



EDITORIAL

COVID-19 AND PSYCHIATRIC WELLNESS IN BOTH HEALTH CARE WORKERS AND PATIENTS

Clinicians exposed to Covid-19 patients are vulnerable to psychiatric symptoms and conditions, including anxiety, depression, lack of adequate sleep, post-traumatic stress disorder and phobia.

These conditions occur because seeing patients go through Covid-19 and the high mortality witnessed, especially with elderly patients, can be quite troubling. It is even more troubling when colleagues contract and succumb to complications of Covid-19 and more so when medical

insurance companies initially declined to cover Covid-19 management.

This condition that affects Health Care Workers can also affect relatives of patients who contract Covid-19. Persistent cognitive impairment could be particularly troubling to healthcare providers and the general public. Covid-19 as a disease appears to stay with us for a long time because of its ability to mutate easily and evade effects of vaccines.



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