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Copyright AJCEM 2021: <https://dx.doi.org/10.4314/ajcem.v22i4.3>**Review Article****Open Access****Hosts and transmission of *Mycobacterium ulcerans*:
a systematic review**

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Correspondence to: iaboagye@ug.edu.gh; +233 249874408**Abstract:**

The control of Buruli ulcer (BU), a debilitating neglected tropical disease, is hampered by the inadequate understanding of the mode of transmission of its causative agent, *Mycobacterium ulcerans* (*M. ulcerans*). The DNA of *M. ulcerans* has been detected in some living organisms and non-living environmental samples of both aquatic and terrestrial sources. However, it is unclear whether the identified organisms support *in vivo* multiplication of the bacterium or play any role in its transmission. This paper identifies hosts of *M. ulcerans*, reviews progress made in unravelling the exact mode of transmission of *M. ulcerans* and identifies research gaps in this aspect of BU epidemiology. Using the search terms, 'niche, *Mycobacterium ulcerans*' and 'mode of transmission, *Mycobacterium ulcerans*' as well as defined inclusion criteria, information was obtained from the PubMed database and reviewed to assess their importance to the research question. Aquatic bugs of the genera *Appasus* and *Diplonychus* as well as *Naucoris cimicoides* and possums were identified to support *in vivo* multiplication of the bacterium. Bite of *M. ulcerans* contaminated *Aedes notoscriptus*, bite of aquatic bugs harboring or contaminated with *M. ulcerans*, and *M. ulcerans* contaminated skin-puncturing materials present in nature create opportunity for its transmission and infection. Appropriate protective measures may be useful to reduce the risk of exposure to *M. ulcerans* in BU endemic areas, and incorporation of trophic interactions of aquatic organisms known to support *in vivo* multiplication of *M. ulcerans* is needed in future research for better understanding of the spread of *M. ulcerans* in nature.

Keywords: *Mycobacterium ulcerans*; niche; transmission

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**Hôtes et transmission de *Mycobacterium ulcerans*:
une revue systématique**

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Le contrôle de l'ulcère de Buruli (UB), une maladie tropicale négligée débilatante, est entravé par la compréhension insuffisante du mode de transmission de son agent causal, *Mycobacterium ulcerans* (*M. ulcerans*). L'ADN de *M. ulcerans* a été détecté dans certains organismes vivants et des échantillons environnementaux non vivants de sources aquatiques et terrestres. Cependant, il n'est pas clair si les organismes identifiés favorisent la multiplication *in vivo* de la bactérie ou jouent un rôle dans sa transmission. Cet article identifie les hôtes de *M. ulcerans*, passe en

revue les progrès réalisés pour démêler le mode exact de transmission de *M. ulcerans* et identifie les lacunes de la recherche dans cet aspect de l'épidémiologie de l'UB. À l'aide des termes de recherche « niche, *Mycobacterium ulcerans* » et « mode de transmission, *Mycobacterium ulcerans* » ainsi que des critères d'inclusion définis, des informations ont été obtenues à partir de la base de données PubMed et examinées pour évaluer leur importance pour la question de recherche. Des punaises aquatiques des genres *Appasus* et *Diplonychus* ainsi que *Naucoris cimicoides* et possums ont été identifiées pour soutenir la multiplication *in vivo* de la bactérie. La piqûre d'*Aedes notoscriptus* contaminé par *M. ulcerans*, la piqûre d'insectes aquatiques hébergeant ou contaminés par *M. ulcerans* et les matériaux de perforation de la peau contaminés par *M. ulcerans* présents dans la nature créent une opportunité de transmission et d'infection. Des mesures de protection appropriées peuvent être utiles pour réduire le risque d'exposition à *M. ulcerans* dans les zones d'endémie UB, et l'incorporation d'interactions trophiques d'organismes aquatiques connus pour favoriser la multiplication *in vivo* de *M. ulcerans* est nécessaire dans les recherches futures pour une meilleure compréhension de la propagation de *M. ulcerans* dans la nature.

Mots clés: *Mycobacterium ulcerans*; niche; transmission

Introduction:

Buruli ulcer (BU) is a chronic, necrotizing and indolent disease of the skin, subcutaneous tissue and occasionally bones (1), caused by *Mycobacterium ulcerans*. It usually occurs in the vicinity of rural tropical wetlands, and its discovery dated back to 1897. The disease has been reported in 33 countries globally (2), mostly in tropical (3,4) and subtropical regions (3). However, the largest number of cases has been reported from riverine areas in distinct regions of Benin, Côte d'Ivoire and Ghana as well as Cameroon and the Democratic Republic of Congo (3) in West and Central Africa respectively. The profound morbidity in BU victims and the devastating nature of its complications (5) have enormous adverse socioeconomic implications. This calls for more research in the grey areas of the disease, such as the mode of transmission of the bacterium, to help improve our understanding and control of the disease.

The mode of transmission of *M. ulcerans* has been a subject of investigation since 1948 (6) when the bacterium was identified as the causative agent of BU. However, the reservoir and mode(s) of transmission of the bacterium are not definitively known, posing great challenge to BU epidemiology. *M. ulcerans* is reported to adopt a biofilm-like structure *in vitro* and *in vivo*, and displays abundant extracellular matrix (ECM), which enhances colonization of insect vectors and mammalian hosts and confers to it increased resistance to antimicrobial agents (7). Additionally, *M. ulcerans* and, to a greater extent, its deoxyribonucleic acid (DNA), have been identified in various environmental samples such as inanimate materials (8-10), plants (11,12), invertebrates (13-16) and vertebrates (9,17-21) of both aquatic and terrestrial habitats.

Two major research gaps are whether these samples support active multiplication of

the bacterium and/or play any active role in its transmission. This paper identifies hosts of *M. ulcerans*, reviews progress made in the quest to unravel the exact mode(s) of transmission and identifies specific gaps that may generate interest in research in this aspect of BU epidemiology.

Methodology:

This systematic review was undertaken using the PRISMA guidelines (22) developed by the Centre for Review Dissemination (CRD). The following search terms were used to obtain information for all years from PubMed database; 'niche, *Mycobacterium ulcerans*' (NMU) and 'mode of transmission, *Mycobacterium ulcerans*' (MTMU). The searches were carried out on 2nd September 2020 and the filters applied; abstract, free full text, full text and journal article limited the years from 2002 to 2020 and 2001 to 2020 for NMU and MTMU respectively.

The diagnosis of BU by the polymerase chain reaction (PCR) is based on the amplification of the insertion sequence IS2404 in the genome of *M. ulcerans* (23-25) using appropriate primers, and IS2404 PCR is considered the most sensitive method for laboratory confirmation of the disease (26). However, the detection of *M. ulcerans* from environmental samples requires confirmatory PCR targeting additional insertion sequence, IS2606, and the ketoreductase B domain (KR) of *M. ulcerans* mycolactone polyketide synthase genes, to differentiate *M. ulcerans* from other environmental mycobacteria that may carry IS2404, and other non-mycolactone-producing mycobacteria (8). Therefore, studies with environmental samples having culture-confirmed *M. ulcerans* and/or PCR-positive *M. ulcerans* DNA (IS2404, KR and IS2606) (8) as well as IS2404 and KR with cycle thresholds (Ct) of less than 34 and 36 for IS2404 and KR-B respectively (8,27) were included in the review. The

inclusion of IS2606 and KR of the *M. ulcerans* mycolactone polyketide synthase genes is based on the observation that their detection by PCR augment the specificity of IS2404 PCR for the analysis of various environmental samples (8). Other studies, including laboratory based, reporting on successful and/or proposed *M. ulcerans* transmission, were also included in the review. Studies that did not meet these criteria, including review articles, were excluded from the review.

Results:

Number and selection of literature

The total number of articles obtained from both searches, in PubMed database, using NMU and MTMU search terms were 58 and 24 respectively with no duplicates. Three addi-

tional relevant articles were downloaded from Google Scholar. Out of the total of 85 identified articles, 57 were excluded, as they were deemed to be irrelevant to the research question after reading the titles and abstracts. After assessing full-text articles of the remaining 28 for eligibility, 15 of these were included in the review. The literature selection process is shown in Fig 1.

Sources and reservoirs of *M. ulcerans* in nature

M. ulcerans and its DNA were identified from various sources including aquatic, living and inanimate sources. Table 1 describes the type and source of sample from which *M. ulcerans* and its DNA were detected as well as the detection method and key findings.

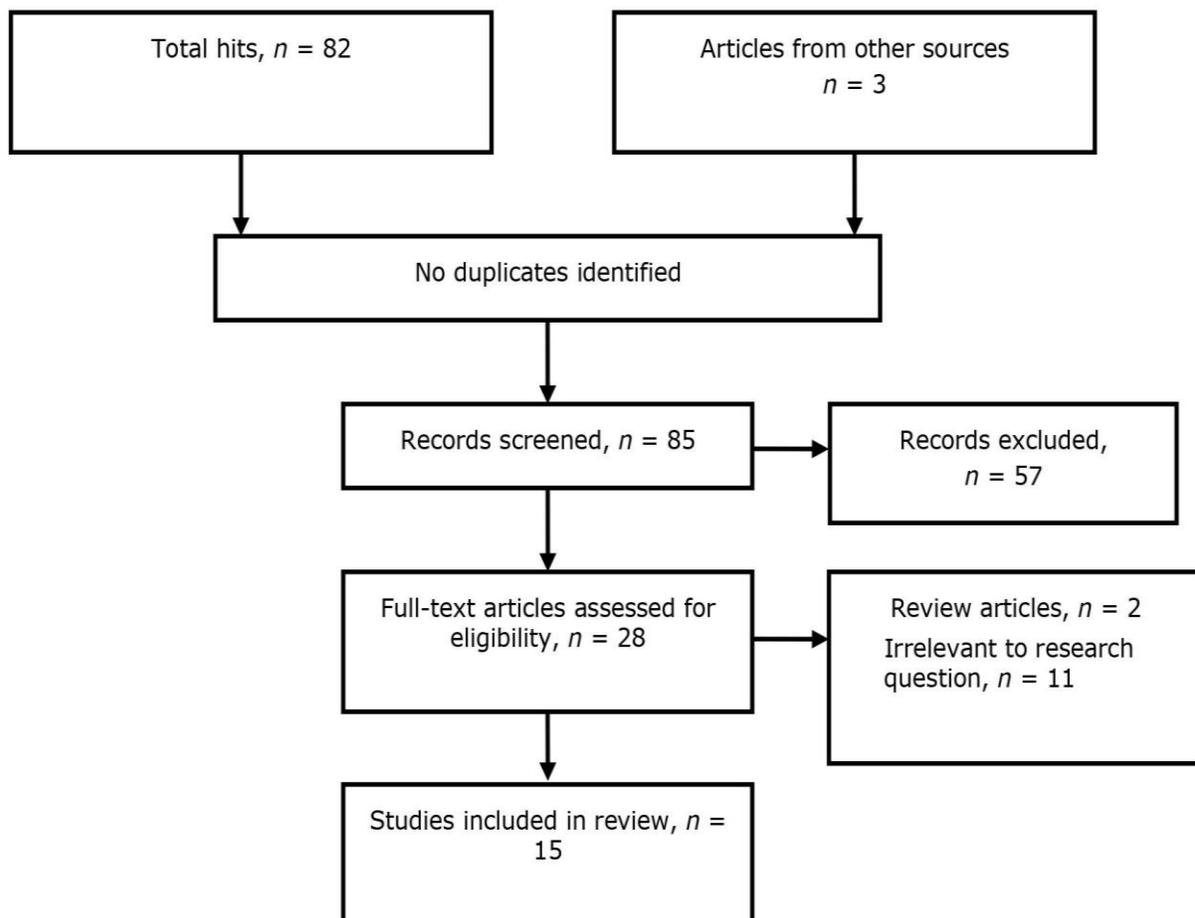


Fig 1: Flow chart of study selection process (PRISMA guide)

Table 1: Identified sources of *Mycobacterium ulcerans* and its DNA (IS2404, IS2606 and KR)

Sample type (reference)	Sample size and source of study	Detection method and result
Freshwater green algae (11)	Two green algae, <i>Rhizoclonium</i> sp. and <i>Hydrodictyon reticulatum</i> , on mud or rock surface in freshwater in BU endemic and non-endemic areas, Ivory Coast.	<i>M. ulcerans</i> biofilm formed on <i>Rhizoclonium</i> sp. One positive BACTEC culture supplemented with algal extract, IS2404 PCR positive on culture and IS2404 PCR positive for two aquatic plant samples in BU endemic area.
Amoeba (28)	Amoeba cultures from water ($n = 13$), herbaceous plant biofilms ($n = 90$) and aquatic detritus samples ($n = 45$) in and around water bodies in BU endemic and non-endemic communities, Ghana.	Real-time PCR (RT-PCR) positive for IS2404, IS2606 and KR in 1 of 148 environmental samples. IS2404 positive for 7 out of 166 amoeba cultures from 124 samples from BU endemic and non-endemic communities.
Amoeba (29)	Free-living amoeba (FLA) cultures from plant and tree trunk biofilms ($n = 428$), water ($n = 53$), detritus ($n = 45$) and aerosols in BU endemic and non-endemic communities, Ghana.	Quantitative PCR (qPCR) positive for IS2404 in 25 (4.64%) out of 370 FLA cultures from 539 specimens, but negative for IS2606 and KR. Green fluorescence protein (GFP) expressed <i>M. ulcerans</i> in laboratory-infected <i>Acanthamoeba castellanii</i> by flow cytometry.
Creeping water bugs (14)	Salivary glands of adult Naucoridae ($n = 80$) from a river in BU endemic area, Ivory Coast.	Two Culture positive for <i>M. ulcerans</i> and 5 of 80 IS2404 nested-PCR positive detection in naturally-infected Naucoridae. Culture positive strains inoculated into mice tail produced inflammatory lesions with edema that were PCR positive for <i>M. ulcerans</i> .
Aquatic Heteroptera (30)	Single-taxon batches ($n = 283$) of Belostomatidae, Naucoridae, Corixidae, Ranatridae Nepidae, and Saliva of <i>Diplonychus</i> sp. ($n = 69$) from ponds near villages in BU endemic area, Ivory Coast.	Real-time PCR positive for IS2404 and KR in 26 of 283 single-taxon batches of insect families and 6 of 69 random saliva samples of <i>Diplonychus</i> sp.
Mosquitoes (16)	Mosquitoes ($n = 11,504$), mainly <i>Aedes camptorhynchus</i> , from BU endemic area, Australia.	Of the 11,504 mosquitoes tested, 13 pools were positive for IS2404, KR and IS2606. VNTR locus 9 (2 positive pools) sequence identical to local <i>M. ulcerans</i> human strain.
Mosquitoes (31)	Adult mosquitoes ($n = 41,797$), mainly <i>Aedes camptorhynchus</i> , from BU endemic areas, Australia.	Real-time PCR for IS2404 (\pm IS2606 and KR) detection rate ranged from 1.02 to 10.80 per 1,000 mosquitoes. Highest proportions of <i>M. ulcerans</i> -positive mosquitoes detected in areas with highest BU incidences.
Mosquitoes/flying insects, aquatic plants, invertebrate and vertebrate (32)	Flying insects ($n = 7,230$), including mosquito spp. ($n = 4,322$), Macro-invertebrate and vertebrate ($n = 3,377$), plants ($n = 95$) from water sources near villages in highly BU endemic areas, Benin.	qPCR positive for IS2404 and KR in 8.7% (28/322 pools) of aquatic insects including water bugs, but not in mosquitoes or other flying insects. Positive-PCR for 2.1% (2/95) plants in the Poaceae family.
Mosquitoes and march flies (33)	Mosquitoes ($n = 16,900$) allocated to 845 pools and march flies ($n = 296$) from BU endemic areas, Australia.	Real-time PCR positive for IS2404, IS2606 and KR in one pool of mosquito (<i>Verrallina</i> sp.) out of 845 pools screened, but negative in march flies.
Ringtail and brushtail possums (9)	Faecal samples from ringtail ($n = 589$) and brushtail ($n = 250$) possums from BU highly, low and non-endemic areas, Australia.	PCR positive for <i>M. ulcerans</i> DNA (IS2404, IS2606 and KR) highest in highly BU endemic areas. Culture negative, but VNTR positive for <i>M. ulcerans</i> human strain in faecal samples.

	Ringtail ($n = 42$) and brushtail ($n = 21$) possums from the BU highly endemic area examined for lesions.	Laboratory-confirmed (PCR \pm culture) <i>M. ulcerans</i> lesions and/or PCR-positive faeces in 16 (38%) ringtail and 5 (24%) brushtail possums.
Inanimate materials, terrestrial and aquatic plants (9)	Suspended solids ($n = 33$), detritus ($n = 47$), sediment ($n = 28$), soil ($n = 49$), aquatic plant biofilm ($n = 19$), aquatic plants ($n = 21$) and terrestrial vegetation [leaves, bark, flowers, seeds] ($n = 79$) from water bodies and terrestrial habitat in high and low BU endemic areas, Australia.	Low levels of <i>M. ulcerans</i> DNA (weak positive real-time PCR signals for IS2404, IS2606 and KR), but relatively higher number of positive samples in the high BU endemic area.
Ringtail and brushtail possums (34)	Possum faecal samples ($n = 57$), possum blood ($n = 63$), buccal swab ($n = 67$), urine ($n = 16$), pouch swab ($n = 15$) and cloacal ($n = 20$) samples, and clinically affected possum ($n = 27$) from BU endemic areas, Australia.	Culture positive for skin lesions (19), liver, spleen, mandibular lymph node (1) and skin lesions, liver, lung and small intestinal contents (1) cases. IS2404 PCR positive for faecal (14), buccal swab (7), pouch swab (3) and cloacal (1) samples, but negative for blood and urine samples.
Bandicoot, white-tailed rats and possum (35)	Scat samples of bandicoot ($n = 140$), white-tailed rat ($n = 4$), possums ($n = 2$) and bandicoot ulcer swab sample ($n = 1$) from BU endemic areas, Australia.	Real-time PCR positive for IS2404, IS2606 and KR in 2 out of 140 bandicoot scat samples, but negative in other scat and swab samples.
Aquatic bugs (Heteroptera) (36)	Water bug tissues from BU endemic ($n = 3647$ [616 pools]) and non-endemic ($n = 422$ [80 pools]) areas and saliva ($n = 293$) samples of <i>Appasus</i> sp. from endemic area, Cameroon.	qPCR positive for IS2404 and KR in 68 pools out of 616 (11%) in BU endemic area, but all 80 pools negative in non-endemic area. qPCR positive for IS2404 and KR in 17.4% saliva (51/293) and tissue samples of <i>Appasus</i> sp. in endemic area. <i>M. ulcerans</i> DNA was detected in five out of seven analyzed insect families.
Domestic animals (21)	Swabs of skin lesions ($n = 25$) out of 361 domestic animals surveyed in BU endemic areas, Benin. Swabs of skin lesions ($n = 44$) out of 397 domestic animals surveyed in BU endemic areas in Cameroon.	qPCR positive for IS2404, IS2606 and KR in 2 (8%) external lesions of a goat and a dog out of 36 animals with lesions in Benin, but none in communities in Cameroon.
Domestic animals (37)	Faecal samples ($n = 180$) of chickens, goats, sheep, dogs and lizards from BU endemic and non-endemic villages in Ghana.	qPCR negative for <i>M. ulcerans</i> DNA targets IS2404 and KR-B.

Discussion:

Ecology of *M. ulcerans*

Mycobacterium ulcerans or its DNA (IS 2404, IS2606 and KR) is found associated with various aquatic and terrestrial organisms as well as inanimate materials of aquatic and terrestrial sources (Table 1). In BU endemic areas in particular, *M. ulcerans* or its DNA is found associated with freshwater green algae (11), amoeba (28,29), aquatic bugs of the Order Hemiptera, including Naucoridae [creeping water bugs] (14,30), Belostomatidae [giant water bugs] (30,36), Corixidae [water boat-

men], Ranatridae, and Nepidae [water scorpions] (30). Similar observations were made in mosquitoes (16,31,33), bandicoot scat samples (35), ringtail and brushtail possums (9,34), goats and dogs (21), as well as inanimate materials such as suspended solids, detritus, sediment and soil samples (9) in BU-endemic areas. Interestingly, higher levels of *M. ulcerans* DNA tend to be detected in BU-endemic areas compared with non-endemic ones.

The type of association of *M. ulcerans* with these hosts will provide insight into the maintenance and distribution of *M. ulcerans* in the environment. *M. ulcerans* is known to survive best under low oxygen tension, such as

exist in mud in the bottom of swamps (38) where the roots of the aquatic plants, *Cyperus*, *Panicum* and *Eichhornia* shelter aquatic bugs (39). Crude organic extracts from two freshwater green algae, *Rhizoclonium* sp and *Hydrodictyon reticulatum*, from BU-endemic areas in tropical and temperate regions respectively, are able to stimulate the growth of *M. ulcerans* in a culture medium (11). This discovery is supported by the fact that aquatic plants are able to secrete many organic compounds, including amino acids and polysaccharides, which are used by bacteria as substrates for growth (40-42). Interestingly, genotypic analysis carried out previously (11) showed that plant-associated *M. ulcerans* had the same profile as *M. ulcerans* isolates recovered in the same region from both aquatic insects and clinical specimens. By virtue of their habitat and predatory habit, it is probable that aquatic bugs get contaminated with *M. ulcerans* or acquire it through their food chain, calling for better understanding of the ecology of these bugs.

The identification of other reservoirs and hosts that support active multiplication and shedding of *M. ulcerans* cells into the environment will be an important step in our understanding of the spread of the bacterium. *M. ulcerans* remains viable in experimentally-infected *Acanthamoeba polyphaga* (28) and its IS2404 is detectable in amoeba cultures isolated from the environment (28,29), suggesting that amoebae are potential natural hosts for *M. ulcerans*. The exclusive localization and survival of *M. ulcerans* within the salivary glands of *Naucoris cimicoides* (14), detection of *M. ulcerans* DNA in saliva of *Diplonychus* sp. (30), saliva and tissue samples of *Appasus* sp. (36), as well as the successful cultivation of *M. ulcerans* from water striders [*Gerris* sp.] (15), are evidence that aquatic bugs support active multiplication of *M. ulcerans* and may shed them into the environment. The common ring-tail (*Pseudocheirus peregrinus*) and brushtail (*Trichosurus vulpecula*) possums may also shed viable *M. ulcerans* into the environment, as they are implicated as reservoirs for *M. ulcerans* (9), having had *M. ulcerans* PCR positive faeces and developed laboratory-confirmed *M. ulcerans* skin lesions.

The discovery of a biofilm sample, from water body, with similar variable number of tandem repeat (VNTR) profile to a patient sample in BU endemic community (43) suggests that the victim might have been infected following exposure to the water body. Several other environmental samples have been reported to

be sources of *M. ulcerans* infection in humans. However, the possibility of BU victims shedding viable *M. ulcerans* into the environment requires investigation. The routes of spread of *M. ulcerans* and how they contribute to infection and development of BU should be a research priority.

Transmission of *M. ulcerans*

The search for the exact mode(s) of transmission of *M. ulcerans* has been challenging since its discovery as the causative agent for BU in 1948 (6). Laboratory investigations suggest that contact of mammalian skin with *M. ulcerans* does not result in infection, as mouse tails coated in *M. ulcerans* (44) and introduction of *M. ulcerans* onto skin abrasions in guinea pig models (45) are not enough to cause BU. However, the introduction of *M. ulcerans* into skin greatly facilitates infection.

Multiple proposed modes of transmission of *M. ulcerans*, including insect bite and contamination of traumatic skin sites, are documented in literature. The idea that mosquitoes may be involved in the transmission of *M. ulcerans* is premised on the association of *M. ulcerans* or its DNA with several species of mosquitoes in nature (16,31,33) as well as the positive correlation between the proportion of *M. ulcerans*-positive mosquitoes and the number of BU cases (16,46-48). The larvae of several species of mosquito remain infected with *M. ulcerans* throughout larval development, although the infections are not carried over into the pupae or adult mosquitoes (46). This observation suggests that mosquitoes may not serve as biological vectors for *M. ulcerans*. However, mechanical transmission of *M. ulcerans* involving blood feeding *Aedes notoscriptus* has been proposed (44). It appears the size of the mosquito's penetrating appendage or structure contaminated by *M. ulcerans* is important, as relatively larger *A. notoscriptus* established BU in mice model unlike *A. aegypti* (44). Further study involving multiple mosquito bites at *M. ulcerans*-contaminated skin surfaces, and *M. ulcerans* infection doses in proposed vectors, is recommended.

Mechanical transmission of *M. ulcerans* by predatory aquatic bugs, through biting (17), has strongly been proposed. The experimental infection of aquatic bugs (*Naucoris cimicoides*) following feeding on grubs experimentally-infected with *M. ulcerans* and its transmission to mice through the bite of these insects (14) is documented as the first strong evidence implicating insects in the transmission of the bacte-

rium. Belostomatidae insects of the genera *Appasus* (36) and *Diplonychus* (30) as well as *Naucoris cimicoides* (14) support multiplication of viable *M. ulcerans* in their salivary glands. These aquatic bugs inflict painful bites on humans, creating opportunity for the introduction of *M. ulcerans* into the skin and facilitating infection.

Trauma may be essential for the introduction of *M. ulcerans* into the skin (49), since lesions often develop at sites of skin trauma. Interestingly, mechanical transmission of *M. ulcerans* involving anthropogenic or natural skin-puncturing microtrauma has been suggested (44). This proposed method of transmission complicates the search for definitive mode of transmission of *M. ulcerans*, as any *M. ulcerans*-contaminated material capable of causing minor injuries has the potential of transmitting it. It highlights the importance of avoiding exposure to skin-puncturing microtrauma and insect bites in BU endemic areas.

Understanding *M. ulcerans* spread: the way forward

One of the key challenges in the control of BU is the inadequate understanding of the spread of *M. ulcerans* in nature. The contamination of various environmental samples with *M. ulcerans* DNA complicates the spread and mode of transmission of the bacterium. Fundamental to understanding the mode of spread of *M. ulcerans* in nature is the identification of factors that drive the spread.

Organisms that support *in vivo* multiplication of *M. ulcerans* such as aquatic hemipterans of the genera *Appasus* (36), *Diplonychus* (30), *Naucoris* (14) and *Gerris* (15) may play important role in its spread. Therefore, epidemiological studies of *M. ulcerans* that incorporate trophic interactions of such organisms may be important future research direction.

Conclusion:

This review reveals that transmission of *M. ulcerans* requires the introduction of viable organism into the skin of its host. Aquatic bugs of the genera *Appasus* and *Diplonychus* as well as *Naucoris cimicoides* support multiplication of viable *M. ulcerans* in their salivary glands. The bite of insects, such as aquatic bugs, harboring or contaminated with viable *M. ulcerans* creates opportunity for infection following the introduction of the bacterium into host skin. Similarly, skin-puncturing materials found in nature

that are contaminated by *M. ulcerans* can also cause infection when these materials cause traumatic injuries to the hosts.

Although the mode of transmission of *M. ulcerans* is less-definitive, appropriate protective measures may reduce the risk of exposure to the bacterium in BU-endemic areas. Future research on the epidemiology of *M. ulcerans* should incorporate trophic interactions of aquatic organisms known to support *in vivo* multiplication of the bacterium to improve our understanding of its spread in nature.

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