



Nsogbu Nwaanyi Ajadu N'ala Igbo

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Ụmị

Ọnwụ bụ ihe a na-ahụta dika ihe oke mwute n'omenala Igbo. Nchọcha a ga-agbado ụkwụ na nsogbu nke a na-enye nwaanyịna mpaghara ụfọdụ n'ala Igbo ngwa ngwa di ya lara mmụọ. Ụmụ nwaanyị ndị a na-agabiga ọtụtụ mmekpa ahụ n'uzo di iche iche. Oge nwoke nwuru, nwunye ya na-eru ụjọ ọnwụ di ya. O na-atụ anya na ndi mmadu karisja ndi ikwu na ibe ya ga-enwe omiko, agbamume, nkwudo, ihunanya, mkpachapu anya na nkwado nye ya. Ma otutu oge, o naghị enweta nke a. Mbunuche nchọcha a bu ka eweputa ụzọ di iche iche e si enye nwaanyị ajadu mmekpa ahụ ndi a ma nwee ụzọ mgbapu nye ajo mmeso nke a na-emeso umu nwaanyị ajadu ndi a. Nchọcha a bu nchọcha ndizimma. Atutu a ga-agbaso mee nchọcha a bu atutu mmekorita oha nke Seidman (2010) weputara. A na-atu anya na site na nchọcha a, a ga-enwe ncheghari echiche nye mmegide a di iche iche. Site na nke a, a ga-enwe ezi ikpe nkwo mto na oké nhatanha nye nwaanyị ajadu obula n'ala Igbo. Nchọcha a ga-eme ka e nwee ezi nleta anya nye nwaanyị ajadu obula n'ala Igbo bu nke a ga-eme ka o gbasa n'ala Igbo niile nakwa mba uwa dum. Site n'uzo di otu a, a ga-enwe ezi ihe mgbanwe banyere onodu a.

Okpuruokwu: Ọnwụ, Ajadu, Ezinulo, Nna na omenala

Citation of article: Eze, A. M, Medolu, A. O. & Chioma, M. A. (2024). Nsogbu Nwaanyi Ajadu N'ala Igbo, *African Journal of Politics and Administrative Studies AJPAS*, 17(1):

Date Submitted: 03/02/2024 **Date Accepted:** 23/03/2024 **Date Published:** June, 2024



English Version

Problems of Widowhood among the Igbos of South Eastern Nigeria

Abstract:

In all cultures, death is regarded as a great loss, not just to the family unit but also to the larger society. This research is geared towards having a deeper look into the problems encountered by widows in some parts of the Igbo land once the husband dies. The problems vary from place to place in Igbo land. When a man dies, the bereaved wife mourns her loss and expects sympathy, encouragement, solidarity, love, care and support from other members of the society; especially from the immediate and extended family. Incidentally this is not the case in some African cultures, especially the Igbos of South Eastern Nigeria. This study will proffer solution on how to ameliorate the ill treatments meted out to the widows. This study employs qualitative research method. The Social Theory by Seidman (2010) will be used. It is expected that through this research, there will be a re-think on the ill treatments given to the widows in some parts of Igbo land thereby giving room for justice and equity to prevail over the widows. In this way, the Igbo Society will have a harmonious representation as regards the widows which will be spread over the nation and beyond. In this way, there will be great improvement as regards to this situation.

Key words: Death, Widows, Family, Father, Culture

Mkpòlite

Alũm̀di na nwunye bũ njikò nke nwoke na nwaanyị tozurula ogo ibikò ọ̀nũ n'uzò kwesiri ekwesi ma site n'uzò dị otu a hibe ezinụlò. Ezinụlò bũ njikò kasị ochie n'elu ala, ọ na-ekerekwa oke dị mkpa n'ọha mmadụ. N'akụkò ihe mere eme nile, ezinụlò ndị siri ike enyewo aka iguzobe ọha mmadụ ndị siri ike. Ezinụlò bũ njikò kasị mma maka izulite ụmụaka igho ndị okenye tozuru oke. Ezi ebumnobi a tinyere idinotu na ihunanya nke alũm̀di na nwunye na-eweta bũ nke ọ̀nwũ na-etibi n'ike. Na ndũ mmadũ, a na-ahũta ọ̀nwũ dika ihe oke mwute. Ọ bughị nye naanị ndị ezinụlò ime kama ọha mmadũ niile. Ọ̀nwũ nna nke ezinụlò burukwa di nke nwaanyị na-abũ ihe oke mwute. Ihe otiti ya anaghị apũ ngwa ngwa na ndũ ezinụlò nakwa obodo nke a metũtara.

Ọtũtũ oge ndị nwunye na-adikarị ndũ karĩa di ha dika Erinne (2006) mere ka amata. N'ihì nke a, oge nwoke bũ dũ ya nwusiri, nwunye ya ga-aga n'ihu ma nokwaa ndũ ọtũtũ afọ. Ihe na-ebute nke a bũ maka na ụmũ nwoke na-eji ọtũtũ afọ atọ nwunye ha. Ufodu ụmũ nwoke na-eji afọ iri na ise, afọ iri, afọ asatọ dgz wee toọ nwunye ha. Anyị mataala na ọka n'ọ̀nũ ogugu ụmũ nwaanyị na-adị ndũ karĩa di ha. Ọzọ bũ na oge di ha nwurũ, ọka n'ọ̀nũ ogugu ụmũ nwaanyị ndị a anaghị enwe mmasị iga lughara di ọzọ maka ihunanya ha nwere ebe di ha nọ nakwa iji wee nwee ike ilezi ụmũ ha anya. Nke a kpatara Eze(2003) mere ka amata na ọka



n' onu ogugu umu nwaanyi bu ndi di ha nwuru anwu maobu ndi nke a na-akpo umu nwaanyi ajadu mejuputara. N'ala Igbo taa, e nwere otutu umu nwaanyi ajadu kachasi n'ime obodo ebe emepeghi emepe. N'akuku ala Igbo ndi a, i ga-ahu ndi jirila be di ha mere ebe obibi ndu ha niile.

N'ala Igbo, nwaanyi di ya nwuru na-eru uju onwu di ya ma gabiga otutu ihe ariri di iche iche. N'ih i nke a o turu anya inweta nkasiobi, ebere, nleta, ihunanya, nkwado na nnonyere site n'aka ezinulo ime ulo nakwa oha obodo. O bu ihe mwute na omenala nkea bu ihe anaghi enweta n'otutu mpaghara ala Igbo. Mmegbu a na-emegbu nwaanyi ajadu n'ala Igbo bu omume jogburu udele ma sigbuo nkakwu. Otutu oge umunne nwoke nwuru anwu na-amapu nwaanyi di ya nwuru ma napu ya ihe o rubere ya niile. Otutu oge a na-ebo Nwaanyi ajadu a ebubo na o bu ya gburu di ya. Igbakwas i kwu na nke a, ha na asa di ya nwuru ala anwu ah u ma were mmiri ozu nye ya ka o nuo. Otutu mmegide nakwa nsogbu bu nke nwaanyi ajadu na-agabiga bu nke anyi ga-alebanye anya dika anyi na-aga n'ihu n'ihe omumu a.

N'aka nke ozo, anyi choputara na umu nwoke nwunye ha nwuru n'ala Igbo anaghi agabiga nsogbu na ihe ariridi otu a oge nwunye ha nwuru dika Alcorn (2001) mere ka anyi mata. Ihe nsogbu na mmekpa ah u niile bu naani nwaanyi di ya nwuru na-agabiga ya. Nke bu eziokwu bu na o buru na omenala ndi a nwere ezi ebumnobi, gin i kpatara umu nwoke nwunye ha nwuru esonyeghi na ya? Odee bu Doka (1996) mere ka amata na o doro ewu na okuko anya na omenala niile ndi a bu iji megide umu nwaanyi ma taa ha ahuhu nke ukwu .

Ime ka nsogbu nwaanyi ajadu siwanye ike, umuokpu maobu umuada na-aputa ihe imegide nwaanyi no n'onodu ojojo a. Umuokpu maobu Umuada bu ndi ada agburu ah u lula di. O bu ha na-ekpebi udi nsogbu maobu mmekpa ah u a ga-enye nwaanyi ajadu di ya nwuru. O bu ha bu okwuchaa ogwu nke ihe obula na-eme n'ezinulo. Nghota na echiche ha bu na nwaanyi bu nwunye nwanne ha nwoke sitere n'ezinulo ozo were bia gbuo nwanne ha nwoke ka o wee buru ego ya. Okeke (2009) dika o di n'ime akwukwo Eze (2003) mere ka amata na umuada bu ndi e legaala anya ka ha buru ndi na-akpa udo n'ezinulo buzi ndi na-agba isi akwara ma hu na e mere nwaanyi ajadu na-akwa di ya ka ohu.

Isiokwu nchocha a bu 'nsogbu umunwaanyi ajadu n'ala Igbo nke mpaghara Sautu Isti Najjiria'. Nchocha a ga-alebanye anya na mmekpa ah u nwaanyi ajadu na-agabiga n'ala Igbo site n'aka umunne di ya, ndi obodo, umuokpu maobu umuada. A ga-alebanye anya na nsogbu ndi a ma nwee ike weputa uz o mgbapu nye nwaanyi ajadu no n' onodu di otu a.



Mbunuche Nchọcha

Iji mee ka ezi ebumnobi nke nchọcha a pụta ihe bụ ọ̀nọ̀dụ ụ̀mụ̀nwaanyị ajadu n'ala Igbo, anyị nwere ọ̀tụ̀tụ̀ ihe ndị anyị bu n'obi iji mee ka amata mmekpa ahụ na-esite n'ọ̀nọ̀dụ a aputa ma nyekwa ụ̀zọ̀ mgbapụ. Lee ka ihu ebumnobi nchọcha a:

- i. Inye nkọwa onye bụ nwaanyị ajadu.
- ii. Ikwaputa nsogbu maobu mmekpa ahụ di iche iche a na-enye nwaanyị ajadu.
- iii. Inyere umu nwaanyị ajadu aka ichoputa nsogbu ha ma nye ha uzọ mgbapụ.

Ntulerita Agumagu

N'ebea anyi ga-elebanye anya n'ihe ndi ederela banyere nwaanyị di ya nwuru n'ala Igbo bu onye nke a na-akpokwa nwaanyị ajadu. Anyi ga-eweputa odee ndi a nakwa echiche ha maka okwu akpu n'onu a. Site na mbu e nwere akpa m oke n'etiti nwoke na nwaanyị. Umụ nwoke nwere ihe ejiri mara ha ebe umu nwaanyị nwekwara nke ha. Otutu agburu kwenyere na umu nwoke di mkpa ma kara mara ihe kariya umu nwaanyị. Dika Mackenzie (1995) mere ka amata. O kwuru na otutu ndi mmadu nwere nkwenye na umu nwoke nwere ihe puru iche e jiri kee ha ebe umu nwaanyị nwere oru nke ha kwesiri iru. Otutu sosaiti kwenyere na nwaanyị abughi ihe n'ebe nwoke no. O bu n'ihhi nke a ka umu nwoke ji achị isi n'ụwa. Ikpe nkwmoto na nhatanha n'etiti nwoke na nwaanyị bu akuko ụwa nro. Site na nke a, anyi na-achoputa na akparamagwa na omume onye na-eme bu nke sitere na ihe nlere anya omenala nakwa okirikiri ya.

Mackenzie(1995) na-eme ka amata na otutu obodo umu nwaanyị bu ndi a na-eleda anya, zotuo n'ala ma nara ha ihe ha n'ike. A na-ahu ha dika ndi enweghi ihe ha ga-emenwuri. Tutu oge ugbua n'ala Igbo, umu nwaanyị bu ndi anaghi ekwe ka ha guo akwukwo. A na-ekenye ha ilu di oge ha di obere ma zuo ndi nke nwoke n'ulo akwukwo. Omume di otu a jogburu udele ma sigbuo nkakwu n'ihhi na nwaanyị bu ihe. Okoye (1995) hutara nke a dika ikpu isi nke iru otu nwoke na nwaanyị. O kwaputara ngharipu o nwere n'ebe ndi obodo no nke na-enweghi ike ighota ihe ndiche sitere na okike ụwa nwoke na nwaanyị. Enweghi uru o bu maobu ime ka onye obula n'ime ha kariya ibe ya. O gbaruru ihu kwuo na o nwere otutu mmekpa ahụ a na-enye nwaanyị di ya nwuru ma o dighi nke a na-enye nwoke nwunye ya nwuru. Ihe kpatara nkea bu nkwenye na o bu nwaanyị ahụ gburu di ya iji wekoro aku na ụba ya. O kwuru na oge ufodu nke a nwere ike buru eziokwu ma o bughi ya ka a ga-eji me ya ka o buru iwu nye nwaanyị obula di ya nwuru. Olakitike (2011) kwuru na a na-akwagide nwaanyị ajadu igabiga omenala ojoo di iche iche iji gosi na aka ya adighi n'onwu di ya. Nke a gunyere isachaputa



mmiri sitere n'ike nsị ozu di ya ma kwagide ya inu mmiri ojoo a. O buru na o di ndu oge onuchara nke a, mara na aka ya di ocha. N'akuku ufodu nke ala Igbo, a na- akpuchapu nwaanyi di ya nwuru aji ike ya n'ihu ama obodo. Anaghi ekwe ka umu nwoke gabiga ihe ndi a oge nwunye ha nwuru na-egosiputa ikpa oke nke adighi mma n'etiti nwoke na nwaanyi.

N'akuku akwukwo nsọ na mpaghara agba ochie dika o di na (Genesis 12:11-13) anyi huru etu nkwenye na o bu nwaanyi ga-ebula onodu obula joro njo siri puta ihe na ya. N'ebe a, Abraham bu nna okwukwe di njikere inye Fero nwunye ya ka o wee zoputa ndu ya. Ozọ n' akwukwo (Jensis 19:4-8) Lot rioro umu nwoke ndi Sodom bu ndi choro ikwaso ndi mmuo ozi bjara ileta ha iko ka ha kwaso umu agboghọ ya na-amaghi nwoke iko.

Echiche nkea na-eziputa na umu nwaanyi bu ndi a ga-eji mee ka o si di onye obula mma ma nupukwa ha. N'akuku agba ohu oge eduteere Jizos nwaanyi na-akwa iko, o bu naani nwaanyi ka e kwuru maka ya. Akpotaghikwa nwoke ya na ya soro kwaa iko aha. Nwaanyi ga-agabiga ntaramahuhu ma nwoke ga-ala na-enweghi amam ikpe obula. Ma onye nwe anyi Jizos gbaruru ihu n'omume di otu a. (Jon.8:3-11).

N'okpukpere ndi Islam, umu nwaanyi bukwa ndi a na- akpagide ma na-akocha. Na-agbanyeghi na ha na-ekwu maka nhatanha nwoke na nwaanyi. Shrei(1988) kwuru maka iwu nke kwuru na anumanu ufodu kariri ibe ya. N' idabere na iwu a, o na-ekwu n'okpuru iwu ndi Islam, a na- ahuta umu nwaanyi di ka ndi na-enweghi ike ilekota ihe onwunwe, iwu Islam machibidiro umu nwaanyi inwe ikike ebe ngwo ngwo ma o bu ihe aku aku maobu ihe enwe enwe nke ha jiri bata n'alumdi na nwunye ha. Anaghi enye ndi ada ihe nketa obula dika ahutara ha dika ndi ga-alu di ebe ozọ. O siri ike nwaanyi igba alukwaghi m dika nkea megidere ekpemekpe uka Islam. Clark (1982) gara n'ihu ma kwaa na umu nwaanyi ndi Islam bu ndi a naghi ekwe ka ha gagharja. Nke a kporo puda maobu omenala nkechiko bu nke ya na nga mkpuru oka bu otu nye umu nwaanyi niile nke no n'okpukpere Islam. Nkechiko a anaghi ekwe ka nwaanyi no na di nwee mmekorita n'ogogo mmepe obula. Ntulerita uche na mmekorita bu nke a na-amabidoro umu nwaanyi di otu a. Anaghi ekwe ka ha nwee echiche nke aka ha, itu aro, ikparita nkata n'etiti ha na ndi ozọ, igosiputa amamihe ha. Umu nwaanyi ndi no n'okpuru iwu ndi Islam di ka anu no n'ogige anu. Udi omume a jogburu udele ma sigbuo nkakwu. O buru na emeso nwaanyi omume di otu a oge di ya di ndu, olee etu o ga-adi oge di ya nwurula?

Kerr(1993) kwuru na otu ekpemekpe Muslim bu ndi nke a na-akpo Eleha ekwenyeghi na onye obula ozọ ga-ahu nwunye ha anya. N'ih i nkea, ha na-eme ha ka ha yiri uwe mwuda



ga-esite n'isi wee rue mkpisi ukwu. Tinyere umu aka ha nwaanyi na-agbanyeghi afọ ole ha di. Ihe ha ji ahuta uwa bu obere ihe ntupu ntupu ha jiri kpuchie ihu ha maobu obere ihe mkpopu n'ihu akwa ha. Nke a bu uzọ eji eke nwaanyi no na di na umu nwaanyi ya agbu. Umunwoke ndi ozo anaghi ekwe ka nwunye ha site n'ulo puo n'iro ma oli. Oru ha bu nwoke idina ha ka o siri choo nakwa imukasa umuaka. Nke a bu ime nwaanyi ka o buru ohu n'aha ekpemekpe. N'aka nke ozo ufodu umu nwaanyi na-ahuta onodu a dika uzọ kwesiri ekwesi iji ziputa ezi ndu ime mmuo. N' uzọ di otu a ka ha si eziputa nsogbu umu nwaanyi na-agabiga n'aka di ha n'ekpemekpe ndi Islam. Umu nwaanyi ndi a na-ahuta nsogbu karia oge di ha nwurula.

Site na echiche ndi Odee ndi a, anyi hutara na mmekpa ahụ nke nwaanyi ajadu sitere na nkewa nakwa nleda anya nke a na-eleda umu nwaanyi site na mputa uwa ha. O bu ya kpatara e jiri nwee obi imesike nke ukwu nye nwaanyi na mba di iche iche nakwa Okpukperechi di iche iche. Nke a putakwa ihe n'ala Igbo dika Henderson (1972) mere ka amata. O kwuwara na mgbe nwaanyi nwuru, oge di ya ji akwa ya na-adi nke nke na enweghi ntaramahuhumaobu mmesike na-eso ya. Ihe ozo bu na-akwam ozu nwoke na-ada uda karia akwam ozu nwaanyi. Olee ihe kpatara ikpa oke a? Ihe di onye mma dikwa chi ya. O buru na emegbuo nwaanyi napu ya ikikere ya ma bo ya ebubo na o bu ya gburu di ya, olee ihe mere na odighi etu a nye nwoke oge nwunye ya nwurula? N'omenala Igbo, asi na nwoke bu odogwu, nwoke nwe ulo, nwoke adi njo dgz. N'ih nke a, nwaanyi ga-abu onye a ga-echigbu oge di ya nwuru. O bu nke a kpalitere isiokwu nchocha a nke na-eleba anya na nsogbu nwaanyi ajadu n'ala Igbo nke sautu Isti Najjiria'.

Atutu Nchocha

Nchocha obula na-enwe ebumnobi eji banye na ya. Ebumnobi a na-esitekarị na nsogbu nke dirila bu nke ndi ochocha choro ileba anya ma nye usa. Iji nweta usa, a ga- agbaso uzọ kwesiri. Uzọ a na-agbaso were enweta usa ka a na- akpo atutu. Dika nchocha a nke isiokwu ya bu ' nsogbu nwaanyi ajadu n'ala Igbo' anyi ga-agbaso atutu njikota otu site na omenala (organizational culture theory). Nke a sitere n'aka Seidman (2010). O choputara na omenala ufodu na-ejiko otu ma mee ka onye obula gako onu. Atutu a na-ekwu na otu obula kwesiri inwe ezi obi, idi n'otu, ihunanya, aro dgz. N'aka nke ozo, atutu a na-emegide ihe obula ga-eme ka omenala otu obula ghara igbaso ezi atumatu a. Ihe ndi di ka mmegbu, obi ojoo, arurumala, mmegide na mmesike n'uzo obula. O bu n'ih nke a ka e jiri were atutu a iji wee belata maobu kwusi kpam kpam ntaramahuhu na nsogbu ndi a na-enye nwaanyi ajadu n'ala Igbo. Igbaso atutu a ga-eme ka e nwee ezi mmeso ya na e mee onye ka e mere ibe ya obi a di



ya mma. Site n'ụzọ dị otu a, a ga- akwụsị ajọ nsogbu nke nwaanyị ajadu n'ala Igbo ma kwalite omenala Igbo.

Ntọsasi na Nnyocha Data:

N'ebe a, anyị ga-atọsasi na weputa ọkpurukpu echiche nke anyị jiri guzobe nchọcha a. Nke a ga-eme ka onye ọbụla sonye nke ọma n'echiche ọchọcha. Anyị ga-ahazi ya n'ụzọ atọ nke gụnyere:

- i. Nkọwa onye bụ nwaanyị ajadu
- ii. Ikwaputa nsogbu maọbụ mmekpa ahụ dị iche iche a na-enye nwaanyị ajadu
- iii. Ụzọ mgbapụ nye nsogbu nwaanyị ajadu.

Ka anyị leba ha anya n'otu n'otu :

- i. Nkọwa onye bụ nwaanyị ajadu:

Nwunye bụ onye jikoro onwe ya onu nye nwoke ozo site n' omenala alimdi na nwunye ha abuo e wee gho otu ahụ na otu ezinulo (Medolu 2023). Dika omenala Igbo siri di, nwaanyị ga-anọ n'okpuru di ya, na-erubere ya isi, na-ahụ ya n'anya oge niile nke ndu ha. O gaghị esokwa nwoke ozo. O na-abu ihe obi mgbawa nye nwaanyị na otutu oge, na-akaghị aka, onwu adaputa. Ogbukagu (1997) kowara na mputara onwu n'ala Igbo bu mmadu isite n'ụwa ndi di ndu pua ma banye n'ụwa ndi mmuo. Akwukwo nsọ Baibul na (Romans 5:12) kwuru si 'N'ihie nke a dika mmehie si n'aka otu mmadu bia n'ụwa, dika onwu si n'aka mmehie biakwa, onwu wee si etu a gabiga rue mmadu niile. N'ihie na mmadu niile mehiere' Ndi otu Kraist kwenyere na o bu mmehie kpatara onwu. Nchikota ya bu na mmadu obula e kere eke nwere oge idi ndu na oge inwu anwu.

Onwubu udo nke kekotara mmadu niile onu. Onye ukwu na-anwu, onye nta na-anwukwa, Okorie (1996). Igbo na-aza aha si na Onwumamaonyeukwu, Onwumaeze, Onwudinjo, Onwubiko dgz. Onwu anaghị aka aka, o naghị ekwu oge, ebe, ụzọ na udi o ga-esi bia. O bu ugwo onye obula ji. O bu onwu na-ekewa mmadu puo n'ebe ndi ozo no. Etuosiladi, nkewa a anaghị adi mfe n'ihie na ndi di ndu na anogide n'ihie mgbu nke onwu. O bu onodu di otu a na-eweta nkewa na-etiti di na nwunye maobu nwunye na di oge otu onye n'ime ha hapuru ndu a wee laa obodo afudebe. O bu nwaanyị hutara onwe ya n'onodu nke di ya ihapu ya laa ala mmuo ka a na-akpo nwaanyị ajadu n'ala Igbo, Nwadinobi (2008).

Onodu a na-agbawa nwaanyị di otu a obi, otutu oge umaka ya na ahutakwa ihe mgbawa obi a. Nwaanyị ajadu na-ebe akwa di ya ubochi niile nke ndu ya. Ihe ike nke onwu na-adakwasị nwaanyị ajadu oge akwachara di ya ndi biara inonyere ya wee loghachi.



Nwaanyi a na-ahuta onwe ya nke oma n'ụwa oheru nke onweterere onwe ya. Uwa nke itogboro naani ya na-enweghi onye nkwughari onu. Na-agbanyeghi afo ole nwaanyi di oge di ya nwuru, onwu di ya na-ekpo ya ka ose. Ya mere e jiri kwuo na onwu di na-egbu ogori. Lee ufodu okwu sitere n'onu umu nwaanyi ajadu iri. Anyi ga-edeputa ha na Bekee ma tugharia ha n'asusu Igbo.

First widow (English)

'I have buried my child, and as well buried my parents. In all these my experience of death, none was as painful as the death of my husband'.

S/n	Widow	English gloss	Igbo gloss
1.	First widow	'I have buried my child, and as well buried my parents. In all these my experience of death, none was as painful as the death of my husband'.	E liela m nwa m, e likwaala m nne na nna m. Ma onweghi nke n'ime ha gburu m mgbu n'obi dika onwu di m'
2.	Second widow	I lost not only my husband, but my best friend and father of my three children. I lost the economic security provided by a two- income household, a wonderful marriage, the possibility of raising our small children with John and growing old together. My children thought death was a temporal place like going to	O bughị naani di m nwuru, kama ezi enyi karisiri enyi nakwa nna nke umuaka ato m. E nwetara m enweghi nkwaado nke ihe nweta ego, alimdi na nwunye nke enweghi atu, olileanya nke mu na Jon izulite umuaka anyi nakwa imeko okenye onu. Umụ m chere na onwu bu ka e jee ka a puta dika i ga-oru maobu ime njem. Imatu Ashley bu nwa anyi nke gbara afo ato juru m si, ' Nne ma nna anyi nwusia onwu, o ga- alotakwa ulo ma mee m ka m rahụ ura n'ihe ndina



		work or traveling. For example Ashley the three year old would ask me ' Mommy when Daddy finishes dying is he going to come home and tuck me in?'	akwa?
3.	Third widow	'Watching my husband slip away was the hardest thing I've ever experienced. But, I choose to focus on the love and the moments that brought us Joy. He may be gone, but his presence will always guide me through life's challenges'.	'Iji anya m huta ka di m na-anwu bu ihe kachasi ihe nke m hutaworo. Ekpebiri m itinye uche m n'ihunanya na oge nke jikotara anyi onu n'onu. O nwuola ma ncheta ya ga-edubiga m n'ihe imaaka niile nke ndu a'.
4.	Forth widow	'His absence is like a constant ache in my heart. I miss his laughter, his hugs, and all the way he always knew how to make everything better. Life will never be the same without him'	Onodu nke ahughi ya anya na-aku m ka isi owuwa oge niile n'obi m. Ana m echeta na mwute mmuri amu ya, obibi oma ya, na etu o si eme ihe niile oge dum ka o ka mma. Obibi ndu agaghi adikwa ka o di ozọ ebe onoghi'.
5	Fifth widow	'After my husband passed away, I felt like drowning I felt like I was drowning in sorrow. Every day is a	'Ka dim nwusiri, o na-adi m ka m na-achọ inwubiga n'ihe oke mgbu na mwute. Ubochi obula na a buru m ogu na mgba ma m ahughi ya n'akuku m '.



		struggle without him by my side'	
6	Sixth widow (English)	'Losing my husband feels like loosing a part of myself. He was my rock, my soulmate, and my best friend. The pain is unbearable, but I gain solace in the memories we shared and the love that will always remain in my heart'	' Ọnwụ di m dika otu akukụ ahụ m ịnwụ. Ọ bụ ike m, ọ dị n'obi m na ezi ọyị m. Ihe mgbu a, ekweghi m edi. Ma ana m enwe nkasi Obi site na icheta ezi mbiko anyị na ihunanya nke na-adigide anyị n'obi'.
7.	Seventh widow (English)	'Every corner whispers memories of our shared past, reminding me of the love we cherished and the life we built together'.	Ntughari n'asusu Igbo: Akukụ niile na-ekwu maka ncheta nweko anyị gara aga, na echetara m ihunanya nke anyị kekotara na ndu nke anyị wukotara onu.
8.	Eighth widow	'Our dreams remain unfinished, your absence living a void in our plans for the future. How can I move forward without you'.	Ntughari n'asusu Igbo: ' Ebumnobi anyị niile bu nke emezubeghi. Onwu gi bu ihe mkpudo nye atumatu anyị n'odinihu. Olee etu m ga-esi gaa n'ihu ma inoghi ya?
9.	Ninth widow	'Who am I now without you by my side? Your presence defined my purpose, and now I search for meaning in	' Onye ka m bu ma ewezuga gi n'akuku m? Gi inodu m nso na-eme ka ihe m ga-abu puta ihe. Ugbu a ana m achọ imara ka onodu ga-adị n'ụwa ohuu nke a.



		this new reality'.	
10.	Tenth widow	In the silence of night, I reach out for your warmth, finding only emptiness. How I long for the comfort of your embrace'.	' Ana m achọ inweta ekpomọkụ sitere na gị n'oge idele juu nke abali, ma nke a erughị m aka. Ana m achusi ike ndaju obi nke sitere na ibi oma gị'.

Nkọwaputa nsogbu maobu mmekpa ahụ di iche iche a na-enye nwaanyi ajadu n'ala Igbo mpaghara Sautu Isti nke Najjiria:

N'ala Igbo, nwaanyi ajadu na-enwetakarị mmekpa ahụ di iche iche. Mmekpa ahụ ndi a na-emebe.

i ugwu nwaanyi, ikwenye n'ihe nke onwe nke nwaanyi di otu a. Oge obula nwoke nwuru, a na-ekwenye na o bu nwunye ya gburu ya. Iji gosiputa na aka ya di ocha. Nwaanyi ajadu na-enwetakarị mmekpa ahụ ndi a karisia ma o buru na ya na di ya adighi n'udo oge di ya di ndu. O dikwa njikere ime ihe obula gbasata omenala oge di ya nwuru iji gosi na aka ya di ocha. Mmeso ojojo a na-enye nwaanyi ajadu n'ala Igbo na-agbanwe site na otu obodo gaa n'obodo ozo.

Ufodu n'ime omume ndi a gunyere:

i. O bu n'ute di n'uso ekwu ka a na-enye ya onodu. Ya na umu nwaanyi ndi ozo biara ileta ya. Oge ufodu, a na-asị ya nodu n'ala okporo. O bukwa ebe ahụ ka o na-ehi ura. A na-amachibido ya inodu n'uche ga-adi ya mma n'ahu. Omume a na-egosiputa iwetu nwaanyi di otu a ala. Ebumnobi ha ji emekari nkea n'ala Igbo bu maka na ha kwenyere na di bu ugwu. N'ih i nke a nwaanyi di ya nwuru, a na-akpu ugwu ya n'ala n'ih i na di ya o ji eko bukwa ugwu ya alaala mmuo.

ii. N'ufudu obodo n'ala Igbo, anaghi ekwe nwaanyi ajadu ka ya na mmadu obula kparita uka oge o na-akwa di ya. A na-eche ya nche oge obula iji hu na emezuru nke a. Onye obula tupuru nwaanyi ajadu onu ga-esoro ya ma nweta nnukwu ntaramahuhu.

iii. Olakitike (2011) mere ka amata na akuku ufodu n'ala Igbo, a na-akwagide nwaanyi ajadu igba oto ma dina n'akwa ebe ozu di ya dina. O ga-agba oto ma dina n'ebe ozu di ya di



abalị niile ganye na chi efoo. Ha na-eme nke a iji chetara ya mmekọrịta edina nke ya na di ya nwere oge di ya dị ndụ.

iv. N'ebe ụfọdụ n'ala Igbo, a na-eji ngaji na efere ruru unyi wee nye nwaanyị ajadu nri ganye na ọ kwachaa di ya.

v. Tinyere nke a, ụmụada na-akwagide nwaanyị ajadu a ibe akwa. N'oge ụfọdụ nke ụbọchị, ha na-eme nke a iji gosiputa na ọnwụ di ya na-ekpo ya ka ose. Ma ọ bụrụ na nwaanyị a ajụ ibe akwa, ndị ụmụada a ga-eti ya ihe wee tiputa ya anya mmiri. Ikwagide ibe akwa a bụ iji gosiputa ihunanya o nwere ebe di ya laala mmụọ dī. A na-akwagide ya ibesi akwa ike maọbụ tisie mkpu ike n' oge ụfọdụ n'uzọ ụtutu, oge ehie maọbụ oge abalị. Ha na-amata ibe akwa nke dī mma site na etu o si tie mkpu akwa nakwa anya mmiri ole putara ya n'anya. N'obodo ụfọdụ, anaghị ekwe ka nwaanyị ajadu were aka ya fichaa anya mmiri. A na-agwa ya ka o bere akwa jezuo ala ubi ha niile. A na-akwagide ya itu di ya aha dīka ọ na agaghari n'ala ubi ndi a. Nwaanyị ajadu ọbula nupuru isi n'ime ihe ndi a bụ onye a ga-ebo ebubo na ọ bụ ya gburu di ya.

vi. Nsogbu ọzọ ndi ụmụ ada na-enye nwaanyị ajadu bụ igwa ya ka o sitere di ya nri. Oge ụfọdụ dīka o sichara nri a, ndi ụmụada na-asị na ọ dighi uto ma kwagide ya isi nri ọzọ. Ọ ga-aga n'ihu isi nri a ganye na ha ekweta na nri ahụ adila uto. Ọ bụkwa ụmụada ga-erikpo nri ahụ niile.

vii. Tinyere nsogbu ndi a bụ na ụbọchị ili ozu, ha na eji ololo karama wara awa maọbụ rezọ dī oké nkọ wee kwochapụ nwaanyị ajadu a isi. Akukụ ala Igbo ụfọdụ na-akpuchapukwa ya aji mkpa abụ nakwa aji ihu ukwụ ya. Ndi Igbo kwenyere na icho mma nwaanyị bụ nke di ya. N'ih i nke a nwaanyị di ya nwurụ ga-eru unyi, dī nghangha ma na-esikwa usi. Nke a putara ihe site na anaghị ekwe ya ka ọ saa ahụ oge kwesiri nakwa bọọ isi ya abọ.

viii. N'akukụ ụfọdụ n'ala Igbo, a na-akwagide nwaanyị di ya nwurụ iwufe akpatị ozu di ya. Ọ bụrụ na ọwufee ya mara na aka ya adighi n'ọnwụ di ya. Ma ọ bụrụ na onweghi ike ime nke a, a ga-ebo ya na ọ bụ ya gburu di ya.

ix. Ọzọ, ụfọdụ omenala n'ala Igbo na-amabido nwaanyị di ya nwurụ ihu ozu di ya. Ihe ha ji eme nke a bụ ka nwaanyị ahụ wee nwee ike idina nwoke ọzọ n'ih i na ha kwenyere na nwaanyị hụrụ ozu di ya agaghị edina nwoke ọzọ. Udemezue (2001) mere ka amata n'akukụ ụfọdụ n'ala Igbo, a na-ahuta nwaanyị ajadu dīka onye mere arụ. Nke a kpatara a na-amapụ ya n'obodo. Anaghị ekwe ka mmadụ ọbula kwe ya n'aka ruo otu afo. Onye choro inye ya ego gatupuru ya ego n'ala.



x. A na-akpa nwaanyi ajadu na-amutaghi nwa maobu na-amutaghi nwoke eze oge di ya nwuru. A na-anapu ya ihe niile di ya nwere bu ihe aku aku na ihe enwe enwe. Nke nwaanyi ajadu na-amutaghi nwa na-aka njo. A na-achupu ya be di ya oge di ya nwusiri. Ma bodo ya otutu ebubo di iche iche.

Na mmegbu niile ndi a a na-emegbu nwaanyi ajadu, nke kacha bu mmeto a na-emeto ya, Effah (1995). N'ufodu obodo n'ala Igbo, e nwere omenala abuo nke ikwaso nwaanyi iko n'ike. Nke mbu bu oge o kwere izu ato elichara di ya, eze arusi bu Aja ani na-eduru nwaanyi di ya nwuru gaa n'otu ebe. O ga-anodu ebe ahụ mee otutu ihe n'isi nwaanyi a wee kwaso ya iko ma o choro ya ma o choghi ya. Omenala ozo bu nke a na-akpo ichiiyiili ' fetching water from ten streams'kedu obodo na-eme nke a?Nke a putara iduru nwaanyi ajadu a gaa na mmiri ebe umu nwoke iri ga-amanye ya ma kwaa ya iko n'ike. Ma o choro ya ma o choghi ya. O ju na o gaghi eme ihe ndi a, a na-amapu ya n'obodo. O gaghi ere maobu zuru ihe n'obodo ahụ.

Uzo Mgbapu Nye Nsogbu Nwaanyi Ajadu n'ala Igbo

Site na nchocha anyi merela, anyi achoputara na nwaanyi ajadu no na nsogbu di oke egwu n'ala Igbo. O bu nsogbu ndi a mere na aghaghi ilebanye anya n'uzo a ga-esi nyere nwaanyi no n'onodu a aka. Ka anyi huta ufodu n'ime uzo ndi a:

i. Ohaneze, ezinulo na ndi Okpukperechi di iche iche kwesiri imere nwaanyi di ya nwuru ebere ma chekwaba ya puo na mmekpa ahụ di iche iche nke o na-ezute. Ufodu ezinulo nakwa ndi uka na-enye umu nwaanyi ajadu ezi nleta anya. N'ufodu ezinulo, ha na-eduru umu nwaanyi di ya nwuru ma zuo ha n'akwukwo karisia n'obodo ndi mepere emepe. Ha na-agba mbu ihu na nwaanyi a nwere ezi ihe o na-eme iji nyere ya aka leta onwe ya nakwa umu aka ya. N'obodo ndi mepere emepe, a na-eweli umu nwaanyi ajadu n'ebe di elu.

ii.Nwaanyi na-emeghi okenye nke di ya nwuru kwesiri ihapu ka o rugharia di ozo ma o buru na nke a bu ochicho obi ya. N'akwukwo nso e nyere nwaanyi ajadu ikikere ilughari di ozo." Ya mere anamezube ka umu agboghọ ndi di ha nwuru luru di, mu kwa umu, na-achikwa ezinulo ha,gharakwa inye onye nemegide anyi ihe o geji kwuto" (1Timothy 5:14). A na-adu ya odu ka o luru di nke nwoke na-enweghi nwunye. Umunne nwoke nwurula anwu agaghi egbochi nwaanyi a ilu di ozo n'ih na otutu oge ha na-ewere nwaanyi a na o burula ihe nketa ha. Nkuzi nke ndi uka Kraist bu na o bu onwu na-ekewa di na nwunye.

iii. Uzo ozo nwaanyi ajadu ga-esi merie n'onodu a bu site na imata ikikere o nwere n'ebe ihe aku aku na ihe enwe enwe ha di. Ikikere a di n'iwu e debere n'ala anyi maka umunwaanyi nke di na atiku 23. Nwaanyi ajadu nwere ikikere ebe ihe nweta di ya na ebe ihe nweta nke ya



onwe ya di. Oge enweghi iwu goṣmenti etiti nke lebara anya n'ọ̀nọ̀dụ̀ ụ̀mụ̀nwaanyị̀ ajadu, ụ̀mụ̀nwaanyị̀ ajadu were mgbado kee n'ukwu ma guzobe otu di iche iche na-ahụ̀ maka ụ̀mụ̀nwaanyị̀ ajadu nke otu n'ime ha bu Widos Developmenti Oganizeshon (WIDO). N'afọ̀ 2001, otu a gara n'ihu ma buo agha megide otutu mmegbu na mmekpa ahụ̀ a na-enye ụ̀mụ̀nwaanyị̀ ajadu. N'afọ̀ ya ozo bu 2002, Goṣmenti Steeti Enugwu binyere aka itinye n'ihu megide onodu ojoo nke imegbu nwaanyị̀ ajadu. Nke a bu nke mbu ya n'ala Najjiria. Ndi otu a na-agbasi mbo ike ihu na nke a gbasara n'ala anyi dum.

iv. Nwaanyị̀ ajadu dika mmadu Chukwu kere eke nwere ikikere idi ndu. Ikikere iwu nke mba uwa gbaa gburugburu gunyere ndi a n'asusu Bekee" Universal Declaration of Human Rights (UDHR), International Covenant on Civic & Political Rights (ICCPR) nakwa nke a kporo " The International Covenant on Economic and Social Rights (ICESCR) ". Na mba Afrika, otu a kporo "African Charter on Human and People's Right". N'ala Najjiria, iwu nke afọ̀ 1999 nyere ikikere nke idi ndu. O bu ikikere niile ndi a ka nwaanyị̀ ajadu ga-agbado ukwu mata na mmadu obula apughị̀ ila ndu ya n'iyi.

Nchikota na Mmechi

Nchocha a bu nke lebara anya na nsogbu nwaanyị̀ ajadu n'ala Igbo bu nke ndi ochocha kporo omimi wee weputa mputara nwaanyị̀ ajadu. Ha mere nke a site na ileba anya n'ihe odee di iche iche dere banyere nwaanyị̀ ajadu. Ndi odee ndi a nyere nkowa ma weputa onodu di iche iche nke nwaanyị̀ ajadu n'ala Igbo nakwa akuku ala anyi ndi ozo. Mmekpa ahụ̀ na mmegbu a na-enye ụ̀mụ̀nwaanyị̀ ndi no n'onodu a bu nke akowaputara nke oma. A gbasoro atutu mmekorita oha nke Seidman (2016) wee mee nchocha a. A gara n'ihu wee tosasi isiokwu a n'uzo ato nke gunyere:

- i. Nkowa onye bu nwaanyị̀ ajadu.
- ii. Ikwona nsogbu maobu mmekpa ahụ̀ di iche iche a na-enye nwaanyị̀ ajadu
- iii. Uzo mgbapu nye nsogbu nwaanyị̀ ajadu. Nkega nile ndi a gara n'ihu ma tulie ihe di na ya.

N'ikpeazu anyi choputara na umu nwaanyị̀ ajadu bu ndi a na-eleda anya ma na akpagbu n'ebe o di ukwu n'ala Igbo. Ma ugbu a, onodu agbanweela. Umunwaanyị̀ ajadu nwere ikikere nye ihe nweta na akunuba di ha. Goṣmenti na otu di iche iche a putara ihe ugbu a ikwuru nwaanyị̀ ajadu onu ya. Ihe ndi a na-egosiputa na mmadu obula agaghi eweputa aka megide nwaanyị̀ ajadu obula.



A tūrụ anya na site na nchọcha a, omenala ọjọọ nke ndị Igbo megide nwaanyị ajadu ga-abụ ihe a kwusiri ma nabata echiche ọhụrụ nye nwaanyị nọ n'ọndụ a. Site n'uzọ di otu a, a ga-akwalite ezi mmekọrịta, ezi akparamagwa, ezi ilezi anya nye nwaanyị ajadu ọbụla n'ala Igbo nke na-agabiga ariri ọnwụ di ya wee mee ka ezi udo chja n' ọndụ a n'ala Igbo.



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