

**Phytosterols from *Dombeya torrida* (J. F. Gmel.)**S.N. NDWIGAH<sup>1\*</sup>, G.N. THOITHI<sup>1</sup>, J.W. MWANGI<sup>2</sup>, B.K. AMUGUNE<sup>1</sup>, H.N. MUGO<sup>1</sup> AND I.O. KIBWAGE<sup>1</sup>.<sup>1</sup>Department of Pharmaceutical Chemistry, University of Nairobi, P.O. Box 19676-00202, Nairobi, Kenya.<sup>2</sup>Department of Pharmacology and Pharmacognosy, University of Nairobi, P.O. Box 19676-00202, Nairobi, Kenya.

***Dombeya torrida* collected from Kinale forest in Kiambu County, Kenya, was Soxhlet extracted with chloroform and by percolation using a dichloromethane:methanol mixture. The extracts were fractionated using normal phase silica gel in an open column. Five compounds were isolated namely friedelin, friedelan-3 $\beta$ -ol,  $\beta$ -sitosterol, taraxerol and stigmasterol. This is the first report of isolation of these compounds from *Dombeya torrida*. The isolated compounds were identified by means of <sup>1</sup>H-NMR, <sup>13</sup>C-NMR, DEPT, MS and IR analyses.**

**Key words:** *Dombeya torrida*, friedelin, friedelan-3 $\beta$ -ol,  $\beta$ -sitosterol, stigmasterol, taraxerol.**INTRODUCTION**

*Dombeya torrida* (J.F. Gmel.) is a shrub (or tree) with a height range of 6-24 m. Its leaves are broadly ovate, base deeply cordate, apex acuminate, margin serrate to entire, 4-25 by 3-15 cm and densely pubescent. Branches are pubescent when young and glabrous when older. Flowers are white, red at the base inside, in umbels with branched stalks. Its petals are 11-21 mm long while its fruits are round and hairy [1, 2]. The plant grows within an altitude of 1850 to 2700 m [2]. It is widely distributed from Eritrea and Ethiopia southward through Central and East Africa to southern Malawi [3]. In Kenya, *D. torrida* is found in highland forests throughout the country and is splendid when in flower [1].

A decoction of the flowers and bark is taken for indigestion by the Maasai in Kenya and Tanzania, for the treatment of chest pains and colds [3,4,5]. Previous work on *D. torrida* by Chepkwony [6] yielded 3 $\beta$ -hydroxyglutin-5-ene, mansonone E and mansonone F. The objective of this study was to carry out further phytochemical investigation of *Dombeya torrida*.

**MATERIALS AND METHODS****Plant material**

The *D. torrida* stem-bark, leaves and flowers were collected on 3<sup>rd</sup> August 2006 and on 17<sup>th</sup> August 2007 at Kinale forest in Kiambu County, Kenya. The plant specimens were identified at the Department of Botany, University of Nairobi. A voucher specimen (number 2006/002) is deposited at the School of Biological Sciences herbarium, University of Nairobi.

**Reagents and solvents**

Normal phase thin layer chromatography (TLC) pre-coated plates with silica gel 60F<sub>254</sub> were from Sigma-Aldrich Chemie (Steinheim, Germany). Column chromatography was carried out on silica gel for column chromatography (0.032-0.63 mm) from Sigma-Aldrich Laborchemikalien (Seelze, Germany). Methanol, dichloromethane, n-hexane and chloroform were obtained from Kobian Kenya Ltd (Nairobi, Kenya), while ethyl acetate was from Synerchemie Chemicals (Nairobi, Kenya). All solvents were of general purpose grade and

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were distilled prior to use. Vanillin was acquired from Laboratory Chemicals (Nairobi, Kenya). Concentrated sulphuric acid was from Kanha Laboratory Supplies (Nairobi, Kenya).

### Equipment

Extractions were done using a 2,000 ml Soxhlet apparatus (Quickfit, Birmingham, U.K.) and by percolation using a 1 m long glass column of 80 mm internal diameter. The extracts were reduced on a rotary vacuum evaporator (Heidolph VV2000, Heidelberg, Germany) connected to a rotary vane pump (KNF Laboport Neuberger, Freiburg, Germany). Fractions were collected using a Superfrac fraction collector from Pharmacia LKB Biotechnology, Uppsala, Sweden. A Min UV/Vis box (Desaga GmbH, Heidelberg, Germany) was used for visualising developed TLC plates. High resolution mass spectrometric (MS) analysis was done using a GC Mate II Jeol (Tokyo, Japan) mass spectrometer. A Shimadzu Fourier Transform IR Prestige-21 spectrophotometer (Shimadzu Corporation, Kyoto, Japan) was used for infrared (IR) analysis. Nuclear magnetic resonance (NMR) spectroscopic analysis of isolated compounds was carried out using a Mercury Varian 200 MHz NMR spectrometer from Varian Inc. (Palo Alto, California, U.S.A.).

### Solvent extraction

The stem-bark, leaves and flowers were air-dried at room temperature, finely ground and stored in closed plastic containers at room temperature until use. About 1 kg of the stem bark powder was extracted with chloroform for 48 h using a Soxhlet apparatus while another 2 kg of the leaf powder was percolated in dichloromethane:methanol (50:50) in an open column. The extracts were filtered and reduced to dryness *in vacuo*.

### Column chromatography

The extracts were fractionated using an open column packed with normal phase silica gel for column chromatography (0.032-0.63 mm). The chloroform extract was isocratically eluted using chloroform while gradient elution was carried

out for dichloromethane:methanol extract using solvents of increasing polarity starting with hexane, dichloromethane and ethylacetate. Fractions were monitored using thin layer chromatography (TLC) pre-coated plates and those with similar profiles pooled. The pooled fractions were reduced to dryness *in vacuo* and crystallized in chloroform or ethylacetate at room temperature.

### Spectroscopic analysis

The isolated compounds were subjected to high resolution mass spectrometric analysis at the University of Cape Town. Infra-red (IR) analysis was done at the Department of Pharmaceutical Chemistry, University of Nairobi. One dimensional NMR analysis ( $^1\text{H-NMR}$  and  $^{13}\text{C-NMR}$ ) and distortionless enhancement by polarization transfer (DEPT) was carried out at the Department of Chemistry, University of Nairobi.

### RESULTS

Friedelin, friedelan-3 $\beta$ -ol,  $\beta$ -sitosterol and stigmasterol were isolated from the *D. torrida* chloroform extract. The *Dombeya torrida* dichloromethane:methanol extract availed friedelin,  $\beta$ -sitosterol, stigmasterol and taraxerol. The spectral data of the 5 compounds namely friedelin, friedelan-3 $\beta$ -ol,  $\beta$ -sitosterol, stigmasterol and taraxerol were in agreement with those reported in literature [7-12]. The chemical structures of the isolated compounds is shown in Figure 1.

**Friedelin:** White star-like crystals from ethyl acetate; m.p. 261-265 °C; IR  $\nu_{\text{max}}$  (KBr)  $\text{cm}^{-1}$ : 2962.66-2868.15, 1710.86, 1460.11; MS  $m/z$  (relative intensity %): 426.47 ( $\text{M}^+$ , 27), 425.46 ( $\text{M}^+\text{-H}$ , 75), 411.53 ( $\text{M}^+\text{-CH}_3$ , 5), 410.54 (15), 341.58 (3), 302.55 (15), 301.58 (37), 273.57 (34), 272.61 (54), 247.68 (21), 231.61 (34), 230.61 (29), 217.69 (48), 204.70 (56), 178.74 (45), 162.76 (46), 148.77 (29), 136.80 (46), 124.82 (87), 122.81 (85), 108.82 (89), 94.83 (100), 68.86 (96), 66.86 (40), 54.87 (57), 41.17 (29);  $^1\text{H-NMR}$  (400 MHz,  $\text{CDCl}_3$ )  $\delta$ : 0.70, 0.88, 0.89, 1.02, 1.07, 1.20, 1.4, 1.6, 2.3;  $^{13}\text{C-NMR}$  (50 MHz,  $\text{CDCl}_3$ )  $\delta$ : 22.51 (C-1), 41.51 (C-2),

213.51 (C-3), 58.44 (C-4), 42.37 (C-5), 41.76 (C-6), 18.46 (C-7), 53.32 (C-8), 37.66 (C-9), 59.68 (C-10), 35.56 (C-11), 30.73 (C-12), 39.91 (C-13), 38.51 (C-14), 32.34 (C-15), 36.23 (C-16), 30.22 (C-17), 43.00 (C-18), 35.25 (C-19), 28.40 (C-20), 32.64 (C-21), 39.47 (C-22), 7.06 (C-23), 14.88 (C-24), 18.18 (C-25), 20.49 (C-26), 18.90 (C-27), 32.01 (C-28), 35.84 (C-29), 32.99 (C-30).

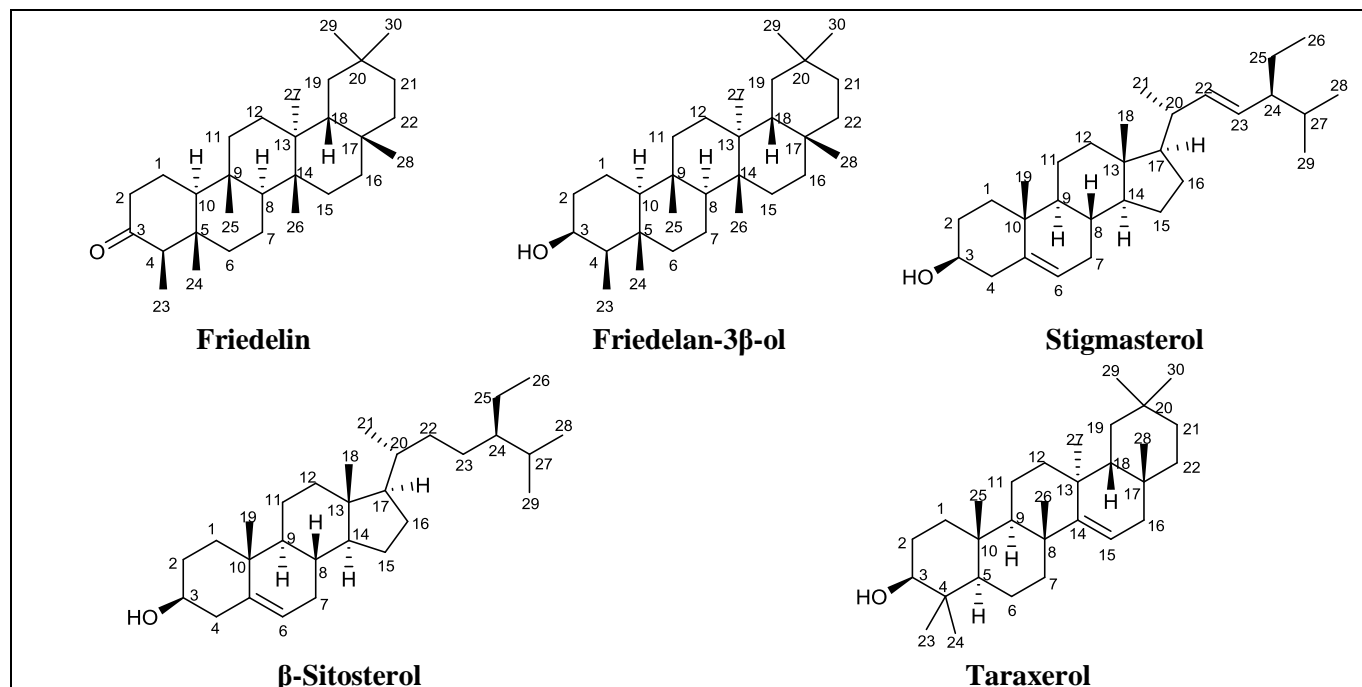
**Fridelan-3 $\beta$ -ol:** White star-like crystals from ethyl acetate; IR  $\nu_{\max}$  (KBr)  $\text{cm}^{-1}$ : 3624.25, 3479.46, 2937.59, 2866.22, 1462.04, 1382.96; MS  $m/z$  (relative intensity %): 428.39 ( $M^+$ , 82), 426.38 (13), 424.37 (4), 413.38 ( $M^+$ -CH<sub>3</sub>, 54), 395.39 (9), 346.33 (5), 341.32 (4), 276.25 (24), 275.23 (69), 273.24 (8), 275.23 (69), 261.26 (15), 259.24 (18), 257.23 (16), 248.22 (23), 234.20 (34), 233.19 (38), 231.20 (42), 220.18 (41), 205.20 (46), 177.16 (48), 165.13 (100), 149.12 (28), 137.13 (35), 125.13 (64), 123.12 (57), 121.10 (51), 96.10 (91), 95.09 (91), 81.07 (53), 69.07 (66); <sup>1</sup>H-NMR (400 MHz, CDCl<sub>3</sub> + Acetone-D<sub>6</sub>)  $\delta$ : 0.16 0.19, 0.23, 0.27, 0.29, 0.31, 0.46, 0.63, 0.66, 0.81, 0.84, 0.87, 0.99, 1.06, 1.14, 1.19, 1.36, 1.38, 1.39, 2.10, 3.00, 7.00; <sup>13</sup>C-NMR (50 MHz, CDCl<sub>3</sub> + Acetone-D<sub>6</sub>)  $\delta$ : 16.05 (C-1), 35.01 (C-2), 71.46 (C-3), 49.16 (C-4), 38.12 (C-5), 41.63 (C-6), 17.33 (C-7), 52.96 (C-8), 36.86 (C-9), 61.28 (C-10), 35.32 (C-11), 30.54 (C-12), 37.69 (C-13), 39.39 (C-14), 32.02 (C-15), 35.79 (C-16), 30.40 (C-17), 42.58 (C-18), 35.32 (C-19), 27.82 (C-20), 32.51 (C-21), 38.96 (C-22), 11.37 (C-23), 15.67 (C-24), 17.92 (C-25), 19.75 (C-26), 18.29 (C-27), 31.68 (C-28), 34.56 (C-29), 31.38 (C-30).

**Beta-sitosterol and Stigmasterol mixture:** Beta-sitosterol and Stigmasterol were isolated together as colourless needle-like crystals from ethyl acetate. Melting point: 136-145 °C. Literature has many examples of these compounds isolated together [8].

**Beta-sitosterol:** <sup>13</sup>C-NMR (50 MHz, CDCl<sub>3</sub>)  $\delta$ : 37.48 (C-1), 31.86 (C-2), 72.03 (C-3), 42.51 (C-4), 140.97 (C-5), 121.95 (C-6), 32.13 (C-7), 32.13 (C-8), 50.35 (C-9), 36.73 (C-10), 21.31 (C-11), 39.99 (C-12), 42.51 (C-13), 56.99 (C-14), 24.53 (C-15), 28.48 (C-16), 56.17 (C-17), 12.09 (C-18), 19.63 (C-19), 36.38 (C-20), 19.01 (C-21), 34.16 (C-22), 26.27 (C-23), 46.04 (C-24), 29.36 (C-25), 20.06 (C-26), 19.26 (C-27), 23.28 (C-28), 12.21 (C-29).

**Stigmasterol:** <sup>13</sup>C-NMR (50 MHz, CDCl<sub>3</sub>)  $\delta$ : 37.48 (C-1), 31.86 (C-2), 72.03 (C-3), 42.51 (C-4), 140.97 (C-5), 121.95 (C-6), 32.13 (C-7), 32.13 (C-8), 50.35 (C-9), 36.73 (C-10), 21.31 (C-11), 39.91 (C-12), 42.51 (C-13), 57.09 (C-14), 24.53 (C-15), 29.15 (C-16), 56.17 (C-17), 12.09 (C-18), 19.26 (C-19), 40.74 (C-20), 21.45 (C-21), 138.56 (C-22), 129.49 (C-23), 51.47 (C-24), 32.13 (C-25), 19.63 (C-26), 20.06 (C-27), 25.64 (C-28), 12.49 (C-29).

**Taraxerol:** Colourless sugar like crystals from dichloromethane; m.p. 281-284 °C; IR  $\nu_{\max}$  (KBr)  $\text{cm}^{-1}$ : 3487.30, 2964.59-2860.43, 1641.42, 1467.83, 1454.33, 1375.25, 1031.92 and 999.13; MS  $m/z$  (rel. int. %): 428.31 ( $M^+$ +2, 3), 426.30 ( $M^+$ , 48), 411.27 (17), 303.20 (14), 302.20 (57), 287.17 (30), 269.17 (13), 231.16 (7), 218.15 (26), 205.15 (29), 204.14 (100), 191.14 (10), 189.12 (16), 135.08 (26), 81.05 (11), 69.05 (15); <sup>1</sup>H-NMR (400 MHz, CDCl<sub>3</sub>)  $\delta$ : 0.80 (s), 0.82 (s), 0.90 (s), 0.92, 0.94, 0.97, 1.08, 1.25, 1.32, 1.58, 1.96 (m, 2H), 3.18 (m, 1H), 5.53 (dd, 1H); <sup>13</sup>C-NMR (50 MHz, CDCl<sub>3</sub>)  $\delta$ : 37.93 (C-1), 27.36 (C-2), 79.29 (C-3), 39.18 (C-4), 55.73 (C-5), 19.01 (C-6), 35.32 (C-7), 38.98 (C-8), 48.93 (C-9), 37.77 (C-10), 17.72 (C-11), 36.01 (C-12), 37.93 (C-13), 158.29 (C-14), 117.09 (C-15), 36.89 (C-16), 38.21 (C-17), 49.49 (C-18), 41.52 (C-19), 29.02 (C-20), 33.90 (C-21), 33.30 (C-22), 28.21 (C-23), 15.67 (C-24), 15.67 (C-25), 30.04 (C-26), 26.13 (C-27), 30.15 (C-28), 33.57 (C-29), 21.54 (C-30).



**Figure 1. Compounds isolated from *Dombeya torrida***

## CONCLUSION

The study provides new knowledge regarding the phytochemistry of *D. torrida*. Five compounds were isolated from *D. torrida* and identified as friedelin, friedelan-3β-ol, β-sitosterol, stigmasterol and taraxerol. This is the first report of the isolation of these compounds from *D. torrida*.

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