm}} \times \text{Concentration}_{\text{standard}}}{\text{Absorbance}_{\text{standard at 650 nm}}}$$

Undenatured Protein Left =

$$\frac{\text{Absorbance}_{\text{sample at 650nm}} - \text{Absorbance}_{\text{blank at 650 nm}}}{\text{Absorbance}_{\text{standard at 650 nm}} - \text{Absorbance}_{\text{blank at 650 nm}}}$$

$$\% \text{ Inhibition} = \frac{\text{Protein left}}{\text{Total Protein}} \times 100$$

Xanthine Oxidase Inhibitory Assay

The *in vitro* xanthine oxidase inhibition potential of EtOAc and DCM fractions was carried out according to the modified procedure of Ferraz-Filha *et al.* (2006) as reported by Konate *et al.* (2011). Each fraction was directly dissolved in phosphate buffer-MeOH (1%) and screened for xanthine oxidase inhibitory activity at final concentration of 50 µg/ml. The assay mixture consisted of 150 µl phosphate buffer (1/15 M, pH 7.5), 50 µl solution of each fraction and 50 µl enzyme solution (0.28 U/ml in phosphate buffer). The reaction was initiated by adding 250 µl of 0.15 mM substrate solution (dissolved in water). Change in absorbance was recorded at 295 nm for 2 min. Negative control was prepared and contained 1% methanol solution without the extract. Allopurinol a well-known inhibitor of xanthine oxidase was used as positive control at a final concentration of 50 µg/ml. Percentage xanthine oxidase inhibitory activity was expressed using the equation:

$$\% \text{ Inhibition} = \left(\frac{1-B}{A} \right) \times 100$$

A = change in absorbance of the assay without the fraction

B = change in absorbance of the assay with the fraction

Lipoxygenase Inhibitory Assay

Lipoxygenase inhibitory activity of the EtOAc and DCM fractions with linolenic acid as substrate was measured as described by Ferraz-Filha *et al.* (2006) as reported by Konate *et al.* (2011). EtOAc and DCM fractions were separately dissolved in phosphate buffer and screened for lipoxygenase inhibitory activity at final concentration of 50 µg/ml. The assay mixture consisted of 150 µl phosphate buffer (1/15 M, pH 7.5), 50 µl solution of fractions and 50 µl enzyme solution (0.28 U/ml in phosphate buffer). The reaction was initiated by adding 250 µl of 0.15 mM substrate solution (dissolved in water). Change in absorbance was recorded at 234 nm for 2 min. Negative control was prepared and contained 1% methanol solution without extract solution. Ascorbic acid, a well-known inhibitor of lipoxygenase was used as

a positive control at a final concentration of 50 µg/ml. The experiments were performed in triplicate. Lipoxygenase inhibitory activity was expressed as the percentage inhibition of lipoxygenase, calculated as (%) inhibition following equation:

$$\% \text{ Inhibition} = \left(\frac{1-B}{A} \right) \times 100$$

A = change in absorbance of the assay without the fraction

B = change in absorbance of the assay with the fraction

Root Growth Inhibition Assay: *Allium cepa* Model

Fresh onion bulbs (20) were purchased and sundried for two weeks. The bottom plates were scraped and seated in distilled water to initiate rooting for 24 h. The best rooted 15 bulbs were selected and used for the study (Rank and Nielson, 1993). The bulbs were planted separately in 0, 100, 200, 300 and 350 µg/ml of the EtOAc and DCM fractions for 72 h and distilled water served as control. Thereafter, the roots were harvested and fixed in acetic acid/ethanol (1:3 v/v) for 24 h and later stored at 4 °C. The lengths of five roots from each bulb were measured and the mean root length was calculated. The percentage root growth inhibition (Farhad *et al.*, 2011) was calculated as:

$$\% \text{ Growth} = \left(1 - \frac{\text{Sample}}{\text{Control}} \right) \times 100$$

Assay of Genotoxicity Activity in *Allium cepa*

The fixed root (at 4 °C) were hydrolyzed in HCl (18% v/v) for 10 min at room temperature. The tips of the roots were then crushed on clean slides and stained with FLP-orcein for 15 min (Rank and Nielson, 1993). The slides were viewed under x 10 and x 40 of light microscope. The total numbers of cells including the dividing cells were counted. Data were obtained from 25 microscopic fields. Mitotic index was calculated as:

$$\text{Mitotic index} = \frac{\text{Number of dividing cells}}{\text{Total number of cells}} \times 100$$

RESULTS

The fractions revealed the presence of flavonoids, cardiac glycosides, terpenes, steroids (except in BuOH fraction) and phenolics (Table 1).

Table 1: Phytochemical Constituents of Fractions of *A. obioense*

Phytochemical Constituents	DCM Fraction	EtOAc Fraction	BuOH Fraction	Aqueous Fraction
Flavonoids	+	+	+	+
Tannins	-	-	-	+
Alkaloids	-	-	-	+
Saponins	-	-	-	-
Cardiac glycosides	+	+	+	+
Triterpenes	+	+	+	+
Steroids	+	+	-	+
Phlobatannins	-	-	-	+
Phenolics	+	+	+	+

(+) represents positive result, (-) represents negative result.

Membrane stabilization profiles of *A. obioense* fractions and diclofenac on bovine erythrocytes exposed to heat and hypotonic-induced lyses are shown in figure 1.

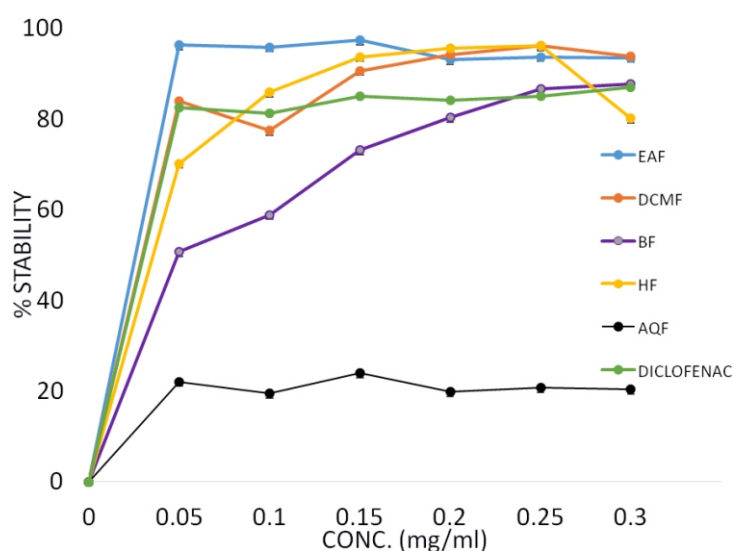


Figure 1: Membrane Stabilization Profiles of *A. obioense* Fractions on Stressed Bovine Erythrocytes. Each value represents the mean \pm SEM of 3 readings.

EAF: Ethylacetate fraction, DCMF: Dichloromethane fraction, BF: Butanol fraction, HF: n-Hexane fraction, AQF: Aqueous fraction.

The percentage inhibition of albumin denaturation is presented in figure 2.

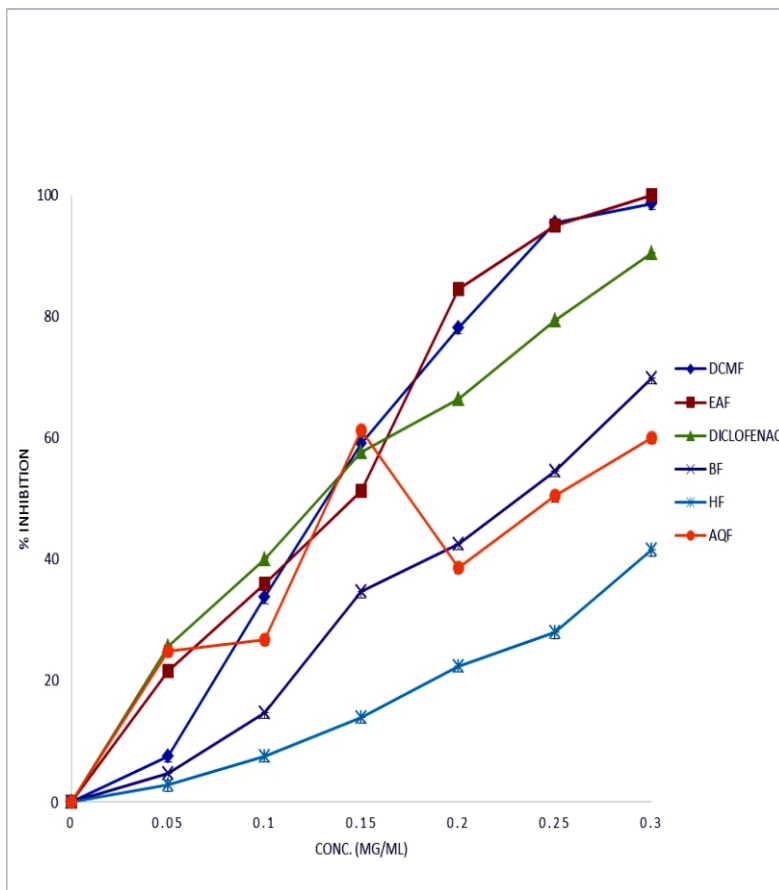


Figure 2: Effects of *A. obioense* Fractions on Bovine Serum Albumin Denaturation Inhibitory Activity.

Each value represented the mean ± SEM of 3 readings.

EAF: Ethylacetate fraction, DCMF: Dichloromethane fraction, BF: Butanol fraction, HF: n-Hexane fraction, AQF: Aqueous fraction.

The percentage inhibitory activities of EtOAc and DCM fractions at 5 µg/ml on lipoxygenase and xanthine oxidase are as shown in table 2. EtOAc fraction had highest % inhibitory activity compared to DCM fraction and allopurinol. EtAOc fraction was also observed to inhibit xanthine oxidase activity better than DCM fraction but both showed lesser inhibitory activity compared to Ascorbic acid (Table 2)

Table 2: Lipoxygenase and Xanthine Oxidase Percentage Inhibition Profiles of *A. obioense* EtOAc and DCM Fractions.

Fractions	Lipoxygenase Inhibition (%)	Xanthine oxidase Inhibition (%)
DCM fraction	71.66±3.53	50.00±0.00
EtOAc fraction	75.00±1.66	62.50±8.83
Allopurinol	Not determined	77.50±1.76
Ascorbic Acid	70.00±2.35	Not determined

Tables 3 and 4 are a summary of concentration-dependent reduction in mitotic index of *Allium cepa* root tip meristem cells treated with different concentrations of *A. obioense* EtOAc and DCM fractions. Increase in the total number of non-

dividing cells was observed as the fractions concentration increases compared to control hence mitotic index decreases as the EtOAc and DCM concentrations increase.

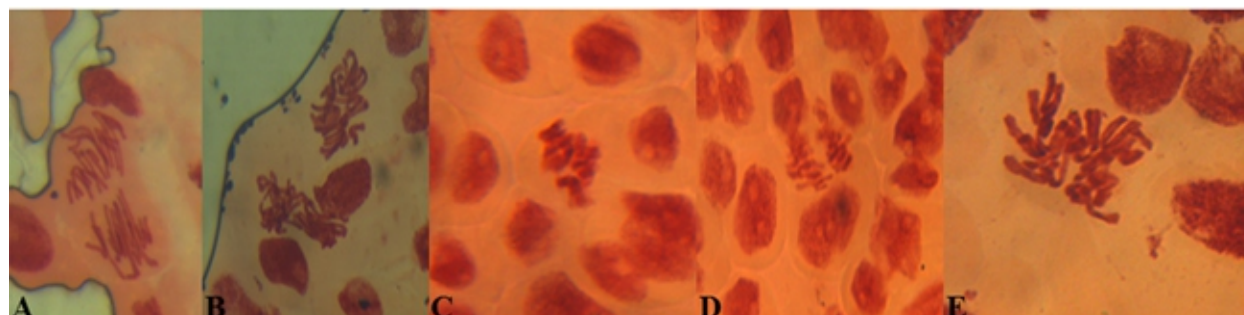
Table 3: Effect of *A. obioense* EtOAc fraction on Mitotic Index of *A. cepa* Root.

EtOAc Fraction ($\mu\text{g/ml}$)	Prophase	Metaphase	Anaphase	Telophase	Total Dividing Cells	Total Non-Dividing Cells	Mitotic Index
0	55	30	06	03	94	1324	6.63
100	36	24	03	04	67	1556	4.13
200	46	23	13	12	93	1727	5.11
300	20	06	14	04	44	1347	3.16
350	08	11	02	05	26	1442	1.77

Table 4: Effect of *A. obioense* DCM fraction on Mitotic Index of *A. cepa* Root.

DCM Fraction ($\mu\text{g/ml}$)	Prophase	Metaphase	Anaphase	Telophase	Total Dividing Cells	Total Non-Dividing Cells	Mitotic Index
0	48	31	06	15	100	843	10.60
100	87	17	10	05	119	1289	8.45
200	108	70	32	24	234	2350	9.06
300	199	11	02	00	212	3230	6.16
350	186	43	10	08	247	3915	5.93

Microscopic analysis and stages of mitotic division and chromosomal aberrations caused by *A. obioense* EtOAc and DCM fractions are shown in plate 1 (B-E) compare to control (plate 1(A))

**Plate 1 (A- E):** Cell Division in Untreated and Treated Cells in *Allium cepa* assay

A-Normal anaphase in control (untreated)

B- Sticky metaphase at 350 $\mu\text{g/ml}$ EtOAc fraction

C- Sticky metaphase at 300 $\mu\text{g/ml}$ DCM fraction

D- Sticky anaphase at 300 $\mu\text{g/ml}$ DCM fraction

E- Sticky metaphase at 350 $\mu\text{g/ml}$ EtOAc fraction

DISCUSSION

The bioactivities of medicinal plants have been attributed to the presence of secondary metabolites. *A. obioense* tested positive for flavonoids, cardiac glycosides, terpenoids and phenolics in all the fractions. The presence of these metabolites contributes to the plant's medicinal functions (Edeoga and Eriata, 2001) and corroborated what had been reported in the literatures on medicinal activities of bryophytes

extract constituents (Adedeji *et al.*, 2012).

As shown in figure 1, all the fractions protected stressed erythrocytes and compared favourably with the reference anti-inflammatory drug (diclofenac). This finding corroborated Rupesh *et al.* (2013) investigation on *in vitro* anti-arthritic activity of *Pongamia pinnata* (Linn) Pierre and *Punica granatum* (Linn) in which 86.85% maximum percentage membrane stability was recorded for

diclofenac.

Studies have revealed that flavonoids and saponins elicited strong and appreciable membrane stabilizing effect both *in vivo* and *in vitro* (Akinpelu *et al.*, 2015; Oyedapo *et al.*, 2010). In addition, flavonoids, monoterpenes and polyphenols were documented to exhibit anti-inflammatory property (Bhattacharya, 2011). Therefore, the observed stabilization of stressed red blood cells by *A. obioense* could possibly be as a result of the presence of these phytochemicals.

Furthermore, the result of the protein denaturation inhibitory profile on heat-treated bovine serum albumin (Figure 2) showed that, the EtOAc fraction elicits highest percentage inhibitory capacity ($99.99 \pm 0.00\%$ at 0.30 mg/ml) followed by the DCM fraction ($98.00 \pm 0.01\%$ at 0.30 mg/ml) while n-hexane fraction ($41.52 \pm 0.00\%$ at 0.30 mg/ml) was the least. The standard anti-inflammatory drug (diclofenac) had $90.40 \pm 0.02\%$ inhibition at 0.30 mg/ml.

Tissue protein denaturation has been implicated in inflammation. Also, production of autoantigens or self-antigens in certain arthritic conditions was reported to be attributed to the denaturation of tissue proteins *in vivo* (Vedpal *et al.*, 2013; Umapathy *et al.*, 2010). Denaturation and inflammation have similar physio-pathological phenomena and could be caused by heat, radiations, organic solvents, etc (Mizushima and Kobayashi, 1968). NSAIDs used in the management of inflammatory conditions have been reported in the protection of proteins against denaturation (Saso *et al.*, 2001). Protein denaturation inhibitory capacity of *A. obioense* plant observed in this study, supports anti-inflammatory property of the plant.

In vitro lipoxygenase (LOX) and xanthine oxidase (XO) inhibitory activities of EtOAc and DCM fractions of *A. obioense* methanol extract were investigated based on their strong membrane stabilization and protein anti-denaturation activities compared to other fractions.

At 0.05 mg/ml EtOAc fraction inhibited LOX by $75.00 \pm 1.67\%$ and XO by $62.50 \pm 8.84\%$ while the DCM fraction, inhibited LOX by $71.67 \pm 3.54\%$

and XO by $50.00 \pm 0.00\%$. A standard reference drug, ascorbic acid exerts $70.00 \pm 2.36\%$ LOX inhibitory activity while allopurinol inhibited XO by $77.50 \pm 1.77\%$.

The activities of pro-inflammatory enzymes, lipoxygenase (LOX), xanthine oxidase (XO) and cyclooxygenase (COX), promote inflammation and other inflammatory-related disorders by furnishing pro-inflammatory mediators and free radicals (Bertram, 2004). COX and LOX are involved in the metabolism of arachidonic acids while XO is involved in the metabolism of purine nucleotides (i.e. hypoxanthine to xanthine) and generates H_2O_2 , a reactive oxygen species. Therefore, inhibition of these enzymes is essential in the treatment of long term inflammatory disorder (Sweeney *et al.*, 2001).

The sensitivity of LOX to EtOAc fraction might be attributed to reduction of Fe^{3+} to Fe^{2+} in the LOX structure (Samson *et al.*, 2011). LOXs are highly sensitive to polyphenols. It converts arachidonic acid substrate or its isomer linolenic acid substrate into a H_2O_2 intermediate before final conversion into leukotriene product. Polyphenols block the formation of the intermediate by scavenging the lipid peroxy-radicals in the peroxidation reaction (Bertram, 2004). The H_2O_2 intermediate is essential for the catalytic cycle of the LOX activity. The blockade of LOX activity by the polyphenols, results in the shortage of H_2O_2 intermediate hence, reduces the activity of the enzyme. Therefore, polyphenol content of the plant probably contribute to high inhibitory activity of LOX by *A. obioense* EtOAc fraction.

Gout and hyperuricemia are the common metabolic disorders in human affecting 1–2% of adults (Umamaheswari, 2009). The diseases are associated with an elevated level of uric acid in the blood leading to the deposition of urate crystals in the joints and kidneys. Presence of such crystals in the joints leads to gouty arthritis while the deposition of urate crystals in the kidneys leads to uric acid nephrolithiasis. Xanthine oxidase is responsible for the oxidation of hypoxanthine to xanthine and xanthine to uric acid (Umamaheswari, 2009) and in the process, generates superoxide radicals and hydrogen

peroxide. Therefore, inhibition of XO results in a decreased production of uric acid and superoxide.

Xanthine oxidase inhibitors are much useful, because they possess lesser side effects compared to uricosuric and anti-inflammatory agents. Allopurinol is the only clinically used inhibitor of XO (Kong, 2000) but it also exhibits side effects such as hypersensitivity syndrome and renal toxicity (Burke *et al.*, 2006). Flavonoids and polyphenolic compounds have been reported to inhibit the activity of xanthine oxidase by blocking the production of superoxide radical and hydrogen peroxide (Meriem *et al.*, 2010). The present study showed that *A. obioense* EtOAc and DCM fractions could be useful in inhibiting the progress of xanthine oxidase related diseases.

Allium cepa is a globally accepted genetic model for evaluating the genotoxic and mitosuppressive potentials of chemicals, drugs and herbal preparations (Namita and Somia, 2013). The results in tables 3 and 4 showed the genotoxicity effect of the EtOAc and DCM fractions of *A. obioense* on root tips of *A. cepa*.

Mitotic index (MI) is an indicator for measuring cells proliferative potential. It measures the number of cells undergoing mitosis and its inhibition could be considered as cellular death or a delay in cell proliferation (El-Shahaby *et al.*, 2003).

In this study, the *A. cepa* roots treated with EtOAc and DCM fractions exhibited a significant decrease ($p < 0.05$) in MI with increasing concentration (Tables 3 and 4). The MI at highest concentration of EtOAc and DCM fractions are 1.77 and 5.93 respectively.

The observed reduction in the MI by these fractions could be as a result of interference in the initiation of prophase; or the arrest of one or more mitotic phases (El-Shahaby *et al.*, 2003). Sticky chromosomes (Plate 1 A- E) observed in the cells of the roots treated with *A. obioense* EtOAc and DCM fractions at higher concentrations could probably be as a result of misfolding of chromosomal fibres. The misfolding of chromosomes resulted in the restriction of movements hence, cell death (Ping *et al.*, 2012). Moreover, stickiness of chromosomes

might also be attributed to DNA depolymerization, partial dissolution of nucleorotein, breakage and exchange of basic folded fibre units of chromatids and the stripping of protein covering of their DNA (Mercykutty and Stephen, 1980)

CONCLUSION

The study therefore concludes that *A. obioense* extracts possess strong anti-inflammatory property. However, genotoxic investigation suggested that the plant EtOAc and DCM fractions inhibit cell division of *A. cepa* at higher concentrations. Therefore, further *in vivo* study is recommended to identify the compounds responsible for the genotoxic effect so as to ensure safety in the use of the plant in orthodox medicine.

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