

EDITOR-IN-CHIEF'S NOTE

Empowering Change: Addressing Non-Communicable Diseases



Dear Esteemed Readers and Colleagues,

It is with great pleasure and a profound sense of purpose that I welcome you to the IFEMED Journal's special edition focused on the critical topic of Non-Communicable Diseases (NCDs). As the Editor of IFEMED Journal, it is both an honor and a responsibility to guide you through this vital collection of research and insights.

Non-communicable diseases, encompassing cardiovascular diseases, cancers, chronic respiratory diseases, and diabetes, are an increasingly significant public health concern globally. According to the World

Health Organization, these NCDs are responsible for approximately 74% of all global deaths, with their impact being felt across diverse communities and socio-economic strata.

In the pursuit of our mission to advance knowledge in medicine, we have chosen to dedicate this edition to NCDs, as understanding, addressing, and ultimately mitigating these diseases is paramount to improving the health and well-being of our society. The articles within this journal span a wide spectrum, from groundbreaking research findings to innovative strategies for prevention and management. Each contribution reflects the unwavering commitment of our authors and researchers to combat NCDs head-on.

In the realm of Cardiovascular Disease, we delve into cutting-edge approaches to risk assessment, novel diagnostic techniques, and innovative therapeutic interventions. We explore the multifaceted landscape of Cancers, from early detection to personalized treatment modalities. Our discussions on Chronic Respiratory Diseases unveil the latest developments in inhalation therapies, air quality regulations, and patient education. Furthermore, in the domain of Diabetes, we examine evolving pharmacological options, lifestyle interventions, and technology-driven advancements.

This issue is a testament to the dedication and collaboration of researchers, clinicians, and healthcare professionals who are at the forefront of the battle against NCDs. It highlights the importance of interdisciplinary cooperation, research dissemination, and policy development to confront these diseases comprehensively.

It is worth noting that alongside the wealth of knowledge presented within these pages, we are making strides in reducing our environmental impact. As part of our ongoing commitment to sustainability, we have transitioned to a Book of Abstracts format with QR codes for online access to full articles, significantly reducing paper usage and promoting eco-conscious practices.

I would like to extend my deepest gratitude to our contributors, reviewers, and the entire IFEMED Journal team for their unwavering dedication to excellence. We also express our appreciation to the Obafemi Awolowo University Medical Students Association for their continuous support.

In closing, I encourage you to immerse yourselves in the wealth of knowledge presented here. Let the articles within these pages serve as beacons of hope, inspiration, and transformation. Together, let us empower change in the fight against Non-Communicable Diseases. Our shared commitment to knowledge, innovation, and sustainability can lead us to a future where the burden of NCDs is significantly reduced.

Warm regards,

Chukwuemeka Obuekwe

Editor-in-Chief, IFEMED Journal