

ORIGINAL RESEARCH ARTICLE

Maternal complication of caesarean section at tertiary center: Siriraj Hospital, Bangkok, Thailand

DOI: 10.29063/ajrh2022/v26i8.14

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Abstract

To study the complications of mothers related to caesarean sections, through a review of indications and details of complications occurring in mothers. This was a retrospective and descriptive study. A search of hospital records identified 3500 cases that underwent caesarean sections during 2017–2018. Demographic data, indications for caesarean section, maternal complications arising from the caesarean sections, and other relevant details were recorded. Most of the pregnant women were in their first pregnancy (43.49%) without underlying disease (86.40%). Two-thirds of the caesarean sections (70.23%; 2485/3500) were emergency procedures. A previous caesarean section (35.11%; 1229/3500) was the most frequent absolute indication for caesarean section, while advanced maternal age (34.14%; 1195/3500) was the most frequent relative indication. Caesarean sections at the request of mothers represented 7.11% of the cases (249/3500). All maternal complications were 5.14% (180/3500). Post-partum haemorrhage was the most common maternal complication (3.4%). In summary, maternal complications were found 5.14%. Most maternal complications were post-partum haemorrhage. Common indications for caesarean sections were a previous caesarean section and advanced maternal age. As the rate of caesarean sections continues to increase and is difficult to control, obstetricians must be well trained in performing caesarean sections to reduce maternal complications. (*Afr J Reprod Health* 2022; 26[8]: 142-154).

Keywords: Caesarean section, maternal complication

Résumé

Étudier les complications des mères liées aux césariennes, à travers une revue des indications et des détails des complications survenant chez les mères. Il s'agissait d'une étude rétrospective et descriptive. Une recherche dans les dossiers hospitaliers a identifié 3500 cas ayant subi une césarienne en 2017-2018. Les données démographiques, les indications de césarienne, les complications maternelles découlant des césariennes et d'autres détails pertinents ont été enregistrés. La plupart des femmes enceintes en étaient à leur première grossesse (43,49%) sans maladie sous-jacente (86,40%). Les deux tiers des césariennes (70,23 % ; 2485/3500) étaient des procédures d'urgence. Une césarienne antérieure (35,11 % ; 1229/3500) était l'indication absolue la plus fréquente de césarienne, tandis que l'âge maternel avancé (34,14 % ; 1195/3500) était l'indication relative la plus fréquente. Les césariennes à la demande des mères représentaient 7,11% des cas (249/3500). Toutes les complications maternelles étaient de 5,14 % (180/3500). L'hémorragie du post-partum était la complication maternelle la plus fréquente (3,4%). En résumé, les complications maternelles ont été retrouvées 5,14%. La plupart des complications maternelles étaient des hémorragies post-partum. Les indications courantes des césariennes étaient une césarienne antérieure et un âge maternel avancé. Comme le taux de césariennes continue d'augmenter et est difficile à contrôler, les obstétriciens doivent être bien formés à la pratique des césariennes pour réduire les complications maternelles. (*Afr J Reprod Health* 2022; 26[8]: 142-154).

Mots-clés: Césarienne ; complication maternelle

Introduction

Indicated caesarean section is an important operation that saves the lives of mothers and newborns. Indications for caesarean section include antepartum haemorrhage, foetal distress, breech presentation in a first pregnancy, and related maternal medical complications¹. The rate of caesarean sections has been increasing markedly around the world for more than 30 years. The ideal rate of caesarean sections specified by the World Health Organization (WHO) is only 10%–15%². On the other hand, caesarean rates increased worldwide in 2015 at an estimated rate of 21.1% (95% uncertainty interval 19.9–22.4)³. The rates varied greatly by region. For example, in Latin America and the Caribbean, caesarean rates were as high as 44.3%¹, whereas in low-income countries in Western and Central Africa, the rates were only 4.1%³. At the Faculty of Medicine of Siriraj Hospital, Mahidol University, Thailand, the rate of caesarean section was alarming, having risen to 48.86% in 2017⁴. Caesarean rates in high-income countries were 5 times higher than those in low- and middle-income countries. They were mainly related to educated families, private facilities, and the low obstetric risks of mothers and newborns³.

Maternal and neonatal mortality rates in middle- and low-income countries were reported to be 10 to 20 times higher than those in high-income countries^{5,6}. The causes of mortality and neonatal deaths were asphyxia, infection and prematurity⁷. Interestingly, birth asphyxia was usually caused by difficulties in labour, including obstructed labour⁷, which occurs most frequently in low- and middle-income countries. Maternal mortality in low- and middle-income countries was due to haemorrhage, hypertensive diseases and infections⁸. Caesarean section is an intervention that can reduce maternal and neonatal mortality.

The study of Goldenburg *et al.*⁹ showed that the highest maternal and neonatal mortality occurs during delivery. A United Nations review of strategies to reduce maternal and neonatal mortality rates confirmed that caesarean section is one of the prompt interventions that can be undertaken to save

maternal and neonatal lives¹⁰. Our study aimed to investigate the complications of mothers and newborns arising from caesarean sections through a review of indications and details of complications that occurred in mothers and newborns at Siriraj Hospital.

Method

This retrospective study was conducted in the statistical unit of the Department of Obstetrics and Gynecology of the Faculty of Medicine, Siriraj Hospital. Before starting this research, its protocol was approved by the Ethics Committee of the Faculty of Medicine Siriraj Hospital (Si 060/2020) and registered in the Thai Clinical Trials Registry (TCTR 20200127001). The authors thank the Faculty of Medicine Siriraj Hospital, Mahidol University, for its financial support ([IO] R016333027).

Data related to all pregnant women who underwent caesarean sections during 2017–2018 were collected from hospital records. A total of 3500 cases were identified. The baseline characteristic data of the women were recorded. In addition, the following details were collected: laboratory blood test results, number of antenatal visits, indications for caesarean section, gestational age at caesarean section, people performing the caesarean section, anaesthetic method, timing and duration of caesarean section, maternal complications from caesarean section. The primary outcome was the complications of mothers arising from the caesarean sections at Siriraj Hospital. Secondary outcomes were relevant adverse outcomes of mothers.

Statistical analysis

Demographic data were summarised using descriptive statistics. Categorical data are presented as numbers and percentages, and continuous data are presented as means \pm standard deviations, or as medians and ranges. Statistical analyses were performed using PASW Statistics for Windows (version 18.0; SPSS Inc., Chicago, IL, USA).

Baseline data (qualitative parameters, and maternal and infant complications arising from caesarean section) were compared using the chi-squared test and Fisher's exact test. For quantitative variables, the Mann-Whitney U test was used for a univariate analysis, and multiple logistic regression was used for a multivariate analysis.

Results

Most of the 3500 pregnant women who underwent a caesarean section were in their first pregnancy (43.49%) without underlying disease (86.40%; Table 1). All had at least 4 visits during the antenatal period. A third of the women had a weight gain of more than 10 and under 15 kilograms (34.57%; 1210/3500), and a quarter (25.5%) had a haematocrit < 33% (Table 1). Haemoglobin E trait (16.37%; 573/3500) and rhesus positivity (98.57%; 3450/3500) were common (Table 1).

Approximately two-thirds of the caesarean sections (70.23%; 2485/3500) were emergency procedures. Most of the 3500 women (84.89%; 2971/3500) did not have any maternal complications during their pregnancies (Table 1). A previous caesarean section (35.11%; 1229/3500) was the most frequent absolute indication for the caesarean sections, while advanced maternal age (34.14%; 1195/3500) was the most common relative indication (Table 1). Caesarean sections performed on maternal request represented 7.11% of the cases (249/3500; Table 1). All maternal complications were 5.14% (180/3500). Post-partum haemorrhage was the most common maternal complication (3.4%). There were similar proportions of caesarean sections performed during office hours (9 A.M. to 4 P.M.; 52.71%; 1845/3500) and outside office hours (4 P.M. to 9 A.M.; 45.29%; 1655/3500). The operation time was generally less than 1 hour (78.86%; 2760/3500; Table 2).

Post-partum haemorrhage was the most common maternal complication. It was significantly related to placenta previa marginalis (adjusted odds ratio [AOR] = 4.78; 95% CI, 1.17–19.45; $P = 0.029$); placenta previa totalis (AOR = 44.66; 95% CI, 22.55–88.46; $P < 0.001$); advanced maternal age

(AOR = 1.75; 95% CI, 1.08–2.83; $P = 0.022$); and cephalopelvic disproportion (AOR = 2.45; 95% CI, 1.44–4.18; $P < 0.001$; Table 3). Adjacent maternal organ injury was related to surgeon ages of < 40 years and of ≥ 50 years, with AOR = 19.01 (95% CI, 3.10–116.36; $P = 0.001$) and AOR = 5.45 (95% CI, 1.06–28.08; $P = 0.043$), respectively (Table 3). Bladder injury was associated with a parity of at least one (Table 4). Maternal weight was not related to maternal complications (Table 5). Pregnancy with gestational diabetes mellitus was significantly related to maternal complications (Table 6).

Discussion

Of the 3500 pregnant women who underwent caesarean sections at Siriraj Hospital during 2017–2018, the majority of the indications for caesarean section were a previous caesarean section (35.11%; 1229/3500) and advanced maternal age (≥ 35 years; 34.14%; 1195/3500). In Thailand, the first of these is an absolute indication, while the latter is a relative indication. In many countries, mothers of advanced age can have spontaneous vaginal delivery. This indication can increase the caesarean section rate above the usual level. Caesarean sections have become increasingly common in developed countries². Our research demonstrated the same results as another study, which found that the increase in the rate of caesarean sections was predominantly associated with advanced maternal age, especially in nulliparous women¹¹.

Demographic, educational and social changes are resulting in the delaying of pregnancies until women feel that they have a settled lifestyle¹². Some women ≥ 35 years of age undergo fertility treatment to achieve pregnancy¹³. The proportion of nulliparous women of advanced maternal age has increased in many countries¹⁴. Our work found that nulliparous women ≥ 35 years of age who underwent a caesarean section accounted for up to a third of the women in the study cohort. In addition, mothers aged ≥ 35 years have been reported to generally have healthier lifestyles than younger mothers¹⁵. Many studies have concluded that the rates of caesarean section are increasing

Table 1: Demographic and relevant laboratory data of pregnant women underwent caesarean section

Demographic data	Number (3500 cases)	Demographic data	Number (3500 cases)	Relevant details of caesarean sections	Number (3500 cases)
Maternal age (years)	31.46 ± 5.87 (14–49)	Blood group		Type of caesarean section	
		O	1316 (37.60%)	Elective	1042 (29.77%)
		A	747 (21.34%)	Emergency	2458 (70.23%)
		B	1175 (33.57%)		
		AB	241 (6.89%)		
		Missing data	21 (0.60%)		
Body weight (kilograms)	57.26 ± 12.76 (29–158)	Rh group		Maternal complications during pregnancy	
BMI (kg/m ²)	22.84 ± 4.75 (12.49–63.29)	Negative	29 (0.83%)	Diabetes mellitus	2971 (84.89%)
		Positive	3450 (98.57%)	Not present	434 (12.40%)
		Missing data	21 (0.60%)	GDMA1	55 (1.57%)
Gravida		Haemoglobinopathy		GDMA2	40 (1.14%)
1	1522 (43.49%)	Not present	2448 (69.94%)	Pre-existing diabetes mellitus	
2	1290 (36.86%)	Hb H disease	18 (0.52%)	Hypertension	3314 (94.69%)
3	688 (19.65%)	Beta thalassaemia	55 (1.57%)	Not present	61 (1.74%)
Parity		Hb E trait	573 (16.37%)	Pregnancy-induced hypertension	10 (0.29%)
0	1871 (53.45%)	Alpha thalassaemia	228 (6.52%)	Gestational hypertension	110 (3.14%)
1	1333 (38.09%)	Other	167 (4.77%)	Pre-eclampsia without severe features	13 (0.37%)
2	296 (8.46%)	Missing data	11 (0.31%)	Pre-eclampsia with severe features	93 (2.66%)
Abortion				Myoma uteri	25 (0.71%)
0	2727 (77.91%)	VDRL		Submucosal type	115 (3.29%)
1	773 (22.09%)	Non-reactive	3478 (99.37%)	Intramural type	375 (10.71%)
Gestational age at delivery (weeks of gestation)		Reactive	22 (0.63%)	Subserosal type	2 (0.06%)
<28	12 (0.3%)				
	45 (1.3%)				

28- <32	50 (1.4%)	HBs antigen		Unspecified	
32- <34	392 (11.2%)	Negative	3421 (97.74%)	Ovarian tumours/cysts	
34 <37	3001 (85.7%)	Positive	79 (2.26%)	Pelvic adhesion	
≥37				Other cyst	
Underlying diseases		Anti-HIV		Indications for caesarean section	
None present	3024 (86.40%)	Non-reactive	3485 (99.57%)	Absolute indications	
Heart disease	28 (0.80%)	Reactive	15 (0.43%)	Breech presentation	372 (10.63%)
Pulmonary disease	4 (0.12%)	Haematocrit		Cephalopelvic disproportion	915 (26.14%)
Thyroid disease		≤33%	659 (18.83%)	Failed induction of labour	
Diabetes mellitus	68 (1.94%)	>33%	2837 (81.06%)	Previous caesarean section	170 (4.86%)
Hypertension	34 (0.97%)	Missing data	4 (0.11%)	Not in labour	
Other	71 (2.03%)			In labour	1229 (35.11%)
271 (7.74%)					
Number of antenatal care visits	29 (0.83%)			Meconium-stained amniotic fluid	581 (16.60%)
0	17 (0.49%)				648 (18.51%)
1	13 (0.37%)			Non-reassuring foetal heart rate status (NICHD categories II/III, foetal distress)	233 (6.66%)
2	34 (0.97%)			PROM	487 (13.91%)
3	55 (1.57%)			Oligohydramnios	
4	3352 (95.77%)			Placenta previa	305 (8.71%)
>4				Marginalis	97 (2.77%)
Total weight gain (kilograms)	107 (3.06%)			Totalis	
<5	540 (15.43%)			Placental accrete syndrome	39 (1.11%)
5- <10	1210 (34.57%)			Placental accrete	73 (2.09%)
10- <15	981 (28.03%)			Placental increta	
15- <20	456 (13.03%)			Placental percreta	
≥20	206 (5.88%)				2 (0.06%)
Missing data					2 (0.06%)

	1 (0.03%)
Relative indications	
Advanced maternal age	1195 (34.14%)
Contracted pelvis	74 (2.11%)
Prolonged infertility	110 (3.14%)
Obesity	538 (15.37%)
No indications	
Maternal request	249 (7.11%)
Hypertension	417 (11.91%)
Other	98 (2.80%)
Other indications	
Infection	32 (0.91%)
Other	29 (0.83%)

* Data are presented as mean \pm SD (range) and n (%)

Table 2: Times, anaesthetic methods, surgeon-performed caesarean sections and complications from caesarean sections (can have more than 1 complication)

Details of caesarean sections	Number (3500 cases)
Timing	
Office hours (9.00 A.M.–4.00 P.M.)	1845 (52.71%)
Outside office hours (4.00 P.M.–9.00 A.M.)	1655 (47.29%)
Time from incision to delivery	
<2 minutes	13 (0.37%)
2 minutes– <4 minutes	419 (11.97%)
4 minutes– <10 minutes	2144 (61.26%)
≥10 minutes	924 (26.40%)
Total operation time (minutes)	
<60	2760 (78.86%)
<30	147 (4.20%)
30– <45	1295 (37.00%)
45– <60	1318 (37.66%)
60– <120	715 (20.43%)
60– <75	485 (13.86%)
75– <90	150 (4.29%)
90– <105	51 (1.45%)
105– <120	29 (0.83%)
120– <180	18 (0.51%)
120– <150	12 (0.34%)
150– <180	6 (0.17%)
• ≥180	7 (0.20%)
Anaesthetic methods	
Spinal block	3260 (93.14%)
General anaesthesia	156 (4.46%)
Combined spinal block with general anaesthesia	42 (1.20%)
Other	42 (1.20%)
Surgeon (can have more than 1 surgeon)	
Resident	2214 (63.25%)
First year	77 (2.20%)
Second year	1325 (37.85%)
Third year	812 (23.20%)
Fellowship	138 (3.94%)
Staff	1148 (32.79%)
30– <40 years	94 (2.68%)
40– <50 years	634 (18.11%)
>50 years	420 (12.00%)
Resident followed by staff	146 (4.17%)
Co-staff	17 (0.48%)
All maternal complications (N= 3500)	
180 cases (5.14%)	
Post-partum haemorrhage	119 (3.40%)
Post-partum sepsis	11 (0.31%)
Bladder injury	8 (0.23%)
Ureteric injury	1 (0.03%)
Bowel injury	2 (0.06%)
Post-operative ileus	2 (0.06%)
Uterus injury	49 (1.40%)
Other	17 (0.49%)

among mothers of advanced maternal age^{16,17}. Pregnancy in this age group has been found to be strongly related to underlying medical diseases, such as diabetes mellitus, hypertension and high body mass index¹⁸.

In our study, the overall rate of maternal complications from caesarean sections was 5.14% (180/3500). Almost half of the caesarean sections in our study were primary caesarean deliveries (43.49%; 1522/3500). Advanced maternal age (34.14%; 1195/3500) was the second most frequent relative indication. Approximately two-thirds of the caesarean sections were performed by residents. Interestingly, maternal complications were only found in 5.14% of the patients, whereas neonatal complications were as high as 49.23%. Post-partum haemorrhage was the most common maternal complication, with an incidence of 3.4%. It was related to indications for cephalopelvic disproportion and advanced maternal age, an operation time > 90 minutes and placenta previa. A recent systematic review found that post-partum haemorrhage was one of the common complications of obstructed labour. Early detection of obstructed labour after planning for an early caesarean section can help prevent post-partum haemorrhage¹⁹.

Our study also found that bladder injury was significantly related to a previous caesarean section. Most bladder injuries can be recognised during surgery, and their prompt repair can reduce maternal morbidity²⁰. However, bladder injury is a rare complication of caesarean delivery and has a good prognosis²¹. Staff younger than 40 years were more likely to injure an adjacent organ than 40- to 50-year-old staff, without clinical significance. The experience of the staff may be related to the complications of the operation. However, some international studies have reported a negative relationship between the likelihood of postoperative complications of caesarean section and the years of surgeon experience^{22,23} as well as the number of caesarean sections performed by surgeons²⁴. Those studies were carried out in rural hospitals where the obstetricians were well trained. Our study found that the experience of physicians at an academic

Table 3. Factors associated with post-partum haemorrhage and adjacent organ injuries of mothers (bladder, bowel and ureter)

Post-partum haemorrhage					Adjacent organ injuries						
Factors associated with post-partum haemorrhage	Unadjusted odds ratio (95% CI)	P value	Adjusted odds ratio (95% CI)	P value	Factors associated with adjacent organ injuries	No (n=3489)	Yes (n=11)	Unadjusted odds ratio (95% CI)	P value	Adjusted odds ratio (95% CI)	P value
Surgeon age (years)	1.00	-	1.00	-	Surgeon age (years)	2349 (99.87%)	3 (0.13%)	1.00	-	1.00	-
Resident and Fellow	2.01 (0.85–4.75)	0.109	1.20 (0.36–3.99)	0.762	Resident and Fellow						
30– <40	1.21 (0.77–1.92)	0.411	1.08 (0.56–2.11)	0.812	Staff age (years)	92 (97.87%)	2 (2.13%)	17.02 (2.81–103.11)	0.002	19.01 (3.10–116.36)	0.001
40– <50	0.80 (0.42–1.51)	0.482	0.97 (0.42–2.26)	0.941	30– <40	631 (99.53%)	3 (0.47%)	3.72 (0.75–18.49)	0.108	4.47 (0.86–23.21)	0.075
≥50			0.77 (0.48–1.25)	0.296	40– <50	417 (99.29%)	3 (0.71%)	5.63 (1.13–28.01)	0.035	5.92 (1.14–30.85)	0.035
Time of caesarean: night	0.83 (0.57–1.20)	0.325			≥50	1838 (99.62%)	7 (0.38%)	1.00	-	1.00	-
Duration of operation (minutes)	1.00	-	1.00	-	Time of caesarean	1651 (99.76%)	4 (0.24%)	0.64 (0.19–2.18)	0.471	0.98 (0.27–3.56)	0.982
<30	0.82 (0.25–2.68)	0.745	0.63 (0.17–1.79)	0.491	Day						
30– <60	2.89 (0.88–9.50)	0.081	2.51 (0.66–9.59)	0.179	Night						
60– <90	14.95 (4.27–52.39)	<0.001	18.85 (4.57–96.49)	<0.001	Previous caesarean	2266 (99.78%)	5 (0.22%)	1.00	-	1.00	0.890
90– <120	52.39	<0.001	1.52 (0.85–2.71)	0.156	No						
≥120	102.0 (24.68–421.53)	<0.001	2.45 (1.44–4.18)	0.001	Yes				0.188	0.89 (0.17–4.56)	
Underlying disease	1.73 (1.10–2.72)	0.018									
Cephalopelvic-disproportion	1.39 (0.94–2.06)	0.095									

Post-partum haemorrhage						Adjacent organ injuries						
Factors associated with post-partum haemorrhage	Unadjusted odds ratio (95% CI)	P value	Adjusted odds ratio (95% CI)	P value		Factors associated with adjacent organ injuries	No (n=3489)	Yes (n=11)	Unadjusted odds ratio (95% CI)	P value	Adjusted odds ratio (95% CI)	P value
Advanced maternal age (AMA)	1.75 (1.21–2.53)	0.003	1.75 (1.08–2.83)	0.022			1223 (99.51%)		2.22 (0.68–7.30)			
Placenta previa						Gravida						
No	1.00	-	1.00	-		0-1	1520 (99.87%)	2 (0.13%)	1.00	-	1.00	-
Marginalis	4.61 (1.60–13.26)	0.005	4.78 (1.17–19.45)	0.029		≥2	1969 (99.54%)	9 (0.46%)	3.47 (0.75–16.10)	0.128	2.12 (0.12–38.41)	0.611
Totalis	33.26 (19.97–55.41)	<0.001	44.66 (22.55–88.46)	<0.001								
Prolonged infertility	3.01 (1.53–5.93)	0.001	1.61 (0.56–4.65)	0.381								
Maternal weight (kilograms)	1.01 (0.99–1.03)	0.116	1.01 (0.99–1.02)	0.537		Parity						
Birthweight (grams)						0	1868 (99.84%)	3 (0.16%)	1.00	-	1.00	-
Normal (2500–4000)	1.96 (1.26–3.06)	0.003	1.71 (0.94–3.12)			≥1	1621 (99.51%)	8 (0.49%)	3.07 (0.81–11.60)	0.127	2.25 (0.15–33.62)	0.558
Low (>1500–2499)	2.23 (0.95–5.23)	0.066	1.96 (0.73–5.26)									
High (>4000)	1.00	-	1.00									
Maternal haematocrit ≤33%	0.97 (0.92–1.03)	0.351	1.08 (0.60–1.93)	0.807		Abortion						
Gravida: ≥2	1.03 (0.71–1.49)	0.888	1.02 (1.06)	0.056		0	2719 (99.71%)	8 (0.29%)	1.00	-	1.00	-
Parity: ≥1	1.17 (0.82–1.69)	0.389	3.58 (0.89–14.42)	0.073		≥1	770 (99.61%)	3 (0.39%)	1.32 (0.35–5.00)	0.716	0.99 (0.20–5.02)	0.998
Abortion: ≥1	0.79 (0.50–1.27)	0.337	0.90 (0.40–2.01)	0.794								

Table 4: Associations between obstetrics history of maternal gravid, parity, and abortion (GPA) with complications from caesarean sections (univariate analysis)

	All (N=3500)	Gravida		P value	Parity		P value	Abortion		P value
		1 (n=1522)	≥2 (n=1978)		0 (n=1871)	≥1 (n=1629)		0 (n=2727)	≥1 (n=773)	
Maternal complications	180 (5.14%)	71 (4.66%)	109 (5.51%)	0.280	85 (4.54%)	95 (5.83%)	0.092	143 (5.24%)	37 (4.79%)	0.646
Post-partum haemorrhage	119 (3.40%)	51 (3.35%)	68 (3.44%)	0.925	59 (3.15%)	60 (3.68%)	0.401	97 (3.56%)	22 (2.85%)	0.370
Post-partum sepsis	11 (0.31%)	6 (0.39%)	5 (0.25%)	0.548	7 (0.37%)	4 (0.25%)	0.559	8 (0.29%)	3 (0.39%)	0.716
Bladder injury	8 (0.23%)	-	8 (0.40%)	0.025	1 (0.05%)	7 (0.43%)	0.029	6 (0.22%)	2 (0.26%)	0.692
Ureteric injury	1 (0.03%)	-	1 (0.05%)	1.000	-	1 (0.06%)	0.465	-	1 (0.13%)	0.221
Bowel injury	2 (0.06%)	2 (0.13%)	-	0.189	2 (0.11%)	-	0.502	2 (0.07%)	-	1.000
Post-operative ileus	2 (0.06%)	1 (0.07%)	1 (0.05%)	1.000	1 (0.05%)	1 (0.06%)	1.000	1 (0.04%)	1 (0.13%)	0.393
Uterus injury	49 (1.40%)	16 (1.05%)	33 (1.67%)	0.147	19 (1.02%)	30 (1.84%)	0.054	38 (1.39%)	11 (1.42%)	1.000
Other	17 (0.49%)	8 (0.53%)	9 (0.46%)	0.810	9 (0.48%)	8 (0.49%)	1.000	15 (0.55%)	2 (0.26%)	0.393

Table 5: Maternal weight gain during current pregnancy and complications from caesarean sections

Complications	All (N=3500)	Weight gain: n (%)					P value
		<5 kg (n=107)	5– <10 kg (n=540)	10– <15 kg (n=1210)	15– <20 kg (n=981)	>20 kg (n=456)	
Maternal complications	180 (5.14%)	9 (8.41%)	26 (4.81%)	59 (4.88%)	43 (4.38%)	23 (5.04%)	0.487
Post-partum haemorrhage	119 (3.40%)	5 (4.67%)	11 (2.04%)	42 (3.47%)	31 (3.16%)	14 (3.07%)	0.485
Post-partum sepsis	11 (0.31%)	1 (0.93%)	3 (0.56%)	2 (0.17%)	4 (0.41%)	1 (0.22%)	0.500
Bladder injury	8 (0.23%)	-	1 (0.19%)	3 (0.25%)	1 (0.10%)	2 (0.44%)	0.743
Ureteric injury	1 (0.03%)	-	-	-	-	-	-
Bowel injury	2 (0.06%)	-	1 (0.19%)	1 (0.08%)	-	-	0.781
Post-operative ileus	2 (0.06%)	1 (0.93%)	-	1 (0.08%)	-	-	0.064
Uterus injury	49 (1.40%)	2 (1.87%)	8 (1.48%)	17 (1.40%)	9 (0.92%)	8 (1.75%)	0.693
Other	17 (0.49%)	-	6 (1.11%)	4 (0.33%)	5 (0.51%)	-	0.077

Table 6: Mothers with underlying diseases of diabetes mellitus and hypertension and complications from caesarean sections

Complications	All (N=3500)	Maternal diseases during pregnancy				Pre-existing diabetes mellitus (n=40)	P value
		Gestational diabetes (GDM) n (%)					
		No (n=2971)	GDMA1 (n=434)	GDMA2 (n=55)			
Maternal complications	180 (5.14%)	139 (4.68%)	32 (7.37%)	6 (10.91%)	3 (7.50%)	0.023	
Post-partum haemorrhage	119 (3.40%)	92 (3.10%)	22 (5.07%)	3 (5.45%)	2 (5.00%)	0.133	
Post-partum sepsis	11 (0.31%)	8 (0.27%)	2 (0.46%)	-	1 (2.50%)	0.104	
Bladder injury	8 (0.23%)	6 (0.20%)	2 (0.46%)	-	-	0.685	
Ureteric injury	1 (0.03%)	1 (0.03%)	-	-	-	1.000	
Bowel injury	2 (0.06%)	2 (0.07%)	-	-	-	1.000	
Post-operative ileus	2 (0.06%)	2 (0.07%)	-	-	-	1.000	
Uterus injury	49 (1.40%)	36 (1.21%)	9 (2.07%)	3 (5.45%)	1 (2.50%)	0.080	
Others	17 (0.49%)	14 (0.47%)	2 (0.46%)	-	1 (2.50%)	0.279	
Complications	All (N=3500)	Hypertension (HT) n (%)			Pre-existing HT (n=110)	P value	
		No (n=3314)	Gestational HT/transient (n=61)	Mild to severe pre-eclampsia (n=15)			
Maternal complications	180 (5.14%)	166 (5.01%)	4 (6.56%)	-	10 (9.09%)	0.173	
Post-partum haemorrhage	119 (3.40%)	107 (3.23%)	4 (6.56%)	-	8 (7.27%)	0.059	
Post-partum sepsis	11 (0.31%)	9 (0.27%)	-	-	2 (1.82%)	0.103	
Bladder injury	8 (0.23%)	8 (0.24%)	-	-	-	1.000	
Ureteric injury	1 (0.03%)	1 (0.03%)	-	-	-	1.000	
Bowel injury	2 (0.06%)	2 (0.06%)	-	-	-	1.000	
Post-operative ileus	2 (0.06%)	2 (0.06%)	-	-	-	1.000	
Uterus injury	49 (1.40%)	49 (1.48%)	-	-	-	0.397	
Other	17 (0.49%)	14 (0.42%)	1 (1.64%)	-	2 (1.82%)	0.133	

centre affects the complications of caesarean section, with a higher level of experience being associated with fewer complications.

In our investigation, parity and previous caesarean sections were not related to maternal adjacent organ injuries, which is consistent with a previous study with a large population. That study concluded that bladder injury is a rare complication of caesarean delivery with favourable prognosis and no long-term sequelae²³.

Many studies have shown that being overweight before pregnancy and gaining weight during pregnancy were associated with higher risks of maternal complications and caesarean section^{25,26}. Maternal complications (post-partum haemorrhage and adjacent organ injuries) were found, but without statistical significance. This may be due to the low rate of maternal complications (5.14%) in our study.

It has been found that pregnant women with gestational diabetes mellitus tend to have a higher incidence of emergency caesarean delivery than normal pregnant women²⁷. According to our study, maternal complications were commonly found in mothers with gestational diabetes. However, hypertension in the women in our study was only significantly related to neonatal complications. Additionally, maternal complications were not common, possibly due to the low incidence of such complications in our investigation.

Conclusion

The most common indications for caesarean sections were a previous caesarean section and an advanced maternal age. Most maternal complications were post-partum haemorrhage..

Author contributions

Saifon Chawanpaiboon contributed to the conception and design of the research; the acquisition, analysis and interpretation of data; the drafting and critical revision of the manuscript; and the approval of the final manuscript.

Vitaya Titapant contributed to the conception and design of the research, revision of the manuscript, and approval of the final manuscript.

Julaporn Pooliam contributed to the analysis and interpretation of data, critical revision of the manuscript, and approval of the final manuscript.

Conflicts of interest

The authors have each completed the International Committee of Medical Journal Editors' Form for Uniform Disclosure of Potential Conflicts of Interest. All authors have nothing to disclose. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional research committee (Si 060/2020) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Informed consent was obtained from all individual participants included in the study.

Acknowledgements

We thank the Faculty of Medicine Siriraj Hospital, Mahidol University for supporting the editing and proofreading by native speaker. We also appreciate the administrative support provided by Nattacha Palawat.

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