

# IFEMED REPORT

## IFEMED JOURNAL CLUB

The journal year commenced after Dr Apampa Tobiloba and his team handed over the baton to Michael Onasanya and other newly elected executives following the successful launch of the CRITICAL CARE journal at the club's first virtual journal launch event.

The 2022 Editorial year has been a very fulfilling one for the club. Following the first virtual launch held last year, the club had its annual recruitment exercise and then an election. The year's activities kicked off for the club in March with the virtual research seminar series focusing on the basics of research writing. This comprised 4 sessions facilitated by consultants of the faculty of clinical sciences and was well attended by medical students and health care professionals. Among the facilitators were Dr.

Wuraola of the General Surgery Department and Drs. Ijadunola and Arije of the Community Health Department. The series wrapped up with a session by Emeka Obuekwe, the club's Associate Editor.

Following this, the club with its Open Access Project aimed at improving the reach of our publications and contributing to worldwide knowledge in medicine. The club also continued to run its other projects although the progress of most of these was affected by the ASUU strike. Towards the end of the journal year, the club organized the Prof. O. Olufisan Taiwo Memorial Essay competition, an annual essay competition in honour of the club's first board chairman. Winners (1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place) will be announced at the journal launch

event and will be rewarded with cash prizes; other consolation prizes are also up for grabs

The club was faced with quite some challenges but In spite of these, it continues to wax strong. This year, we decided to consider global events and pay tribute to the lives lost by choosing a theme which explores the effects of the COVID-19 pandemic not just in medical terms but also in terms of economics and social health. The club deeply appreciates the support and encouragement of our readers and alumni and promises not to relent in its commitment to medical knowledge and publication.

# IQDC REPORT

## IFUMSA QUIZ AND DEBATE CLUB

IQDC started a new tenure with **Ayotunde Famokunwa** as Chairman.

The club started with a transition attendance of competition with the precious tenure. We started our proper tenure with financial issues but were able to contribute our way through. Along the way, we were able to win large sums of money that sustained us through the year.

Below is a list of competitions we attended with our positions:

- Ekiti State University competition. **3rd**
- Pan African Health Education Research Quiz Competition. **1st**
- Unilag Quiz. **4th**
- Ojuawo quiz, Unilorin. **1st**
- Nimsa quiz. **3rd**
- ARD ado Ekiti. **1st**

We were invited for a quiz in Kogi, we came 2nd in the preliminaries but could not participate in the finals because the organizers informed us that the prize money was low (going to Kogi we run us into debt).

In a dramatic spectacle, Obafemi Awolowo University cemented her status as defending champions for the second time in a row at the Biennial **IFUMSA QUIZ AND DEBATE CLUB MEDICUS**

### INTERCOLLEGIATE QUIZ COMPETITION 2.0.

The event took place at the Clinical Skills Lecture Theatre, Obafemi Awolowo University Teaching Hospital Complex on Friday and Saturday 18th–19th of February, 2022.

In attendance were nine(9) schools, representing the five (5) geo-political zones in Nigeria. The schools included: Ahmadu Bello University Zaria from the Northwest; Nnamdi Azikiwe University from the Southeast; the University of Uyo from the Southsouth; University of Ibadan, Olabisi Onabanjo University, Bowen University, Ladoke Akintola University, and Obafemi Awolowo University from Southwest; and the University of Ilorin from the Northcentral.

Participating Schools were properly taken care of and housed for a night while those from far distances were lodged for two(2) nights.

Each school had 6 participants with some schools coming with spectators, as Medicus was a wonder to behold!

The quiz competition spanned two days and was in 2 phases;

- **Day 1** was blitz phase in General Knowledge/General Science, Basic Medical Sciences, and

Clinical Sciences Picture Tests (the very first of its kind in Nigeria).

- **Day 2** was the traditional quiz phase and participants were tested on: General Knowledge, General Sciences, Basic Medical Sciences, and Clinical Sciences. At the end of the preliminaries, four schools made it to the final round - OAU, UI, UNILORIN, and OOU.

The final round of the competition had contesting schools go through a traditional quiz session yet again and a particularly dramatic Fastest and Best session, culminating in OAU clinching the first position, UI, OOU, and UNILORIN tagging behind as first, second, and third runners-up respectively.

The quiz was by far the most rigorous witnessed in recent times, and the winner was not known until the last minute in which Obafemi Awolowo University won through hard work and a pinch of luck.

These rounds up our activities up to date however we still have an invitation from Bowen university.

# IHAC REPORT

## IFUMSA HEALTH AND AWARENESS CLUB

- The election for the new set of executives for this tenure was held on the 6<sup>th</sup> of September, 2021 and they were sworn in on the 24<sup>th</sup> of September, 2021. They started work immediately by having the first meeting of the tenure the same day.
  - The club was at the IFUMSA carwash fundraising toward the world heart day on the 29<sup>th</sup> of September, 2021 where they were involved in checking the blood pressure of those that came to wash their car, the college staff, IFUMSAites, and interested passersby.
  - The club partnered with NIMSA during the **National Tuberculosis Control Project** at Ife Central West LCDA secretariat and Akodi Waasin Olumogbe (town hall at Oba of Ilare's Palace) on the 9<sup>th</sup> of October, 2021.
  - The 2nd meeting of the tenure was held on the 13<sup>th</sup> of October, 2021. The meeting was combined with the sendoff ceremony for members of the club that had their induction before the time.
  - The 3<sup>rd</sup> meeting of the tenure was on the 19<sup>th</sup> of November, 2021. During this meeting, the members of the club were thought Cardiopulmonary Resuscitation by invited members of the Nigeria Red Cross.
  - The club also partnered with foursquare Students' Fellowship OAU for a village outreach to Wanikin elejavillage on the 23rd of November, 2021.
  - On December 1<sup>st</sup>, 2021 (WORLD AIDS DAY), the club had an AIDS awareness outreach to secondary schools in Ile-Ife and a school in Ilesha. During this outreach, the students were educated on HIV & AIDS in the most basic way. They were educated on the cause, risk factors, and prevention of HIV. The myths surrounding HIV were also debunked and they were told the facts.
- Seven schools were visited in total;
1. Ife Anglican Grammar School
  2. Oranmiyan Grammar School
  3. Royal Comprehensive High School
  4. Sijuwade Comprehensive College
  5. Modakeke High School
  6. Oluorogbo High School
  7. United Anglican/Methodist School, Ilesha.
- The club had the 4<sup>th</sup> meeting of the tenure and first meeting of the new year on the 29<sup>th</sup> of January, 2022. The main agenda at the meeting was the sexual health program being planned for 11<sup>th</sup> of February, 2022.
  - Members of the club were at the Health Day organized by the National Association of Political Science Students, O.A.U. on the 30<sup>th</sup> of January, 2022. We did the following checkups; BMI, Blood Pressure, and blood glucose check.
  - On the 9<sup>th</sup> of February, 2022, there was physical publicity for the sexual health program being planned throughout campus especially the halls of residence.
  - The valentine's special sexual health program "Your Sexual Practices and Your Health: FAQs and Answers on the Health Effects of Safe and Unsafe Sexual Practices" took place on the 11<sup>th</sup> of February 2022. The Father of the day was Dr. A.O. Ogundokun, a Consultant Family Medicine Physician. The panelists were Dr. T.O. Fehintola, a Consultant Community Health Physician, Dr. A.O. Ijarotimi a Consultant Obstetrician and Gynaecologist, Dr. D.A. Adetoye, a Sexual and Reproductive Health and Rights Advocate, and also the Technical

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- Advisor on Clinical Services for AIDS Prevention Initiative in Nigeria (APIN), Miss Olabintan Odunola, the Team Lead of The Health City. Moderator for the panel session was Miss Adesopo Oluwaseyitan, the Student Leader of Medical Students for Choice O.A.U. This program also included free HIV and hepatitis screening and the distribution of condoms. About 200 people attended the program.
- The club had the 5<sup>th</sup> meeting of the tenure on the 25<sup>th</sup> of March, 2022. The upcoming IFUMSA health week and the Upcoming Village outreach planned by the club were the main discussions at the meeting.
  - The club had the 6<sup>th</sup> meeting of the tenure on the 29<sup>th</sup> of April, 2022. At the meeting, the Village outreach planned by the club for the 14<sup>th</sup> of May, 2022 was discussed extensively and there was a presentation by the in-house training committee of the club on the topic “Vital Signs and Common Checkups In IHAC”.
  - On the 14<sup>th</sup> of May, the Club went for the village outreach at Ifetedo. About 70 people in total; 40 club members, 10 IFUMSA volunteers, 5 dental students, 5 pharmacy students, 2 doctors, and 7 perioperative Nurses. The villagers were enlightened about their health, hygiene, nutrition as well as health care seeking habits. Over 100 villagers were screened for diverse medical conditions through BMI & BP checks, urinalysis, screening for Diabetes, HIV, Hepatitis B, Cervical cancer & Malaria, dental checkup & consultation. They also benefited from medical consultation, free drug dispensation, and surgeries ranging from excisional biopsy, lipomectomy, herniorrhaphy, herniotomy, and a lot more.

# MEDIVOICE REPORT

## MEDIVOICE NEWS AND LITERARY CLUB

The MediVoice News and Literary Club is an organ of the Obafemi Awolowo University Medical students' Association (IFUMSA). As a club, we focus on creating and sharing engaging content, news reporting, and capacity building for our members. As an organ, we are saddled with the responsibility of being the media arm of the association- covering and broadcasting the association's activities as well as general news content.

In addition, we have a blog where we post content on a wide range of topics with a wide following from an audience even beyond the school. You can check out our blog here at [themedivoiceoau.com](http://themedivoiceoau.com).

The present administration began in February 2021, post-COVID break. Below is a highlight of some of the things we've been able to achieve in the past year.

**1. Transferring our blog's website to a new domain.**

**2. Sectioning the team for more effectiveness. The team is currently divided into three units. The literary unit, The News Unit, and the General Unit.**

### The News Unit

The news unit is in charge of all news-related content including-

- Weekly news BCS involves

highlights of college news, campus news, local news, national news, international news, sports news, and entertainment news which is released every week.

- Interviews
- Personality of the week
- Ifumsa news coverage

### The Literary Unit

This unit is in charge of the creative and literary related topics including:

- Book reviews
- Original stories
- Original Poems
- Author Interviews
- Word of the week and,
- Excerpts from the book of the month released every Friday

### The General unit

This unit is in charge of engaging lifestyle publications and opinions.

They are in charge of the following columns:

- Food column
- Fashion column
- Love and Relationships
- Travel column
- Health column
- Mental health column and other releases
- Opinions are also released every Monday

**3. Events and Sports coverage:** also noteworthy is our live and reported coverage of events within and outside IFUMSA, including

- Live coverage of all activities of the Health week
- Live coverage of Ifumsa electoral processes
- Live coverage of sports events within Ifumsa including the Wale Okediran sports competition and the Ifumsa Football League
- Interviewing athletes, election aspirants, etc
- Coverage of campus events including the Great Ife debate, etc
- Live coverage of the October 1st protest

**4. In-house Workshops for members on professional writing and the use of editing tools** eg Hemingway Editor, Grammarly, etc

**5. Caduceus Magazine-** the Caduceus is MediVoice's annual publication. The latest edition of the magazine is nearly ready from our end but the release has been put on hold for now due to the temporary stopping of school activities due to the strike.

# IARC REPORT

## IFUMSA ALUMNI RELATIONS COMMITTEE

The 2022 administrative year has seen the IFUMSA ALUMNI RELATIONS COMMITTEE (IARC) actively involved in a plethora of activities, aimed at bridging the gap between past alumni and current students of the association amongst other things. The activities so far include:

- The annual IARC Recruitment Exercise, which commenced on the 18<sup>th</sup> of February with a call for submission of applications by interested persons. Applications were reviewed, an official interview conducted and due process followed till the close of the exercise on the 24<sup>th</sup> of February. The enlistment of 15 new members into the committee attested to the success of the exercise.
- The first meeting for the parliamentary year was also held

on the 24<sup>th</sup> of February. The meeting was well-attended by members and important matters were extensively discussed.

- IARC Inauguration Ceremony, a program facilitated by Dr. Tosin Ogunwole and Dr. Richard Cross, held on the 5<sup>th</sup> of March. The program was aimed at inducting new members into the committee and setting them up in various teams.
- The revival of 'Alumnus of the week', a weekly editorial that seeks to enlighten the student body about notable alumni excelling in various fields of medicine, within the country and abroad.
- Preparation for the **Mega Alumni Reunion**, a grand ceremony organized in honor of our alumni. In lieu of this,

courtesy visits were paid to Professor Fabanwo and Prof Adewuya on the 21<sup>st</sup> of April to keep them abreast of the committee's plans for the program and see about inducting them into the Hall of Fame. Virtual meetings have also been held with other members like Dr. Akinwale Olusegun and Dr. Gbenga Adebayo for the same purpose. However, the Mega Alumni Reunion has been indefinitely postponed due to the ongoing ASUU strike and preparations for the program have currently been suspended.