

**Research Paper**

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APOPTOSIS INDUCING EFFECT OF ANDROGRAPHOLIDE ON TD-47 HUMAN BREAST CANCER CELL LINE.

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Abstract

Andrographolide isolated from *Andrographis paniculata* Ness (Acanthaceae) at 0.35 mM, 0.70 mM and 1.40 mM induced DNA fragmentation and increased the percentage of apoptotic cells when TD-47 human breast cancer cell line was treated for 24, 48 and 72 h. The results demonstrated that andrographolide can induce apoptosis in TD-47 human breast cancer cell line in a time and concentration-dependent manner by increase expression of p53, bax, caspase-3 and decrease expression of bcl-2 determined by immunohistochemical analysis.

Key words: *Andrographis paniculata* Ness, andrographolide, TD-47 cell, apoptosis.

Introduction

Apoptosis is cellular suicide or programmed cell death that which is mediated by activation of an evolutionary conserved intracellular pathway. Recently the relation of apoptosis and cancer has been emphasized and increasing evidence suggests that the processes of neoplastic transformation, progression and metastasis involve alteration of normal apoptotic pathway (Bold *et al.*, 1997). Apoptosis also gives some clues about effective anticancer therapy, and many chemotherapeutic agents were reported to exert their anti-tumor effect inducing apoptosis of cancer cells.

Andrographis paniculata Ness (Acanthaceae) is a traditional medical herb, a shrub grown in the moist, shady areas of India, China, Indonesia and throughout Southeast Asia and has been used as immunostimulant (Puri *et al.*, 1993) and used for myocardial ischemic (Guo *et al.*, 1995), pharyngotonsillitis (Thamlikitkul *et al.*, 1991), respiratory tract infections (Coon and Ernst., 2004) and common cold (Melchior *et al.*, 1996). It possesses antimicrobial (Prajjal *et al.*, 2003), anti-inflammatory (Shen *et al.*, 2002), hypotensive (Zhang and Tan, 1996), antihyperglycemic (Yu *et al.*, 2003; Borhanuddin *et al.*, 1994); oxygen radical scavenging (Shen *et al.*, 2002), atherosclerotic (Wang and Zhao., 1994), anti-malarial activity (Dua *et al.*, 2000), anti-HIV (Calabrese *et al.*, 2000), antiplatelet aggregation (Amroyan *et al.*, 1999), hepatic lipid peroxidation protective (Choudhury and Poddar, 1984), hepatoprotective (Handa and Sarma, 1990), choleric effect (Shukla *et al.*, 1992), and anticancer effects (Kumar *et al.*, 2004; Rajagopal *et al.*, 2003; Chang, 1987; Matsuda *et al.*, 1994). One of the major constituents of *A. paniculata* Ness is diterpene lactone such as andrographolide, which has anticancer activity *in vitro* in many tumor cell lines including leukemia, myeloma, HeLa, colon (HT-29), human peripheral blood lymphocytes (HPBLs), and human breast cancer MCF-7 (Satyanaraya *et al.*, 2004). It was found that andrographolide possessed inhibitory effect of DNA Topoisomerase II (Sukardiman *et al.*, 2005). Satyanarayana *et al.* (2004) reported that andrographolide inhibition of cell cycle from human breast cancer cell MCF-7 by induction of cell-cycle inhibitory protein p27 also decreased expression of cyclin-dependent kinase. This evidence suggests that the inhibitory effect of andrographolide might have contributed to its cytotoxicity by DNA fragmentation and induction of apoptosis. In this study the apoptosis-inducing effect of andrographolide isolated from *A. paniculata* Ness in T47-D human breast cancer cell line was investigated..

Material and Methods

Plant material

The aerial parts of *Andrographis paniculata* Ness were collected in September 2004 from Mojokerto, East Java, Indonesia and identified by Mr I.G.P Santa. A voucher specimen No. A123) was deposited at the Department of Natural Product Sciences, Faculty of Pharmacy Airlangga University Surabaya Indonesia.

Isolation of andrographolide

The herb of *Andrographis paniculata* Ness (300 g) was macerated and extracted with methanol. The solvent was concentrated *in vacuo* to yield methanol extract (30 g), which was diluted with aqua destilate, and then partitioned by ethyl acetate, from which 10g residue was obtained. The ethyl acetic fraction was subjected to silica column chromatography and gradiently eluted with chloroform-methanol to afford andrographolide. The andrographolide crystal was recrystallized from hot methanol. Its IR, ¹H-NMR, ¹³C-NMR and MS data were in accordance with those of andrographolide (Matsuda *et al.*, 1994) and standard (Sigma, USA).

Cell Culture

T47-D human breast cancer cell line was obtained from NAIST Narita Japan. Cells were grown in RPMI-1640 media (Sigma, US) containing 10% FBS, 100 mg/L Streptomycin and 10⁵ unit Penicillin. A humidified incubator with 5% CO₂ was used to row the cell at 37°C.

Chemicals

The p53, bax and bcl-2 antibody was from Boeringer Mannheim, Mannheim, Germany. All other chemicals were purchased from Sigma, St. Louis, MO.

Cell morphology

Cell morphology was determined by examining the culture cell under inverted microscope at magnification of 100x. Untreated cells served as control.

Determination of Cell Viability

Cells were plated in triplicate at a density of 1 x 10⁵ cell/ml in dish. Cells were treated with 0.35 mM, 0.70 mM and 1.40 mM andrographolide for 24, 48 and 72 h incubation. At the end of treatment, cells were harvested and counted using a haematocytometer. Cell viability was assessed by trypan blue exclusion test. Percentage of cell viability was calculated from the formula :

$$\text{Percentage of cell viability} = \frac{\text{total cell} - \text{cell death}}{\text{total cell}} \times 100\%$$

Determination of Apoptotic Cells

Cells were treated with 0.35 mM, 0.70 mM and 1.40 mM andrographolide for 24, 48 and 72 h incubation. Apoptosis was determined by morphological analysis after Acridine Orange / Ethidium Bromide (AO/EB) staining as described (Spector *et al.*, 1998). A minimum of 300 cells was examined for each case and the result expressed as number of apoptotic cells over total number of cell counted (Spector *et al.*, 1998). Percentage of apoptotic cells was calculated from the formula :

$$\text{Percentage of apoptotic cell} = \frac{\text{Amount of apoptotic cell}}{\text{Total cell examined}} \times 100\%$$

Analysis DNA Fragmentation

Cells were treated with 0.35 mM, 0.70 mM and 1.40 mM andrographolide for 24, 48 and 72 h incubation. Cells were harvested and suspended in 500 μ l of lysis buffer containing 20 mM Tris-HCl (pH 7.4), 4 mM EDTA, 0.4%(v/v) Triton X, and incubated on ice for 30 min. After centrifugation for 5 min at 13,000 rpm using Eppendorf tube centrifuge, supernatant was extracted with phenol three times and once with chloroform. Then DNA was precipitated by incubating at -80°C for 30 min after the addition of 1 μ g of glycogen, 100 μ l of 5 M NaCl and 700 μ l of isopropanol to each sample. DNA was collected by centrifuging at 13,000 rpm and washed once with 70% ethanol. DNA pellets were dissolved in 30 μ l of TE buffer containing 10 μ g/ml RNase A, and incubated at 37°C for 30 min. Ten μ l of each DNA sample was loaded on 1.8% agarose gel.

Immunohistochemical analysis for p53, bax, bcl-2 and caspase-3

Cells were treated with 0.35 mM, 0.75 mM and 1.40 mM andrographolide for 24, 48 and 72 h incubation. Cancer cells after treatment were studied by IHC using monoclonal antibodies to p53, bax, bcl-2 and caspase-3 (Boehringer Mannheim, Mannheim, Germany). Using methods described (Santini *et al.*, 1993), the cell were treated using the streptavidin-biotin-peroxidase complex method with the following modifications. Endogenous peroxidase activity was blocked with 3% H_2O_2 in methanol for 30 min. Sections were blocked with 20% horse serum for 1 h to prevent nonspecific binding. Primary antibody at a 1:50 dilution was applied overnight at 4°C , with appropriate negative and positive controls. Secondary biotinylated antibody at 1:200 was applied for 1 h to visualize bound antibody. SABC reaction was performed for 1 h at room temperature. The peroxidase activity was developed by incubation in 0.05% 3,3'-diaminobenzidine for 5 min, and slides were counterstained with hematoxylin. Immunoreactive score was determined semiquantitatively by means of a visual grading system in which staining intensity was categorized and graded by assessing the following categories: 0 (0–4%), 1 (5–24%), 2 (25 – 49%), 3 (50 – 74%), or 4 (75 – 100%) according to the previously reported criteria (Katja *et al.*, 1999).

Statistical analysis

The data of viability cell and apoptotic cell were expressed as mean \pm SEM of triplicate. Results were analysed statistically by One-way ANOVA followed by Turkey's multiple comparison using SPSS software Student's version 12.0. The difference was considered significant if $p < 0.05$.

Results and Discussion

Andrographolide (Figure 1) showed a significant inhibitory effect on viability of TD-47 human breast cancer cells *in vitro*. The inhibitory action was noticed to be concentration and time-dependent. The maximum inhibitory effect of andrographolide was obtained at concentration of 1.40mM at 72h, where the percentage cell viability was 0.28%. On the other hand, after 0.35mM andrographolide treatment at 24h, percentage cell viability was 71.45% and significantly decreased after 48 and 72h, when percentage cell viability were 44.83% and 23.52% respectively. After 0.75mM andrographolide treatment at 24h, percentage cell viability was 54.45% and significantly decreased after 48 and 72h, when percentage cell viability were 9.45% and 2.5% respectively. On the other hand, after 1.40mM andrographolide treatment at 24h, percentage cell viability was 34.35% which significantly decreased after 48 and 72hour, when percentage cell viability were 4.36% and 0.28% respectively, as shown in Figure 2.

When TD-47 human breast cancer cells treated with various concentration of andrographolide for 48 h, were examined under a phase contrast microscope they exhibited distinct morphological features of apoptosis, such as cellular shrinkage and formation of apoptotic bodies, as shown in Figure 3. Apoptotic cells can be recognized by stereotypical morphological changes: the cell shrinks, shows deformation and loses contact to its neighbouring cells. Its chromatin condenses and marginates at the nuclear membrane, the plasma membrane is blebbing or budding, and finally the cell is fragmented into compact membrane-enclosed structures, called 'apoptotic bodies' which contain cytosol, the condensed chromatin and organelles. The apoptotic bodies are engulfed by macrophages and thus are removed from the tissue without causing an inflammatory response. These morphological changes are a consequence of characteristic molecular and biochemical events occurring in an apoptotic cell, most notably the activation of proteolytic enzymes which eventually mediate the cleavage of

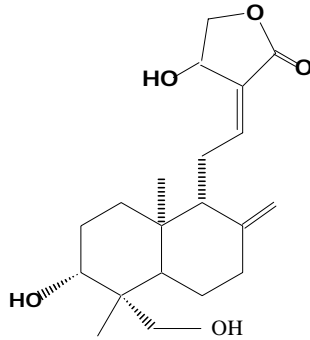


Figure 1: Structure of andrographolide

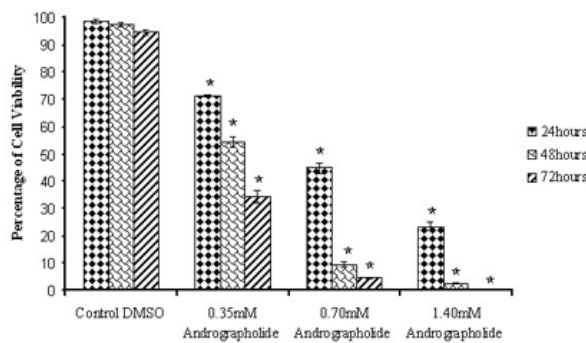


Figure 2: Effect of andrographolide on cell viability of TD-47 human breast cancer cells. Cells were treated with control DMSO, 0.35 mM, 0.70 μ M and 1.40 mM andrographolide at 24, 48 and 72 h, and cell viability was determined by trypan blue exclusion. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

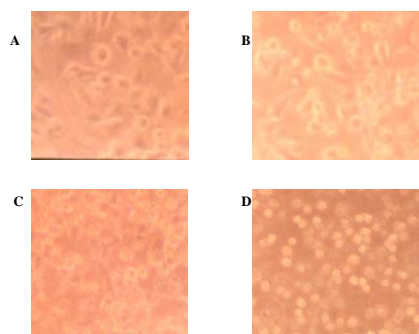


Figure 3: Effect of andrographolide on morphology change of TD-47 human breast cancer cells (phase-contrast microscopy). A, untreated cells cultured (DMSO 0,1%). B, cells were treated with 0.35 mM andrographolide. C, cells were treated with 0.70 mM andrographolide. D, cells were treated with 1.4 mM andrographolide for 48h.

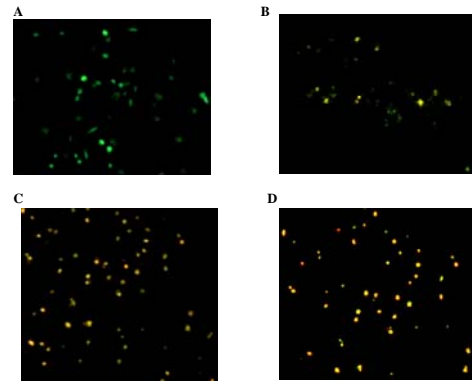


Figure 4: Effect of andrographolide on induction apoptosis of T47-D human breast cancer cells, analysis by Acridine Orange / Ethidium Bromide (AO / EB) staining (examined using fluorescent microscopy). A, untreated cells cultured (DMSO 0,1%). B, cells were treated with 0.35 mM andrographolide. C, cells were treated with 0.70 mM andrographolide. D, cells were treated with 1.4 mM andrographolide for 24 h.

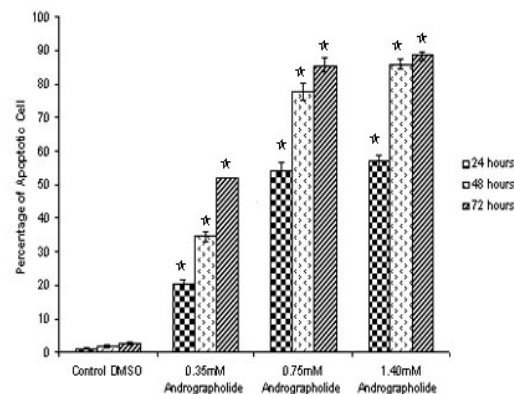


Figure 5: Relative apoptosis induced by andrographolide as determined by Acridine Orange - Ethidium Bromide (AO / EB) staining. The percentage apoptotic cell was examined for each case and the result expressed as number of apoptotic cells over total number of cell counted. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

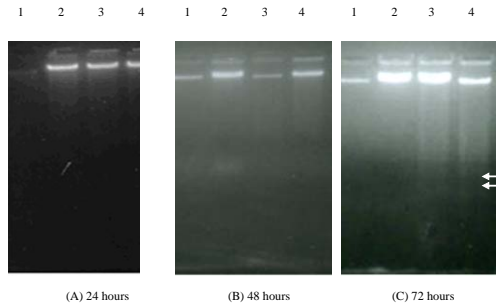


Figure 6: Concentration course experiment for andrographolide - induction internucleosomal DNA fragmentation T47-D human breast cancer cells , analysis by electrophoresis gel . Lane1. untreated cells cultured (DMSO 0,1%). Lane 2. cells were treated with 0.35 mM andrographolide . Lane 3 cells were treated with 0.70 mM andrographolide. Lane 4 cells were treated with 1.40 mM andrographolide.

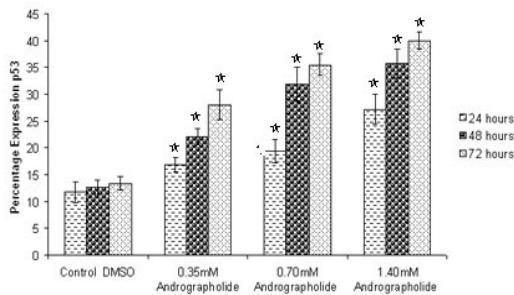


Figure 7: Concentration course experiment for andrographolide - induction increased expression of p53 from T47-D human breast cancer cells , analysis by immunohistochemical.. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

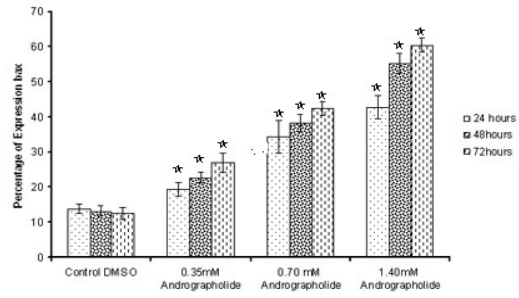


Figure 8. Concentration course experiment for andrographolide - induction increased expression of bax from T47-D human breast cancer cells , analysis by immunohistochemical.. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

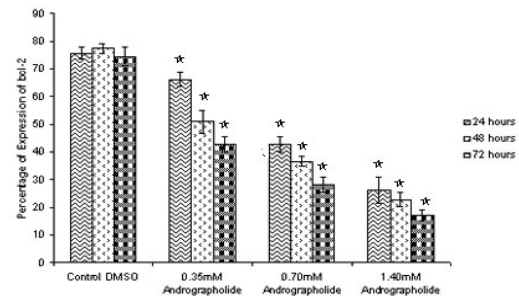


Figure 9: Concentration course experiment for andrographolide - induction decreased expression of bcl-2 from T47-D human breast cancer cells , analysis by immunohistochemical.. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

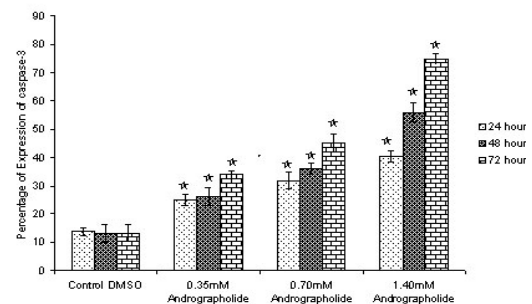


Figure 10: Concentration course experiment for andrographolide - induction increased expression of caspase-3 from T47-D human breast cancer cells , analysis by immunohistochemical.. Data represent mean \pm SEM of triplicate. * $p < 0.05$ compared to control (One Way ANOVA followed by Tukey's multiple comparison test).

DNA into oligonucleosomal fragments as well as the cleavage of a multitude of specific protein substrates which usually determine the integrity and shape of the cytoplasm or organelles (Saraste and Pulkki, 2000).

After 24 h treatment of TD-47 human breast cancer cell with 0.35 mM, 0.70 μ M and 1.40 mM andrographolide, nuclear structure using acridine orange/ethidium bromide (AO / EB) staining, and examined using fluorescent microscopy exhibited condensation and fragmentation of some nuclei, as shown in Figure 4. Live cell appeared uniformly green. Early apoptotic cell stained green and contain bright green dots in the nuclei as a consequence chromatin condensation and nuclear fragmentation. Late apoptotic cell showed condensed and often fragmented nuclei and the incorporated ethidium bromide stained orange (Spector *et al.*, 1998). After 24, 48 and 72 h treatment of TD-47 human breast cancer cell with 0.35 mM; 0.70 μ M and 1.40 mM andrographolide, nuclear structure using acridine orange/ethidium bromide (AO / EB) staining, examined using fluorescent microscopy, exhibited increased apoptotic cells in time- and concentration – related manner (Figure 5).

After 72 h treatment of TD-47 human breast cancer cell with concentration 0.70 mM and 1.40 mM of andrographolide, it was found that it induced internucleosomal DNA fragmentation, one of biochemical hall mark of apoptosis, as shown in Figure 6. Comparable findings were reported in the study by Chopin *et al.* (2002) where they did not find internucleosomal DNA fragmentation from TD-47 human breast cancer cell when treated with 2.5mM sodium butyrate for 48h (that it possesses inhibitory effect of DNA Topoisomerase).

When TD-47 human breast cancer cell was treated with various concentration of andrographolide from *A. paniculata* for 24h, 48h and 72h, the expression p53 increased in time and concentration-related manner as shown in Figure 7. Common features of many anti-cancer drugs such as camptothecin, etoposide were induction of DNA damage followed by the activation of tumour suppressor protein p53 as mediator of their cellular effects. The accumulation and activated of wild-type p53 results in least two pathways, cell cycles and apoptosis. (Bates and Vousden, 1994).

After TD-47 human breast cancer cell was treated with various concentration of andrographolide from *A. paniculata* for 24h, 48h and 72h, the expression bax increased in a concentration-related manner as shown in Figure 8.

When TD-47 human breast cancer cell was treated with various concentration of andrographolide from *Andrographis paniculata* Ness for 24h, 48h and 72h, the expression bcl-2 decreased in a concentration-related manner analysed by immunohistochemical method, as shown in Figure 9. Apoptosis is controlled by ratio of various bcl-2 family members (Read *et al.*, 1996). When level of apoptosis promoters bax increase, apoptosis is accelerated, whereas when the inhibitor of apoptosis bcl-2 increase, the cell are predisposed to be resistant to apoptosis in response stimuli. Previous report have demonstrated that changes in the ratio of protoapoptotic to antiapoptotic protein result in susceptibility to apoptosis, and high bax : bcl-2 ratio has been found to correlate with etoposide-induced apoptosis (Chresta *et al.*, 1996).

After TD-47 human breast cancer cell was treated with various concentration of andrographolide from *Andrographis paniculata* Ness for 24h, 48h and 72h, the expression caspase-3 increased in a concentration-related manner analysed by immunohistochemical method, as shown in Figure 10.

From the results it could be concluded that the andrographolide isolated from *Andrographis paniculata* Ness (Acanthaceae) induced apoptosis in TD-47 human breast cancer cell line in a time and concentration-dependent manner by increase expression of p53 bax, caspase-3 and decrease expression of bcl-2. Further studies should be performed on experimental animals to spotlight the mechanism of action of andrographolide at the molecular level of the tumor cells.

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