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# DIVERSE GENETIC SUBTYPES OF HIV-1 AMONG FEMALE SEX WORKERS IN IBADAN, NIGERIA

\*<sup>1</sup>Fayemiwo, S. A.,<sup>2</sup>Odaibo, G. N. <sup>3</sup>Sankale, J.L., <sup>1</sup>Oni, A.A., <sup>1</sup>Bakare, R. A., <sup>2</sup>Olaleye, O. D. and <sup>4</sup>Kanki, P.

Departments of <sup>1</sup>Medical Microbiology and <sup>2</sup>Virology, College of Medicine, University College Hospital, Ibadan, Nigeria and  
<sup>3</sup>A.P.I.N., Harvard School of Public Health, Boston, MA, USA.

Running title: Genetic subtypes of HIV-1 among female sex workers in Nigeria.

Keywords: Diverse, HIV, subtypes, Female Sex workers and Vaccine

\*Correspondence: Fayemiwo, S. A., Department of Medical Microbiology and Parasitology, College of Medicine, University of Ibadan, Ibadan, Nigeria. E-mail address: [dayteet@yahoo.com](mailto:dayteet@yahoo.com)

## ABSTRACT

### Background:

Genetic diversity is the hallmark of HIV-1 infection. It differs among geographical regions throughout the world. This study was undertaken to identify the predominant HIV-1 subtypes among infected female sex workers (FSWs) in Nigeria. Methods: Two hundred and fifty FSWs from brothels in Ibadan Nigeria were screened for HIV antibody using ELISA. All reactive samples were further tested by the Western Blot Techniques. Peripheral Blood Mononuclear Cells (PBMCs) were separated from the blood samples of each subject. Fragments of HIV Proviral DNA was amplified and genetic subtypes of HIV-1 was determined by direct sequencing of the *env* and *gag* genes of the viral genome followed by phylogenetic analysis. Results: The age of the FSWs ranged from 15 to 55 years old (Mean = 25.8years, SD =3.74). Majority were Nigerians while others (1.6 %) were from neighboring West Africa countries. Four ( 1.6% ) of the FSWs were active for less than one year as sex workers, and the mean length of sex work was 2.80 years ( Range = 1.0 - 15.0 years ). Sixty-four (25.6%) of the 250 CSWs were positive for HIV-1 while 7 (2-8%) had dual infections to HIV-1/ HIV-2. Among the 34 HIV-1 strains characterized by sequencing, 19 (55-9%) were subtype G, 9 (26.5%) CRF02\_A/G, 3 (8.8%) CRF06\_cpx while 1 (2.9%) each were identified as subtype C, CRF01\_A/E and CRF09\_cpx respectively. Nineteen (55.9%) of the FSWs with subtype G had been active in the sex work for between one to five years. The youngest of the HIV -1 infected FSWs with sexual activity of less than a year had subtype G strain. There is a significant probability that infection with this subtype occurred with a short incubation period ( $p < 0.05$ ). Conclusion: This study showed a wide range of HIV- 1 subtypes among FSWs in Nigeria. The situation poses serious challenge for the design of HIV vaccine candidate for use in Nigeria.

## INTRODUCTION

The Acquired Immune Deficiency Syndrome (AIDS) epidemic has exacted a terrible toll in terms of loss of life and decreased quantity of life worldwide, especially in Africa, where 70% of deaths from HIV-1 infection have occurred (1).

The first case of AIDS in Nigeria was reported in 1986. From 2 cases in 1986, it has been estimated that 4,050,000 HIV infections have occurred in Nigeria<sup>2</sup>, and it has spread extensively to the rural areas of the Country (3, 4, 5).

In Africa, infection has been mainly by heterosexual intercourse, with Female sex workers (FSWs), long distant truck drivers and migrant labour serving as vehicles of spread (5).

Female sex workers (FSWs) have been at high-risk of infection since the beginning of the HIV epidemic all over the world. Multiple sex partners, irregular condom use, and co-infection with other sexual transmitted infections (STIs) are the principal risk factors for HIV infection among FSWs (7). Between 1995 and 2003 the prevalence rose from 6.4% in STD patients (8) to 34.3% in FSWs (9). The penetration into the general population cannot be over emphasized.

In women, the glandular epithelia have HIV in the zone of transformation between the columnar and squamous cell of the cervix (10). While in men, HIV is detectable in seminal cells, some sperm cells and their precursors (11). Because of high incidence of sexually transmitted infections (STIs) in African sex workers, immunologic stimulations to this infection may be higher than among the general African population (12).

HIV-1 and HIV-2 show heterogeneity among isolates (13). On the basis of the phylogenetic analysis of the *env* and *gag* genes, HIV-1 has been divided into three distinct groups (M, O, & N.), all of which cause AIDS in infected individuals. Group M ("For Major") comprises the greatest majority of HIV-1 infections worldwide and has been further subdivided into subtypes and sub subtypes termed A-D, F.H, J, K, and Circulating Recombinants Forms; CRF 01 to 34 (13,14). Whereas several HIV-1 subtypes co-circulate in many parts of the world, some regions seem to have predominant subtypes. Subtype B is the most predominant form in North America and Europe while subtype E is highly prevalent in part of South East Asia (where B is the minority form) (15). Subtypes A, C, and D are the most common subtypes in Africa. In Mali 80% of the HIV-1 infected sex workers were subtype A, 10% belong to subtype G and the minority belong to subtypes C and D (16), while in Kenya 56% of the infected subjects had subtypes A while others have subtypes C and D with other recombinants circulating forms (17).

In Nigeria, the first HIV-1 strain that was partially characterized was found to be subtype A (18). In recent time, we have co-circulation of multiple subtypes including, A, B, C, D, E and other groups in Nigeria with subtype C being the most prevalent (19).

The city of Ibadan, which is acclaimed to be the largest city in West Africa, and capital of Oyo State, is a major commercial centre with long distant transport workers, migrant labour workers, civil servants and students of higher institutions which have sex with multiple female sex workers with risk of acquiring HIV infection.

The occurrences of these multiple variants of HIV in different geographical regions raise the possibility that future vaccine strategies may have to consider polyvalent constructs. The effective evaluation of vaccine candidates will depend on thorough surveillance and characterization of viral variants (20).

Since HIV infection most often results from heterosexual intercourse, female sex workers in various brothels in Ibadan are likely to be the source of detection of new subtypes that might have been introduced into the country and likely point for rapid spread of these different subtypes. Therefore this study was aimed at providing information on the sero-prevalence of HIV among female sex workers in Ibadan and also to identify the predominant subtypes of HIV-1 among them.

## **MATERIALS AND METHODS**

### **Study population and Sample collection**

A cross-sectional seroprevalence study was conducted in a population at high risk for HIV infection from November 2002 and July 2003 in Ibadan, South Western Nigeria. Only those subjects who were willing to participate were provided written informed consent, enrolled, and sampled. A total of two hundred and fifty Female sex workers from various brothels in Ibadan that had been in the profession for at least one month and duly signed informed consent were recruited into the study. The study protocol was approved by the University of Ibadan/ University College Hospital (UCH) ethical review committee. Semi-structured questionnaire was administered to each of the FSW who gave informed consent, as an instrument to elicit base line information on their demographic characteristics and reproductive health history.

Ten millimeters of EDTA - anti coagulated blood samples were collected from the recruited female sex workers. These samples were transported on an ice packs in an insulated box to the Diagnostic Laboratory, Virology Department, University College Hospital, Ibadan for processing. Plasma or sera were subsequently separated and stored in aliquots and maintained at -70°C until tested. Clinical examinations of the lower genito-urinary tracts were carried out for signs of infections such as vaginal discharge, endocervical discharge, genital ulcer diseases and genital mass (genital warts and bartholin's cyst).

### **Antibody Screening and Confirmation**

All the sera or plasma separated from the samples collected were screened using Enzyme Linked Immunosorbent Assay (ELISA) techniques with commercial available kits (GENSCREEN PLUS HIV by Bio-Rad in France). All reactive samples were confirmed by Western blot assay (New LAV BLOT 1 by Bio-Rad, in France).

### **DNA Extraction and Polymerase Chain Reactions**

Qiagen kit was used for the extraction of DNA from the Peripheral Blood Mononuclear Cells separated from the whole blood of the FSWs that had been previously stored and maintained at -70°C. The Qiagen genomic DNA purification procedure is designed to isolate chromosomal DNA 20-150kb directly from the whole blood, buffy coat and cultured cells. Genomic DNA is eluted in a high salt buffer, concentrated and desalted by isopropanol

precipitation. About 5ul of the genomic DNA of the confirmed ELISA reactive blood samples were combined with primers: WTI (KK30) and WT2 (KK40), buffers, nucleotides, *taq* polymerase and distilled water in a micro centrifuge tubes. Positive and negative controls were included in each run. The total volume in each tube was made up to 50 ul in the 1<sup>st</sup> round of PCR. Each tube was placed in a thermal cycler and subjected to PCR under the following cyclic conditions: 94°C for 50s, 55°C for 50s and 72°C for 1min (5 cycles) : 94 °C for 50s, 57°C for 50s and 72°C for 1min 30s (30 cycles) and 72° for 1minute (1Cycle)

The 2<sup>nd</sup> round amplification was performed with 5ul of the 1<sup>st</sup> round PCR products, primers (KK30, KK40), buffers, nucleotides, *taq* polymerase and distilled water adding up to 100ul of total volume. These were also subjected to the same cyclic conditions except that the five cycles initially were reduced to three.

#### Detection of Amplified Products and Sequencing

Detection methods that rely on size separation and visualization of PCR products include agarose and polyacrylamide gel electrophoresis(21,22).

These methods allow the assessment of the presence and the size of the amplified products. Agarose gel used to separate a wide range of DNA fragment sizes. Visualization was achieved by staining the gel with ethidium bromide, a chromogen dye that binds to nucleic acid and florescence under UV light.

Genome fragments could be amplified and directly sequenced (without cloning) using a cycle-sequencing protocol adapted for the ABI automatic sequencer.

In order to determine the subtype of genome fragments or entire HIV -1 genome, the sequences in questions were aligned with reference sequences of different known subtypes. 34 of the PCR amplified DNA fragments of the reactive ELISA and western blot confirmed HIV-1 samples were run at the APIN Laboratory, Harvard University, Department of Immunology and Infectious Diseases, Boston, U.S.A. for the identification of different subtypes by direct sequencing. Phylogenetic analysis was performed by first aligning the sequences obtained with reference sequences.

#### Data Analysis

Data was analyzed using SPSS for widows' version 12.0. Association between groups was performed using the chi-square test for categorical variables and student-t test for continuous variables. Logistic regression was used to adjust for potential cofounders. Analysis of variance was calculated and statistical tests were carried out at 5 % significance level

## RESULTS

A total of 250 Female sex workers (FSWs) from various brothels in Ibadan were enrolled and screened for HIV antibody seropositivity and predominant HIV-1/2 subtypes was determined during the period of study. As shown in Table 1, demographic characteristics of the FSWs showed that their mean age was 28.8years (Range 15-55yrs; SD = 7.35). Majority (62.8%) were in the 20-29 yrs age group. 174(69.6%) were singles 37(14.8%) were divorced, 7(2.8%) were separated while 30(12.0%) were still married.

More than two-third of the uninfected FSWs (71.5%) were single while 11.8 % were married, others were divorced, separated or widowed. Majority (98.4%) were from different parts of Nigeria while 1.6% were from Republic of Benin, Togo, Ghana and Cote d'Ivoire. Forty- one (64.1%) of the HIV - infected FSWs had their first sexual debut between the ages of 16-20 yrs and more than half (57.8%) usually attended to one to five sexual partners per day. (Table1).

Sixty-four (25.6%) of the 250 FSWs screened for antibody to HIV were confirmed HIV-1 seropositive by the Western Blot technique. Seven (2.8%) had dual infections to HIV-1/2. There was no FSW with only HIV-2 infection. The number of HIV-1 infection was significantly higher than HIV-2 ( $p < 0.05$ ). Thus the seroprevalence of HIV-1 antibody among the Female sex workers in Ibadan was 25.6%.

Among the 34 HIV-1 strains that were characterized by sequencing, 19 (55.9%) were subtype G, 9 (26.5%) belonged to CRF\_02A/G, 3 (8.8%) belonged to CRF\_06cpx while 1 (2.9%) each were identified as subtype C, CRF\_01A/E and CRF\_09cpx respectively (Table 2).

Among the 19 subtype G, 9 (47.4%) were obtained from FSWs who hailed from Edo and Delta states in the South-south zone of Nigeria while 3 (15.3%) were from Benue state in the middle belt zone. The only subtypes C identified was from FSW who hailed from Togo. (Table 3). The youngest (15years) of the HIV infected FSWs characterized as subtype G has been involved in sex trade for less than one year while 11 (57.9%) of them have been active in the business between one to five years. Also out of the 9 characterized as CRF\_02A/G, 5 (55.6%) have been active in the trade between 1-5 years. This suggests that there is probability that these infections occurred very recently ( $P < 0.05$ ).

Clinical presentations that have been found to be significantly associated with HIV-1 subtype G and CRF\_02A/G were weight loss, episodes of recurrent diarrheas, skin lesions recurrent vaginal discharge

and puritus vulvae ( $p < 0.05$ ). The only clinical manifestation noticed with FSW with subtype C who hailed from Togo was recurrent genital herpes.

**TABLE 1: DEMOGRAPHIC CHARACTERISTICS & REPRODUCTIVE HEALTH HISTORY OF THE COMMERCIAL FEMALE SEX WORKERS**

CHARACTERISTICS	FREQUENCY N=250	PERCENTAGE %	HIV POSITIVE N= 64	PERCENTAGE %
<b>(a) Age</b>				
< 20	32	12.8	4	6.2
20-24	101	40.4	28	43.8
25-29	56	22.4	17	26.5
30-39	45	18.0	12	18.8
40-49	13	5.2	2	3.1
> 50	3	1.2	1	1.6
<b>(b) Marital Status</b>				
Single	174	69.6	41	64.1
Married	30	12.0	8	12.5
Divorced	37	14.8	13	20.3
Separated	7	2.8	2	3.1
Widowed	2	0.8	0	0.0
<b>(c) States/Zones/Nationality</b>				
Edo/Delta	148	59.2	32	50.0
South East	41	16.4	13	20.3
South West	32	12.8	5	7.8
Middle Belt	16	6.4	8	12.5
South South	8	3.2	3	4.7
Other National	4	1.6	3	4.7
<b>(d) Level of Education</b>				
No formal	15	6.0	3	4.7
Primary education	87	34.8	22	34.4
Secondary	142	56.8	36	56.2
Post secondary	6	2.4	3	4.7
<b>(e) Age of First Sexual exposure (Yrs)</b>				
<11	3	1.6	1	1.6
11-15	66	33.2	17	26.5
16-20	109	60.0	41	64.1
>20	8	5.2	5	7.8
<b>(f) Duration of Work as CSWs (Yrs)</b>				
<1	2	1.1	2	3.1
1-5	112	60.2	37	57.8
6-10	54	29.0	19	29.7
11-15	15	8.1	5	7.8
16-20	3	1.6	1	1.6
<b>(g) Number of sexual partners / day</b>				
<5	119	64.0	41	64.1
6-10	60	32.2	22	34.4
>10	7	3.8	1	1.5
<b>Total</b>	186	100.0	64	100.0

TABLE 2: DISTRIBUTION OF HIV-1 SUBTYPES AMONG FSWS

Subtypes	Frequency	Percentage %
C	1	2.9
G	19	55.9
CRF_01	1	2.9
CRF_02	9	26.5
CRF_06	3	8.8
CRF_09	4	8.8
CRF_09	1	2.8
Total	34	100

TABLE 3: DISTRIBUTION OF HIV -1 SUBTYPES BY AGE AND NIGERIAN ZONES OF ORIGIN

	C	G	CRF01	CRF02	CRF06	CRF09
AGE <20		2(10.6%)		1(11.1%)		
20-29	1(100%)	14(73.5%)	1(100%)	4(44.4%)	3(100%)	
30-39		1(5.3%)		3(33.3%)		1(100%)
40-49		1(5.3%)		1(11.1%)		
50-59		1(5.3%)				
Zones of Origin	C		CRF01	CRF02	CRF06	CRF09
South East		5(26.3%)	1(100%)			
South West		1(5.3%)				1(100%)
Middle Belt		3(15.7%)		9(100.0%)	3(100%)	
South South		10(53.0%)				
Other Nationality - Togo	1(100%)					

## DISCUSSION

In Africa the highest sexually transmitted infections (STIs) and HIV infection has been reported among Female sex workers (FSWs) who are at increasing risk of acquiring and transmitting STIs and Human Immunodeficiency Virus (HIV) (17). The AIDS epidemic has exacted a terrible toll in term of life and decreased quality of life worldwide (1).

Women, especially young ones, generally lack the social power to set the terms for sexual relationship. These women live in poverty and are often coerced to trade sex for support and may be forced into prostitution. A large member of unmarried, unemployed female brothel-based sex workers are all over Ibadan and they cater for the sexual needs of the male populations, mostly of the low income group asking for payment in cash in exchange for a short sexual relationship (8).

This study showed that most of the sex workers (75.6%) were below 30years of age with 62.8% in the 20-29 years age group while 1.2% were over 50years of age. This is consistent with the finding of Bakare *et al*(9) that reported 63.3% in 20-29years age group while Umar and other researchers (23-24) reported that younger women in the age group of 20-29 years were the ones mostly engaged in sex work. This is not a surprise as there is usually higher demand for younger women by men who patronize sex workers.

The prevalence rate of HIV- 1 was 25.6%. There was no sex worker with only HIV-2 infection while 2.8% had dual infections of HIV-1 and HIV-2. This prevalence was however lower than 76.0% reported in studies carried out by Egar *et al* in Jos (25) and 34.5% by Bakare *et al*(9,26) in Ibadan. This finding might not be unconnected with the fact that FSWS in their mid- to late thirties of age have died of undisclosed illness suspected to be AIDS. Majority of

the younger women who are now being introduced were having protected sexual intercourse with condoms.

Human Immunodeficiency virus type-2 (HIV-2) is less pathogenic than HIV-1. Lower HIV prevalence

The genomic diversity of HIV-1 has been a continuous challenge for the development of diagnostic test, anti retroviral therapies and the development of a preventive medicine.

Among 34 HIV-1 strains characterized, more than half (55.9%) were subtype G, 1(2.9%) belonged to subtype C. CRF02 which is the most predominant recombinant form constitutes about 26.5% of the HIV strains of the infected FSWs. 3(8.8%) were identified as CRF.06 while others CRF.01 and CRF.09 constitutes 2.9% each respectively. This finding is similar to earlier studies of Abimiku *et al* (28) that reported the presence of subtype G from Jos, Nigeria. It is however different with other studies where subtype G infections have been described in diverse locations from East to West Africa, though rarely as a major proportion of the infection (29)

In different locations in Africa like Mali, Republic of Benin, Nigeria and Democratic Republic of Congo, subtype G rarely account for more than 20% all HIV-1 infections. This is the first time that the prevalence of HIV-1 subtype G is exceeding 50% of the HIV strains identified. Contrary to the study conducted in Nigeria by Odaibo *et al* (30), a heterogeneous distribution of at least 5 subtypes were observed with subtype C being the most predominant in the south-western part of Nigeria.

In a similar study conducted in Bamako, Mali among the female sex workers (FCSWs) (16), it was reported that subtype A was the predominant HIV strain identified among them while 15.1% were subtype G. Subtype A was not detected in this study.

HIV subtype B that is the most prevalent in Western Europe and North America has not been linked with any major epidemics in Africa (31-32). Though the prevalence was 2.5% in the study conducted by Odaibo in 1999(30), it was not detected in this study. The prevalence of subtype C in this study was low (2.9%) and the only infected FSW with this subtype migrated from Togo to Nigeria. This is however contrary to other reports which indicated that subtype C was the most prevalent subtype in HIV-1 pandemic and it has been found to account for the majority of the intense epidemic observed in South Africa and Ethiopia (33-34). Subtypes D & F were not detected in this study but they had been found to be the most prevalent subtype in Uganda and Kenya (35-36).

recorded in this study was consistent with other studies reported in selected populations in other African countries (23, 24).

Among HIV-1 circulating recombinants forms, CRF.02 was the predominant and accounted for 26.5% of the HIV-1 strains identified in this study. This CRF often designated as "1bNG", the name given to the first sample described from Ibadan, Nigeria (37). This is contrary to the earlier study(30) where 18.9% of the strains belonged to subtype A. Many of the genomes within the 1bNG CRF cluster may have been erroneously classified as subtype A. This subtype has been responsible for regional epidemics along the coast of West and East Africa (38).

Detection of the CRF 06 cpx-a complex recombinants between Subtypes A, G, J, and K which constituted 8.8% in this study was in agreement with the findings of Montavon *et al* (39). However, this was the first time this complex recombinant form has been isolated in Nigeria.

CRF01-AE which has been responsible for a large number of infections in Thailand(40) and other South-east Asian countries (40) was detected in this study, though the prevalence was low (2.9%).

Information about recombinant CRF.09 cpx is very limited (13). Its detection in this study would however form a baseline data for further studies in this part of the country. The youngest of the HIV infected FSWs with sexual activity of less than a year had HIV-1 Subtype G while 55.9% of the FSWs with subtype G have been active in the commercial sex work between 1-5years. These findings gave a significant probability that infections with this subtype occurred very recently and it has very short incubation period ( $P < 0.05$ ). The report was also similar with that of Peeters *et al* (16), which stated that among the 10 HIV-1 subtype G strains obtained, 8 were from younger FSWs with an activity of less than a year.

All the HIV-1 infected FSWs who had subtypes G, CRF01, CRF02, CRF06 and CRF09 usually engaged in heterosexual mode of intercourse while FSW with subtype C usually practiced bisexual mode of intercourse. There is significant statistical relationship between bisexual mode of intercourse and HIV infection.

## CONCLUSION

Until the problem of economic development in Nigeria is tackled, convincing young people to adapt their sexual behaviours to secure their future remains difficult. The recent renewed international attention on HIV/AIDS epidemics in sub-Saharan African should translate to commitment to reconstruct social services and to tackle economical underdevelopment.

Additional efforts are needed to provide alternative economic choices for young women. It is important to continue the surveillance of subtypes on a systematic basis in order to see to what extent the proportions of the different subtypes will change over time. Since there are diverse circulating strains of HIV in the country, a polyvalent vaccine will be required for effective preventive prophylaxis against HIV in Nigeria. Given this diverse nature of HIV-1 subtypes, this epidemic may well be more challenging for HIV vaccine candidate design than previously anticipated.

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