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EVALUATION OF ANTICONVULSANT PROPERTIES OF ETHANOL STEM BARK EXTRACT OF *LOPHIRA LANCEOLATA* (OCHNACEAE) IN MICE AND CHICKS

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ABSTRACT

Decoction of *Lophira lanceolata* known in Hausa as *Namijin Kadanya* has been used by many communities in northern Nigeria for the treatment of various ailments, commonest of which is epilepsy. The current study is aimed at evaluating the claim of this medicinal plant part by herbalist for the treatment of epilepsy. A preliminary phytochemical screening was performed on the stem bark extract after which intraperitoneal LD₅₀ was determined in mice. Anticonvulsant screening was carried out using Maximal electroshock Test (MEST) and pentylenetetrazole (PTZ) in one day old chicks and mice respectively. Flavonoids, saponins, tannins and glycosides were found to be present. The intraperitoneal LD₅₀ in mice was found to be 1131.31 mg/kg. There was no significant prolongation in the latency of seizures or protection in both the MEST and PTZ model. Conversely, a significant ($p \leq 0.05$) delay in the mean onset of seizures was recorded with standard drugs, sodium valproate (200 mg/kg) and phenytoin (40 mg/kg) in PTZ and MEST respectively. The findings of this study revealed that the stem bark extract of *Lophira lanceolata* at the doses tested do not contain any bioactive constituents that is useful in the management of epilepsy.

Key words: Epilepsy, maximal electroshock, pentylenetetrazole, *Lophira lanceolata*

INTRODUCTION

Epilepsy is defined by International League Against Epilepsy (ILAE) "as a disease of the brain, characterized by two unprovoked reflex seizures occurring 24 hour apart, probability of further seizures occurring over the next ten years and diagnosis of epilepsy syndrome" (Fisher *et al.*, 2014). Epilepsy is a disease that affects about 50 million people across the globe and 85% of this population resides in developing countries, it is second commonest neurological disorder (Pedley and Kale, 1996; Sridharan, 2002). The prevalence of epilepsy in Nigeria is 3.7-4.1% (Banerjee *et al.*, 2009). Even with the introduction of safe and efficacious antiepileptic drugs (AED), there is no known cure for epilepsy and relapse is still high, coupled with troubling side effects that leads to discontinuation of therapy (Loscher, 2002). It is therefore, pertinent to widen the scope of search for newer drugs, with potential for treating this neurological disorder; to include plants with ethnomedical documentation for the treatment of epilepsy in our community. The reliance on plants and plant based product for Alternative Medical Practice has been in existence from time immemorial and will continue in the foreseeable future. It is estimated that 11.9% of patients visiting epileptic clinics in Kano are on one form of native treatment or the other (Owolabi and Sale, 2011).

Medicinal plants are important recipe of Traditional Medical Practice. It is estimated that 8 out of 10 people in the developing world depend on medicinal plants for their primary health care needs (Fransworth *et al.*, 1985). Several drug molecules

such as morphine, strychnine, atropine, vincristine among others were isolated and developed from medicinal plants (Newman and Cragg, 2012). *Lophira lanceolata* (Ochnaceae) known as '*Namijin Kadanya*' by the Hausas is used by many communities in the treatment of epilepsy in northern Nigeria, Similarly, it is used extensively in northern Nigeria for erectile dysfunction (Etuk *et al.*, 2009). Previous studies on the leaves of the plants revealed antiplasmodial activity (Collins *et al.*, 2014). *Lophira lanceolata* is a tree that grows up to 12 m high, with a narrow crown, deep root, less scaly bark and contains no latex. It is abundant in moister bush savannah regions, from Senegal, Nigeria, Sudan, and Uganda, and across Sub Saharan region. It is resistant to fire damage and consequently used to protect the soil (Burkill, 1985; Arbonnier, 2004)

Even though, this plant has been used for ages for the treatment of epilepsy, to the best of our knowledge, no scientific evaluation of this claim has been reported. The aim of the present study is to screen the stem bark extract of the plant for anticonvulsant effect using standard anticonvulsant screening.

MATERIALS AND METHODS

Source of plant material

The stem bark of the plant was collected around June, 2013 in Zaria, Nigeria. It was identified by a Taxonomist in the Herbarium section, Department of Biological Sciences, Ahmadu Bello University, Zaria, by comparing with already deposited voucher specimen number 7198.

Preparation of the plant material

The stem bark was cleaned, cut into smaller size and air dried at room temperature. The material was then milled into powder using pestle and mortar. Extraction was carried out by cold maceration where 1.1 kg of the powder was dissolved in 4.2 L of 70%v/v ethanol for 3 days with occasional shaking using glass stirrer. The resultant mixture was filtered using Whatman filter paper (No. 1) and the filtrate was concentrated to dryness in vacuo at 40°C using rotary evaporator.

Animals

Swiss albino mice (18-32g) of either sex were obtained from the Animal Facility Centre (AFC) Department of Pharmacology, Bayero, University, Kano, Nigeria, while day old cockerels were obtained from National Animal Production Institute of Nigeria (NAPRI), Zaria, Nigeria. Animals were maintained in a well ventilated room and fed with standard feeds and water provided *ad libitum*. We certify that all experiments were carried out in accordance with the National Institute of Health Guidelines for the Care and Use of Laboratory Animals {NIH Publications No.80-23} revised in 1996. All efforts were made to minimize the number of mice and chicks used and their suffering.

Phytochemical screening

The phytochemical screening was performed on the dried stem bark extract of *Lophira lanceolata* using standard procedure (Trease and Evans, 1997).

Acute toxicity testing

The intraperitoneal LD₅₀ was determined in mice. The study was carried out in two phases. In the first phase, nine mice of either sex were randomly divided into three groups of three mice each and were administered 10, 100 and 1,000 mg/kg of the extract intraperitoneally. Mice were observed for signs and symptoms of toxicity including death over a period of 24 hours. In the second phase of the study, 200, 400, 800 and 1600 mg/kg body weight of the extracts were given to four different groups of one mouse each intraperitoneally (*i.p.*) based on the result of the first phase. The LD₅₀ was estimated by calculating the geometric mean of the lowest dose that caused death (1/1) and the highest dose that animal survived (0/1) (Lorke, 1983).

Pentylenetetrazole induced seizures in mice

Animals were divided into five groups of six mice each. Group 1 received normal saline (10 ml/kg), group 2, 3 and 4 received the extract at the doses of 85, 170 and 340 mg/kg of body weight respectively, while group 5 received standard drug sodium valproate at a dose of 200 mg/kg intraperitoneally. Thirty minutes later, mice in the groups received 100 mg/kg PTZ subcutaneously (CD₁₀₀). Animals were observed for the presence or absence of threshold seizures (an episode of clonic spasm of at least 5 second duration), mean onset of convulsion, quantal protection and percent protection, number of convulsions and time to death according to the method of (Swinyard *et al.* 1989).

Maximal Electro Shock Test in chicks

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The apparatus used was Ugo Basile Electroconvulsive Machine (Model 7801) with corneal electrodes placed on the upper eyelid of the chicks after dipping them in normal saline. The current, shock duration, pulse width and frequency were set and maintained at 80 mA, 0.6 sec, 0.6 ms and 100 pulses per second respectively. Fifty day old cockerels were grouped into five groups of ten chicks each. Group 1 was pretreated with normal saline (10 ml/kg *i.p.*), group 2, 3 and 4 were administered with extract at doses of 85, 170, 340 mg/kg body weight intraperitoneally, while group 5 was treated with phenytoin sodium 20 mg/kg body weight intraperitoneally. Thirty minutes post treatment, electroshock was administered to each animal to induce convulsion. Results were recorded as either positive or negative depending on whether tonic hind limb extension (THLE) was produced. The time of recovery of convulsed chicks were recorded and the percentage of convulsed animals calculated (Swinyard and Kupferberg, 1985).

Strychnine-induced seizures in mice

Mice were grouped into 5 groups of 6 mice each. Group 1 received 10 ml/kg of normal saline, group 2, 3 and 4 were administered with the extract at doses of 85, 170 and 340 mg/kg body weight respectively while group 5 received phenobarbitone at a dose of 30 mg/kg body weight intraperitoneally. Thirty minutes later, mice were administered 1.2 mg/kg body weight of strychnine subcutaneously and observed for incidence of convulsions. Prevention of tonic hind limb extensor jerk was considered as protection against seizures induced by strychnine (Lehmann *et al.*, 1988).

Picrotoxin induced seizures in mice

Thirty mice were grouped into five each consisting of six mice. The mice in first group received normal saline (10 ml/kg), the second, third and fourth groups were injected with the extract at doses of 85, 170 and 340 mg/kg body weight respectively. The fifth group received phenobarbitone 30 mg/kg body weight, all via intraperitoneal route. Thirty minutes later, mice in all the groups were given picrotoxin subcutaneously 5 mg/kg. They were then observed for hind limb tonic extension over 30 minutes period. Absence of tonic hind limb extension or prolongation of the latency of the hind limb tonic extension was considered as an indication for anticonvulsant activity (Salih and Mustafa, 2008).

Statistical analysis

Results were expressed as Mean \pm Standard Error of Mean (SEM). Statistical analysis was done by Analysis of Variance (ANOVA), a Dunnett's post hoc test was done, when statistically significant result was obtained with ANOVA. Values of $p \leq 0.05$ were considered significant. SPSS version 20 was used for the analysis.

RESULTS

Phytochemical studies

Preliminary phytochemical screening of the stem bark extract of *Lophira lanceolata* revealed the presence of flavonoids, tannins, saponins and glycosides (Table 1).

Acute toxicity test

The intraperitoneal LD₅₀ was calculated to be 1131.31 mg/kg in mice. Decreased in physical activity was noted in the mice before death.

Anticonvulsant studies

The ethanol extract of *Lophira lanceolata* at all doses tested (85, 170 and 340 mg/kg) do not have any effect on mean onset of convulsion, mean number of clonic spasm and time to death. However, sodium valproate (200 mg/kg) significantly (P ≤ 0.05) delayed the mean onset of convulsion induced by PTZ

when compared with normal saline treated group (Table 2).

The ethanol stem bark extract of *Lophira lanceolata* had no effect on the mean recovery time of convulsed animals after maximal electroshock at all the tested doses (85, 170 and 340 mg/kg) when compared with normal saline treated group. Conversely, phenytoin a standard drug at a dose of 40 mg/kg significantly (p ≤ 0.05) protected all the animals from tonic hind limb extension induced by MEST (Table 3).

TABLE 1: Phytochemical constituents of ethanol stem bark extracts of *Lophira lanceolata*

Constituents	Inference
Flavonoids	
a. Sulphuric acid test	-
b. Lead acetate test	+
c. Shinoda test	+
Tannins	
a. General test	+
b. Ferric chloride test	+
c. Phlobatannins	+
Saponins	
a. Frothing test	+
Alkaloids	
a. Dragendorff's test	-
b. Mayer's test	-
c. Wagner's test	-
Glycosides	
a. Salkowski's test	+
b. Keller-Kelliani's test	+
Steroids/terpenoids	
a. Lieberman Burchard test	-
Anthraquinones	
	-

Key: + present, - absent

Table 2: Effect of ethanol stem bark extract of *Lophira lanceolata* on PTZ induced Seizures in Mice

Treatment	Dose (mg/kg)	Mean onset of seizures (min)	Mean No. of clonic spasm	Quantal protection	Time to Death (Min)
N/Saline	10ml/kg	5.00 ± 0.73	2.83±0.40	0/6	10.60±2.66
Sodium Valproate	200	11.50 ± 1.43*	1.16±0.16	0/6	14.00±3.79
LL 85	85	7.67 ± 1.73	2.16±0.53	0/6	8.67±1.33
LL 170	170	8.17 ± 1.83	1.50±0.54	0/6	9.17±1.42
LL340	340	6.33 ± 1.48	1.16±0.40	0/6	8.25±0.85

Data presented as Mean ± SEM, n=6, LL = *Lophira lanceolata*, * P ≤ 0.05, one way ANOVA.

Table 3: Effect of ethanol stem bark of *Lophira lanceolata* on MEST induced seizures in chicks

Treatment	Dose	Mean recovery time (Min)	Quantal protection	% Protection
Normal Saline	10ml/kg	5.44 ± 0.89	1/10	10.00
Phenytoin	40	-	10/10	100
LL 85	85	7.60 ± 1.21	0/10	0.00
LL 170	170	6.10 ± 0.56	0/10	0.00
LL 340	340	8.60 ± 1.62	0/10	0.00

Data presented as Mean ± SEM, n=10, LL = *Lophira lanceolata*, one way ANOVA, - = no convulsion

DISCUSSION

The intraperitoneal LD₅₀ value of the stem bark extracts of *Lophira lanceolata* was calculated to be 1131.13 mg/kg which suggested that the extract is relatively safe (Lorke, 1983). Furthermore, the doses employed in this

studies, is less than one third of the LD₅₀ value which is adjudged to be safe for pharmacological experiments. The extracts neither offer any protection against picrotoxin induced seizures nor prolong the latency of convulsion. This clearly, demonstrated that it is

ineffective against seizures induced by picrotoxin. Drugs that are effective in abolishing or suppressing seizures by picrotoxin in rodents are beneficial in absence seizures; they do so by raising the seizure threshold. Example of such agents includes sodium valproate, ethosuximide and benzodiazepines. It is thought that picrotoxin antagonized the central action of Gamma amino butyric acid (GABA) and central noradrenergic neurons (Corda *et al.*, 1990). Similarly, the extracts did not provide any effect against seizures induced by Maximal electroshock (MEST). The MEST model identifies drugs that are active against generalized tonic clonic seizures. Agents that are active against the Tonic Hind Limb Extension (THLE) induced by MEST act by limiting the spread of seizures (Porter and Meldrum, 2012). The inability of the extract to decrease the mean recovery time of convulsed animals and protect the

chicks against THLE induced by MEST suggested that extract is not useful in the management of generalized tonic clonic seizures. The preliminary phytochemical screening found the presence of flavonoids, tannins, saponins and glycosides. This finding corroborated earlier work on the same plant part where similar secondary metabolites were reported (Audu *et al.*, 2007). Alkaloids have been reported to possess anticonvulsant activity (Faggion *et al.*, 2011), which were not detected in this extract. Thus, absence of this secondary metabolite might be responsible for the lack of anticonvulsant effect observed in this extract.

CONCLUSION

Based on the data presented, it can be inferred that the use of stem bark of *Lophira lanceolata* for the management of epilepsy in folk medicine is not scientifically justifiable.

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