



EDITORIAL



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Research forms the bedrock of medical innovation and advancement. All the new therapies, diagnostic tools, and understanding of human physiology originates from the research that medical professionals conduct. Therefore, one cannot overemphasize the need to enhance research skills among medical students. **DOKITA** Editorial Board is dedicated to encouraging and showcasing the work of aspiring researchers within the medical student community.

The Board is especially proud of this **General Edition** that is overwhelmingly contributed by medical students. The aim of showcasing this kind of students' research is to encourage other students to follow their example and venture into research. We acknowledge that the process of writing a research article is not an easy ride; it is a process and a worthwhile one at that. It not only enhances one's scientific skills but also develops the attitude and longing for knowledge, which is essential for any budding physician.

Some of the subjects include: A Review of Breast Cancer in Nigeria: Prevalence, Management, Survival Outcomes and Quality of Life by Ibrahim Gladys, a 600L medical student at time of writing, which reviewed breast cancer in Nigeria, focusing on its prevalence, treatment strategies, survival outcomes, and quality of life for patients. Ala O.A in his article on "Electroconvulsive therapy: History, Efficacy, Adverse effects and Its Non-Psychiatric Applications" found that Electroconvulsive therapy has moved beyond its established psychiatric applications and now shows potential benefits in treating non-psychiatric conditions. They are undoubtedly essential reading.

There are many other articles which are available in this journal for your read. Each piece written here is a call to reason out, to ponder and of course, to dream of something new and positive. We do hope however that such articles will not only be of informative nature but also serve the purpose of nurturing curiosity with an opportunity to explore areas that hold the keys to the future.

I would also like to express my sincere gratitude to all the talented authors, who have shared their valuable research findings for the publication of this journal. The members of the Editorial Board and team of peer reviewers have played a decisive role in making this journal efficient to its optimum level by their sheer hard work, professionalism and the commitment towards making this journal one and only one of its kind. I also thank the Board chairman and Editorial consultants for the guidance given and participation towards the improvement of the Board.