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Original Article

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Salinity induced apoptosis in food spoilage yeast Zygosaccharomyces bisporus

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Abstract:

Background: Food spoilage is one of the most serious challenges in agriculture, and food and beverage industry, which can lead to worldwide food economic loss. The crucial organoleptic species, *Zygosaccharomyces bisporus*, is a highly resistant yeast fungus that can escape industrial quality check. They survive high salt environments by undergoing immediate programmed cell death (PCD), which plays an important role in mediating adaptive responses to adverse environmental conditions. Production of reactive oxygen species (ROS) prompted by salt stress is an early event in apoptosis, which in later stage is associated with prime genomic degradation.

Methodology: In this study, the tolerance mechanism to salt of *Z. bisporus* MTCC 4801 cells was investigated by serial dilution of exponential growth phase of the cells in 1.0M sodium chloride (NaCl) as salt stressor, and spotting on Yeast Peptone Dextrose Agar (YPDA) plates with incubation at 28°C for growth assessment and colony count. Transmission electron microscopy (TEM) was used to demonstrate characteristic ultrastructural hallmark features of apoptosis on *Z. bisporus* cells exposed to 1.0M NaCl at three different stress interval periods; 60, 90, and 120 minutes.

Results: Growth of Z. bisporus cells on the YPDA plates was observed after 16 hours incubation period. Comparing the growths, Z. bisporus tolerated salt concentration below 1.0M NaCl but no growth was observed at 1.0M NaCl concentration indicating 1.0M NaCl to be limiting concentration for Z. bisporus growth. TEM analyses showed that treatment of Z. bisporus with 1.0M NaCl resulted in nuclear and cytoplasmic condensation, membrane blabbing, cytoskeletal distortion, and formation of apoptotic bodies. However, on prolonged stress span (90 and 120 minutes), the fungal cells were able to osmoadapt and repaired the damaged cells, resulting in lowering of the apoptotic ratio.

Conclusion: These qualitative analyses contribute more insights regarding stress adaptive mechanisms in moderately halotolerant food spoilage yeast.

Key words: Apoptosis; salt stress; food spoilage yeast; TEM; cell survival

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Apoptose induite par la salinité chez la levure altérant les aliments Zygosaccharomyces bisporus

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Abstrait:

Contexte: La détérioration des aliments est l'un des problèmes les plus graves dans l'agriculture et l'industrie de l'alimentation et des boissons, ce qui peut entraîner des pertes économiques dans le monde de l'alimentation. L'espèce organoleptique cruciale, *Zygosaccharomyces bisporus*, est un champignon de levure très résistant qui

peut échapper au contrôle de la qualité industrielle. Ils survivent aux environnements riches en sel en subissant une mort cellulaire programmée (PCD) immédiate, qui joue un rôle important dans la médiation des réponses adaptatives aux conditions environnementales défavorables. La production d'espèces réactives de l'oxygène (ROS) provoquées par le stress salin est un événement précoce de l'apoptose, qui est associé à un stade avancé de dégradation génomique.

Méthodologie: Dans cette étude, le mécanisme de tolérance au sel des cellules MTCC 4801 de *Z. bisporus* a été étudié par dilution en série de la phase de croissance exponentielle des cellules dans du chlorure de sodium (NaCl) à 1,0M en tant que facteur de stress salin, et par repérage sur la gélose de levure peptone Dextrose Agar (YPDA) avec incubation à 28°C pour l'évaluation de la croissance et le nombre de colonies. La microscopie électronique à transmission (MET) a été utilisée pour démontrer les caractéristiques de l'apoptose ultrastructurales des cellules de *Z. bisporus* exposées à 1,0M de NaCl à trois périodes d'intervalle de stress différentes; 60, 90 et 120 minutes **Résultats:** La croissance des cellules de *Z. bisporus* sur les plaques de YPDA a été observée après une période d'incubation de 16 heures. En comparant les croissances, une concentration en sel tolérée par *Z. bisporus* inférieure à 1,0M de NaCl, mais aucune croissance n'a été observée à une concentration de 1,0M en NaCl, ce qui indique que NaCl 1,0M était la concentration limite pour *Z. bisporus* croissance. Les analyses TEM ont montré que le traitement de *Z. bisporus* avec 1,0M de NaCl entraînait une condensation nucléaire et cytoplasmique, un blabbing membranaire, une distorsion cytosquelettique et la formation de corps apoptotiques. Cependant, sur une période de stress prolongée (90 et 120 minutes), les cellules fongiques ont pu s'osmoadapter et ont réparé les cellules endommagées, ce qui a entraîné une diminution du rapport apoptotique.

Conclusion: ces analyses qualitatives apportent davantage d'informations sur les mécanismes d'adaptation au stress de la levure altérante modérément halotolérante.

Mots clés: apoptose; stress salin; levure d'altération des aliments; TEM; survie cellulaire

Introduction:

Despite satisfactory sanitation practices, large proportions of processed foods such as juices, pickles, jams and beverages are lost to due to spoilage by microbial contamination such as bacteria and yeasts. This has the potential to cause serious health hazards and substantial economic loss to food and beverage industries. Although, bacteria have extensively been studied for the evolved conserved halotolerant mechanisms, yeasts have received more attention as key players responsible for food deterioration and spoilage. Among these, the major problematic genus Zygosaccharomyces, notably Z. bisporus, is typically osmotolerant and moderately halotolerant which ensures its remarkable survival in high salinity, a unique adaptation of *Z. bisporus* (1-4).

Salinity produces osmotic stress by decreasing the chemical activity of water and loss of turgor pressure, and ionic stress by cellular accumulation of high salt concentration (5-6). Under such conditions, strong plasma membrane depolarization due to Na⁺ uptake favors K⁺ efflux via depolarization-activated outward-rectifying K⁺ TOK1 channels. The resultant elevated cytoplasmic Na⁺/K⁺ ratio and osmotic stress induces mitochondrial oxidative burst which is known to be crucial for triggering the complex apoptotic cascade in stressed cells (7-9). As the wobbled redox status implicates over production of oxygen radicals (HO^{-} , $\bullet O_{2}^{-}$, $H_{2}O_{2}$), the predominant death signaling molecule in stimulating baxlinked ancestral apoptotic pathway, shorten the chronological life span (CLS) of yeast (9-11). A number of studies on evaluation of salt induced osmotic stress in yeasts have focused on cell physiology, morphology and genetic of the networks of cell division inhibition, decreased cell vitality, DNA damage, and increased cell death particularly due to apoptosis.

Programmed cell death (PCD) is widely associated with characteristic hallmark features such as nuclear fragmentation, chromatin condensation, cell shrinkage, and cytoplasmic condensation with clustering of apoptotic bodies (12-16). Although cytoplasmic condensation occurs, typical changes in the nucleus provide the most important means identifying apoptosis (13, 14). Previous studies on Zygosaccharomyces rouxii, Debaryomyces nepalensis, Cryptococcus laurentii and other halotolerant fungi species had described physiological mechanisms underlying extreme salt tolerance in relation to apoptosis (17,18), even as the capacity of these halotolerant food spoilage yeasts, to survive, grow, and metabolize actively under such hyperosmotic challenged conditions is essentially important study in food industry.

In particular, identification of plausible mechanisms and physiological responses that shape the halostress response downlinks in *Zygosaccharomyces* food spoilage yeasts are crucial. However, the cellular mechanisms of salt injury in these yeasts, and the early events during induction of PCD by salt stress are scarcely known. Hence, this research was conducted to study the effects of salt stress on induction of PCD by determining cyto-

morphological response of a moderately halotolerant yeast, *Z. bisporus* in an experimental model.

Materials and Methods:

Inoculum preparation & culture of yeast strain

The yeast strain Z. bisporus MTCC 4801 used in this study was procured from the Department of Biotechnology, Himachal University, Shimla, India, maintained at 4°C on pre autoclaved Yeast Peptone Dextrose Agar plates containing (w/v) 2% dextrose, 1% yeast extract, 2% peptone, and 2% agar. Cells were first grown on agar plates (pH 5.5) and incubated at 28°C for 48 hours. One loopful of the growth on the plate was transferred to 10 mL Yeast Peptone (YPD) medium Dextrose for inoculum preparation at incubated at 28°C for 16 hours at 200rpm in a rotary shaker. Cell growth was measured as an increase in optical density to ~0.5 (mid log phase cells) at 600nm with spectrophotometer (1800 Shimadzu, Japan). From this pre-culture, 1.0% (v/v) of inoculum containing 0.7×106 cells/ml was transferred to YPD medium in Erlenmeyer flasks under similar growth conditions to obtain exponential phase yeast cells.

Stress treatment of yeast strain

In order to determine salt stress response, the cells survival, of exponentially growing yeast cells were serially diluted (10^5 factor) in 1.0M sodium chloride stressor, spotted on YPD agar plate, and incubated at 28° C for 48 hours. Cultures that yielded colonies of *Z. bisporus* were counted and further analyzed according to standard microbiological procedures (18).

Transmission electron microscopy examination of yeast strains

Yeast cells in exponential growth phase were exposed to 1.0M NaCl, and incubated at 28°C in a rotary shaker (200 rpm) for periods of 60, 90 and 120 minutes. Both control (without stress exposure) and salt (NaCl) treated yeast cells at three different time intervals were first fixed in glutaraldehyde in Sorensen's phosphate buffer (pH 7.2) for 4-6 hours at 4°C and rinsed twice with same buffer for 15 minutes. This was followed by secondary fixation with 1.0% Osmium tetroxide in Millonin's phosphate buffer (pH 7.2) for 90 minutes at 4°C. The cells were again rinsed twice in Millonin's buffer 15 minutes and dehydrated using increasing alcohol concentrations of 70%,

90%, and 100% at room temperature, followed by rinsing in propylene oxide once for 15 minutes on the rotator for complete dehydration. The fixed specimens were then put in an epon mixture of 50% propylene oxide and 50% resin for at least 2 hours or overnight at room temperature before embedding in Taab-812 embedding medium.

Ultrathin sections of 60nm thickness were cut on Leica EM UC-6 ultramicrotome (Leica Mikrosysteme GmbH, Wien, Austria) and taken on Nickel grids. The sections were stained with uranyl acetate and lead citrate and examined at 80kV accelerating voltage Transmission Electron Microscope (JEM-1400 Plus, JEOL, Tokyo, Japan) equipped with XR81M-B Camera (Advanced Microscopy Techniques Corp, Woburn, MA, United States). Digital electron micrographs were obtained using AMT Image Capture Engine V602 software (Advanced Microscopy Techniques Corp, Woburn, MA, United States) with resolution of 500nm and magnification power of 8000X (19).

Results:

Effect of salt on growth of Z. bisporus

Growth of the yeast cells on YPD medium supplemented with salt concentration of 1.0M NaCl was observed after 16 hours incubation period by spotting Comparing the growths, Z. bisporus tolerated salt concentration below 1.0M NaCl, but no growth was observed at 1.0M NaCl concentration indicating 1.0M NaCl to be limiting concentration for *Z. bisporus* growth. In the control (without NaCl), maximum cell growth was observed (Fig 1.).

Morphological analysis by TEM

The apoptotic cells observed under transmission electron microscope exposed to 1.0M NaCl at different stress intervals, established characteristic ultrastructure features known to be hallmarks of apoptosis (Fig 2). Yeast cells without salt stress treatment (control) were assessed along with cells treated with 1.0M NaCl at three different stress imposition time intervals. The control cell exhibited characteristic ultrastructural morphology of a normal cell with uniform nucleus composed of regular dispersed chromatin and two nucleoli, and cytoplasm rich in rough endoplasmic reticulum (filled with ribosomes, polyribosomes), and mitochondria. The well-developed Golgi complex was located in the cytoplasm in perinuclear areas, and scarce, dense bodies and occasional

autolysosomes were present in the cytoplasm (Fig 2: A).

Cytological observations in exposed to 1.0M NaCl for 60 minutes included deeply invaginated, irregular nucleus with dense chromatin margination along the nuclear envelope and nuclear condensation (pyknosis), fragmentation (multi-nucleation), nuclear cytoplasmic extrusion, cell shrinkage, abnormalities of mitochondrial cristae (ruptured and condensed), cell membrane blabbing, holes and formation of apoptotic bodies, increased cellular granularities (dark condensed

cytoplasm), and dilated nuclear membranes. The cells exhibited intense vacuolization filled with heavy granulated electron dense materials (Fig 2: B, C).

Cells exposed to stress for 90 minutes (Fig 2: D, E) and 120 minutes (Fig 2: F, G) showed low toxicity to both stress phases compared to control (Fig 2: A). Stress exposure for 120 minutes produced least toxicity compared to 90 and 60 minutes. These features collectively suggest that NaCl-treated *Z. bisporus* demonstrated apoptotic-like cell death (ALCD) mechanism.

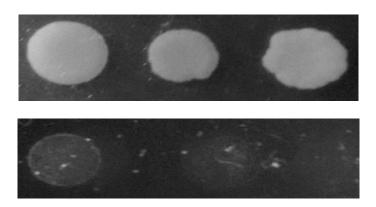
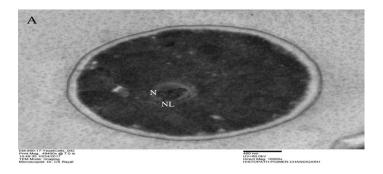
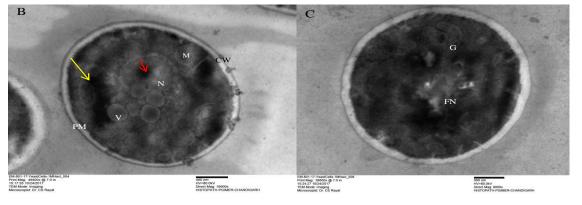
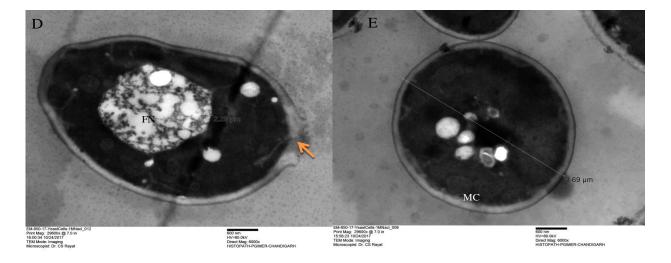


Fig 1: Serial-dilution (SD) colony spotting assay for Zygosaccharomyces bisporus sensitivity to NaCl in representative control (upper panel) and stressed (lower panel) cells on Yeast Peptone Dextrose Agar (YPDA) plates







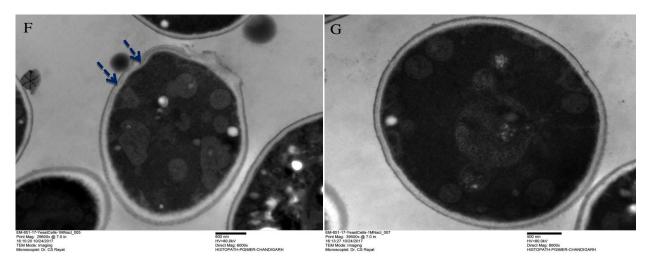


Fig 2: Transmission electron microscopy analysis (TEM) was performed to detect autophagic and apoptotic structures in; Control (A); 1.0 M NaCl treated cells for 60 minutes (B, C); 1.0 M NaCl treated cells for 90 minutes (D, E); and 1.0 M NaCl treated cells for 120 minutes (F, G) depicting time dependent effects of sodium chloride (NaCl) on cytology of *Z. bisporus* cell. Scale bars, 2 μm. Electron micrograph of untreated *Z. bisporus* cells demonstrates normal structure of cell with Nucleus (N), nucleolus (NL) and cytoplasm appearing normal without abnormal changes (A). B and C demonstrated morphological features of early apoptosis; cell shrinkage, chromatin condensation (red arrow), clustering of dysfunctional mitochondria (encircled dotted), and cytoplasmic condensation (yellow arrow). D and E demonstrated the condensed cristae of mitochondria (MC), fragmented nuclei (FN), and cell membrane disintegration as typical morphological features of intermediate apoptosis (orange arrow). F and G demonstrated morphological feature of late apoptosis; continuing blebbing (blue dotted arrow), and little cytoplasmic condensation.

Discussion:

Apoptosis is a well known mechanism of removing senescence and damaged cells as well as a means of adaptation in which yeast cell survives biotic and abiotic stresses. The biochemical changes involving ROS elevation, increased Na⁺/K⁺ ratio and proteolysis are found to actively participate in PCD signal transduction. Overall resistance to ROS attack is mediated by a combined survival factors such as antioxidant defense system and cellular redox buffering capacity. However, in due course of their low levels, the yeast elicits

an essential final response to oxidative stress, initiation of apoptosis.

As observed in other osmo- and halotolerant yeasts, this altruistic mechanism tends to clear off old, unhealthy cells, which enhances the chance of survival of healthier and younger clones in stressed cells (20, 21), thereby favorably explaining the affected cell growth and percent survival of *Z. bisporus* under different concentrations of NaCl (stress stimulator) for specified stress exposure intervals in a previous study (6). In the present study, as expected from serial dilution assay, the salt induced osmotic stress reduced

and ultimately inhibited cell growth at highest observed concentration of 1.0M NaCl. Hence, the pattern of salt inhibition was exponential at this sub-lethal concentration in case of *Z. bisporus*. These results are in agreement with Silva-Graca and Lucas (4) for *Candida versatillis*, Sharma and Sharma (6) for *Z. bisporus* and Pribylova et al., (22) for *Z. rouxii*, where it was evident that cell survival reaches to near optimum values (as in pre-stress state) at the end of stress phase allowing growth restoration due to action of stress responsive factors.

The exponential phased cells in 60 minutes salt stress showed alterations and clustering of organelles. This finding explains the phenomenon of salinity induced PCD, previously reported in other halotolerant yeasts (23). Importantly, in TEM micrographs, nuclear condensation, which is one of the hallmark features of apoptosis, was visible soon after the onset of salt stress. Previous studies have suggested that primary salt induced ROS targets the unsaturated fatty acids leading to generation of wide variety of reactive molecules secondary autocatalytic lipid radicals and toxic lipid hydroperoxides (24, 25). Moreover, high levels of mitochondrial oxidative burst cause damage to membrane protein thiols via oxidation leading to decrease in membrane potential. These reactive protein and lipid carbonyls produced along the ROS cascade together with increased Na⁺/K⁺ ratio accumulate during the chronological aging before the appearance of apoptosis. Accordingly, mitochondria contain several pro-apoptotic molecules that directly cleave nuclear DNA and activate cytosolic proteins (24). These factors along with several other pathways cause fragmentation, cross linking, and unfolding of protein backbone and nucleic acids, which condition the cells to undergo apoptosis to efficiently remove irreparably damaged oxidized cell components such as mitochondria.

According to Watson (26), chemostat studies in *Saccharomyces cerevisiae* revealed that NaCl stimulates apoptosis largely due to increased requirement for energy generating substrates involved in the cell maintenance, thus leading to simultaneous decrease in cell growth yield. Our study compared stressed yeast cells with that of control, showing distorted surface morphology with irregular cell wall and plasma membrane. The blabbing and rupturing of cell wall was more pronounced in cultures with higher stress time, particularly at the lethal span of 60 and 90 minutes. It was evident from the TEM micrographs that

stressed yeast cells showed significant changes in chromatin distribution, and lacked definite cell membrane with cytoplasmic condensation along the membrane, which might be crucial in explaining the mechanism of salt toxicity. Possibly, salt enters the cell by bounding to specific surface transporters.

The chromatin was either unrecognizable (Figure 2: B) or sequestered towards the outer layer of nuclear envelope (Figure 2: C). The disruption of outer layers and intense chromatin condensation adjacent to nuclear envelope in association with multiple nuclear fragmentations have also been previously reported as an important mechanism of salt mediated inhibition of microorganisms (27-29). These apoptotic phenotypes were rescued over prolonged stress spans by diverting the ATP usage in accumulation of anti-ROS metabolites rather than towards growth, which likely cause regression of ROS accumulation and cell death (6,9,10). Therefore, it confirms the postulated theory that salt induced ion toxicity prompted apoptosis as a component of adaptive response. This concludes that cell death might be a part of regulated adaptive process to ensure cell survival.

Altogether, salinity creates osmotic, ionic, and eventually ROS toxicity which are regulated mechanistically by haloadaptive responses such as compatible osmolyte production and accumulation (6), involvement of ion transporters across plasma membrane and cellular antioxidants like glutathione (9), modulation in cell wall properties, and apoptosis. Therefore, more of these research findings will be beneficial to food manufacturing industries since exhaustive information about food spoilage microbiota and their target foods, along with optimal growth conditions, can assist in choosing suitable natural preservatives, absolute processing techniques, and aids in improving safety issues, and controlling spoilage outbreaks. Additionally, the halophilic and halotolerant fungi are distinguished eukaryotic models for study of salt resistance owing to their characteristic growth rate in a wide range of pH, osmotic and ionic concentrations, including toxic drugs (29, 30).

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Disclosure statement:

No conflict of interest is declared

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