



Dietary fatty acids alter mitochondrial phospholipid fatty acyl composition and proton leak in *Drosophila melanogaster*

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Abstract

Two groups of fruit flies (*Drosophila melanogaster*) were maintained on different diets. Mitochondria were isolated, proton leak was measured and phospholipid fatty acid composition determined. Mitochondria from flies fed on corn-base meal (containing high amounts of polyunsaturated fatty acids, 18:2(*n*-6) and 18:3(*n*-3) and low amounts of monounsaturated fatty acid, 18:1(*n*-9)) contained more polyunsaturated fatty acids in their membranes than mitochondria from flies fed on yeast-base meal (containing less amount of polyunsaturates and high amount of monounsaturates). The more polyunsaturated mitochondria were leakier to protons than the more monounsaturated mitochondria.

Keywords: Fruit fly, *Drosophila melanogaster*, phospholipid, fatty acyl group, mitochondria, proton leak.

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Abbreviations used: ACL, average chain length; FCCP, p-trifluoromethoxyphenylhydrazine; MUFA, monounsaturated fatty acids; PUFA, polyunsaturated fatty acids; RCR, respiratory control ratio; SFA, saturated fatty acids; TPMP, triphenylmethyl phosphonium; UI, unsaturation index; UFA, unsaturated fatty acids.

INTRODUCTION

The 'fluid-mosaic' model of biological membranes, which visualised integral membrane proteins as 'icebergs' floating in two-dimensional lipid 'sea', was proposed by Singer and Nicholson in 1972¹. Although the model has since been modified and extended, it still forms the basis of modern thinking concerning cellular membranes. A simple analogy from this model is that, the phospholipid bilayer, just like the cytoplasm which forms the fluid portion of the cell in which organelles exist, provides the fluid environment in which the membrane proteins are located and forms the framework for all other membrane components. The fatty acyl groups of the membrane phospholipids constitute the core of the bilayer. They contribute to the total weight, the ultra-structure of the membrane, and play an important role in membrane function. The fatty acyl or fatty acid profile of a biological membrane refers to the type and relative amount of fatty acids that make up the membrane.

Naturally, the phospholipid fatty acyl profiles of biological membranes vary dramatically across species^{2,3}. For instance, the phospholipid fatty acid profiles of cellular membranes in yeasts are different from those in flies and those of mouse are different from those of rat. Interestingly, amongst these numerous variations are several consistent correlations. These correlations, have been reported over the years and have been of an immense interest to both biochemists and physiologists. For instance, the activity of reconstituted Na⁺/K⁺ transporter was higher in rat phospholipid liposome than in that of lizard⁴; the more polyunsaturated the cellular membrane of an organism the shorter its life-span⁵ and the smaller a mammal or a bird^{6,7}, or the higher the thyroid hormone⁸, the more polyunsaturated the membrane.

The leak of protons passed the mitochondrial ATP synthetase (proton leak or uncoupling of mitochondria)⁹, also correlates consistently with mitochondrial phospholipid fatty acid composition. In general, the more

polyunsaturated the mitochondrial membrane, the leakier it is to protons¹⁰. In addition to these consistent correlations, membrane fatty acyl composition affects many important membrane properties. Changes in membrane fatty acids are known to affect membrane fluidity¹¹⁻¹³, permeability, and membrane liquid-gel transition temperatures¹⁴.

Functionally, membrane fatty acyl groups have significant effect on both the activity of membrane proteins and the function of the membrane^{15,16}. In isolated mitochondria of *S. cerevisiae* the activities of cytochrome oxidase, NADH oxidase, succinate oxidase and ATPase vary with the degree of unsaturation, with the oxidative activity completely lost at 5% unsaturation^{17,18}. In mammals, the ATPase¹⁹, the phosphate transporter²⁰, and cytochrome oxidase are sensitive to the ratio of n-6/n-3 fatty acids²¹.

The consistent correlation between proton leak and mitochondrial phospholipid fatty acid composition, raises the possibility that either changes in proton leak are caused by changes in fatty acid composition or vice versa. As reported previously, changes in proton leak were not always associated with significant alteration in mitochondrial phospholipid fatty acyl composition⁹. Previous studies have also shown that whilst the leak through intact mitochondria correlated with membrane phospholipid fatty acyl composition, leak through liposomes accounted for just about 25% of leak through intact mitochondria and did not correlate with mitochondria phospholipid fatty acid composition³, indicating the importance of other membrane components and properties.

More so, although membrane fatty acyl composition has significant effects on membrane structure and function, it appears the effects of membrane fatty acyl composition on function do not follow specific pattern¹⁶. For instance, in mitochondria, there are inconsistencies in the effect of mitochondrial phospholipid fatty acyl composition on mitochondrial respiration. While some groups reported significant changes in respiration, such as increase in membrane

potential and decrease in respiratory control ratio with high membrane unsaturation^{22,23}, others did not report any significant changes or reported the opposite²⁴⁻²⁶. This may partly be due to the fact that most of these studies did not measure the correct mitochondrial membrane parameters, for instance the mitochondrial membrane proton conductance, which shows significant consistent correlation with mitochondrial membrane fatty acyl composition.

The aim of the present study is to find out whether the significant changes in mitochondrial membrane phospholipid fatty acid composition in response to dietary fatty acids that have been reported in other organisms, occur in the fruit fly and whether these changes have any effect on mitochondrial proton leak.

EXPERIMENTAL

Two groups of wild type (Dahomey) flies (*Drosophila melanogaster*) were maintained for the whole of their life-time on two different types of food: corn-based meal (0.1% w/v corn meal, 0.09% w/v glucose, 0.02% w/v dried yeast, 0.01% w/v agar and 0.03% v/v nipagin in absolute ethanol (stock 100 g/l) per litre) and yeast-based meal (0.1% w/v dried yeast, 0.1% w/v sugar (dextrose), 0.02% w/v agar, 0.03% v/v nipagin in absolute ethanol (stock 100 g/l) and 0.003% v/v propionic acid per litre). The flies were housed at 25°C under a 12-hour light: 12-hour dark cycle in a Sanyo versatile environmental test chamber maintained at a constant humidity. They were maintained at a density of approximately 200 flies per 250 ml plastic bottle (plugged with polyurethane foam bungs) and were transferred to fresh food after every two days.

Sorting of flies

Flies were sorted under CO₂ anaesthesia, on a platform through which a stream of humidified CO₂ was passed. Healthy adult flies (mainly female) were used for proton leak experiments. This was necessary in order to obtain well-coupled mitochondria. They were sorted at least 24 h before mitochondria preparation and proton

leak measurement done within at most 2 h after mitochondria isolation.

Isolation of mitochondria from *Drosophila*

Fly mitochondria were isolated using standard methods as described previously²⁷. Isolation was by two-step crushing: about 300-400 flies were inactivated, by keeping them on ice for a short period. They were then weighed in a pre-weighed container (the total number of flies is estimated based on 0.1g per 100 flies) and then transferred into a mortar kept on ice. About 100-150 µl of ice-cold isolating buffer (250 mM Sucrose, 5 mM Tris-base, 2 mM EGTA and 1% w/v BSA, pH 7.4 at 4°C) was added. The flies were pressed down gently with a pestle to break the soft abdomen to release digestive enzymes. A colourless liquid is produced and this was discarded. A small amount (200-300 µl) of isolating buffer was then added and the flies were crushed harder. This results in coloured liquid (reddish or brownish depending on the mutant). More isolating buffer (about 2 ml) was added and the suspension filtered through two layers of muslin into a centrifuge tube. More isolating buffer was added to two-thirds the depth of the tube and centrifuged at 4°C for 3 minutes (speed = 152 g). The supernatant was transferred through one layer of muslin into fresh centrifuge tube and centrifuged at 8670 g for 10 minutes. The supernatant was discarded and mitochondrial pellet was re-suspended by adding 10 µl of buffer per 100 flies.

Determination of protein concentration

Protein concentration was determined using a Bio-Rad Dc protein assay kit (Bio-Rad, Richmond, CA, USA), with bovine serum albumin as standard. Mitochondria were diluted 1 in 50 with milli-Q water. Bio-Rad's reagent S and reagent B were mixed in a ratio of 1:49 v/v and the mixture called reagent A1. To 5µl of the diluted sample was added 25 µl of A1. 200 µl of reagent B was added and the mixture left to stand for 10 min. Bovine serum albumin protein standards (0-1.2 mg/ml) were treated the same, and absorbance read at 710 nm against BSA blank to correct for proteins due to isolation medium.

Mitochondrial proton leak measurement in fruit flies (*Drosophila melanogaster*)

Respiration rate and membrane potential were determined simultaneously using electrodes sensitive to oxygen and to the potential-dependent probe, triphenylmethyl phosphonium cation (TPMP⁺)²⁸.

Respiration rate was measured using a 2.5 ml Clark-type oxygen electrode (Hansatech, King's Lynn, Norfolk, U.K.) maintained at 25 °C and connected to chart recorder. It was calibrated with air-saturated assay medium (120 mM KCl, 5 mM KH₂PO₄, 3 mM Hepes, 1 mM EGTA, 1 mM MgCl₂, 0.3% w/v BSA, pH 7.2), which was assumed to contain 479 nmol O/ml at 25 °C²⁸. Electrode linearity from 100-0% air saturation was checked routinely by following the uncoupled respiration rate in the presence of 0.4 μM carbonylcyanide p-trifluoromethoxyphenylhydrazone (FCCP).

Briefly, fly mitochondria (0.3 mg of protein/ml) were incubated in 2.5 ml of the air-saturated assay medium. 5 μM rotenone (to inhibit complex I), 43 ng/ml nigericin (to collapse the difference in pH across the inner membrane) and 1 μg/ml oligomycin (to inhibit ATP synthesis, so that all oxygen consumption is attributable to proton leak and not to ATP synthesis) were added to the medium before addition of mitochondria. The TPMP⁺ electrode was then calibrated with sequential additions of 1 μM TPMP⁺ up to 4 μM TPMP⁺, and 20 mM sn-glycerol-3-phosphate (sodium salt) was added to start the reaction.

Respiration and potential were inhibited progressively through successive steady states by additions of potassium cyanide up to 100 μM. At the end of each run 0.4 μM FCCP was added to dissipate the membrane potential and release all TPMP⁺.

A binding correction of 0.24 was used for membrane potential calculation. Membrane potential was calculated as, $\Delta\Psi = 59.1 \log(\text{matrix [TPMP}^+]) \times \text{TPMP}^+ \text{ binding correction} / \text{external [TPMP}^+]$ (at 25°C)²⁸.

Phospholipid extraction and fatty acid analysis

Mitochondrial lipid extraction, phospholipids isolation and fatty acid group analysis were carried out as described previously⁹.

Total mitochondrial lipids were extracted in 10 ml of 2:1 v/v chloroform-methanol containing 0.05% w/v butylated hydroxytoluene. Phospholipids were isolated by silicic acid chromatography.

Fatty acid methyl esters were prepared in the presence of boron trifluoride in methanol. They were purified on a florisil column, dried under nitrogen, re-dissolved in n-hexane and analysed on a gas chromatograph. Fatty acid methyl esters were detected using a flame ionisation detector and identified against fatty acid methyl ester standards. Amounts were measured by integration of peak areas after baseline correction and mol% of each fatty acid was calculated as (100 x mole fa)/(sum of mole fa for all fa). No unidentified peak contributed more than 0.1% of the total fatty acid methyl esters present. Unsaturation index (UI) was calculated as $[(\Sigma \text{mol\% monoenoic}) + (2 \times \Sigma \text{mol\% dienoic}) + (3 \times \Sigma \text{mol\% trienoic}) + (4 \times \Sigma \text{mol\% tetraenoic}) + (5 \times \Sigma \text{mol\% pentaenoic}) + (6 \times \Sigma \text{mol\% hexaenoic})]$.

Statistical calculation

Student t-test was used for statistical calculation and limit of significant set at 0.05.

RESULTS

Effect of dietary fatty acid composition on mitochondrial phospholipid fatty acyl profile

The fatty acid compositions of total lipids from corn-based meal and yeast-base meal are as shown in Table 1. There were more polyunsaturated fatty acids (18:2(*n*-6) and 18:3(*n*-3)) in corn-based meal than in yeast-based meal. The yeast-based meal was higher in monounsaturated fatty acids than corn-based meal. The high 18:2(*n*-6) content of corn-based meal is typical of plant lipids and has been reported previously³⁰⁻³².

The fatty acyl groups in the yeast-based diet are typical of yeast cells, as was earlier reported^{2,9}.

Table 1: Total dietary lipid fatty acyl group composition

Fatty acid	Corn-based meal (Mol%)	Yeast-based meal (Mol%)
14:0	0.11	0.47
16:0	14.85	12.52
16:1(<i>n</i> -7)	2.11	44.14
16:3(<i>n</i> -4)	ND	1.386
18:0	2.68	3.56
18:1(<i>n</i> -9)	26.07	35.34
18:1(<i>n</i> -7)	0.80	1.15
18:2(<i>n</i> -6)	51.63	1.43
18:3(<i>n</i> -3)	1.75	0.47

Values are means of two independent experiments. ND means not detected.

Table 2: Global phospholipid fatty acyl group parameters of mitochondria from *Drosophila*

Index	Flies fed on corn-based meal	Flies fed on yeast-based meal
SFA (Mol%)	13.5 ± 0.6	12.2 ± 1.0
UFA (Mol%)	85.6 ± 0.6	87.8 ± 1.0*
MUFA (Mol%)	46.9 ± 1.5	58.5 ± 1.2*
ACL	17.2 ± 0.1	17.3 ± 0.3
UI	147.0 ± 1.4	141.9 ± 1.9*
Total <i>n</i> -3 (Mol%)	3.3 ± 0.3	1.0 ± 0.3*
Total <i>n</i> -6 (Mol%)	35.4 ± 1.6	28.3 ± 1.3*
PUFA (Mol%)	38.7 ± 1.7	29.3 ± 1.4*

Values are means ± SEM of 9 and 11 independent experiments for flies fed on corn-based meal and flies fed on yeast-based meal respectively. *Significant compared to the other.

The total mitochondrial phospholipid fatty acyl composition in the present studies is very similar to those of other fly groups³³. The fatty acyl profiles of mitochondria from the two *Drosophila* groups were significantly different (Figure 1). Mitochondria from *Drosophila* fed on corn-based meal contain significantly higher polyunsaturates (high 18:2(*n*-6) and 18:3(*n*-3)) and lower monounsaturates (18:1(*n*-9) and 16:1(*n*-7)) than mitochondria from *Drosophila* fed on yeast-based meal. In mitochondria from *Drosophila* fed on corn-based meal, the 18:2(*n*-6) and 18:3(*n*-3) levels were 124% and 338% respectively of the levels in mitochondria from *Drosophila* fed on yeast-based meal. 16:1(*n*-7) and 18:1(*n*-9) levels were 81% and 79% respectively in mitochondria from fruit flies fed on corn-based meal, compared to flies fed on yeast-based meal. These fatty acyl group changes resulted in significant changes in some of the global phospholipid fatty acyl group parameters (Table 2). Total MUFA decreased and total PUFA, UI, *n*-3 and *n*-6 fatty acids increased in mitochondria from *Drosophila* fed on corn-based meal, compared to those from flies fed on yeast-based meal.

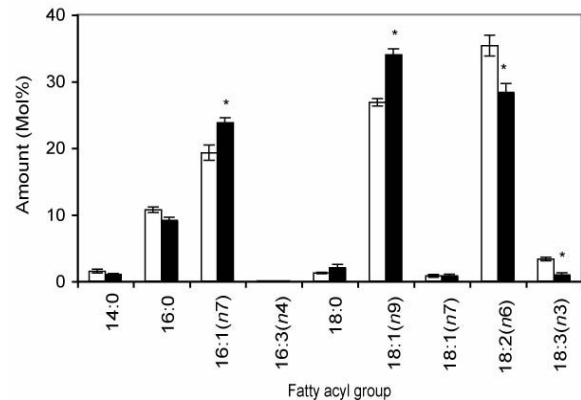


Figure 1: Effect of fatty acids on phospholipid fatty acyl composition of mitochondria from *D. melanogaster*. Two groups of *Drosophila* were fed on different diets (see section 2.2.3). Mitochondria were isolated and analysed. *Drosophila* fed on corn-based meal (white bars) compared to *Drosophila* fed on yeast-based meal (black bars). Values are means ± SEM of 12 independent experiments.

Effect on proton leak kinetics

The mitochondrial proton leak kinetics in the two *Drosophila* groups was similar to those observed in other systems^{3,34}. There was a non-ohmic relationship between mitochondrial state-

4 oxygen consumption and its driving force membrane potential, as reported previously^{3,34}. The membrane potentials in these flies were comparable to those of other fly groups³³.

In different comparative studies, mitochondrial proton leak shows a strong negative correlation with total mitochondrial phospholipid 18:1(*n*-9) and total MUFA content, and positive correlation with UI^{3,32}. In the present studies, mitochondria from flies fed on corn-based meal had lower 18:1(*n*-9) levels, lower total MUFA and higher UI than those from flies fed on yeast-based meal (Figure 1 and Table 2). The phospholipid fatty acyl composition differences were associated with significant changes in mitochondrial respiration (Table 3) and proton leak kinetics (Figure 2). The mitochondria from flies fed on corn-based meal were leakier to protons than mitochondria from flies fed on

yeast-based meal. Mitochondria from flies fed on yeast-based meal had significantly higher state-4 and state-3 respiration rates than mitochondria from flies fed on corn-based meal. State-3 and state-4 respiration rates in mitochondria from flies fed on yeast-based meal were 120% and 126% respectively, of those of flies fed on corn-based meal (Table 3). However, respiration in presence of FCCP and respiratory control ratio (RCR) was not significantly different (Table 3). By simple extrapolation from the proton leak plot at 150 mV, a high enough potential common to mitochondria from the two groups, mitochondria from flies fed on yeast-based meal were respiring at the rate of 15 (nmol O/min/mg protein), while mitochondria from flies fed on yeast-base meal were respiring at 30 (nmol O/min/mg protein) (100% increase in respiration).

Table 3: Respiration of isolated mitochondria from *Drosophila*

Respiration (nmol O/min/mg protein)	Flies fed on corn-based meal	Flies fed on yeast-based meal	<i>p</i> -value
With ADP	210.7 ± 14.2	251.5 ± 9.1	0.04
With Oligomycin	58.0 ± 2.2	73.9 ± 1.7	0.01
With FCCP	189.3 ± 11.9	204.5 ± 8.6	0.19
Respiratory control ratio	3.52 ± 0.2	3.31 ± 0.2	0.09

Values are means ± SEM of 5 independent experiments.

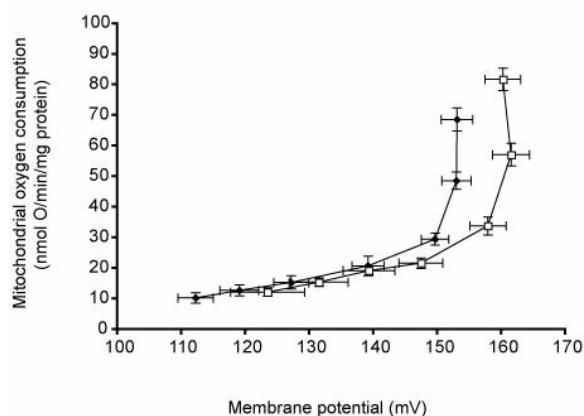


Figure 2: Mitochondrial proton leak kinetics of mitochondria from *Drosophila melanogaster*. *D. melanogaster* fed on corn-base meal (Triangles); *D. melanogaster* fed on yeast-base meal (rectangles). Values are means ± SEM of 5 independent experiments

DISCUSSION

The present studies have shown that the two fly foods have different fatty acid compositions. Dietary fatty acid manipulation is a well-established method known to alter membrane phospholipid fatty acyl profiles in several organisms. The effect of dietary fatty acids on cellular and sub-cellular membrane lipid fatty acid composition has been widely reported in cell cultures¹⁶, bacteria³⁵, yeast²⁵, insects³⁶, birds³⁰ and mammals³². Dietary lipid modulates membrane lipid composition by two main mechanisms: (i) By providing the fatty acids available to be incorporated into membrane phospholipids, or (ii) By providing the precursors for other membrane lipid fatty acids. It has been shown clearly in the present studies that feeding *Drosophila* on the two different diets resulted in significant modulation in

mitochondrial phospholipid fatty acyl composition. This is consistent with previous results³⁶.

In animals (especially mammals), there is a homeostatic control of membrane fatty acid composition³⁷, exerted at the level of gene expression³⁸. The result is that increasing the level of one fatty acid in the diet of an animal does not lead to high levels of just that fatty acid in the animal's membrane lipids, but it also affects the composition of other fatty acids, resulting in a fairly constant level of ratio of unsaturated to saturated fatty acids. This homeostatic control has been reported in *Drosophila*³⁶ and was apparent in the present studies.

Apart from differences in fatty acid composition, the two diets also differ in propionic acid content (see experimental). Propionic acid can provide an extra carbon source³⁹. In isolated rat heart mitochondria, propionic acid is metabolised to tricarboxylic acid intermediates³⁹. This process is known to increase in presence of ATP and oligomycin³⁹ and therefore explains the significant increase in respiration with oligomycin (state-4) or ADP (state-3) in the present studies (Table 3). However, while state-4 respiration increased by about 20%, the proton leak kinetics increased two-folds. That is even if the presence of propionic acid had any effect on mitochondrial respiration, it could only be responsible for 20-30% increase in proton leak rate at 150 mV. The remaining 60-70% increase in proton leak rate at 150 mV must be due to some intrinsic changes in the mitochondria perhaps from the fatty acyl group differences. This statement is however debatable and could be investigated by eliminating propionic acid in the yeast meal.

The differences in proton leak observed in this study agree with the general conclusion that the more polyunsaturated the mitochondrial membrane, the higher proton conductance or the lower its membrane potential²³. The differences in proton leak also correlate negatively with the level of 18:1(*n*-9) as seen previously^{3,34}, suggesting strongly that these correlations are not accidental, but may have an important

function relating to the proton- permeability properties of the mitochondrial membrane. While proton leak differences agree with the general observations and are consistent with general correlations, RCR and state-4 respiration differences are not. The changes in state-4 respiration and RCR were the opposite of what is expected, thus demonstrating that using state-4 and RCR to study the effect of fatty acid composition on respiration can be misleading and could be the reason for the inconsistencies in previous studies.

To conclude, the more polyunsaturated the mitochondria, the higher its proton leak.

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