



Review

The Role of Nanotechnology in Molecular Imaging by using Fluorescent Quantum Dots

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ABSTRACT: Giant strides in knowledge about nanoparticles have led to the development of sophisticated fluorescent quantum dots that have enhanced our understanding of the disease process as well as the healing mechanism following appropriate therapy. This article focuses on various aspects of fluorescent quantum dots which are now knocking at our doors to let them in to assist us in molecular imaging.

KEY WORDS: *Nanotechnology; Molecular imaging; Fluorescent quantum dots*

INTRODUCTION

The first decade of the new millennium has paved the way for molecular imaging. Use of fluorescent quantum dots is now one of the main cornerstones of molecular imaging. Detection of biological processes at molecular level needs specialized probes. This problem was overcome when scientific advances put forth the solution in the form of fluorescent quantum dots that produce excellent contrast which enables rapid detection of changes at molecular levels.

DISCUSSION

As “nano” means one-billionth, “nanotechnology” refers to technology that deals with objects having nanoscale dimensions between 1.0 and 100.0 nm. Because of fundamental principles of quantum physics nanoscale materials have different properties than the properties of the same materials having larger dimensions¹. Majority of research in molecular biology is taking place on a nanoscale as all biologic systems are inherently composed of nanoscale building blocks². After the invention of the scanning tunneling microscope in 1981 by Binig and Rohrer³, working on individual atoms on a surface became feasible so that nanoscale structures could be assembled into larger and more

complex structures and nanoscale science grew by leaps and bounds. Combination of array technology and scanning probe microscope method has further widened the horizons. Most of the contrast agents being developed for fluorescent optical imaging are nanoassemblies that have a fluorescent reporter label and a receptor-targeting moiety on a polymer backbone^{4,5}. The term *theranostics* refers to the unique combination of drug and nanocontrast. It has a bright future as it promises imaging of a protein, drug or even gene delivery system⁶.

The basis of fluorescent imaging by using nanoparticles is that they exhibit luminescence. Interest in fluorescent quantum dots as an imaging tool sprang up after the discovery of green fluorescent protein in jelly fish⁷.

Quantum dots score better than organic dyes and fluorescent proteins due to their higher luminescence, wide excitation with narrow emission bands, resistance to photo bleaching and high molar extinction coefficient. As the size of quantum dots is increased, the wavelength of fluorescent emission is also increased⁸.

Moreover many functions can be incorporated in one nanosystem as has been demonstrated by the development of a nanosystem in which fluorescent quantum dots and pharmaceutical drugs are assembled into chitosan nanoparticles for multifunctional smart drug delivery systems⁹.

The problem of occurrence of hydrophobic organic ligands following synthesis has been solved by conjugating them with a hydrophilic substance so that the solubility of quantum dots is enhanced¹⁰. Therefore, Bioassays and intracellular labeling

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have been possible by conjugating quantum dots with Chitosan [(CdSe-ZnS)-chitosan]. Biocompatible and biodegradable Chitosan is an obvious choice because of its hydrophilic nature.

A better alternative is to use silicon quantum dots that have a surface hydroxyl group ensuring its water solubility. Oxygen-passivation is used to stabilize its photoluminescence. Silicon quantum dots are not only less cytotoxic alternative to CdSe for bio-imaging labels¹¹, their initially modest yield can now be increased exponentially¹².

Heavy metal-free quantum dot bio-probes based on single phase ZnS have been prepared by selectively doping them with transition metals and halides to provide adjustable luminescence properties. Surface conjugation with folic acid enables cancer targeting¹³.

The excitation and emission wavelengths of the above mentioned quantum dots lie in the visible spectrum. This hampers imaging of deeper tissues, as these wavelengths are highly absorbed by body tissue. Therefore, only superficial tissues can be seen *in vivo*. Hence while preparing fluorescent quantum dots from non fluorescent nanoparticles, the fluorophores that is being used should be such that it should both absorb as well as emit light in the near-infrared window (650–900 nm), where the absorbance of tissue is low¹⁴. This is not so vital when using confocal microscopy, where light has to penetrate minimal tissue sections but assumes more critical stand when using fluorescence tomography, where light has to pass through substantial tissue thickness.

Functionalized dots for *in vivo* tumor vasculature in the infrared part of the spectrum have been developed by conjugating them with Arginine-glycine-aspartic acid (RGD) peptides that targets actively growing tumor vessels of all cancer types¹⁵. This is better than the conventional antibody or aptamer-mediated targeting that is specific to a particular cancer type.

Method to increase blood half-lives of nanoparticles that are otherwise foreign to the body includes PEGylation that avoids fast removal by the reticuloendothelial system. This allows larger amount of injected material to reach and bind the desired sites. PEGylation lowers cytotoxicity, exhibits a 10-fold increase in circulation half-life and does not form aggregates in the lungs¹⁶.

Natural nanoparticles like viruses or lipoproteins evade recognition by the body's defense systems. This can be converted into fluorescent tagged quantum by modifying their surface to contain contrast generating ions and dyes^{17,18} or by including inorganic nanoparticles in the core of the virus or lipoprotein¹⁹.

Renal system can excrete nanoparticles up to 5.5 nm, while particles larger than that are mainly taken up by the reticuloendothelial system where they end up in the liver and spleen²⁰. Here they are

metabolized and excreted or accumulated and can potentially become toxic for the body²¹.

Advantages of nanoparticulate fluorescent tagged quantum dots over single molecule-based contrast agents include²²⁻²⁹:

- Adequate contrast,
- Many types of contrast generating materials can be utilized at a time,
- Circulation time is more,
- High payloads are possible,
- Quick and efficient assemblage of components is possible,
- Multiple imaging techniques can be used for detection,
- Therapeutics can also be delivered and visualised,
- Particular cell types can also be detected and seen, or
- Promote and permit development of newer imaging systems

For imaging modalities with low sensitivity, nanoparticles bearing multiple contrast groups provide signal amplification³⁰. Some nanoparticles enable deep-tissue as well as real-time evaluation diverse specimens, such as brain, heart, kidneys and lymphatic organs while leaving the tissue intact³¹.

CONCLUSION

Use of fluorescent quantum dots is of immense help in visualizing early stage of disease, its progression and response to treatment. Recent advances in nanotechnology enable synthesis of a nanoparticle contrast agent possessing the required attributes for any desired application. Advances in molecular imaging, diagnostic imaging and nanotechnology must go hand in hand to reap out the best fruits from the tree of knowledge for health of the entire humanity.

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